



## 2013 APPLICATION PROCEDURE FOR A UIM X-CAT SUPERLICENCE

### 19 UIM SUPERLICENCE

In order to participate in UIM X-CAT Series, every crew member of the boat must hold a UIM X-CAT Superlicence.

All UIM licences are valid from the date of issue to 31st December of the same year.

In the event of any accident either within the sport or beyond its jurisdiction that prevents an individual from racing on medical grounds, a new post injury medical certificate must be submitted prior to re issue of the individual's licence.

Additionally in the case of a race incident resulting in medical care the competitor must be signed fit to return to racing by the race/event doctor. If this is not obtained, a signed declaration from a Doctor of fitness to return must be submitted to the UIM.

The event insurance must be complied with.

#### 19.01 ISSUE OF LICENCE

A UIM X-CAT Superlicence can be obtained following a request by the pilot's National Authority to the UIM.

The application for a UIM X-CAT Superlicence must be lodged with the UIM four (04) weeks prior to the first event in which the pilot wants to participate is held.

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**The superlicence fee will be doubled for applications received beyond the 4 weeks deadline.**

**NO Application will be taken in consideration within one week from the following event.**

**The price of the UIM X-CAT Superlicence fee has been fixed to 300 euro by the UIM Council and must be paid to the UIM Secretariat. For late application, the superlicence fee has been fixed to 600 euro and must be paid to the UIM Secretariat.**

**Medical expertise fee for drivers over 50 years in the season must be paid to the UIM Secretariat : 150 euro**

All required documents must be completed and the following additional documentation, or proof of such, must be provided to the UIM Secretariat:

- The sports career of the pilot, including the results obtained in the previous two seasons of offshore racing.
- Evidence of having raced during the previous 2 years in Extreme Cat (6 litre), or equivalent as pilot or throttleman in at least 7 races. (Other classes may be taken into consideration as agreed by the UIM).
- Current immersion certificate.
- A medical certificate providing all the data required by the UIM Official medical form as
- Two photographs (passport size).
- The fees fixed by and paid to the UIM

The UIM may issue the UIM X-CAT Superlicence on the basis of the information supplied by the pilot's National Authority. The UIM may withdraw a UIM X-CAT Superlicence on the recommendation of the relevant pilot's National Authority.

Any pilot who has passed their 50th birthday before the date of application for a UIM X-CAT Superlicence will be obliged to submit a medical report from their own doctor, and also a report of an examination by a doctor nominated by the UIM.

The minimum age for a pilot to qualify to hold a UIM X-CAT Superlicence and to compete in a X-CAT race is 18 years unless otherwise agreed by the UIM.

The application and nomination by the pilot's National Authority will be deemed to be the National Authority's consent to represent their country for the duration of the UIM

X-CAT Superlicence. Should the NA not wish a UIM X-CAT Superlicence holder to represent his country at any time, the NA must inform the UIM in writing.

The UIM may authorize a provisional Licence for the second Driver who may not have the above - mentioned sports career to participate in the competitions provided that:

- The First Driver is well - experienced , has attended the last two X-CAT Series and takes the responsibility of the Second Driver's behavior in the race, the first driver must also sign the UIM letter of agreement regarding responsibility and ;
- He should have an Offshore Licence issued by his relevant National Authority.
- The application should be authorized by his N.A.

**An anthropometric check of data reported in the Superlicence application may be carried on at any event during the relevant season by a UIM appointed Medical and/ or Anti Doping delegate. In case the pilot'ss data would not be anymore within the mandatory parameters, the Superlicence will be immediately withdrawn.**

**MEDICAL EVALUATION SHEET**  
**2013 Class 1 and XCAT SUPERLICENCE**

Location of test \_\_\_\_\_ Date \_\_\_\_\_

Name \_\_\_\_\_ Surname \_\_\_\_\_

Born in \_\_\_\_\_ Date \_\_\_\_\_

Status \_\_\_\_\_ Profession \_\_\_\_\_

Date of first involvement in the sport \_\_\_\_\_

Other sports practised \_\_\_\_\_

**PRESENT STATE OF HEALTH AND FORMER DISEASES**

Disease (former or current) \_\_\_\_\_

With special mention of \_\_\_\_\_

Cardiopathy     Coronary     Diabetes Type 1 / 2 (circle the type)

