



2013 APPLICATION PROCEDURE FOR A F2 SUPERLICENCE

Extract 2013 F2 rules :

10.1 The nationality of a driver is the nationality of the N.A. which issued the international racing licence to the driver. Medical and immersion tests can be done in other countries if the issuing N.A. agrees. The flag is the one of the issuing N.A. of the international licence as above. The request for the UIM Superlicence must come from the N.A. which issues the international racing licence.

10.2. Drivers must hold a superlicence before entry will be accepted. A driver who exceeds 50 years of age in the season for which he is applying for a Superlicence, must produce the medical certificate including all detailed examinations which will be submitted to a doctor approved by the UIM.

10.3 Any new driver must be vetted in practice by the UIM Commissioner and the drivers delegate to the UIM.

10.4 The super licence is required for Formula 2 together with the NA international Licence. No other membership is required.

10.5 To obtain a superlicence **for the first time**, a driver must have participated **in the last 2 years** in 6 circuit races **using a catamaran type hull (750 cc minimum)** or a hydrocat 500 cc. Definition of a race during a race weekend: even if several heats take place, the race weekend with all heats or races counts as one race only. The National Authorities are fully liable for the sports c.v. that they submit for their drivers. The full race results of each race must be supplied since the drivers must have done at least 6 races with 70 % of the total distance of each race event.

10.6 The superlicence is provisional for the first 3 races and can be withdrawn at any time during the first 3 races by a committee composed by the OOD, the UIM Commissioner and the Drivers representative. When a super licence is withdrawn, next application can only take place for the next season.

An anthropometric check of data reported in the Superlicence application may be carried on at any event during the relevant season by a UIM appointed Medical and/ or Anti Doping delegate. In case the pilot's data would not be anymore within the mandatory parameters, the Superlicence will be immediately withdrawn.

10.7 The application for a super licence must be made by the National Authority of the driver concerned and lodged with the UIM 4 weeks before the first event the driver wants to participate in. The superlicence fee will be doubled for applications received beyond the 4 weeks deadline.

NO Application will be taken in consideration within one week from the following event.

10.8 The application must be accompanied by:

- The sports career of the driver, mentioning the results obtained in the qualifying events
- U.I.M. medical documents, as per appendix to these rules, giving the information required by the UIM rules 205.03/ 205.04 / 205.04.1 (attached).

General Recommendation for a F2 superlicence holders concerning physical fitness

- Cardiovascular training (endurance training) as jogging, cycling, rowing etc. twice a week – minimum 20 minutes without any interruption. Any sports activity which has “stand still” during the activity such as soccer, tennis or any ball sport is not suitable for the endurance training, but recommended as additional training.
- Training to build up muscles for neck and back at least twice a week.
- The immersion certificate - ref 205.05 (attached)
- A photo
- The fees will be fixed by the **UIM COUNCIL** and paid to the **UIM Secretariat**. **Superlicence fee fixed to 300 euro. For late application, the superlicence fee has been fixed to 600 euro and must be paid to the UIM Secretariat.**
- **Medical expertise fee in 2013 for drivers over 50 years in the season : 150 euro**

A current rule book will be given to the driver along with the super licence.

10.9 The National Authorities are responsible for the information given.

10.10 The application will be examined by Formulae Committee **who will advise the UIM Secretariat on its acceptability.**

10.11 The decision of the Formulae Committee on all matters concerning superlicences is final and cannot be protested or appealed.

The decision of the Formulae Committee on all matters concerning superlicences is final and cannot be protested or appealed.

If any F2 superlicence holder participates in a non-sanctioned U.I.M. international event, their superlicence will be withdrawn.

The driver may re-apply for the superlicence after 12 months from the date the original superlicence was withdrawn.

10.12 The super licence is valid for 1 year (from January 1st or from the date of issue to December 31st).

10.13 For renewal of the super licences, the National Authorities must, before the end of December, send the UIM a list of the drivers for whom a renewal for the following year is required.



