

# ADVANCED SAIL TRAINING (AST) 4 x 4 MODULES BROCHURE



## CONTACT DETAILS:

EMAIL [stephanie@endeavoursailing.co.uk](mailto:stephanie@endeavoursailing.co.uk) TEL: 0034 628 478 400 / 928 849 670 WEB: [www.endeavoursailing.co.uk](http://www.endeavoursailing.co.uk)  
ADDRESS: Edificio Antiguo Varadero, Bloque D No15, 2nd Floor, Puerto Calero Marina, 35571, Yaiza, Lanzarote



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# 1) Introduction

- Introduction
- Opportunities



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## INTRODUCTION:

Thank you for taking the time to read this brochure.

Maybe you are considering a career at sea involving world-wide travel, responsibility and a fantastic quality of life? Maybe you just want to build up your skills prior to taking that lifelong adventure of sailing off into the sunset.

Got a career break, gap year or just retired and fancy completing a life changing experience and becoming a competent sailor? Whatever your age, background or motive the Endeavour Sailing Advanced Sail Training 4x4 modules will progress you from limited experience through to the Yachtmaster Offshore qualification.

The RYA Yachtmaster qualification is recognised Internationally as the most reliable testimony of competence for a yacht skipper. Consequently this qualification is widely sought after by those who wish to become professional skippers.



The modular fast track programme means you can progress smoothly to Yachtmaster without having to take several years of weekends and holidays to qualify.

This more drawn out route leads to a loss of continuity and lessons/skills are forgotten during the long gaps between training sessions.

The Advanced Sail Training programme course enables a student to develop without interruption, following a fully integrated, "seamless" program. The intensity and efficiency of such a course is such that students learn faster and learn more. You will be as competent a yacht skipper as someone who has taken many years. Our mile building programme is structured to give you shorter more testing passages in different sea states and points of sail.

Endeavour Sailing students come from Britain, Europe and America, due to the high quality of our training, yachts and service.

Although most people who do the full Professional Sail Training programme, it is becoming increasingly popular for leisure sailors to do one module at a time.



Students are more than welcome to join for just one module at a time.

If you are really interested we would be pleased to discuss your needs and offer advice on your best plan of action.

I hope you find this prospectus of interest and I hope to hear from you in the near future.

If you find I have not covered everything in here please do not hesitate to contact me,

All the best  
Stephanie and the Endeavour Sailing Team



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## OPPORTUNITIES:

The marine industry offers huge opportunities for employment around the world. With a turnover in the UK alone in excess of two billion pounds Yachting is big business!

At Endeavour Sailing we train people from all walks of life to become Yacht Skippers.

Skippering Yachts is a unique and rewarding career. As a Yacht Skipper you have ultimate responsibility for the vessel and everyone aboard. This means being able to turn your hand to many tasks aside from just driving the vessel. If the engine fails you need to be able to identify and solve the problem, this could be the difference between a minor inconvenience and a major disaster. You also need to be able to lead and motivate your crew in all conditions.

A Skipper needs to be able to draw upon a large number of technical and personal skills. As a skipper the rewards in terms of personal satisfaction are also huge.

There are many avenues available to the newly qualified Yacht Skipper and many will work in several different areas during the course of their careers. Broadly speaking the industry is split into two sectors the Yacht Sector (that's Yachts up to 24metres in length) and the Super Yacht sector (that's Yachts over 24 metres ).

Work within the smaller yacht sector can include worldwide yacht deliveries, corporate entertainment, being a Flotilla Skipper for holiday companies, or even training to become a sailing instructor, teaching various courses to students at sea schools such as Endeavour Sailing. The common theme is that you will spend time away from home possibly abroad, have the opportunity to sail a varied range of boats and meet a huge variety of people.

In the Super yacht sector you would start off as a Deckhand and work your way up to Skipper over a period of time.

Working on multi million pound Super yachts in exotic locations such as the Caribbean and the Mediterranean can be a fantastic way of life and pay is generally very good with good career prospects. However, you will need to be prepared to work extremely hard and to have very high personal standards.

