



## 2013 APPLICATION PROCEDURE FOR A F1 SUPERLICENCE

*Extract 2013 F1 rules :*

10.1. A super licence is required for Formula 1 together with the NA international licence. No other membership is required.

10.2. A driver who exceeds 50 years of age in the season for which he is applying for a Superlicence, must produce the medical certificate including all detailed examinations; which will be submitted to a doctor approved by the UIM.

10.3. The nationality of a driver is the nationality of the N.A. which issued the international racing licence to the driver. Medical and immersion tests can be done in other countries if the issuing N.A. agrees. The flag is the one of the issuing N.A. of the international licence as above. The request for the U.I.M. Superlicence must come from the N.A. which issues the international racing licence.

10.4. Drivers must hold a U.I.M. superlicence before entry will be accepted.

10.5. Any new driver must be vetted during practice by the two U.I.M. Commissioners and the Formula 1 drivers representative to the U.I.M.

10.6. To obtain a superlicence, a driver must have participated in 6 circuit races using a catamaran type hull (750cc minimum) or a hydrocat (500cc). Definition of a race during a race weekend, even if several heats are taking place, is that the race weekend with all heats or races is counting for one race only. The National Authorities are fully liable for the sports C.V. they submit for their drivers. The full race results of each race must be supplied since the drivers must have done at least 6 races with 70 % of the total distance of each race event.

The superlicence is provisional for the first 10 races and can be withdrawn at any time during the first 10 races by a committee composed by the OOD, the permanent Formula 1 Commissioner and the Drivers representative.

**An anthropometric check of data reported in the Superlicence application may be carried on at any event during the relevant season by a UIM appointed Medical and/or Anti Doping delegate. In case the pilot's data would not be anymore within the mandatory parameters, the Superlicence will be immediately withdrawn.**

When a provisional superlicence is withdrawn, re-application can only take place for the next season. The decision on all matters concerning superlicenses is final and cannot be protested or appealed.

10.7. The application for a superlicence must be made by the National Authority of the driver concerned and lodged with the U.I.M. 4 weeks before the first event the driver wants to participate in. The superlicence fee will be doubled for applications received beyond the 4 weeks deadline.

**NO Application will be taken in consideration within one week from the following event.**

The application must be accompanied by:

- The sports career of the driver, mentioning the results obtained in the qualifying events
  - U.I.M. medical documents, as per appendix to these rules, giving the information required by the U.I.M. rules 205.03 / 205.04 / 205.04.1 (attached).

General Recommendation for F1 superlicence holders concerning physical fitness

- Cardiovascular training (endurance training) as jogging, cycling, rowing etc. at least twice a week – minimum 40 minutes without any interruption. Any sports activity which has “stand still” during the activity such as soccer, tennis or any ball sport is not suitable for the endurance training, but recommended as additional training.
  - Training to build up muscles for neck and back at least twice a week.
- The immersion certificate - ref 205.05 (attached)
  - A photograph
  - **The Superlicence fees are fixed by the UIM Council and paid to the UIM Secretariat. Superlicence fee fixed to 300 euro. For late application, the superlicence fee has been fixed to 600 euro and must be paid to the UIM Secretariat.**
  - **Medical expertise fee for drivers over 50 years in the season : 150 euro.**

A current rule book will be given to the driver along with the superlicence.

The National Authorities are responsible for the information given.

10.8. Superlicence **sport documents** application will be examined by Formula 1 Daily Management **Committee who will advise the UIM Secretariat on its acceptability.**

10.9. The superlicence will be valid for 1 year (from January 1st or from the date of issue to December 31st).

10.10 For renewal of superlicences, the National Authorities must, before the end of December, send the U.I.M. a list of the drivers for whom a renewal for the following year is required.

10.11. Each team will appoint one team manager who will be responsible for obtaining a team licence from the U.I.M. for his team, as well as ensuring that the drivers obtain their superlicences from their N.A.'s. He will also be responsible for enrolling his two boat team in the Championship and for all dealings (contractual, financial) with the U.I.M. and IDEA MARKETING.

He will also be responsible for the behaviour of his team members and his name will be mentioned on the U.I.M. Team Licence.