Epilepsy     High Blood Pressure

Operations undergone previously \_\_\_\_\_

Dates of these operations \_\_\_\_\_

Accidents (when, where, under which circumstances) \_\_\_\_\_

Alcohol \_\_\_\_\_ g/day \_\_\_\_\_ Tobacco \_\_\_\_\_ pack year \_\_\_\_\_

Allergies \_\_\_\_\_

Medicines usually/frequently taken \_\_\_\_\_

**Please keep in mind the AntiDoping rules and the WADA – UIM list of banned substances and Therapeutic Use Exemption rules**

## GENERAL OBJECTIVE EXAMINATION 2013 Class 1 - XCAT SUPERLICENCE

Height: \_\_\_\_\_ m Weight: \_\_\_\_\_ kg

Body Mass Index (Weight (kg)/Height<sup>2</sup>(m): BMI): \_\_\_\_\_

**No superlicence will be issued to a driver with a BMI over 30 kg/m<sup>2</sup>**

**These anthropometric data can be checked during competitions by the UIM Medical and/or AntiDoping Delegate who has the right to withdraw Superlicence from non compliant pilots**

Age \_\_\_\_\_ Sex \_\_\_\_\_

Congenital or acquired deformities \_\_\_\_\_

Respiratory system \_\_\_\_\_

Spirometry (**mandatory**)\_\_Please attach printed results and graphs \_\_\_\_\_

FVC (measured/predicted) \_\_\_\_\_

FEV<sub>1</sub> (measured/predicted) \_\_\_\_\_

Cardiovascular system: is there any evidence of abnormality of the heart or cardiovascular system?  Yes  No

If "Yes", give details below.

\_\_\_\_\_  
\_\_\_\_\_

Blood Pressure at rest \_\_\_\_\_

Hearth Frequency at rest \_\_\_\_\_

Electrocardiogram at rest \_\_\_\_\_

Stress ECG and blood pressure profile (**mandatory, please refer to "Additional Items" page 8**) Please attach printed results and graphs and final report in English language \_\_\_\_\_

\_\_\_\_\_

**Ophthalmologic check-up (mandatory every other year)**

Have you undergone this ophthalmologic check-up last year?

If **yes**, please specify when: . . / . . / . . . .

If **not**, ask your ophthalmologist to fill the hereafter items

Faculty of vision (uncorrected) R \_\_\_\_\_ L \_\_\_\_\_  
(with correction) R \_\_\_\_\_ L \_\_\_\_\_

Vision with both eyes open (wearing corrective lenses if necessary) \_\_\_\_\_  
\_\_\_\_\_

Field of Vision \_\_\_\_\_

Vision of Colours: is the applicant's colour vision normal?  Yes  No  
If "No", give details below.

\_\_\_\_\_

Signature and practice stamp of the ophthalmologist

Hearing Testing \_\_\_\_\_

Urine: Albumine \_\_\_\_\_ Sugar \_\_\_\_\_  
Is the Urine analysis normal?  Yes  No If "No", give details below.

\_\_\_\_\_

Nervous system \_\_\_\_\_

Others \_\_\_\_\_

- Does the applicant have any physical abnormality or restriction of movements in the arms or legs?  Yes  No  
If "Yes", give details below.

\_\_\_\_\_  
\_\_\_\_\_

- Is there any evidence of a physical or mental condition (past or present) which could, in your opinion, prevent the applicant from holding a competition licence for motor sport?  
 Yes  No  
If "Yes", give details below.

\_\_\_\_\_  
\_\_\_\_\_

**To the Doctor and the Driver :**

Are you the applicant's usual doctor?  Yes  No

Your practice stamp (together with your name and qualifications):



Name in Capital Letters \_\_\_\_\_

Degree \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

Tel \_\_\_\_\_

Fax \_\_\_\_\_

Aptitude Assessment \_\_\_\_\_

Date \_\_\_\_\_

This is to certify that I have examined the applicant in line with this form.