The basic qualification required for any of these careers is the MCA/RYA Yachtmaster Offshore qualification and this is what students on our 16 week Advanced Sail Training 4 x 4 Module course achieve. The qualification involves sitting a ten to twelve hour practical exam which looks at the candidates skippering and boat handling skill under sail and power. The examiner will also check out the candidates knowledge of collision regulations, weather and passage planning. The minimum requirements before sitting the exam are 2500 miles logged under sail, 5 passages of 60 miles or over, two of which must be as skipper, a first aid at sea qualification, sea survival certificate and a radio licence. Our Advanced Sail Training course provides all of this.



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## 2) Endeavour Sailing

- Why Choose Us
- The Sailing Area



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## WHY CHOOSE US?

Our students complete our Advanced Sail Training Programme for many different reasons. Career change, gap years or career breaks, or for a challenge after retiring. Whatever your reason Endeavour Sailing is your best choice.

Endeavour Sailing is the leading school in Lanzarote. We have been established for over 5 years and we have been based in Puerto Calero Marina, Lanzarote for 3.5 years. We provide quality instruction and our reputation within the industry is growing. Past students have gone on to become Cruising Instructors, Yachtmaster Instructors, Delivery skippers and flotilla skippers.

We achieve our success through the calibre of instructors we employ. We employ only the best. We run a Personal Development Plan programme for all our staff to ensure they remain at the highest standard. Our instructors are also more senior and are picked for their knowledge, their ability to communicate and their sense of humour.

We are a small team, which means you will get a very personal service all the way through. We limit the numbers we take to four students to ensure maximum time learning, close supervision and monitoring of your development and quality contact time with your instructors.

The Endeavour Sailing Team, has developed a unique training package, based on our skills developed in corporate life as training managers. Our programme allows a steady development with every week having a set aim. You will be debriefed at the end of each task, at the end of the day and at the end of the week by the instructor. This is then documented in your own personal development plan, again unique to us, which enables us to identify your strengths and weaknesses and put together an ongoing action plan to build your skills and ensure a seamless transition with instructors.

Our Advanced Sail Training Programme ensures maximum time on the water.

You will spend a total of 72 days on the water. The beauty of Lanzarote is our stable climate, so you will not be losing sailing days due to bad weather, as in places such as the Solent. We believe hands on experience is the best way to learn. The weeks spent sailing are divided between mile building and skills training. Our mile building weeks are also planned to be shorter passages, to give you more variety of conditions. A two week passage on the same tack teaches you nothing. You will travel to Morocco, and to the other Canary Islands, experiencing the Atlantic Rollers, beating into the wind, running down wind, wind acceleration zones, and beautiful all year round sunshine as well !! Getting this balance right, between miles and skills is crucial to developing a good all round sailor.

We do not do self sail, as some schools do, as we believe you should be learning all the time. During your last two passages, you will effectively be the skippers and you must work together as team, but with the security of knowing you have an instructor there to guide and help when needed. These passages are brilliant times to work on sail trim as well as build confidence.

Endeavour Sailing offers you value for money. We give high quality training along with a strong shorebased back up to ensure all your needs are met. Being a small, family run business you can be certain of a friendly welcome, and we are available 24 hours a day. Within a few weeks, you will be part of the Endeavour Family and you will find it hard to leave.

At the end you will have knowledge and confidence, and be a good all round sailor, which backed up with your Personal Development Plan and references from us will greatly enhance your employability.



**Still not sure?**

Come and sail with us for two days, free of charge, which will give you a chance to meet the team, see how we operate, chat to our instructors, and ensure that this is the right step forward for you.

To arrange please call Stephanie on: 0034 628 478 400 or

Email at

[stephanie@endeavoursailing.co.uk](mailto:stephanie@endeavoursailing.co.uk)



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# THE SAILING GROUND:

Endeavour Sailing is based in Puerto Calero Marina, Lanzarote. Our base provides sheltered waters from the Atlantic Rollers, giving flat seas to practice your drills and develop your

The largest of the Canary Islands, Lanzarote lies seventy miles off the west coast of Africa. The stunning volcanic landscape is home to subtropical forests and soaring peaks. Cruising is blessed by an ideal year-round climate with the warming influence of the Gulf Stream and favourable trade winds

skills.

