INSTRUCTOR COURSES 2012

Information in this leaflet includes:

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Yachtmaster® Instructor Sail & Power

Qualifying Courses

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BOOKING CONDITIONS

Before booking on any of our Instructor courses please make sure you read, understand and are willing to comply with the following booking conditions.

- 1. Before booking, please satisfy yourself as to your suitability to the course you are attending. Please refer to the G27 or Instructor Courses booklet. If in any doubt please contact us.
- 2. The minimum age for all of the courses is 18.
- 3. A non-returnable deposit of £100.00 must be paid at the time of booking for qualifying courses. **We do not accept provisional bookings.** Bookings will only be confirmed once we have received your application form and payment.
- 4. Balance of fees is due 5 weeks before the start date of the course. If the balance of payment is not received at this time we reserve the right to re-sell the course. Bookings made within 5 weeks of the course start date must be paid in full.
- 5. The fee for updating and reassessment must be paid in full at the time of booking.
- 6. **Cancellation by the Applicant**. If more than 5 weeks notice is given, only the deposit or £100.00 of the fees will be forfeit. If notice is given less than 5 weeks before the start of the course, we will make every effort to fill your place, but you remain liable for the full amount. The course fee cannot be refunded for any reason once the course has been started.
- 7. Cancellation by the RYA. The full course fee, including deposit will be returned.
- 8. By booking on a course run by the RYA, you must accept these booking conditions.
- 9. The RYA reserves the right to refuse to grant an instructor qualification to a candidate should that candidate have a restriction imposed on their commercial endorsement by the MCA. It is strongly recommended that instructor candidates obtain an up to date ML5 or ENG1 medical certificate prior to booking onto an instructor course. If your commercial endorsement has a restriction imposed on it by the MCA, you are advised to contact the RYA before booking onto an instructor course.

QUALIFICATION OF PRACTICAL INSTRUCTORS

Principals of training centres

The Principal or Chief Instructor of a sailing centre shall hold a current Yachtmaster® Instructor qualification for sail and/or power as appropriate.

Instructors

All Instructors teaching RYA practical courses must hold a Yachtmaster® Offshore Certificate of Competence and either a Cruising Instructor or Yachtmaster® Instructor qualification for the discipline they intend to teach. The Instructor Endorsement is valid for 5 years, after which time they should attend an RYA update.

What courses can I teach?

When teaching at an RYA Recognised Teaching Centre, instructors may teach up to the following levels of course;

RYA Cruising Instructors teach up to Day Skipper Practical.

RYA Yachtmaster® Instructors teach up to Coastal Skipper Practical.

RYA Yachtmaster® Instructors teach preparation courses for RYA/MCA Coastal Skipper and Yachtmaster® examinations.

Qualifying Courses

Sail

Qualifying courses are of five days duration and are run by the RYA or on an RTC's vessel, given sufficient numbers.

Power

Qualifying courses are normally of three days duration and are organised by the RYA or on an RTC's vessel, given sufficient numbers.

Note: Cruising Instructor Courses can be run by RYA Training Centres or the RYA

Course eligibility and retirement

All RYA instructors working commercially require a Basic Sea Survival Certificate (RYA or STCW 95 equivalent) and a valid Medical Fitness Certificate. The medical certificate can be an ML5, ENG1 or a medical issued by a National Maritime Authority.

Due to the arduous nature of practical training afloat, the recommended retirement age is 70. Instructors over 70, wishing to continue will be required to update every 2 years. All instructors will update by their 72^{nd} year and then 2 yearly thereafter.

Instructor course retakes

Following a practical course, if a partial retake is required, candidates will be able to have two opportunities to pass before having to retake the whole course. There will of course be those candidates who will be required to retake the whole course again after the initial course, if necessary. Retakes are at the candidates expense.

YACHTMASTER® INSTRUCTOR QUALIFYING COURSES

Eligibility:

Commercial Endorsement(see page 5) RYA YM Offshore Certificate of Competence VHF (Restricted) Operators Licence First Aid Certificate (see page 5) Cruising Instructor Certificate More than 7000 miles

Basic Sea Survival Medical Fitness Examination (ML5 or ENG1) or medical issued by a National Maritime Authority

During the course each candidate's skippering ability is tested, particularly the skills of pilotage, boat handling and navigation. The candidate should be able to demonstrate any part of the Coastal Skipper syllabus in G15 or G18 and to explain any part of the Coastal Skipper/Yachtmaster® Offshore Shorebased course.

