



FIV sailing school cares about the environment.

A responsible sailor must never forget to respect the environment, both ashore and in the water.

Based on ISAF Code of Environmental Friendly Behaviour. For more details, browse: www.sailing.org/about/environment/initiatives.php

The eco-friendly sailor decalogue

- 1 Reduce your waste production**
 - Choose products without plastic or excessive packaging. Before launching, remove all unnecessary packaging and dispose them.
 - Choose food and refreshments in bigger capacity, biodegradable packages, which are easy to store.
 - In your club premises, use water dispensers instead of disposable plastic bottles.
 - Onboard, bring refreshments in reusable containers such as flasks instead of disposable bottles.
- 2 Collect and separate your waste**
 - Inform your crew or your pupils where the trash and recycling bins are located.
 - Do not discharge raw sewage solvents, paints, waste oils, batteries.
- 3 Recycle as much as you can**
 - If you use disposable plastic bottles, drink all content before opening a new one. Re-fill the bottle as many times as you can and when you do not need it any more, recycle it.
 - *Coaches should promote activities and games which use recyclable materials or organize workshops to teach environmental education.*
- 4 Preserve water and use it responsibly**
 - In your club premises, install automatic shutoff taps or shower timers to prevent water waste.
 - Install flow restrictors on taps you use for boat wash down.
 - Do not use drinking water to wash your boat: install a storage tank to collect and re-use rainwater instead.
 - To remove sand from your clothes or equipment, rinse them first in seawater, then rinse again in a freshwater bucket. Prefer rainwater and avoid using tap water.
- 5 Do not pollute sea with soap and oils**
 - Use biodegradable shampoo or shower-gel.
 - Use biodegradable cleaning products for your equipment.
- 6 Do not throw cigarette butts on sand or in seawater**
 - Consider the importance of being a good example to your young pupils: do no smoke in front of them.
 - If you cannot avoid smoking, bring a pocket ashtray with you where to store cigarette butts.
- 7 Use your engine responsibly**
 - Keeping your engine well maintained improves its performances and reduces its consumption.
 - Avoid any oil/fuel spilling.
 - Be careful when you refuel and avoid spilling oil into the sea.
 - Limit your speed to reduce fuel consumption.
 - Switch off your engine while standing still to avoid exposure to exhaust smoke.
- 8 Learn how to recognize and protect the ecosystem around you**
 - Do not disturb animals, do not feed them and do not pick them up from their environment.
 - Organize a workshop to promote environmental awareness and the knowledge of the ecosystem around you.
- 9 Use your anchor consciously**
 - When anchoring, choose a sea bottom where Posidonia is not growing.
 - If there is Posidonia, avoid plowing the sea bottom when weighing the anchor.
 - Respect Posidonia: it absorbs carbon dioxide, releases oxygen and helps keeping our seas healthy.
- 10 Save electricity**
 - Do not start your boat engine to recharge a battery.
 - On board, not to run out of batteries, use only the lights strictly needed.
 - Use windsocks to improve fresh air circulation on board.
 - Avoid using air conditioners, whenever possible.
 - Switch the lights off, when you leave a room.
 - Do not leave electronic devices on stand by, but switch them off when you do not use them.
 - On board, use solar panels and /or small wind turbines to integrate your electricity production.