The climate here is ... We rarely have days we cannot sail—in 2 years we have lost 2 days! With the close proximity of the other islands we can tailor our week to provide calmer seas and lighter winds for practicing and then find stronger winds, with bigger seas for more varied and challenging sailing.

You will visit a variety of ports from traditional fishing harbors to modern marinas with night life.

Pilotage into these harbors will give you the experience of your buoyed channels for your navigation.

Distance sailing to Morocco and other Canary Islands are also included.

The sailing area is a favourite for bottled nosed dolphins and short finned pilot whales.

The next few pages will give you a flavour of some of the ports you may well be visiting.



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# THE SAILING GROUND:



## Lanzarote

For many people travelling down, from the UK or the Mediterranean, Lanzarote is the first stop. There are two main marinas on Lanzarote, Puerto Calero and Marina Rubicon.

### Puerto Calero



Is a immaculate, picturesque marina, lying just down the coast from Puerto Del Carmen, and only ten minutes from the airport. It offers a full range of facilities, with excellent showers and a self service launderette. It has a supermarket and many bars and restaurants to choose from. There is free password protected WIFI on each berth, as well as many of the bars having internet access. The marina has 2 ATM machines. As part of Endeavour Sailing you will also have access to a swimming pool.

The marina was formed by building a breakwater parallel to the coast to provide shelter from the North and East, with a shorter breakwater giving protection from the South, making it a very sheltered marina.

It has 420 berths and is patrolled by security guards 24 hours a day, making it a very safe and secure marina.

Puerto Calero has become synonymous with International Sailing and Regattas, and was the training base for the Ericsson Race Team.

### Marina Rubicon



Lies on the Southern End of the Island in Playa Blanca. It has 500 berths. Again it offers a full range of high quality facilities, with a pool and tennis court available. It also has 24 hours a day security. Although WIFI on the pontoons it is not free of charge, although many of the numerous bars and restaurants do have free WIFI connection.

The Round the Island Race is based here and is becoming a increasingly popular event.



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# THE SAILING GROUND:

## La Graciosa

This is an Island situated 2km from Lanzarote. Its Spanish translation means Graceful. Some say that an incident that happened here in the days of piracy was the basis for Robert Louis Stevenson's "treasure island".

The Rio straits situated between Lanzarote and La Graciosa provide a popular stop over for boats escaping the North easterly Winds. The Harbour at Caleta de Sabo and anchorages on the Southern coast provide spectacular scenery of Lanzarote at its highest point of "Mirador Del Rio".

## Fuerteventura

Sailing along the coast of Fuerteventura is a continual reminder of how close the Canary Islands are to the African coast—only 54 miles to Cape Yubi in Morocco. Undoubtedly its greatest attraction is its 152 beaches, totalling 50 kilometres.

To the Northeast of Fuerteventura is the island of Lobos called after the seals which used to frequent the area. It is rich in marine life and renowned for some of the best diving and fishing in the Canary Islands.

## Tenerife

It is the largest of the Islands and is famous for Mount Teide which rises 3718 metres out of the ocean. It is the greenest of the Islands with lush sub tropical groves of fruit and vine.

For sailing yachts there are a number of beautiful marinas from Santa Cruz to San Miguel. There is constant wind making for excellent sailing conditions.

## Gran Canaria

This is an island of contrasts, from the green seas of banana plantations along the northern coast to the lush gorges and pine forested mountains of the interior, and the golden sand dunes of Maspalomas in the south.

Like Tenerife it has a constant wind which makes for ideal sailing all year round



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### 3) Course Structure

- Modules Overview
- Module 1
- Module 2
- Module 3
- Module 4



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## MODULE OVERVIEW:

Our modular fast track course has been designed to follow the requirements of the RYA syllabus. This allows people of different standards to join in at the appropriate level. It combines all aspects of sailing, theoretical and practical and we try to include all areas of sailing, including maintenance, boat victualing etc. to make you an experienced professional skipper.