The candidates will be taught how to conduct RYA courses and be shown some of the recommended techniques and some of the pitfalls to be avoided. The course will be similar in many ways to a normal training course with skippered passages, sessions on boat handling and navigation followed by debriefings. The emphasis is on how to instruct rather than how to skipper or crew a yacht.

Teaching potential is also assessed. Essentially this means being able to generate interest and communicate clearly on deck and around the chart. The best instructors are first class skippers who can run cheerful, well organised and instructional cruises.

Most problems and complaints from students on courses stem from inconsiderate and unsympathetic behaviour by the instructor. Living with different groups of strangers at close quarters calls for considerable reserves of fortitude and sociability. Instructors who are likely to upset their crews may be failed.

During and at the end of the course, each candidate is fully debriefed, given the reasons for pass or failure and an appraisal of strengths and weaknesses. This is intended to be a positive and constructive method of helping instructors to be self critical.

CRUISING INSTRUCTOR QUALIFICATION

Valid for Instructors teaching Start Yachting, Competent Crew/Helmsmans and Day Skipper practical courses at an existing RYA Training Centre.

Eligibility:

Commercial Endorsement (see page 5)YM Offshore Certificate of CompetenceVHF/SRC Operator's LicenceFirst Aid Certificate(see page 5)And Certificate(see page 5)

Basic Sea Survival Medical Fitness Examination (ML5 or ENG1) or medical issued by a National Maritime Authority

A candidates ability and knowledge should be above the level of Yachtmaster.

Note: The first aid and commercial endorsement requirements apply to all potential and existing Cruising Instructors and Yachtmaster Instructors.

Validity: Valid for Instructors teaching Start Yachting, Competent Crew/Helmsmans and Day Skipper practical courses at an existing RYA Training Centre. The qualification is valid

for five years. After five years the RYA Cruising Instructor must either attend an update with the RYA, or take a Yachtmaster Instructor Qualifying Course.

Assessment: The Cruising Instructor qualification is obtained by assessment. Most assessments follow a Cruising Instructor Training Course. The assessment must be conducted by the Centre Principal or Chief Instructor who has held a valid Yachtmaster Instructor Qualification for over two years and has a wide teaching experience. No more than two candidates may be examined in one day. Candidates will be assessed on their general suitability for instruction, as well as specific skills. A reassessment can be organised if the potential Cruising Instructor underperforms in a particular area.

If the RYA is not satisfied with the level of competency of the Cruising Instructor, it has the right to withdraw the qualification.

Syllabus: It is strongly recommended that a Cruising Instructor course is attended to learn how to instruct, debrief and show that technical skills are at the required standard. It is recommended that this course is a minimum of 2 days for Power or three days for Sail. Courses of 4-5 days are the norm for Sail Cruising Instructors. The course should be run by Yachtmaster Instructors with at least two season's teaching experience, preferably someone who has had a part in the organisation and running of a RYA RTC. Attendance of a Cruising Instructor course and assessment does not guarantee a pass.

Knowledge

RYA Start Yachting, Competent Crew, Helmsman and Day Skipper Shorebased and Practical courses.

Understands:

o RYA program of courses and is in possession of the relevant G15/G18 and G27.

o Levels of competence required for award of certificates

o Duty of care

o Environmental protection issues

o Policies and procedures specific to the centre and commercial operation

Instructional Technique

Can:

o Set up tasks and teaching sessions appropriate to individual students.

o Brief clearly to all the crew or individuals.

o Ensure tasks are undertaken correctly and safely.

o Debrief accurately and provide achievable plan for improvement.

o Give convincing practical demonstrations of any part of the Start Yachting, Competent Crew/Helmsman course and Day Skipper Practical course, including the following: knots, sail handling and trim, man overboard, mooring, pilotage by day and night, IRPCS, basic meteorology, navigation above Day Skipper Practical standard, power handling, skippering ability including comprehensive knowledge of the yacht and its equipment. o Explain clearly any part of the Competent Crew, Helmsman and Day Skipper Shorebased courses.

Safety

Has a personal standard and style of skippering which engenders confidence in beginners. Understands the instructors responsibility and Duty of Care to students. Can give a comprehensive safety briefing following the RTC's policy.

