

Training Plan

Notice of Selection

Cadet Training Squads 2012-2013

This document sets out the selection policy, squad composition, eligibility and the squad selection process.

The UKNCCA offers a number of training squads to meet the needs of Cadet Sailors and in partnership with the RYA a National Junior Squad

- RYA Squad Training Programme

The RYA National Junior Squad offers a programme that aims to develop and progress the skills of the children as Cadet sailors and also supports the aims of the RYA Junior Racing Programme.

- UKNCCA Squad Training Programme

In addition to the RYA Training Programme, the UKNCCA offers a National, National Intermediate & National Junior Development Squads for sailors who wish to continue to further develop and broaden their sailing skills, as well as developing their all round competitive sailing skills.

The UKNCCA will also offer an Open training programme for Cadet sailors who did not qualify for the RYA National Junior Squad or UKNCCA Squads but are already sailing Cadets and want to access training to develop their Cadet racing skills.

Training Venues & Dates

This year all UKNCCA & RYA Squads along with open training will be held at the same venue on the same date, the training plan has been revised on the basis that the new system will benefit families with children in different squads, reduce costs, assist clubs to plan events and to provide the coaches with larger numbers of boats when working on certain exercises that would benefit from an increased number of participants, such as, starting and leeward mark rounding Etc. It is also intended to give the coaches the ability to recognise talented sailors and fastrack them into a more appropriate squad without the need to wait for the following years qualification process.

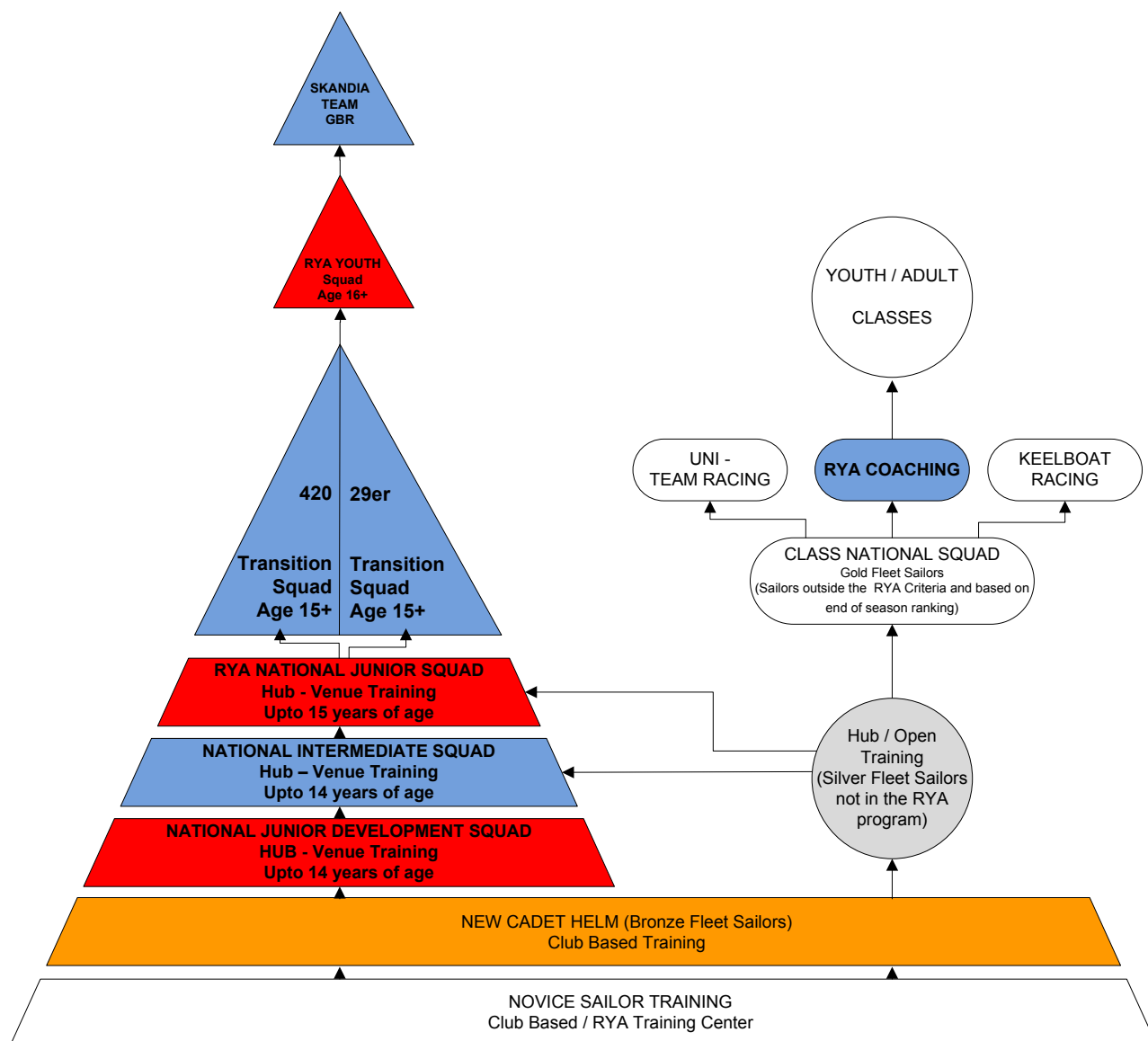
October 20 th – 21 st 2012	WPNSA
November 24 th – 25 th 2012	Poole Yacht Club
January 26 th – 27 th 2013	Farmoor Oxford
March 9 th – 10 th 2013	WPNSA
April 4 th – 5 th 2013	Rutland Water (pre-inlands)

