

Clothing and equipment checklist for a JST voyage

Please keep personal gear to a minimum as there is very limited stowage space.

Supplied on the ship

- ✓ **All bedding**
- ✓ **Heavy duty wet weather gear and none slip rubber boots**
- ✓ **Safety Harnesses**
- ✓ **Plug sockets** the ship has 240v plugs using the standard British 3 Pin system.

Please **DO NOT BRING**

- × **Valuables** – we do not have any lockable spaces on board.
- × **Suitcases or rigid bags** – your personal possessions **must** be brought in soft bags as we are unable to stow rigid bag and cases
- × **Stilettoes or high heels** as they damage the ships teak deck

Essentials

- ✓ **Passport** - Even voyages with UK departure and arrival ports usually call into at least one foreign port during a voyage, unless the voyage is advertised as not requiring a passport
- ✓ **Joining Instructions** from JST Head Office (please leave a copy with your next of kin)
- ✓ **Insurance Policy** You **must** be covered for 'Tall Ship Sailing outside coastal waters'. Please send a copy to the JST office as well prior to your voyage. Please also bring your EHIC card if travelling in Europe and you have one
- ✓ **Return air ticket** if you are joining or leaving the ship outside the UK. (Some countries will not allow you into the country without an air ticket out or proof of your means of departure.)
- ✓ **RYA Log book** if you have one
- ✓ **Duke of Edinburgh Record Book**, if you are taking part at the Gold Award level only
- ✓ **Leadership @ Sea Logbook** if you are taking part in this (for the under 25s only)

Medical

- ✓ **Over the Counter Medicines** items like Paracetamol, Indigestion tablets, Aspirin and other medicines that you may require. Please bring the quantity you envisage needing for the length of your voyage
- ✓ **Seasickness tablets** please read the section in the Information for Voyage Crew Booklet called 'life on board' for further guidance on which tablets may suit you
- ✓ **Prescription Medicines** please bring sufficient for the voyage and your journey. If you are flying to join the ship we suggest you pack your medicines in your hand baggage – but please check current airport security regulations (It is best to bring the prescription as well)
- ✓ **Medical Supplies and Aids** you must bring enough to last the duration of your voyage

Toiletries please bring enough for the whole voyage.

- ✓ **Shampoo, shower gel, toothpaste etc.**
- ✓ **High factor sun cream** the UV light is more intense at sea and you stand more chance of being sunburnt even on UK voyages
- ✓ **Mosquito repellent** if travelling in an area where mosquitoes or other biting insects are prevalent

Miscellaneous

- ✓ **Towel** You will need to bring your own towel (including one for swimming if you plan to swim)
- ✓ **Sunglasses**
- ✓ **Sterling (British Pounds)** Please bring Sterling to purchase drinks and snacks from the bar or items from our shop. Please note on UK voyages we usually call into a foreign Port so Euros are also advised
- ✓ **Local Currency** for the ports of call you are likely to make especially your start and end Ports. Please note we cannot change currencies on board. Euros and American Dollars are handy for more exotic Ports of call as they can easily be changed locally
- ✓ **Credit and Debit card payments** we can accept most major forms of card payment except prepayment cards for the bar and ships shop

Clothing

It can be noticeably cooler at sea than on land, especially at night, so do come prepared. Please bring enough clothing for the duration of the voyage as you will be **unable to do personal washing except on voyages that are over 2 weeks long**. Please note that the dress code onboard tends to be casual, although you may wish to dress up when proceeding ashore.

For All Voyages

- ✓ **Shorts and T shirts**
- ✓ **Underwear**
- ✓ **Shoes** Suitable for the expected conditions and all with none slip soles. Trainers, deck shoes and work boots work well. Sports sandals in warmer climates but **NO FLIP FLOPS** as they are a danger on deck. At least one pair needs to be enclosed at the toes for mess duty in the Galley
- ✓ **Trousers** for the likely weather. Please note Jeans are not recommended as they take a long time to dry (At least one pair for mess duty are required)
- ✓ **Light Jacket for going ashore or light showers**
- ✓ **Swimming costume**
- ✓ **Spectacles / sunglasses** - with a cord to keep them safe

UK and European summer voyages and the Canaries

- ✓ **Fleece/warm sweater**
- ✓ **Warm hat**
- ✓ **Sun Hat**
- ✓ You may want to bring some warmer clothes in early/late season

Caribbean Voyages

- ✓ **Thin fleece/light sweater**
- ✓ **Sun hat**
- ✓ **Thin trousers**
- ✓ **Long sleeve shirts/blouses and a sarong** (To prevent sunburn)

Passage Voyages (e.g. UK-Canaries and back, Canaries to the Caribbean, Caribbean-UK and All Sail the World Passages)

The weather tends to be colder and wetter on some of these voyages so come well prepared

- ✓ On voyages from the Canary Islands to the Caribbean, you may require a few items of warmer clothing at the start of the voyage.
- ✓ Weather and general conditions in the Southern Ocean can be notoriously rough, wet and challenging
- ✓ Fleece/warm sweaters
- ✓ Sweatshirts/light sweaters
- ✓ Warm hat, scarf, gloves
- ✓ Thermal underwear long sleeve shirts and extra T shirts
- ✓ Warm shower proof jacket/sailing jacket
- ✓ Books or some means of entertaining yourself or others (So long as its small)
- ✓ Remember that several thinner layers are warmer than one thick one!

Optional Extras to Bring

- **Gloves** you will be handling ropes so sailing or other non-slip gloves may be useful
- **Oilskins (waterproofs) and sea boots** if you have some bring them along (Although these are provided on board some prefer to use their own)
- **Earplugs/Eye mask** if you think your sleep might be disturbed by the noise of the generator engines or lights
- **Email addresses** on longer passage voyages we offer an email system which has a small cost but please note you cannot access your usual email accounts (e.g. Gmail or Hotmail)
- **Small torch or head torch**
- **Water Bottle** handy to stay hydrated