Understands:

o Centre's safety policy

o Accident reporting procedure

o Care of vessel

Personal Skills

Has the ability to welcome strangers on board and run a relaxed, happy ship. Understands:

o How to gain feedback and deal with difficult customers and complaints

o The need for high personal standards

Paperwork: Before a Cruising Instructor course is run, the RTC should ensure the candidate has a RYA Yachtmaster Certificate with commercial endorsement. The assessor will complete and return to the RYA a Cruising Instructor Report Form (downloadable from the RYA website), the candidate's Yachtmaster Certificate, photo and an endorsement fee of £40 if the candidate is not a RYA member. <u>The report sent to the RYA should mirror the candidate's debrief on the day.</u>

COMMERCIAL ENDORSEMENT & PRE REQUIREMENTS

Instructors working on commercial vessels certificated under the Code of Practice must have a commercial endorsement to their Ocean or Offshore Yachtmasters certificate.

To obtain a commercial endorsement send the following to the RYA:

1. Copy of Sea Survival Certificate (issued following a one day course)*

- 2. Report of a medical fitness examination (form available from the RYA)*
- 3. Original Yachtmaster or Coastal Skipper certificate (i.e not photocopy)

4. Fee

*Or outside the UK, the nationally approved equivalent.

First aid

Instructors must hold one of the following:

RYA One Day Small Craft First Aid Course Certificate with Category C Medical Stores endorsement

Ships Captains Medical Course or MCA Elementary First Aid (STCW), with Category C Medical Stores endorsement, taken within the last 5 years.

First Aid at Sea - MCA Proficiency in Medical First Aid or Proficiency Medical Care, taken within the last 5 years

First Aid at Work (St John's, Red Cross)

Medical or nursing qualification of an equivalent or higher standard Overseas: A First Aid Certificate issued by a National Authority of at least one day which has covered cold shock, hypothermia and drowning

CONDUCT OF PRACTICAL COURSES

Schools must issue RYA certificates on successful completion of RYA courses.

Sailing Courses

The pupil instructor ratio must not exceed 5:1.

The minimum duration for any course except Start Yachting is five days. This may be continuous or for Competent Crew and Day Skipper Courses, over three weekends or a two day-three day split. Either way the course should last a minimum of 116 hours. Coastal Skipper courses should, as far as possible, be five continuous days.

It is unacceptable for any boat to day sail from her home port throughout the course. The instructor should plan an itinerary, taking into account the ability of the crew, the weather conditions and the requirements to cover the syllabus in an interesting, varied and informative way.

The instructor should sleep on board for a minimum of four nights. During the course the yacht should sail a minimum of 100 miles. Each member of the crew should experience at least four hours of night watchkeeping.

Day Skipper and Coastal Skipper courses should be conducted on yachts between 7 – 15m.

Motor Cruising Courses

The pupil instructor ratio must not exceed 5:1.

The Helmsman's course shall last a minimum of two days. Day Skipper courses shall be at least four days. Coastal Skipper courses shall last five days. If the Helmsman's course and Day Skipper course are combined the duration of the combined course may be five days. The Helmsman's and Day Skipper course may be non-residential, but if so, evening theory sessions will be required each day to cover the syllabus.

Day Skipper and Coastal Skipper courses should cover a minimum of 100 miles and each member of the crew should experience at least four hours of night watch keeping. Coastal Skipper courses shall be residential, on board the vessel.

Courses in Non-Tidal Waters (Mediterranean, Baltic, Caribbean etc)

Competent Crew and Helmsman's course may be run in any coastal waters. For the purposes of schools operating in Gibraltar, Tidal Day Skipper and Coastal Skipper courses must be run West of a line joining Gibraltar to Ceuta. In the Baltic, Tidal Day Skipper and Coastal Skipper courses must be run West of a line joining the Skaw to Kristiansand. Non-tidal courses may be run in the Mediterranean, Baltic and in the Caribbean below the Tropic of Cancer.

