

# How much does it cost?

The scheme operates on most voyages, the price of each voyage can be found in the voyage brochure or on our website [www.jst.org.uk](http://www.jst.org.uk).

If you are selected to take part in the JST Youth Leadership@Sea Scheme you may qualify for a bursary of up to £300 towards the cost of your chosen voyage. The amount awarded will depend on your personal circumstances and quality of application. You should raise the money yourself for the remaining balance of your voyage. You could try to fundraise or organise sponsorship. NB: the cost of travelling to and from the ships is not included in the price of the voyage.

## Basic Requirements:

- Able to speak and understand basic English
- Have a positive and can-do attitude
- Willing to work as part of a team
- Able to understand and retain safety instructions

## How to Apply:

1. Choose a voyage (five days or more, or combine shorter voyages).
2. Complete the voyage application form.
3. Write a short personal statement telling us why you want to participate in the scheme in no less than 400 words i.e. what you enjoy, what you would like to do in the future, what you think you will get out of the scheme, how it may affect your outlook on life etc...
4. Send it all in, simple!

In partnership with:  **The Rank Foundation**  
a pebble in the pond

## Jubilee Sailing Trust

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Visit: [www.jst.org.uk](http://www.jst.org.uk) Registered Charity No. 286487

Jubilee Sailing Trust  
Youth Leadership@Sea

[www.jst.org.uk](http://www.jst.org.uk)



JUBILEE SAILING TRUST  
changing lives

“Beyond doubt, sailing on the Lord Nelson was one of (if not) the best things I have ever done. It was genuinely a once in a lifetime opportunity (that is, unless I come back next year!) The Jubilee Sailing Trust is a truly worthwhile charity and I have been telling everyone about them.”

Katy, LN701



# Welcome to Youth Leadership@Sea

The Jubilee Sailing Trust's, Youth Leadership@Sea scheme is a unique challenge for adventure seekers. It's an opportunity to truly experience life at sea, it may just enrich and change your life forever.

If you are between the ages of 16 and 25, want to develop leadership, communication and teamwork skills, be challenged and make new friends; then this is for you.

You can join either Lord Nelson or Tenacious as a member of the crew, working in a watch of up to 10 people. There's no requirement for previous sailing experience, as we can teach you all that you need to know.

By the end of it you will feel a great sense of achievement and will have made lots of new friends, developed key life skills, had lots of fun and been given a certificate to show what you've achieved.

A voyage of five or more days counts towards the residential section of **THE DUKE OF EDINBURGH GOLD AWARD.**



Visit our website:  
[www.jst.org.uk](http://www.jst.org.uk) or call  
us on 023 8044 9138 for  
a brochure, detailing all  
of our exciting  
voyages. It is also  
available as an audio  
CD and podcast.

# How does it all work?

You will be sent a logbook in the post a few weeks before joining and will be asked to fill in the relevant sections at home and take it with you when you join the ship!

On arrival you will be assigned a bunk and a locker. You will be paired with a suitable 'Buddy' so that you can look out for each other's needs and face challenges and triumphs together.

You will learn how to set, stow and brace the sails and helm the ship (steering). You will have an active turn in the galley (kitchen) helping to prepare and serve meals, help clean the ship and general maintenance or work aloft on the yards by shadowing the Bosun's Mate (to the level of your ability). You will be led by an experienced Watchleader and be 'mentored' by a member of the Permanent Crew. You may also have the opportunity to take a Watch (a team of up to 10 people) and delegate duties.

There are also problem solving and teambuilding tasks throughout the voyage, encouraging an awareness of the diverse physical abilities within our society.

After your voyage your mentor will give you an appraisal by filling in the final section of your logbook. They will evaluate how you coped in different situations and what new skills they feel you have developed. For example your level of involvement, teamwork and ability to lead and make decisions.

Once you have returned from your voyage you will be required to write a short report evaluating your experience of your voyage and on completion of the scheme (which includes satisfactory feedback from your mentor) you will receive a certificate (and have your completed logbook returned) as a record of your achievement.

