| Amondia 2. Deviged standards at levels 1 to 4 for according the competence and qualification of eaches ¹ | |
|---|--|
| Appendix 3: Revised structure at levels 1 to 4 for recognising the competence and qualification of coaches ¹ | |

| Keywords/Level/role | Level 1: Apprentice Coach | Level 2: Coach | Level 3: Senior Coach | Level 4: Master Coach |
|---------------------|--|---|--|--|
| Assist | x | X | x | |
| Plan | (x) | X | x | x |
| Deliver | (X) | X | x | x |
| Review | (X) | X | x | X |
| Supervise | | X | x | X |
| Mentor | | (x) | X | X |
| Coordinate | | (x) | X | X |
| Manage | | | X | X |
| Innovate/research | | | (x) | X |
| Plan strategically | | | (x) | X |
| TASKS | To assist in coaching one or more sportspersons or athletes, delivering aspects of supervised coaching sessions. | Prepare for, deliver and review coaching sessions. | Plan, implement and review annual coaching sessions. | Plan, implement, analyse and revise multi-annual coaching programmes. |
| COMPETENCE | Practice basic coaching competences | Basic coaching competence. | Advanced coaching competence. | Advanced coaching competence, innovation and leadership. |
| ACTIVITIES | | | | |
| Training | Organise participants, facilities and equipment under supervision. Conduct sessions or parts of sessions under supervision Review sessions under supervision | Plan training sessions, taking account of participant needs Organise and conduct safe and effective training sessions Review training sessions | Plan training sessions and annual plans, taking account of participant needs Organise and conduct safe and effective training sessions and season plans Review training sessions and season plans | Plan training sessions, annual and multi-annual plans, taking account of participant needs Organise and conduct safe and effective training sessions, season and multi-season plans Review training sessions, season and multi-season plans |
| Competition | Organise safe competitions, conduct and review coaching at competitons under supervision | Plan and Organise safe competitions, in line with the needs of participants. Conduct and review coaching at competitions | Plan and Organise safe competitions and annual competition plans, in line with the needs of participants. Conduct and review coaching at competitions and as part of annual competition plans | Plan and Organise safe competitions, annual and multi-annual competition plans, in line with the needs of participants. Conduct and review coaching at competitions and as part of annual and multi-annual competition plans |
| Management | No role | Coordinate the development of sportspersons through the delivery of a series of coaching sessions and competitions | Plan, organise and review the management of participant careers; other coaches and the integration of sports science experts and others | Plan, organise and review the management of participant careers; other coaches and the integration of sports science experts and the wider organization |
| Education | Assist in the education of participants | Plan, organise, conduct and review education of participants and apprentice | Plan, organise, conduct and review the education of participants, parents, other | Plan, organise, conduct and review the education of participants, parents, other |

| | | coaches | coaches and the wider organization | coaches and the wider organization |
|----------------------|--------------------|--------------------|------------------------------------|------------------------------------|
| Admission conditions | Pending discussion | Pending discussion | Pending discussion | Pending discussion |
| Minimum duration | Pending discussion | Pending discussion | Pending discussion | Pending discussion |

¹ This table applies to coaches of participation-oriented sportspeople (beginners and participation/non-high performance sportspersons), as well as to coaches of competitionoriented participants (talent identified athletes/high performance athletes). The organisation of coach education programmes should consider these classifications, although it is recognised that there will be sport and country specific variations.