In addition to the above venues and dates the RYA National Junior Squad will participate in a October half term 4 day training camp to include a land day. The February half term camp will be confirmed once final details are received.

It is intended to run two new helm training events, in order to prepare new helms for the September Junior Development Squad selection events. More details will be provided once the venues and dates have been confirmed.

UKNCCA PATHWAY DEVELOPMENT PROGRAM 2012

A Pathway Development Program organised in conjunction with the RYA to meet the needs of all our cadet sailors



UKNCCA National Junior Development Squad

Eligibility

To be eligible for selection helms and crews will normally be aged under 14 at the 31st December 2012, the squad would normally consist of 6 helms under 14 and 8 helms under 13, selected helms and crews will be required to be members of the UKNCCA.

Selection

Selection to the 2012/13 UKNCCA Junior Development Squad will be determined according to performance in the selection events. Sixteen squad places will be offered according to ranking and shall normally include at least four female helms. The squad would normally be 6 helms aged under 14 and 8 helms under 13. Two additional places may be offered on a discretionary basis to sailors who in the opinion of the selection committee have demonstrated the potential to progress into the RYA National Junior Squad. Selection to the Junior Development Squad is restricted to one year, however helms that meet the above criteria, and in the opinion of the selection

committee would benefit from a second year, taking into consideration, age, weight and performance may be offered a second year place.

Selection Events for UKNCCA National Junior Development Squad

Parkstone YC Open Meeting. 8 - 9th September 2012

RYA Volvo Zone Championships - Rutland Water Sailing Club - 29 - 30th September 2012

Scoring

The ranking list will be compiled by adding together the overall finishing positions, less discards as follows:-

10 – 16+	4 discards
8 - 9 races.	3 discard
5 - 7 races.	2 discards
4 - 6 races.	1 discard
1 - 3 races.	0 discards

UKNCCA National Intermediate Squad

Eligibility

To be eligible for selection to the squad helms must be under 14 on the 31st December 2012; they will also be required to be members of the UKNCCA.

Selection

The 2012/13 UKNCCA National Intermediate Squad selection will be based on performance in the selection events. Eight squad places will be offered according to ranking and shall normally include at least two female helms. Two additional places may be offered on a discretionary basis to sailors who are Under 14 years on the 31st December 2012 and in the opinion of the selection committee have demonstrated the potential to progress into the RYA National Junior Squad.

Selection Events for UKNCCA National Intermediate Squad

Squad places will be allocated according to a ranking system generated from the results achieved at the following events:

UKNCCA National Championships. Royal Torbay YC -12th – 17th August 2012

RYA Volvo Zone Championships. Rutland Water Sailing Club - 29 - 30th September 2012

Scoring

The ranking list will be compiled by adding together the overall finishing positions, less discards as follows:-

20+ races.	4 discards
16 - 19 races.	3 discards
10 - 15 races.	2 discards

In addition, if, after the RYA Volvo Zone Championships at Rutland Water Sailing Club on 29 - 30th September 2012 the total number of races sailed in the selection series is less than 10 all the results from the Alf Simmonds Memorial Trophy, held at Burnham on the 2 - 3rd June 2012 will be included as part of the indicator series. If, after inclusion of these the number of races sailed is still less than 10, then the selection Series will be deemed to consist of the races that have been sailed however many that may be.