**205.03 - MEDICAL EVALUATION SHEET
2013 F2 SUPERLICENCE**

Location of test _____ Date _____

Name _____ Surname _____

Born in _____ Date _____

Status _____ Profession _____

Date of first involvement in the sport _____

Other sports practised _____

PRESENT STATE OF HEALTH AND FORMER DISEASES

Disease (former or current) _____

With special mention of _____

Cardiopathy Coronary Diabetes Type 1 / 2 (circle the type)

Epilepsy High Blood Pressure

Operations undergone previously _____

Dates of these operations _____

Accidents (when, where, under which circumstances) _____

Alcohol _____ g/day _____ Tobacco _____ pack year _____

Allergies _____

Medicines usually/frequently taken _____

Please keep in mind the Anti Doping rules and the WADA – UIM list of banned substances and Therapeutic Use Exemption rules

**205.04 – GENERAL OBJECTIVE EXAMINATION
2013 F2 SUPERLICENCE**

Height: _____ m Weight: _____ kg

Body Mass Index (Weight (kg)/Height²(m): BMI): _____

No superlicence will be issued to a driver with a BMI over 30 kg/m²

These anthropometric data can be checked during competitions by the UIM Medical and/or AntiDoping Delegate who has the right to withdraw Superlicence from non compliant pilots

Age _____ Sex _____

Congenital or acquired deformities _____

Respiratory system _____

Spirometry (**mandatory**) Please attach printed results and graphs _____

FVC (measured/predicted) _____

FEV₁ (measured/predicted) _____

Cardiovascular system: is there any evidence of abnormality of the heart or cardiovascular system? Yes No

If "Yes", give details below.

Blood Pressure at rest _____

Heart Frequency at rest _____

Electrocardiogram at rest _____

Stress ECG and blood pressure profile (**mandatory**, please refer to "Additional Items" on page 7)

Please attach printed results and graphs and final report in English language

Ophthalmologic check-up (mandatory every other year)

Have you undergone this ophthalmologic check-up last year?

If **yes**, please specify when: . . / . . /

If **not**, ask your ophthalmologist to fill the hereafter items

Faculty of vision (uncorrected) R _____ L _____
(with correction) R _____ L _____

Vision with both eyes open (wearing corrective lenses if necessary) _____

Field of Vision _____

Vision of Colours: is the applicant's colour vision normal? Yes No

If "No", give details below.

Signature and practice stamp of the ophthalmologist

Hearing Testing _____

Urine: Albumine _____ Sugar _____

Is the Urine analysis normal? Yes No If "No", give details below.

Nervous system _____

Others _____

- Does the applicant have any physical abnormality or restriction of movements in the arms or legs? Yes No

If "Yes", give details below.

- Is there any evidence of a physical or mental condition (past or present) which could, in your opinion, prevent the applicant from holding a competition licence for motor sport?

Yes No

If "Yes", give details below.

To the Doctor and the Driver :

Are you the applicant's usual doctor? Yes No

Your practice stamp (together with your name and qualifications):

Name in Capital Letters _____

Degree _____

Address _____

Tel _____

Fax _____

Aptitude Assessment _____

Date _____

This is to certify that I have examined the applicant in line with this form.

Signature of the Doctor _____

Signature of the Driver _____



205.04.1

ADDITIONAL ITEMS FOR F2 SUPERLICENCE (VERY IMPORTANT)

Maximal stress ECG and blood pressure profile: electrocardiogram have to be performed:

* on a **cycloergometer** starting at 60 or 70 watts and increasing by 30 or 35 watts every two minutes.

The driver must be capable of reaching a minimum power level of 2.5 watts (males) – 2.2 watts (females) per kilogram of body weight.

* or on a treadmill, using a **Bruce protocol** (preliminary warm-up recommended)

The driver must be capable to complete at least the entire stage 3 (i.e. 3 minutes at 5.5 km/h (3.4 mph) and 14% gradient).

