



An introduction to DofE

Oliver Dibbens and Amanda Van Santen



Why.....

- Great opportunity to offer "something else" to those already involved
- Provides additional inspiration to activity you are already running
- Engage new comers
- Provides opportunities to keep people engaged, especially over the winter months
- External accreditation for your activities
- Open to all RYA Activity: Practical and Shorebased
- Total Integration
- For more information: www.rya.org.uk/go/dofe



What is the DofE?

- The world's leading achievement award for young people.
- The DofE's mission is to **inspire, guide and support** young people in their self-development and recognise their achievements.
- **International charity** operating in 148 countries working with **1,000,000** young people annually.
- In the UK the DofE works with **300,000 young people** every year including 30,000 from significantly disadvantaged backgrounds.
- We operate in schools, youth centres, youth groups, prisons, hospitals, universities and businesses.

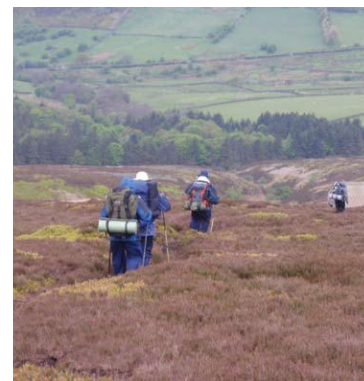
Anyone aged **14-24** can do a programme at one of three progressive levels which, when successfully completed, lead to a **Bronze, Silver or Gold** Duke of Edinburgh's Award.

There are four sections at Bronze and Silver level and five at Gold



- **Volunteering**
- **Skills**
- **Physical**
- **Expedition**
- **Residential**

The DofE offers a balanced programme of activities that develops the whole person – mind, body and soul, in an environment of social interaction and team work



Guiding Principles- Achievable by all!



Aim

To inspire young people to make a difference within their communities or to an individual's life and develop compassion by giving service to others.

Benefits

Learning about the community and feeling a sense of belonging and purpose.

Taking responsibility for their communities and own actions.

Develop teamwork and leadership skills, increasing their employability and work experience.

Understand their own strengths and weaknesses and build confidence and self-esteem.

- Assistant Instructor/Instructor
- Coaching others
- Helping at T15 or OnBoard Club
- Helping regularly at RYA Training Centre
 - Committee member
 - General help



Aim

To inspire young people to achieve greater physical fitness and a healthy lifestyle through participation and improvement in physical activity.

Benefits

Have fun keeping fit by choosing an activity they enjoy .

Improve fitness by taking part in a physical activity on a regular basis.

Discover new abilities.

Raise self-esteem through improvement and performance.

Sailing Level 1, 2, or 3, or
Advanced modules

Passing RYA levels such as
Windsurfing Start,
Intermediate or
Advanced

Taking part in a race

Race training



Aim

To inspire young people to develop practical and social skills and personal interests.

Benefits

- Develop new talents.
- Develop better organisational and time management skills.
- Develop practical and social skills – by working alongside enthusiastic individuals who share their skills & knowledge.
- Sharpen research skills.
- Learn how to set and rise to a challenge.

- Boat maintenance/repair
- Ropework
- Sailing theory
- Power boating
- Meteorology



Aim

To inspire young people to develop initiative and a spirit of adventure and discovery, by planning, training for and completing an adventurous self-sufficient journey as part of a team.

Benefits

- Gain an appreciation of and respect for the outdoor environment.
- Sharing responsibility for success.
- Learn the importance of attention to detail and organisation.
- Develop and demonstrate enterprise and imagination.
- Become more self-reliant.
- Become more able to overcome both expected & unexpected challenges.
- Recognise the needs and strengths of others.
- Improve decision-making skills and accept consequences.
- Learn to manage risk.

Aim

To inspire participants through a concentrated involvement with people they don't know, who are usually from different backgrounds, and bring alternative views to the challenges they will face.