**Signature of the Doctor** \_\_\_\_\_

**Signature of the Driver** \_\_\_\_\_



**ADDITIONAL ITEMS FOR CLASS 1 – XCAT SUPERLICENCE  
(VERY IMPORTANT)**

Maximal stress ECG and blood pressure profile: electrocardiogram have to be performed:

\* on a **cycloergometer** starting at 60 or 70 watts and increasing by 30 or 35 watts every two minutes.

**The driver must be capable of reaching a minimum power level of 2.5 watts (males) – 2.2 watts (females) per kilogram of body weight.**

\* or on a treadmill, using a **Bruce protocol** (preliminary warm-up recommended)

**The driver must be capable to complete at least the entire stage 3 (i.e. 3 minutes at 5.5 km/h (3.4 mph) and 14% gradient).**

This stress ECG aims to confirm both cardiovascular health and that the driver reaches the minimal fitness level to compete in motonautic sports. Therefore, we strongly encourage drivers to undergo regular physical training and to perform a maximal stress ECG test.

A written report from the physician (English language) must be enclosed.

Exhaustive ophthalmological check-up, tested and certified (English language) by a professional ophthalmologist to be renewed every two years and after skull trauma.





**INFORMATION FOR BODY MASS INDEX (BMI) - STRESS ECG -  
PULMONARY AND VISION TESTS  
FOR 2013 CLASS 1 – X-CAT SUPERLICENCE**

**Drivers with a Body Mass Index (BMI) over 30 kg/m<sup>2</sup>  
will not be issued a Superlicence**

### Drivers over 50 years in the 2013 season

Drivers over 50 years during 2013 season **must submit the detailed examinations results** required in the UIM medical form which will be submitted to a doctor appointed by U.I.M.

Detailed reports include following examinations / tests:

- **pulmonary function test** (simple spirometry). Test to be performed every year as part of the yearly medical examination in order to get a superlicence
  
- **Exhaustive ophthalmological check-up**, tested and certified (English language) by a Professional ophthalmologist. Test to be renewed every 2 years and after a skull trauma.
  
- **Stress ECG test & blood pressure profile**  
Test to be performed every year as part of the yearly medical examination in order to get a superlicence.

**The Electrocardiogram has to be performed under maximal exercise condition on a cycloergometer or a treadmill, according to the UIM recommendations. Please refer to page n°8: additional items for Superlicence**

A written report from the physician who administered the ECG must be provided in English language.



***Form be signed and entered with the superlicence application documents to UIM***

**APPENDIX 2 - Acknowledgment and Agreement**

I, as a member of [National Association] : .....

and/or a participant in a [National Association or UIM] authorized or recognized event, hereby acknowledge and agree as follows:

1. I have received and had an opportunity to review the UIM Anti-Doping Rules.
2. I consent and agree to comply with and be bound by all of the provisions of the UIM Anti-Doping Rules, including but not limited to, all amendments to the Anti-Doping Rules and all International Standards incorporated in the Anti-Doping Rules.
3. I acknowledge and agree that [National Associations and UIM] have jurisdiction to impose sanctions as provided in the UIM Anti-Doping Rules.
4. I also acknowledge and agree that any dispute arising out of a decision made pursuant to the UIM Anti-Doping Rules, after exhaustion of the process expressly provided for in the UIM Anti-Doping Rules, may be appealed exclusively as provided in Article 13 of the UIM Anti-Doping Rules to an appellate body for final and binding arbitration, which in the case of International-Level Drivers is the Court of Arbitration for Sport (CAS).  
I agree that all decisions of CAS under the rules shall be final and binding and that I will not bring any claim, arbitration, lawsuit or litigation in any other court or tribunal.
5. I have read and understand this Acknowledgement and Agreement.

\_\_\_\_\_

Date Print Name (Last Name, First Name)

\_\_\_\_\_

Date of Birth Signature (or, if a minor, signature of legal guardian)  
(Day/Month/Year)