



# St Catherine's Sailing Club

("Organising Authority")

The Clubhouse, St Catherine's Breakwater, St Martin, Jersey JE3 6DD

## SAILING INSTRUCTIONS

**JUNIOR OPEN REGATTA**, including the IOCA (UK) Channel Islands Area Optimist Championships  
on 13/14 July 2013

### 1. RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.1 The racing rules will be changed as follows:
  - 1.1.1 Appendix 4.2 is changed so that a boat that does not finish a race shall be scored the points for the finishing place one more than the number of boats starting the race.
  - 1.1.2 Rule 40 changed so that personal buoyancy aids must be worn at all times when afloat. Wetsuits and dry suits are not adequate personal buoyancy.

### 2. NOTICES TO COMPETITORS

- 2.1 Notices to competitors will be posted on the official notice board located in the Club House.

### 3. CHANGES TO SAILING INSTRUCTIONS

- 3.1 Any change to the Sailing Instructions will be posted at least 30 minutes before the scheduled start of the race or races if sailed back to back, except that any change to the schedule of races will be posted by 20:00 on the day before it will take effect.

### 4. SCHEDULE

- 4.1 Saturday 13 July
  - Registration 9:00 – 10:00
  - Competitors Briefing 10:00
  - First warning signal not before 10:55

Sunday 14 July

- Competitors Briefing 10:00
- First warning signal not before 10:55
- Prize-giving 16:30

Maximum races each day 4

Maximum races in total 6

Sailors should be prepared not to come ashore between races.

The times above apply to the Topper, Laser 4.7 and Optimist Gold and Silver fleets. The Bronze fleet may sail more, shorter races and will take breaks ashore appropriate for the conditions of the day.

## **5. CLASS FLAGS**

5.1 Class flags will be announced at the Competitors Briefing, at 10am on Saturday, 13 July.

## **6. RACING AREAS**

6.1 Racing will take place in St Catherine's Bay and the surrounding waters.

## **7. THE COURSES & MARKS**

7.1 Courses shall be indicated on the white board in the Club House and will be described at the Competitors Briefing.

7.2 Marks will generally be tall cylindrical yellow or short cylindrical orange or similar laid marks.

7.3 To change the position of the next mark, the race committee will move the original mark (of the finishing line) to a new position. The change will be signalled before the leading boat has begun the leg, although the mark may not yet be in the new position. Any mark to be rounded after rounding the moved mark may be relocated without further signalling to maintain the course configuration.

## **8. THE START**

8.1 Races will be started using Rule 26 with the warning signal given 5 minutes before the starting signal.

8.2 Laser 4.7, Toppers and Gold and Silver fleet Optimists will be started by Committee Boat A ("CBA"), which will be a catamaran moored in the racing area. The start line shall be a between the flag staff on the committee boat from which the warning flag is flown and a mark, which will be a large yellow mark, its location will be identified on the courses shown on the white board. Another mark will be the limit mark, and this will also be shown on the white board.

8.3 Boats starts from CBA whose warning signal has not been made shall avoid the starting area.

8.4 Bronze fleet Optimists will be started by Committee Boat B ("CBB"), which will be a RIB. The start line shall be between the flag staff on the committee boat from which the warning flag is flown and a mooring as identified by CBB. Assistance will be provided to Bronze fleet sailors to ensure they understand the start procedure.

8.5 A boats starting later than 5 minutes after her starting signal will be scored Did Not Start.

## **9. THE FINISH**

9.1 For CBA starts, the finish line shall be transit between the flag staff on the committee boat and the finish mark, with an outer limit mark as shown on the course displayed on the whiteboard.

9.1 When the S flag is shown above a class flag (ie. Laser/Topper and Gold and Silver fleet optimists, only the boats racing in that class shall be finished as they cross the line.

## **10. PENALTY SYSTEM**

10.1 Penalty turns rule 44.2 will apply.

## **11. TIME LIMITS**

11.1 The time limit for the first boat to finish will be 60 minutes.

11.2 Boats failing to finish within 20 minutes after the first boat sails the course and finished will be scored Did Not Finish. This changes rule 35 and A4.1.

11.3 The race officer may abandon any race (by flying flag N with three sound signals) at his discretion, at any time, provided no boats have finished.

## **12. PROTESTS AND REQUESTS FOR REDRESS**

12.1 Protest forms are available in the clubhouse. Protests shall be delivered to the OOD within the protest time limit.

12.2 The each class, the protest time limit is 60 minutes after the last boat has finished the last race of the day. The same protest time limit applies to all protests by the race committee or jury and to requests for redress. This changes rule 61.3 and 62.2.

12.3 The jury may initiate a protest where they believe a rule infringement has occurred but no appropriate penalty was taken.

## **13. SCORING**

13.1 The Low Point scoring system of Appendix A will apply. Series ties shall be dealt with in accordance with A8.

13.2 One race will constitute a series.

13.3 The races to count for a boat's total score:  
The total score for each boat will be the sum of her scores as follows:

4 or more valid races  
Fewer than 4 valid races

All scores except her worst  
All scores

#### **14. PRIZES**

14.1 Prizes will be awarded to the top three boats in each of the following categories:

Optimist Gold Fleet

Optimist Silver Fleet

Optimist Bronze Fleet

Laser 4.7 and Topper Fleets will be combined,

Perpetual trophies, for the winners of the Optimist Gold and Silver fleets, representing the IOCA (UK) Channel Islands Area Optimist Champions will be awarded. These trophies must be returned to the Organising Authority upon demand.

#### **15. SAFETY REGULATIONS**

15.1 All competitors shall sign on using the form provided in the clubhouse before racing.

15.2 A boat that retires from a race shall notify the race committee as soon as possible.