Benefits

- Enable young people to separate themselves from their daily routine
- A chance to step outside their comfort zone & gain new life skills
- Broaden horizons and develop maturity and independence.
- Develop social and team-working skills by completing shared objectives

Completing a DofE Programme



**Stage 1:
Preparation**



**Stage 2:
Training**



**Stage 3:
Activity**



**Stage 4:
Assessment**



Bronze level requirements



Volunteering

3 months



Physical

3 months



Skills

3 months



Expedition

Prepare, train for and undertake a **2 day and 1 night** expedition.
At least **6 hours** of planned activity each day.

All participants must undertake a **further 3 months** in either the Volunteering, Skills or Physical section.

Silver level requirements



Volunteering



Physical



Skills



Expedition

6 months

One Section for **6 months**
and the other for **3 months**.

Prepare, train for
and undertake a **3
day and 2 night**
expedition.
At least **7 hours** of
planned activity
each day.

Participants who have not achieved their Bronze Award must undertake a further **6 months** in either the Volunteering, or the longer of the Skills and Physical sections.

Gold level requirements



<p>Volunteering</p>	<p>Physical</p>	<p>Skills</p>	<p>Expedition</p>	<p>Residential</p>
<p>12 months</p>	<p>One section for 12 months the other for 6 months.</p>		<p>Prepare, train for and undertake a 4 day and 3 night expedition. At least 8 hours of planned activity each day.</p>	<p>All participants undertake a shared activity in a residential setting away from home for 5 days and 4 nights.</p>
<p>Participants who have not achieved their Silver Award must undertake a further 6 months in either the Volunteering or the longer of the Skills or Physical sections.</p>				

Website! www.dofe.org

e - induction <http://www.dofetraining.org/induction>

The Handbook for DofE Leaders

'Introduction to the DofE' training course

eDofE User Guides



United Learning Trust / Ratcliffe Hall Independent employer survey:

**“Most important activity
undertaken at school”**

University of Northampton, supported by the Pears Foundation, created some impact research outlining the personal development of the DofE

For full details please see our website.





Working Together



Additional accreditation for young people

Winter months activities

Added value

Keep youth members engaged



Two types of partnerships

DofE Centre	Approved Activity Provider
Offers full DofE programme	Offers Expedition or Residential activities only
Young people already engaged in club/centre	Commercial basis – young people already doing their DofE elsewhere

Becoming a DofE Centre

Register interest today!

Nominate a DofE Co-ordinator

Advertise DofE to young people engaged with club

Register young people and get them started!



Becoming an Approved Activity Provider

<http://www.dofe.org/go/becomeanaap/>

Register interest with the DofE

Sign AAP Licence

Nominate an AAP Manager

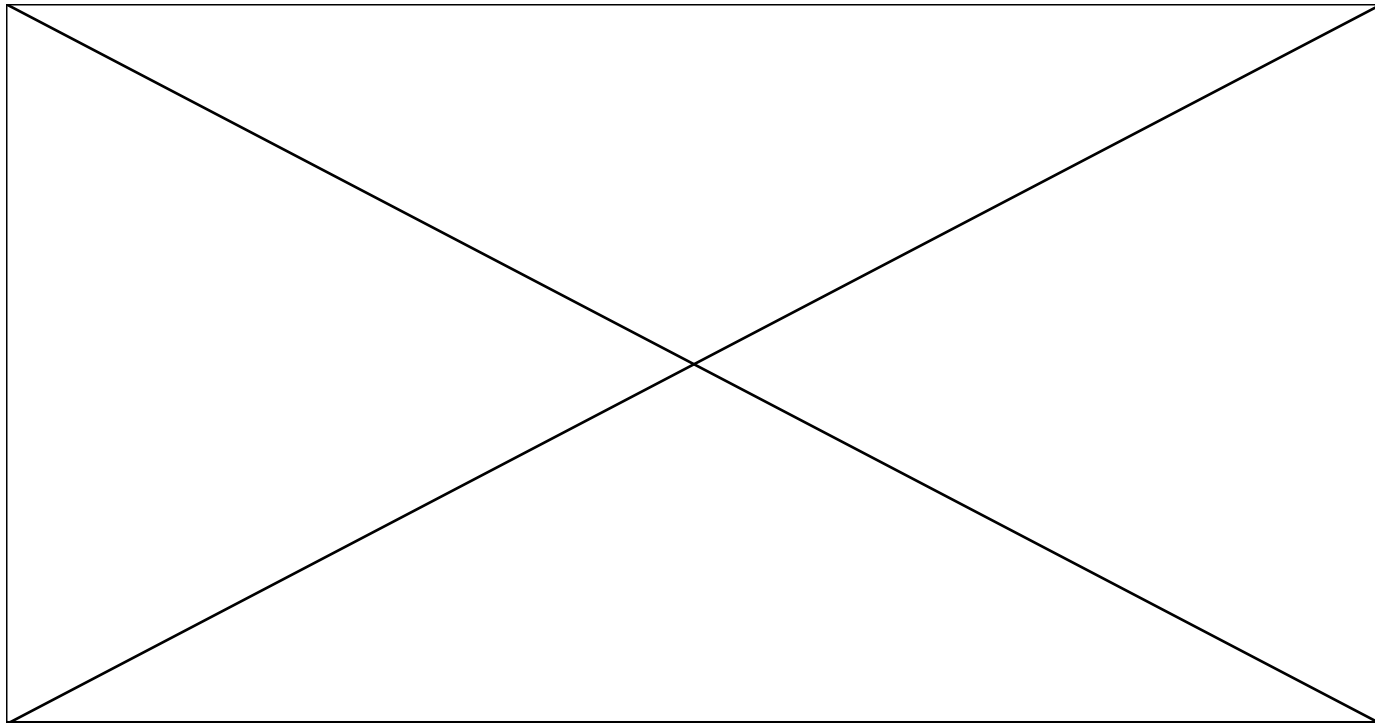
Advertise your activities to young people