RYA National Junior Squad

Eligibility:

In order to be eligible for the RYA Cadet National Junior Squad 2012/13, helms and crews shall normally be aged under 15 on the 31st December 2012.. In addition Cadet National Squad sailors must be resident in the United Kingdom, hold or be eligible to hold a British passport, and eligible to represent Great Britain in the ISAF Youth World Sailing Championships. Helms may not accept an RYA Cadet National Junior Squad place if they have accepted a place in another RYA Squad.

Selection

Eight RYA Cadet National Junior squad places will be offered, however this number may vary according to the ability of competitors taking part in the selection series. Normally we would aim to award two of these places to female helms. The first five places will normally be offered to the five highest ranked helms, to include a minimum of two female helms aged under 15 on the 31st of December 2012, on completion of the selector series. The remaining RYA Cadet National Junior Squad places will be offered at the discretion of the Selection Committee, to helms who in their opinion have demonstrated the best prospects of progressing to the RYA Volvo National Youth Squads and have exhibited the most potential to win medals for RYA Team GBR at international competitions in the subsequent years.

Selection Committee

The Selection Committee will be made up of the Cadet Class Steering Team (or their appointed representatives), which currently consists of:

- RYA Double Handed Pathway Manager (Selection Committee Chairman).
- Cadet Class Association Chair.
- RYA Cadet National Junior Squad Head Coach.

Applications for the 2012/13 RYA Cadet National Junior Squad should be submitted on-line at <http://www.rya.org.uk/racing/youthjunior/squads/junior/Pages/Selection.aspx>, which will be open from 1st June 2012. All applications must be submitted before the last indicator event.

There will be no additional entry fee for the RYA Cadet National Junior Squad indicator Series. All boats must conform to the Class Association rules and measurements. Further details of the RYA selection policy is published on the website.

UKNCCA National Squad

Eligibility:

To be eligible for selection to the UKNCCA National Squad helms and crews will be required to be members of the UKNCCA and reside in the United Kingdom. Places will normally be offered only to sailors who have sailed in the Gold Fleet at UKNCCA 2012 events. Helms will normally be aged 15 or over on the 31st December 2012.

Selection

Selection to the 2012/13 UKNCCA National Squad will be determined using the end of season ranking table, compiled from the Clemetson Nautilus Trophy at Parkstone YC 5th – 6th May 2012, The Alf Simmonds Memorial Trophy at Burnham 2nd – 3rd June 2012 and the UKNCCA National

Championships 12th – 17th August 2012 in Torbay. Places will be offered to eligible helms and crews in the order they place in the ranking table at the end of the selector events. To ensure the ability range of the selected sailors is maintained, the maximum squad size will be 18 sailors, with a minimum of six sailors, who will be provided with needs, based training.

Notification

All UKNCCA applicants will be notified by email normally within 14 days following completion of the selector events.

UKNCCA Squad Selection Committee

The UKNCCA appointed selection committee will be made up of the Cadet Class training sub-committee and will include the head coach of each UKNCCA Squad.

Appeals

Appeals based on the selection criteria or the actions of the selectors will not be allowed, provided the published selection criteria has been followed. By entering the selection process sailors agree to this condition. Therefore appeals will only be allowed if they are based on the following allegations

Failure to follow the published selection criteria
Bias or conflict of interest
Misconduct