This stress ECG aims to confirm both cardiovascular health and that the driver reaches the minimal fitness level to compete in motonautic sports. Therefore, we strongly encourage drivers to undergo regular physical training and to perform a maximal stress ECG test.

A written report from the physician (English language) must be enclosed.

Exhaustive ophthalmological check-up, tested and certified (English language) by a professional ophthalmologist to be renewed every two years and after skull trauma.



**INFORMATION FOR BODY MASS INDEX (BMI) - STRESS ECG -
PULMONARY AND VISION TESTS
FOR 2013 F2 SUPERLICENCE**

**Drivers with a Body Mass Index (BMI) over 30 kg/m²
will not be issued a Superlicence**

Drivers over 50 years in the 2013 season

For the Drivers over 50 years during 2013 season, the following detailed examination results required in the UIM medical form **will be submitted to a doctor appointed by U.I.M.**

Detailed reports include following examinations / tests:

- **pulmonary function test** (simple spirometry). Test to be performed every year as part of the yearly medical examination in order to get a superlicence
- **Exhaustive ophthalmological check-up**, tested and certified (English language) by a Professional ophthalmologist. Test to be renewed every 2 years and after a skull trauma.
- **Stress ECG test & blood pressure profile**
Test to be performed every year as part of the yearly medical examination in order to get a superlicence.
The Electrocardiogram has to be performed under maximal exercise condition on a cycloergometer or a treadmill, according to the UIM recommendations.
Please refer to page n°7: additional items for Superlicence
A written report from the physician who administered the ECG must be provided in English language.



**IMMERSION TRAINING CERTIFICATE
VALID FOR 2013 RACING SEASON**

Name / Surname

International licence n°

This is to certify that the above mentioned licence holder has satisfactorily performed an immersion training as required by the UIM rules on the date of

This certificate is valid for 14 months from the date of issuing.

According to rule 205.05, please note that all training must include demonstrating the drivers ability to use the air supply successfully under water in simulated accident conditions.

Name & signature of N.A. Official

Stamp of N.A.

Date :

This certificate has to be produced whenever required by a race organiser



Form to be signed and entered with the superlicence application documents to UIM

APPENDIX 2 - Acknowledgment and Agreement UIM Anti-Doping rules

I, as a member of [National Association] :

and/or a participant in a [National Association or UIM] authorized or recognized event, hereby acknowledge and agree as follows:

1. I have received and had an opportunity to review the UIM Anti-Doping Rules.
2. I consent and agree to comply with and be bound by all of the provisions of the UIM Anti-Doping Rules, including but not limited to, all amendments to the Anti-Doping Rules and all International Standards incorporated in the Anti-Doping Rules.
3. I acknowledge and agree that [National Associations and UIM] have jurisdiction to impose sanctions as provided in the UIM Anti-Doping Rules.
4. I also acknowledge and agree that any dispute arising out of a decision made pursuant to the UIM Anti-Doping Rules, after exhaustion of the process expressly provided for in the UIM Anti-Doping Rules, may be appealed exclusively as provided in Article 13 of the UIM Anti-Doping Rules to an appellate body for final and binding arbitration, which in the case of International-Level Drivers is the Court of Arbitration for Sport (CAS).
I agree that all decisions of CAS under the rules shall be final and binding and that I will not bring any claim, arbitration, lawsuit or litigation in any other court or tribunal.
5. I have read and understand this Acknowledgement and Agreement.

Date Print Name (Last Name, First Name)

Date of Birth Signature (or, if a minor, signature of legal guardian)
(Day/Month/Year)



UIM Bank coordinates

**Bank L.C.L. (Le Crédit Lyonnais)
Monaco Les Moulins
98000 Monaco**

**IBAN N° MC36 3000 2054 3000 0007 0044 N44
BIC N° CRLYMCM1**

*Please mention on the bank transfer the superlicence category
and the name of the driver*