Sign off sections as appropriate





Marketing and Promotion.....





Case Studies – *learning from others!!*

- Sedburgh School CCF
- Sport Scotland, Cumbrae
- Rutland Sailability
- Sun Sail
- Carsington SC
- ASA Germany
- RYA Zone Squad



www.rya.org.uk/go/dofe

6°/42F e Welcome back Amanda Xenia [Your Account](#) / [Sign Out](#)

Home Programmes Classifieds About Us Contact Us Regions Video Where's My Nearest Clubs

RYA JOIN & MEMBERSHIP START BOATING COURSES & TRAINING INFORMATION & ADVICE NEWS & EVENTS CRUISING RACING RYA SHOP BASKET 0 ITEMS, £0.00

Courses & Training
About RYA Training

LEARNING
Courses
Exams
Professional Qualifications
Careers Advice
Find A Training Centre

TEACHING
How to be a Coach, Trainer or Instructor
Resources

Setting up a Training Centre

The Duke of Edinburgh's Award RYA Centres

The Duke of Edinburgh's Award (DofE) is a voluntary, non-competitive programme of activities for anyone aged 14 to 24. Doing their DofE gives young people the opportunity to experience new activities or develop existing skills.



There are three progressive levels of programmes which, when successfully completed, lead to a Bronze, Silver or Gold Award.

There are currently 275,000 young people participating in a DofE programme in the UK, with over 80,000 achieving a Bronze, Silver and Gold Award each year.

There are four sections (five at Gold):

- **Volunteering:** At their local centre, club or Team15 night on a regular basis.
- **Physical:** Regularly sailing or windsurfing activity either learning or racing

Join the RYA

MEMBERS SAVE 15% ON BOOKS AND MORE AT THE RYA SHOP!

[All the reasons to join](#)

Downloads

[FAQS - CENTRES](#)
PDF, 134 KB

[SAMPLE STAFF ENROLMENT FORM](#)
PDF, 106 KB

[SAMPLE PARTICIPANT ENROLMENT FORM](#)
PDF, 124 KB



DofE Courses

- **Assessors course**
 - RYA House
 - 20th March
 - £TBC

Bookings made through Dawn Seymour:

Dawn.seymour@rya.org.uk

02380 604 186



RYA Contacts

- **RYA Contacts**

Amanda Van Santen (DofE Manager)

Amanda.vansanten@rya.org.uk

02380 604 179

Dawn Seymour

Dawn.seymour@rya.org.uk

02380 604 186

- **RYA Website** - www.rya.org.uk/go/dofe

- **DofE Website** - <http://www.dofe.org/>



QUESTIONS.....