Exceptional Circumstances

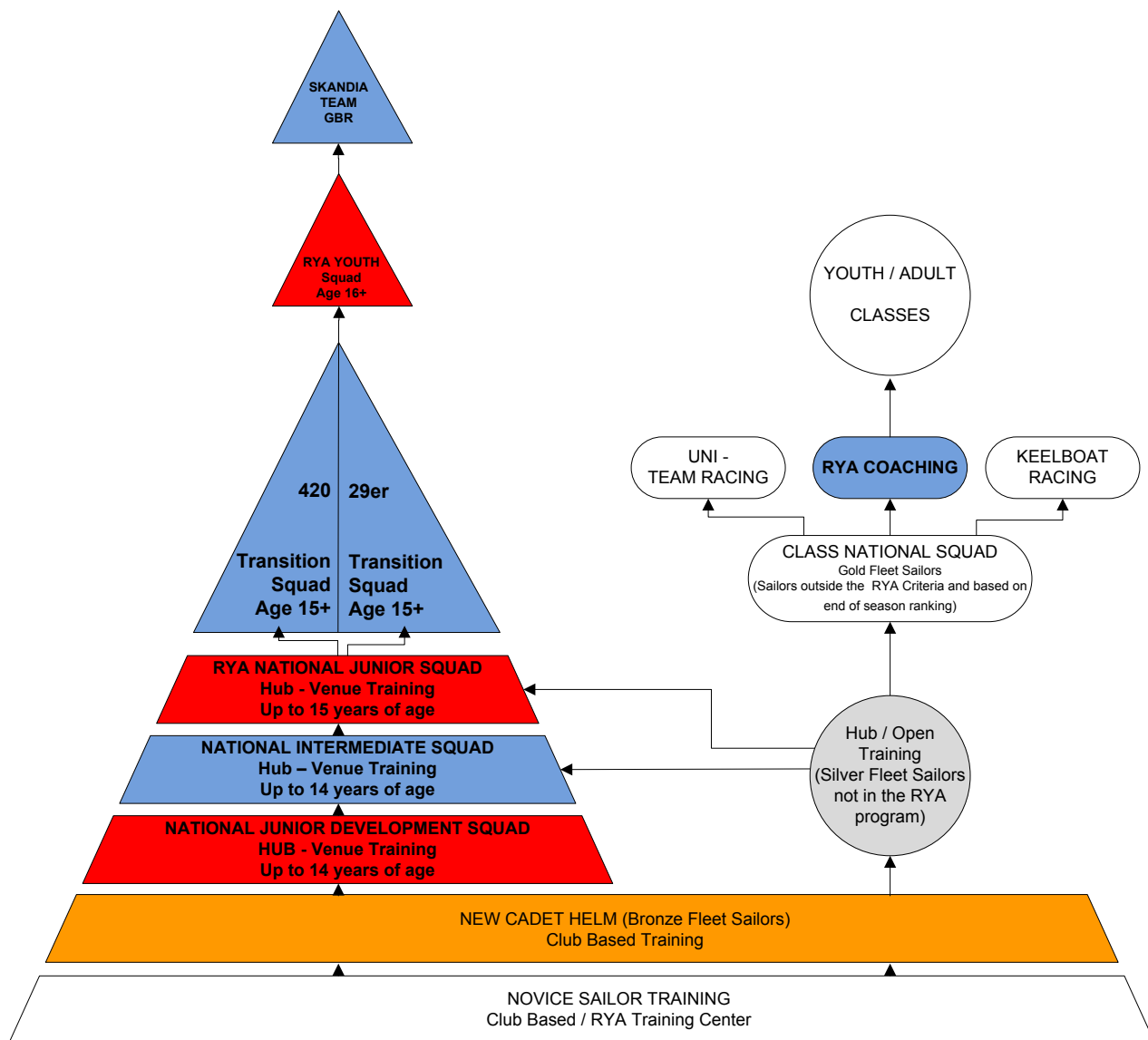
Applicants that are unable to attend any of the selection events due to illness or exceptional circumstances, which they feel should be taken into consideration during the selection process should notify the selection committee in writing via the class administrator, including all the relevant information

If anyone has any queries or requires clarification please contact me by email at stevegjones@o2email.co.uk

Steve Jones
April 2012

UKNCCA PATHWAY DEVELOPMENT PROGRAM 2012

A Pathway Development Program organised in conjunction with the RYA to meet the needs of all our cadet sailors



Key Points & Notes:

- UKNCCA Strategy Focus is on increasing numbers of sailors in the class and following the RYA Pathway, whilst at the same time encouraging and increasing the numbers and calibre of sailors transitioning.
- Clear structure & pathways for all sailors no matter what age or ability they enter into our class at.
- Continued support of our sailors who don't qualify for an RYA Squad for whatever reason, but continue to have something to aim, strive for and be proud of. Thereby encouraging them to remain in the sport and possibly rejoin the RYA pathway and youth classes or develop into coaches.
- Training for all squads in the structure will take place on the same dates at the same venues giving the coaches the ability to recognise talented sailors and fastrack them into a more appropriate squad without the need to wait till the following years qualification process.
- In addition the NJS will attend all Junior class training events during school holidays as and when run by the RYA
- The new single venue "EVENT" format should reduce costs and reduce the number of times club fleet sizes are reduced through squad attendance helping to maintain and boost club numbers and activity.
- We expect that the innovation of having an "Event" format accompanied by good communication of Youth Class options will enable the Cadet class to continually build a better environment in which to support gifted sailors to move on within the RYA pathway.

The bringing together of the class at these training events will help build a stronger class community spirit, assist in the recruitment of more volunteers and offer an opportunity for more communication from class to parents and sailors. Initiatives such as gathering a group to attend International events will be easier to co-ordinate as all potential participants will meet regularly and not be scattered across different venues at different times.