## 205.03 - MEDICAL EVALUATION SHEET 2013 F1 SUPERLICENCE

Location of test \_\_\_\_\_ Date \_\_\_\_\_

Name \_\_\_\_\_ Surname \_\_\_\_\_

Born in \_\_\_\_\_ Date \_\_\_\_\_

Status \_\_\_\_\_ Profession \_\_\_\_\_

Date of first involvement in the sport \_\_\_\_\_

Other sports practised \_\_\_\_\_

### PRESENT STATE OF HEALTH AND FORMER DISEASES

Disease (former or current) \_\_\_\_\_

\_\_\_\_\_

With special mention of \_\_\_\_\_

Cardiopathy     Coronary     Diabetes Type 1 / 2 (circle the type)

Epilepsy     High Blood Pressure

Operations undergone previously \_\_\_\_\_

Dates of these operations \_\_\_\_\_

Accidents (when, where, under which circumstances) \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Alcohol \_\_\_\_\_ g/day \_\_\_\_\_ Tobacco \_\_\_\_\_ pack year \_\_\_\_\_

Allergies \_\_\_\_\_

Medicines usually/frequently taken \_\_\_\_\_

\_\_\_\_\_

**Please keep in mind the AntiDoping rules and the WADA – UIM list of banned substances and Therapeutic Use Exemption rules**

**205.04 – GENERAL OBJECTIVE EXAMINATION  
2013 F1 SUPERLICENCE**

Height: \_\_\_\_\_m\_\_\_\_\_ Weight: \_\_\_\_\_kg\_\_\_\_\_

Body Mass Index (Weight (kg)/Height<sup>2</sup>(m): BMI): \_\_\_\_\_

**No superlicence will be issued to a driver with a BMI over 30 kg/m<sup>2</sup>**  
**These anthropometric data can be checked during competitions by the UIM Medical**  
**and/or AntiDoping Delegate who has the right to withdraw Superlicence from non compliant pilots**

Age \_\_\_\_\_ Sex \_\_\_\_\_

Congenital or acquired deformities \_\_\_\_\_

Respiratory system \_\_\_\_\_

Spirometry **(mandatory) Please attach printed results and graphs** \_\_\_\_\_

FVC (measured/predicted) \_\_\_\_\_

FEV<sub>1</sub> (measured/predicted) \_\_\_\_\_

Cardiovascular system: is there any evidence of abnormality of the heart or cardiovascular system?  Yes  No

If "Yes", give details below.

\_\_\_\_\_  
\_\_\_\_\_

Blood Pressure at rest \_\_\_\_\_

Hearth Frequency at rest \_\_\_\_\_

Electrocardiogram at rest \_\_\_\_\_

Stress ECG and blood pressure profile **(mandatory, please refer to "Additional items" on page 7)**

**Please attach printed results and graphs and final report in English language**

\_\_\_\_\_  
\_\_\_\_\_

**Ophthalmologic check-up (mandatory every other year)**

Have you undergone this ophthalmologic check-up last year?

**If yes**, please specify when: . . / . . / . . . .

**If not**, ask your ophthalmologist to fill the hereafter items

Faculty of vision (uncorrected) R\_\_\_\_\_L\_\_\_\_\_

(with correction) R\_\_\_\_\_L\_\_\_\_\_

Vision with both eyes open (wearing corrective lenses if necessary) \_\_\_\_\_

Field of Vision \_\_\_\_\_

Vision of Colours: is the applicant's colour vision normal?  Yes  No

If "No", give details below.

Signature and practice stamp of the ophthalmologist

Hearing Testing \_\_\_\_\_

Urine: Albumine \_\_\_\_\_ Sugar \_\_\_\_\_

Is the Urine analysis normal?  Yes  No If "No", give details below.

Nervous system \_\_\_\_\_

Others \_\_\_\_\_

- Does the applicant have any physical abnormality or restriction of movements in the arms or legs?  Yes  No

If "Yes", give details below.

- Is there any evidence of a physical or mental condition (past or present) which could, in your opinion, prevent the applicant from holding a competition licence for motor sport?

Yes  No

If "Yes", give details below.

**To the Doctor and the Driver :**

Are you the applicant's usual doctor?  Yes  No

Your practice stamp (together with your name and qualifications):

Name in Capital Letters \_\_\_\_\_

Degree \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

Tel \_\_\_\_\_

Fax \_\_\_\_\_

Aptitude Assessment \_\_\_\_\_

Date \_\_\_\_\_

This is to certify that I have examined the applicant in line with this form.

**Signature of the Doctor** \_\_\_\_\_

**Signature of the Driver** \_\_\_\_\_



## 205.04.1

### ADDITIONAL ITEMS FOR F1 SUPERLICENCE (VERY IMPORTANT)

Maximal stress ECG and blood pressure profile: electrocardiogram have to be performed:

\* on a **cycloergometer** starting at 60 or 70 watts and increasing by 30 or 35 watts every two minutes.