Two and half weeks are spent in the classroom teaching navigation, rules of the road, safety and weather. The day courses, VHF + GMDSS and First Aid are held during your stay during module 2 (these are not included in the price as often people already have them). If you join in at module 3 or 4 and do not have these, we can arrange to fit them in.

During the course, we try to make sure every aspect of your time with us is enjoyable, we will give you a list of activities you could try in your spare time along with handy hints and advise. We also allow you to get involved in the day to day running of the boats as mentioned, and promote a team spirit. Team work is one of the most important parts of sailing, and when every one works together it becomes easier and more enjoyable. Life long friendships are built up during your weeks together.



We understand that joining a fast track course is a big commitment, both financially and personally. That is why we have broken it down into modules, this allows you to start and leave at a level suitable to you and also it allows you a week break between modules to visit friends and family, or have them to come out and visit you.

Our commitment to you is to give you a professional, friendly and approachable service, and treat you with respect and part of our team as well. We at Endeavour Sailing will work hard to make your time with us as successful as possible.

### What's included

- Accommodation
- All breakfasts/lunches
- Tea & Coffee
- Wet weather gear
- Life jackets
- Towels
- Fresh bedding
- Water & electricity
- Mooring fees
- 2 evening meals per week with wine (during passages/mile building) 4 evening meals per week

### Not Included

- Flights
- Meals ashore
- Transfer from airport
- Exam fees for Yacht master Practical



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# MODULE 1 — 4



Module 1	Approx miles
Wk 1 Boat Familiarisation	100 miles
Wk 2 Competent Crew Practical course	100 miles
Wk 3 Basic Navigation Theory course + Sailing skills	80 miles
Wk 4 Introduction to passage planning & Boat handling skills	100 miles
<b>Total</b>	<b>380 miles</b>

Module 2	Approx miles
Wk 1 Day Skipper Theory + First Aid + VHF	0 miles
Wk 2 & 3 Passages/Mile Building - Lanzarote, Morocco, La Palma, La Gomera, Tenerife, Gran Canaria, Fuerteventura Lanzarote	600 miles
Wk 4 Day Skipper Practical	100 miles
<b>Total</b>	<b>1300 miles</b>

Module 3	Approx miles
Wk 1 Sailing Skills + Boat Handling Skills	100 miles
Wk 2 Passages/Mile building - Lanzarote, Tenerife, Gran Canaria, Lanzarote	350 miles
Wk 3 Coastal/Yachtmaster Theory + exam	0 miles
Wk 4 Coastal Skipper course completion	100 miles
<b>Total</b>	<b>550 miles</b>

Module 4	Approx miles
Wk 1 Sailing skills + Boat Handling Skills	100 miles
Wk 2 Passages/Mile Building - Lanzarote, Tenerife, Gran Canaria, Lanzarote	350 miles
Wk 3 Yachtmaster Preparation Week	100 miles
Wk 4 Yacht master Preparation Week + Exam	100 miles
<b>Total</b>	<b>650 miles</b>



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#### 4) Preparation for the course:

- Health
- Previous experience
- Books & Equipment
- Clothing
- Documents & Money
- Photographs



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## Health

The course is physically demanding and we advise you check with your doctor to ensure you are fit to participate.

If you are looking at getting your Yachtmaster Offshore Certificate commercially endorsed it would be a good idea to obtain your medical certificate before commencing the course.

If you have any questions regarding this please do hesitate to contact me.



## Previous Experience

All though no previous experience is required, we do realize this is a large commitment, both financially and time wise. We do therefore suggest you do a Start Yachting course to see if you actually do enjoy sailing!

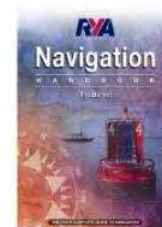
We can do this for you prior to attending the course and if you commit to doing the full 16 week Advanced Sail Training Programme, we will deduct this from the cost of the programme

## Books, Equipment & Clothing

We provide all the books and training equipment you require for the course. We also have books and equipment to purchase whilst you are here if you wish.

On joining we will send you a list of what you will need to bring including items such as deck shoes and sailing gloves. Wet weather gear and lifejackets are provided.

