



Name: Harry Houlding

DOB: 23/07/1993

Grew up: Fowey - Cornwall

Currently Living: Portsmouth

Occupation: Student at the University of Portsmouth.

Sailing/ Yacht Club: Fowey Gallants S.C.

Position on Boat: Helm / Trim 1

First sailing experience:

Sat in a cot on my Dad's 18ft yacht at the age of 2.



Greatest sailing goal:

Race in the Americas Cup or compete in an Olympic games.

Greatest sailing achievement to date:

2nd BUSA Yacht Racing Championships 2011.

Most memorable sailing experience:

Sailing down some unreal waves and not being able to see any other boats around me at the Laser Standard Nationals 2010 at Mounts Bay.

Meet the sailor...

Greatest strength you bring to the academy?

Motivation to get the most out of myself and the team around me performance wise.

Most influential person in your sailing career to date?

Has to be my parents, they have shown a lot of support and commitment through out the years!

What do you hope to achieve from joining the Keelboat Academy?

I hope to improve on all aspects of my sailing and hopefully one day be up there competing and working with some of the worlds best sailors.

If you could compete in any Keelboat event what event would it be and why?

The Med Cup, the conditions and boats look incredible. Would be an amazing experience.

My worst moment (sailing)?

Leading a Laser Radial Gold fleet race with one run to complete and death rolling, resulting in 15 boats passing. Never been so depressed in my life!

Best sailing venue in the UK?

Personally I have had some amazing sails at Hayling Island S.C., the swell and breeze has never disappointed!

Top 3 career sailing results:

- 1) 2nd BUSA Student Yacht Racing Championships 2011
- 2) 4th Optimist Eric Twiname Championships 2005
- 3) 15th Topper Nationals 2008

Other notable achievements away from sailing?

- Junior Sports Leader in Secondary School.
- Being in charge of the running and delivery of the athletics school sports championships (Portsmouth).

Other interests away from sailing?

Football, huge Portsmouth fan!!!

Anything fitness related is always fun and challenging! (Running, Cyling, Rowing)

What's your greatest fear or phobia?

Going overboard when racing!

Who is your hero and why?

Ben Ainslie and Steve Redgrave matched, absolute legends to be able too consecutively win back-to-back golds at numerous games, truly inspirational.

Any famous relatives?!

Unfortunately not that I know of!