**The driver must be capable of reaching a minimum power level of 2.5 watts (males) – 2.2 watts (females) per kilogram of body weight.**

\* or on a treadmill, using a **Bruce protocol** (preliminary warm-up recommended)

**The driver must be capable to complete at least the entire stage 3 (i.e. 3 minutes at 5.5 km/h (3.4 mph) and 14% gradient).**

This stress ECG aims to confirm both cardiovascular health and that the driver reaches the minimal fitness level to compete in motonautic sports. Therefore, we strongly encourage drivers to undergo regular physical training and to perform a maximal stress ECG test.

A written report from the physician (English language) must be enclosed.

Exhaustive ophthalmological check-up, tested and certified (English language) by a professional ophthalmologist to be renewed every two years and after skull trauma.



**INFORMATION FOR BODY MASS INDEX (BMI) - STRESS ECG -  
PULMONARY AND VISION TESTS  
FOR 2013 F1 SUPERLICENCE**

**Drivers with a Body Mass Index (BMI) over 30 kg/m<sup>2</sup>  
will not be issued a Superlicence**

### **Drivers over 50 years in the 2013 season**

For the Drivers over 50 years during 2013 season, the following detailed examination results required in the UIM medical form **will be submitted to a doctor appointed by U.I.M.**

Detailed reports include following examinations / tests:

- **pulmonary function test** (simple spirometry). Test to be performed every year as part of the yearly medical examination in order to get a superlicence
- **Exhaustive ophthalmological check-up**, tested and certified (English language) by a Professional ophthalmologist. Test to be renewed every 2 years and after a skull trauma.
- **Stress ECG test & blood pressure profile**  
Test to be performed every year as part of the yearly medical examination in order to get a superlicence.  
**The Electrocardiogram has to be performed under maximal exercise condition on a cycloergometer or a treadmill, according to the UIM recommendations.**  
**Please refer to page n°7: additional items for Superlicence**  
A written report from the physician who administered the ECG must be provided in English language.





**IMMERSION TRAINING CERTIFICATE  
VALID FOR 2013 RACING SEASON**

**Name / Surname** .....

**International licence n°** .....

**This is to certify that the above mentioned licence holder has satisfactorily performed an immersion training as required by the UIM rules on the date of .....**

**This certificate is valid for 14 months from the date of issuing.**

**According to rule 205.05, please note that all training must include demonstrating the drivers ability to use the air supply successfully under water in simulated accident conditions.**

**Name & signature of N.A. Official**

**Stamp of N.A.**

**Date :** .....

**This certificate has to be produced whenever required by a race organiser**



***Form to be signed and entered with the superlicence application documents to UIM***

APPENDIX 2 - Acknowledgment and Agreement UIM Anti-Doping rules

I, as a member of [National Association] : .....

and/or a participant in a [National Association or UIM] authorized or recognized event, hereby acknowledge and agree as follows:

1. I have received and had an opportunity to review the UIM Anti-Doping Rules.
2. I consent and agree to comply with and be bound by all of the provisions of the UIM Anti-Doping Rules, including but not limited to, all amendments to the Anti-Doping Rules and all International Standards incorporated in the Anti-Doping Rules.
3. I acknowledge and agree that [National Associations and UIM] have jurisdiction to impose sanctions as provided in the UIM Anti-Doping Rules.
4. I also acknowledge and agree that any dispute arising out of a decision made pursuant to the UIM Anti-Doping Rules, after exhaustion of the process expressly provided for in the UIM Anti-Doping Rules, may be appealed exclusively as provided in Article 13 of the UIM Anti-Doping Rules to an appellate body for final and binding arbitration, which in the case of International-Level Drivers is the Court of Arbitration for Sport (CAS).  
I agree that all decisions of CAS under the rules shall be final and binding and that I will not bring any claim, arbitration, lawsuit or litigation in any other court or tribunal.
5. I have read and understand this Acknowledgement and Agreement.

\_\_\_\_\_  
Date Print Name (Last Name, First Name)

\_\_\_\_\_  
Date of Birth Signature (or, if a minor, signature of legal guardian)  
(Day/Month/Year)



**UIM Bank coordinates**

**Bank L.C.L. (Le Crédit Lyonnais)  
Monaco Les Moulins  
98000 Monaco**

**IBAN N° MC36 3000 2054 3000 0007 0044 N44  
BIC N° CRLYMCM1**

*Please mention on the bank transfer the superlicence category  
and the name of the driver*