You will require a RYA Sail Cruising and Yachtmaster Scheme Syllabus and Logbook, this can be purchased on arrival from us



## Documents & Money

You will need to bring your passport with you and carry it all times. It is a legal requirement to have photographic ID on you and as a foreign person a passport is the recognized form of ID.

You may wish to bring your driving license (both paper and plastic sections) if you wish to hire a car whilst you are here.

There are two ATM machines in the marina to obtain cash, credit cards will be charged an administration fee by the card company, but many banks now do free overseas withdrawals on debit cards. Lanzarote is in the Euro zone.



## Photographs

You will need to bring with you 4 passport sized photographs for your certifications through the programme.



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## 5) Fees & Dates

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- Additional Courses
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- Terms & Conditions
- Medical Report Form



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## FEES & BOOKING DETAILS

The cost to each individual module is £1,850 (this does not include the VHF radio and First Aid Course if required)

The cost for all 4 modules is £7,200 (this includes the VHF radio course, and the first aid course)



Students will be required to pay for the following examination fees (these are subject to change):

Short Range Radio Certificate           £30  
RYA/MCA DoT Yachtmaster Offshore   £194

The booking form is attached—please complete and email a copy back to me.

## ENDEAVOUR SAILING AST CALENDAR

The AST course is run throughout the year on a rolling modular basis. The start/finish dates in the following table are for guidance only. Contact Endeavour Sailing for final dates, or to personalise your own programme.

Module 1		Module 2		Module 3		Module 4	
Start	Finish	Start	Finish	Start	Finish	Start	Finish
19/08/2012	14/09/2012	16/09/2012	12/10/2012	21/10/2012	16/11/2012	18/11/2012	15/12/2012

## CONTACT DETAILS:

Endeavour Sailing Ltd  
Edificio Antiguo Varadero  
Bloque D No 15  
2nd Floor  
Puerto Calero Marina  
Yaiza  
35571  
Lanzarote



TEL: 0034 628478400/ 928 849 670  
Email: [stephanie@endeavoursailing.co.uk](mailto:stephanie@endeavoursailing.co.uk)  
Web: [www.endeavoursailing.co.uk](http://www.endeavoursailing.co.uk)



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## EXTRA COURSES AVAILABLE:



### **RYA Shorebased Ocean Course with Oral Examination:**

This course provides all of the theoretical tuition on ocean passage making and astro navigation needed prior to setting off on an ocean passage as mate or skipper.

Duration 5 days

Cost £500



### **RYA Diesel Engine Course:**

Although marine diesel engines are very reliable, they can go wrong, this course will not only save your money but it may save your life.

The course provides you with an awareness of the main systems of a diesel engine, simple measures to prevent mechanical breakdown and how to rectify problems

Duration 1 day

Cost £99



### **RYA Personal & Professional Responsibilities Online course**

This course is essential if you wish to get your Yachtmaster Offshore Certificate commercially endorsed.

It is a purely online course taking approximately 8 hours, and you will have instructors at hand if you need help.

Duration Approx 8 hours online learning

Cost £31 exc VAT



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# ENDEAVOUR SAILING AST BOOKING FORM



Name:	Date of Birth:
Address:          Post code:	Daytime Tel:
	Mobile:
	Email:

How did you hear about Endeavour Sailings AST:

## DETAILS

Passport No:	Special dietary requirements:
Occupation:	Allergies

Next Of Kin—Name and Contact number (NB if next of kin is also sailing please use alternative next of kin)

## TRAVEL INSURANCE—we recommend that you have adequate travel insurance

Insurance Company:	Policy Number:	Emergency Telephone Number of Insurance Company
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## DECLARATION OF FITNESS TO TAKE PART IN THE AST

If your medical condition changes prior to the course please inform us.

Please specify if you suffer from Epilepsy, Diabetes, Heart disease, Asthma or similar ailment. Details of any medical treatment being received	
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I declare that, to the best of my knowledge, I am fit to take this course.  
Sign



# ENDEAVOUR SAILING AST TERMS & CONDITIONS



**1 BOOKING PROVISIONAL:** Either verbal or by email will be held for 3 days only. It will not be deemed binding until Endeavour Sailing confirms.