INSTRUCTOR COURSES 2012

For RYA course details please contact Helen Byrne on 023 8060 4184 or e-mail helen.byrne@rya.org.uk

(Please note - we do not take provisional bookings on any of the courses)

YACHTMASTER® INSTRUCTOR/CRUISING INSTRUCTOR QUALIFYING COURSES SAIL

RYA Courses (Note: Most RYA RTC's run cruising instructor courses)

£681.00 (RYA members) £726.00 (non-members)

YMI 1 YMI 2	5 th – 10 th February 4 th – 9 th March
YMI 3	25 th – 30 th March
YMI 4	15 th – 20 th April
YMI 5	22 nd – 27 th April
YMI 6	13 th – 18 th May
YMI 7	20 th – 25 th May
YMI 8	2 nd – 7 th September
YMI 9	23 rd – 28 th September
YMI 10	7 th – 12 th October
YMI 11	14 th – 19 th October
YMI 12	4 th – 9 th November
YMI 13	18 th – 23 rd November

Solent Solent Solent Solent Solent Solent Solent Solent Solent East Coast Solent Solent Solent

All courses start at 2000hrs Sunday and finish approx. 1600hrs Friday

RYA Scotland Sail Courses

YMI Scotland		Clyde
	30 th Sep – 5 th October	Clyde

YACHTMASTER® INSTRUCTOR/CRUISING INSTRUCTOR SAIL UPDATES

RYA Courses

£204.00 (RYA members) £248.00 (non-members)

UD 1 UD 2 UD 3 UD 4 UD 5 UD 6 UD 7 UD 8 UD 9 UD 10 UD 11 UD 12 UD 13 UD 14 UD 15 UD 16	$5^{th} - 7^{th}$ February $7^{th} - 9^{th}$ February $4^{th} - 6^{th}$ March $6^{th} - 8^{th}$ March $23^{rd} - 25$ March $15^{th} - 17^{th}$ April $17^{th} - 19^{th}$ April $24^{th} - 26^{th}$ April $13^{th} - 15^{th}$ May $15^{th} - 17^{th}$ May 31^{st} August $- 2^{nd}$ September $21^{st} - 23^{rd}$ September $7^{th} - 9^{th}$ October $9^{th} - 11^{th}$ October $12^{th} - 14^{th}$ October $4^{th} - 6^{th}$ November	Solent Solent Solent Solent Solent Solent Solent Solent Solent Solent Solent Solent Solent Solent Solent Solent Solent Solent
-	12 th – 14 th October	
UD 16	4 th – 6 th November	Solent
UD 17	6 th – 8 th November	Solent
UD 18	18 th – 20 th November	Solent
UD 19	$20^{\text{th}} - 22^{\text{th}}$ November	Solent

Sail updates - 2000hrs first day to 1300hrs last day.

RYA Scotland Sail Updates

Update Scotland	23 rd – 25 th March	Clyde
	5 th – 7 th October	Clyde

YACHTMASTER® INSTRUCTOR/CRUISING INSTRUCTOR SAIL REASSESSMENTS

RYA Courses

£261.00 (RYA members) £306.00 (non-members)

R 1		Solent
R 2	16 th – 18 th November	Solent

Sail reassessments - 2000hrs first day to 1300hrs last day.

YACHTMASTER® INSTRUCTOR/CRUISING INSTRUCTOR POWER QUALIFYING COURSES

RYA Courses

Non Residential

£646.00 (RYA members) £692.00 (non-members).

YMI (P) 1	5 th – 7 th March	Solent
YMI (P) 2	2 th – 4 th April	Solent
YMI (P) 3	16 th – 18 th April	Solent
YMI (P) 4	14 th – 16 th May	Solent
YMI (P) 5	3 rd – 5 th September	Solent
YMI (P) 6	15 th – 17 th October	Solent
YMI (P) 7	12 th – 14 th November	Solent

All courses start 1000hrs Monday and finish approx. 1600hrs Wednesday.

YACHTMASTER® INSTRUCTOR/CRUISING INSTRUCTOR POWER UPDATES

£160.00 (RYA members) £200.00 (non-members)

UD (P) 1	8 th March	Solent
UD (P) 2	19 th April	Solent
UD (P) 3	20 th April	Solent
UD (P) 4	17 th May	Solent
UD (P) 5	18 th May	Solent
UD (P) 6	6 th September	Solent
UD (P) 7	7 th September	Solent
UD (P) 8	18 th October	Solent
UD (P) 9	15 th November	Solent

Power updates - 1000hrs - 1800 hrs.

