

TEAM PROFILE

Nick Dempsey

VITAL STATISTICS...

Name:	Nick Dempsey
Class:	Neil Pryde RS:X
DOB:	13 August 1980
Born / Grew up:	Norwich / Peterborough
Currently Living:	Weymouth, Dorset
Height:	180cm
Nickname:	Dempo
Started Sailing:	At the age of seven at Ferry Meadows, a small lake near my parent's home in Peterborough
Duration in current class:	Since 1999
Coach:	Barrie Edgington since 1997
Why did you choose sailing?	Windsurfing looked a cool sport
Sailing club:	Weymouth & Portland National Sailing Academy
Biggest Goal:	Olympic Gold Medal
Who has been the most influential person in your sailing career:	Barrie Edgington
Personal sponsors:	Connaught, Volvo
Other interests away from sailing:	Cycling, golf, climbing, music



Career highlights	Olympic Games	
	Beijing 2008 (RS:X)	4 th
	Athens 2004 (Mistral)	Bronze
	Sydney 2000 (Mistral)	16 th
	World Championships	
	2012 (RS:X)	Silver
	2009 (RS:X)	Gold
	2007 (RS:X)	Bronze
	European Championships	
	2006 (RS:X)	Gold
	2012 record	
	Skandia Sail for Gold Regatta	Bronze
	RS:X World Championships, Cadiz	Silver
	Rolex Miami OCR	Gold
	2011 record	
	Perth World Champs	13 th
	Olympic Test Event	Silver
	Skandia Sail for Gold	Gold
	Princess Sofia Trophy	Bronze
	Miami Regatta	Silver
	Find full career results here	

MEET THE SAILOR...

Describe your training regime.	Top secret!
What is your greatest ever achievement in your sport?	Bronze medal at Athens 2004 and 2009 World Champion
Who will provide the toughest competition?	Too many to list
Sporting philosophy?	Enjoy!
Famous sporting relatives?	My wife Sarah Ayton, 2004 & 2008 Olympic Yngling gold medalist and double World champion. We now have two boys - Thomas, who was born in June 2009 and Oscar was born in March 2012.
Any superstitions?	No green
Who is your sporting hero?	Sarah Ayton