If a completed booking form and deposit/balance is not received within 3 days Endeavour Sailing shall reserve the right to sell the vacancy to another student and no liability shall attach itself to Endeavour Sailing whatsoever, beyond a refund.

**2 FIRM BOOKINGS:** Will be deemed firm once the booking form is received, completed in full and signed, with one per student with the minimum deposit/balance.

**3 CONFIRMATION:** Endeavour Sailing will confirm the booking, in writing, within 5 days of receiving the booking form/s.

**4 DEPOSIT & FEES:** The deposit, as outlined on the booking form is required, with full payment being due 28 days before the commencement of the course. If within 28 days prior to the course the student has not paid the balance of the fee, on the 28th day a reminder letter will be sent to the address overleaf. If 21 days from the date of the course the balance has not been received Endeavour Sailing reserves the right to sell the student's berth, named overleaf. If Endeavour Sailing is successful in selling this berth and mitigating its costs the student overleaf will only forfeit the deposit. If Endeavour Sailing fails to sell the berth, the student will be liable for the full fee. If the student fails to remit the balance due, it is agreed that 3% per month can be added to the outstanding amount, on compound interest rates, from the 28th day, prior to the course until paid.

**5 COURSE DURATION:** The AST has a full duration of 16 weeks, although students may opt to complete one or more of the four modules that it is split into.

## **6 DELAY/NON ARRIVAL/CANCELLATION:**

- A) If you are likely to be delayed beyond the start of your course, please inform us as early possible.
- B) A student who cannot attend their course through illness or commitments elsewhere is requested to contact Endeavour Sailing as soon as possible. If it is necessary for the student to cancel the course between 28 and 60 days prior to the commencement of the course the student will lose any deposit paid. If it is necessary to cancel the course 28 days or less prior to the course starting the student will lose the entire course fees unless Endeavour Sailing can resell the position in which case only the deposit will be forfeited. Travel and cancellation insurance is strongly recommended.
- C) Any student who fails to arrive, for any reason whatsoever including illness and has not notified Endeavour Sailing, will automatically forfeit the total monies paid and no liability by doing so shall attach to Endeavour Sailing whatsoever.

**7 FOREIGN PORTS:** Please carry your passport at all times. A student must seek permission from the Instructor for anything he brings on the school vessel whilst in a foreign port. He shall indemnify Endeavour Sailing, its employees and staff, against any actions that may result from breach of this rule.

**8 SEASICKNESS:** We carry Stugeron onboard. It is advisable to check with your GP that you can take these. Students with special medical problems should also check that their GP considers them safe to sail and advise Endeavour Sailing of the condition when booking, and both the Principal and the Instructor when reporting for the course. Bring any personal medications necessary.

**9 INSTRUCTOR'S/PRINCIPAL'S DECISION:** The Principal's decision is final at all times, on any school property and vessels, until the Instructor takes over.

- A) Instructor's decisions: From the moment the instructor steps onboard the instruction vessel in accordance with marine practice, the Instructor's decisions are always final.
- B) All crew/students will accept all orders and decisions given to them by the instructor at all times whilst onboard the school's vessel or ashore for the duration of the course. The instructor's authority is total day and night in accordance with Marine Law.

C) If for any reason a student does not accept an order from the instructor or his designated substitute, whether the student considers it to be reasonable or not, the student shall be considered to be in breach of his Articles in sailing. The Instructor shall take any action or decision he feels fit for the well being of the crew and vessel. If the student is put ashore at the nearest port no liability whatsoever shall attach itself to Endeavour Sailing and neither shall the student have redress for any expenses or unused portion of the fee. Neither any redress against the Instructor or Endeavour Sailing as a result of actions taken by the instructor.

**10 SEA TIME:** Every attempt will be made to give pupils maximum sea time. However, if in the instructor's opinion the weather conditions, safety or any other consideration renders it imprudent, the Instructor's decision is final.