YACHTMASTER INSTRUCTOR SAIL COURSES AND UPDATES – AUSTRALIA

YMIS YMIS YMIP $19^{th} - 23^{rd}$ March $17^{th} - 21^{st}$ September $2^{rd} - 5^{th}$ April

Please contact Sonia Robinson – <u>sonia.robinson@yachting.org.au</u> for booking information

OWN BOAT/SHOREBASED COURSE FEES

Schools can hire an examiner from the RYA at the following rates plus expenses (travel door to door expenses, flights, parking and down days). The examiner will not normally conduct a course for fewer than 3 candidates, except for reassessments.

Qualifying course - sail	5 days	£1334.00
Qualifying course - power	3 days	£1021.00
Sail Update/Reassessment	2 days	£567.00
Power update/Reassessment	1 day	£283.00
Shorebased Instructor course	2 days	£567.00
	+£32.00 per	pack per person
Diesel/Radar Instructor course	1 day	£283.00
	+£10.00 pe	r pack per person

Shorebased/Diesel/Radar courses are conducted for up to 6 candidates

SEA SURVIVAL INSTRUCTOR COURSE

£633.00 (RYA members) £676.00 (non members) This course is non residential

8th – 11th October Port

Portland

Pre-entry Requirements

Candidates should hold:

- RYA or Merchant Navy Basic Sea Survival course or equivalent.
- RYA Yachtmaster® Instructor or Advanced Powerboat Instructor qualification.

Candidates who do not hold either of these qualifications may be accepted on their individual merits/experience.

If you are interested in attending this course please e-mail <u>bethan.jenkins@rya.org.uk</u> with your CV/resume for more information.

RADAR INSTRUCTOR COURSES

This one-day course is for all those wishing to instruct the RYA Radar Course.

Before undertaking this instructor course you must be experienced in the use of small marine radar and be sure that your knowledge is well in excess of the RYA Radar course.

£130.00 (RYA members) £175.00 (Non members)

RI 1	Friday 10 th February	North West
RI 2	Friday 9 th March	Poole
RI 3	Friday 13 th April	Poole
RI 4	Tuesday 17 th April	Scotland
RI 5	Saturday 13 th October	Poole
RI 6	Friday 9 th November	North West
RI 7	Friday 16 th November	Poole

Course runs from 0915hrs to 1830hrs approx.

DIESEL INSTRUCTOR COURSES

All instructors (including those who are qualified marine diesel engineers) must attend a one-day training course/assessment by the RYA.

Potential instructors should have a good knowledge of the operation and maintenance of marine diesel engines. Candidates who come from an automotive background should be familiar with both direct and indirect marine cooling systems and salt water filtration.

£130.00 (R)	(A members)	£175.00 (Non members)
D 1	Saturday 10 th March	Poole
D 2	Saturday 14 th April	Poole
D 3	Wednesday 18 th April	Scotland
D 4	Sunday 14 th October	Poole
D 5	Saturday 17 th November	Poole

Course runs from 0930hrs to 1600hrs approx.

SHOREBASED INSTRUCTOR COURSES

This two-day course is primarily for those who are new to teaching the RYA Shorebased courses, although experienced instructors are also welcome to attend.

To attend an Instructor Course to teach up to Coastal Skipper/Yachtmaster

Candidates should hold the RYA/MCA Yachtmaster® Offshore Certificate of Competence, and have successfully completed the Yachtmaster® Shorebased Certificate in the last five years. Candidates knowledge should be well in excess of the Yachtmaster® Shorebased certificate and are advised to work through the Shorebased papers that are sent out prior to the course.

To attend an Instructor Course to teach up to Day Skipper

Candidates should be an Advanced Powerboat Instructor and have successfully completed the Yachtmaster® Shorebased Certificate in the last five years. Candidates knowledge should be well in excess of the Yachtmaster® Shorebased certificate and are advised to work through the Shorebased papers that are sent out prior to the course.

To attend an Instructor Course to teach the Basic Navigation and Safety

Candidates should hold an RYA Practical Instructors Certificate and at least a RYA Day Skipper Shorebased Course Completion Certificate. Candidates knowledge should be well in excess of the Day Skipper Shorebased certificate and are advised to work through the Shorebased papers that are sent out prior to the course. RYA Yachtmaster Instructors, Powerboat Trainers and existing Shorebased Instructors can teach the course without further training.

Shorebased Instructors must be active and experienced small craft users who hold a Shorebased Instructor or Yachtmaster® Instructor gualification.

Please note that courses are offered on the basis of previous demand. If your area is not covered then we can come to you to run a course if you have six or more people who wish to become qualified and suitable premises.

