



How to find us



Where do we sail?

NFDS is grateful to Spinnaker Sailing Club for the use of their facilities just north of Ringwood where the attractive inland lake provides an ideal safe sailing area.

When do we meet?

We meet for sailing twice weekly from the beginning of April until the end of October.

Tuesdays from 10.00 am – Last Sail 3.30pm
Fridays from 10.00 am – Last Sail 3.30pm

We depend upon voluntary help

The Group is grateful to the volunteers who make our activities possible. They operate the safety boat, take members with disabilities sailing and perform numerous shore-based duties. And it's all fun!

Contact

If you would like to sail, help or make a donation, please contact **Eric Blyth** on 02380 867438 or email: chairman@newforestsailability.co.uk alternatively you can meet us at the Spinnaker Club on Tuesdays or Fridays.



Centre of Excellence



MEMBER OF THE ACCESS CLUB ASSOCIATION



SPINNAKER CLUB



NFDS, Spinnaker Club, Ivy Lane, Blashford,
Ringwood, Hants BH24 3LY
www.newforestsailability.co.uk

New Forest & District *Sailability*



Bringing the experience
of **Dinghy Sailing**
to people of all ages
and any disability

www.newforestsailability.co.uk

Registered Charity No. 1105212

What is New Forest & District Sailability?

New Forest and District Sailability (NFDS) was founded in 2000 to provide affordable, fully supervised dinghy sailing for people with disabilities. As well as welcoming individual disabled sailors, we can make provisions for groups from workshops, clubs, schools and homes etc. The group is affiliated to the Royal Yachting Association Sailability (RYAS).

Our aim

To encourage people, no matter what their age or disability, to reach their full potential through the friendly world of sailing.

What do we sail?

We have a fleet of Access dinghies, purpose designed for people with disabilities, to ensure a high degree of buoyancy and stability. Unsinkable and incapable of being capsized they are the ultimate in safety.

Access 2.3 Single seater Dinghy

Available with manual or electric joystick controls, they can be easily sailed by those with impaired movement or little strength.

Access 303 Double seater Dinghy

For supervised tuition or solo sailing.



The 2.4 Metre Boat

These single-handed keelboats are a one fifth scale version of the famous 12 metre America's Cup boats. Adopted as a Paralympic class, they can be steered with a joystick or foot pedals.



Jaffa – on safety patrol

Safety

Our members' safety is of paramount importance at all times. Personal buoyancy jackets are supplied and must be worn at all times when on or near the water.

Our Safety Boat with a qualified skipper and trained crew is on constant alert to assist in ensuring maximum safety on the water. Two-way radio communication is always maintained between Clubhouse control, shore-based lookout and the Safety Boat skipper.

Accessibility – what facilities are there?

Pontoon

A wheelchair accessible pontoon is equipped with personal hoists to enable safe transfer from a wheelchair into a boat. And on return it will safely lift the person from the boat back into a wheelchair.



Clubhouse

There is ample car parking space. The Clubhouse and facilities are wheelchair accessible. Hot and cold drinks are available for a small charge.

Outside the Clubhouse there are picnic benches and a barbecue; ideal for enjoying the panoramic view over the lake towards the New Forest.