**11 VESSEL CHANGE:** If Endeavour Sailing changes vessels, due to any vessel becoming unsuitable, for any reason whatsoever, or delay in this is no way affects the validity of the booking of the Terms and Conditions stated herein they remain good.

**12 SCHOOL CANCELLATION:** If, for any reason, Endeavour Sailing is unable to fulfil a booking or a vessel becomes unseaworthy for Endeavour Sailing will inform the student immediately the knowledge is available. No liability shall attach itself to Endeavour Sailing beyond the refund of the full fee paid by the student(s) or unused portions thereof.

**13 INSURANCE:** Endeavour Sailing is insured for Instruction. However student's needs vary. Endeavour Sailing strongly advises that the student obtain their own insurance for sickness, illness, school fees, illness or accident on board, or any other reason the student considers prudent for his personal life style or well being. The student agrees the School Insurance Policies are adequate and the Policy is available, on request, for inspection from Endeavour Sailing.

**14 DISCLAIMER:** No liability is accepted for any student's vehicles parked in the Marina grounds, or students' possessions in the vehicle, on the pontoons, or in the school's vessels or accommodation. No liability is accepted for students whilst on school grounds, in any of the school's properties, on ladders, pontoons or vessels and all students participate in any aspect of any course at their own risk.

**15 BREAKAGES OR DAMAGES:** However caused must be immediately notified to the Skipper or Principal for safety. Students shall be liable for any loss or damage to school equipment, vessels equipment, up to and including the first £100 per item.

**16 CERTIFICATES:** Endeavour Sailing's standards of instruction are high and certificates will only be issued at the end of a course if, in the opinion of the Instructors & or RYA/MCA examiner, the student has reached the necessary standard. Their decision is final and shall be accepted by all students.

**17 DUTIES ON BOARD:** All student's participate in cooking, cleaning vessel and routine maintenance as required by the Instructor. At the end of the course all students will be expected to clean the vessel from stem to stern.

**18 DISPUTE:** In the event of a dispute not being settled by mutual agreement, it is agreed that the President of the British Law Society shall elect an Arbitrator whose decision shall be final. It is further agreed all agreements between customers, clients and students of Endeavour Sailing shall be governed by British Law, even when the dispute occurs outside British Territorial Waters.



## CONTACT DETAILS:

EMAIL [stephanie@endeavoursailing.co.uk](mailto:stephanie@endeavoursailing.co.uk) TEL: 0034 628 478 400 / 928 849 670 WEB: [www.endeavoursailing.co.uk](http://www.endeavoursailing.co.uk)

ADDRESS: Edificio Antiguo Varadero, Bloque D No15, 2nd Floor, Puerto Calero Marina, 35571, Yaiza, Lanzarote

## MEDICALS



There are two types of medicals:

ML5

ENG1

These are not necessary for the course, but if you wish to commercially endorse your Yachtmaster Offshore Certificate you will require one.

The ML5 is great for the UK but if you wish to work overseas the ENG 1 is required.

Please check out the following links for all the information.

For all information

<http://www.dft.gov.uk/mca/mcga/mgn264.pdf>

For ML5

[http://www.dft.gov.uk/mca/mcga07-home/workingat sea/mcga-trainingandcert/ds-ss-bml1stop/ds-ssb-msf4112-ml5.htm](http://www.dft.gov.uk/mca/mcga07-home/workingat%20sea/mcga-trainingandcert/ds-ss-bml1stop/ds-ssb-msf4112-ml5.htm)

For ENG1 see the approved Medical Practitioners list

[http://www.dft.gov.uk/mca/mcga07-home/workingat sea/mcga-medicalcertandadvice/mcga-ml5-medicalinfo/mcga-approved-docs-list.htm](http://www.dft.gov.uk/mca/mcga07-home/workingat%20sea/mcga-medicalcertandadvice/mcga-ml5-medicalinfo/mcga-approved-docs-list.htm)



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EMAIL [stephanie@endeavoursailing.co.uk](mailto:stephanie@endeavoursailing.co.uk) TEL: 0034 628 478 400 / 928 849 670 WEB: [www.endeavoursailing.co.uk](http://www.endeavoursailing.co.uk)

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