£226.00 (RYA members) £271.00 (Non members)

SBI 1	8 th – 9 th February 5 th – 6 th March	North West
SBI 2		Southern Area
SB 3	7 th – 8 th March	Southern Area
SB SC*	24 th – 25 th March	Scotland
SBI 4	16 th – 17 th April	Southern Area
SBI 5	18 th – 19 th April	Southern Area
SBI 6	19 th – 20 th May	Southern Area
SB SC*	28 – 29 July	Scotland
SBI 7	18 th – 19 th August	East Coast
SBI 8	8 th – 9 th September	Southern Area
SB SC*	6 th – 7 th October	Scotland
SB 9	7 th – 8 th November	North West

*For the Scottish courses please phone Brian Murdoch - 07917 356263 or e-mail brian.murdoch1@homecall.co.uk for further details.

Courses run from 0930hrs – 17300hrs Saturday and from 0900hrs – 1730hrs Sunday.

SRC ASSESSOR COURSES

Before applying for this course you should have a VHF Short Range Certificate and already be an RYA Instructor in another discipline; i.e. Shorebased, Cruising, Powerboat, Dinghy, Inland Waterways or Yachtmaster® Instructor. Some other specialist groups may also be considered.

SRC Assessor courses are organised on a regional basis. A list of regional organisers and dates of courses currently available is set out below. Please contact the regional organiser to book places on courses and to discuss suitable dates for future courses in their regions. The course fee is currently

£226.00 (RYA members) £271.00 (Non members).

Brian Murdoch 07917 356263 or <u>brian.murdoch1@homecall.co.uk</u>	25 th – 26 th February 23 rd – 24 th June 29 th – 30 th September	Scotland Scotland Scotland
Christian Mach 01407 861237 or 07977 141302 or <u>c.mach@btinternet.com</u>	6 th – 7 th February 5 th – 6 th November	North West North West
Sara Hopkinson 01473 780510 or <u>sara@pinmillcruising.co.uk</u>	22 th – 23 th March 25 th – 26 th October	East Anglia East Anglia
Alison Noice 07968 713003 or <u>alison@noice.plus.com</u>	$21^{st} - 22^{nd}$ February $29^{th} - 30^{th}$ May $4^{th} - 5^{th}$ September 27^{th} -28 th November	Poole Poole Poole Poole
Margaret Hart 01446 734836 or 07775 727614 <u>magshart16@gmail.com</u>	27 th – 28 th March 23 rd – 24 th October	Bristol Area Bristol Area

FIRST AID INSTRUCTOR COURSES

Applicants for the one-day RYA FA instructor course **must** hold the HSE First Aid at Work certificate, or an equivalent, as a minimum first aid qualification. Once qualified as an RYA FA Instructor the FAW, or an equivalent, must be kept in-date. **An RYA, or any other one day first aid course, will not be accepted.**

Doctors, Nurses with recent appropriate acute experience, and paramedics are exempt from the need for a first aid certificate, but must be aware of current first aid practices shown in edition 9 of the St Johns/St Andrews/Red Cross First Aid Manual. **Once retired and no longer practicing a first aid certificate will be required after 3 years.**

In addition must be able to appreciate the restrictions of first aid in the marine environment and recent, relevant boating experience is essential. This means that all applicants **must** hold an SRC certificate and **must** be an RYA instructor in another field, preferably practical. The RYA Sea Survival course is highly recommended. In special cases applications from candidates who are not RYA may be considered, but **do not apply until this has been agreed.**

RYA First Aid courses may only be run by RYA Recognised Training Centres and must be taught by RYA first aid instructors.

£130.00 (RYA members)	£175.00 (Non members)
West Country:	Saturday February 4 th
(near Exeter)	Saturday November 24 th
South:	Friday January 27 th
(RYA House)	Thursday December 13 th
East Anglia: (near lpswich)	Friday February 24 th Friday May 11 th Wednesday October 24 th
North West:	Saturday March 10 th
(Tarporley)	Saturday October 6 th
North East:	Saturday April 14 th
(Middlesbrough)	Saturday August 18 th
Scotland:	Sunday March 31 st
(Troon)	Sunday September 29 th

For further details or an application form contact Sara Hopkinson, the RYA National First Aid Advisor, on 01473 780510 or sara@pinmillcruising.co.uk