



MEMBERS' BULLETIN

Welcome to the latest bulletin – exclusive to RYA Junior Members. We hope you enjoy this activity-packed edition!

Your bulletin is full of facts, things to do, and tips on how to get the best out of your time on the water.

You can also go to your very own section of our website (www.rya.org.uk/go/junior) where we've made it easier for you to find even more fun stuff to do.

Look inside this winter edition for lots of fun things to do when you can't go boating. Have fun!

CAN YOU FIND ALL THE WORDS?

buoyant
rudder
harbour
storm
keel
tacking
mainsail
tide
windsurf
onboard

B	U	O	Y	A	N	T	S	Y	L
Q	G	N	Z	M	P	J	T	E	L
F	X	B	R	H	U	J	E	T	N
R	P	O	T	A	C	K	I	N	G
U	T	A	R	U	D	D	E	R	H
S	D	R	Z	Q	E	E	O	T	B
D	W	D	O	Z	M	L	D	Y	G
N	Q	S	U	B	V	K	N	J	P
I	M	A	I	N	S	A	I	L	T
W	D	H	A	R	B	O	U	R	O



Spotlight: POWERBOATING

Powerboat Level 1 is a great course if you are aged 8 to 11 and keen to get a taster of all the excitement of powerboating. You won't need any boating experience to come on this one-day course and at the end of it you can actually drive a powerboat yourself (under adult supervision of course!). And you get yourself a Level 1 certificate as a great record of your achievement.

YOU'LL LEARN LOADS OF USEFUL STUFF ON THIS COURSE, SUCH AS:

- Finding out how to launch and recover a boat
- Ropework
- VHF Radio demonstration
- Man overboard drill
- Boat handling practice, including mooring and reversing
- Preparation of boat and crew
- Boat handling
- Picking up and securing to a mooring buoy
- Leaving and coming alongside
- Towing
- And lots more useful stuff...

There is also the Honda RYA Youth RIB Championship that 8 – 16 year olds can get involved in, which gives young powerboat drivers the chance to demonstrate their skills with the goal of winning a RIB for their club.

You can find out all about these powerboating opportunities at www.rya.org.uk



What did the Pacific Ocean say to the Atlantic Ocean?

Nothing, it just waved!

At the end of the season



When it's time to pack up for the winter, it's a good idea to label your ropes, shackles and blocks before you put them away.

Use a boat cover, or turn her upside down on the trailer so the cockpit doesn't fill with dead leaves and gunge.



Wash your sails in warm soapy water in the bath if you're allowed to and the ropes can be washed gently in the washing machine – take all the blocks and shackles off first! Store everything in a dry airy place for the winter.

EVER WONDERED WHAT SAILORS ATE 200 YEARS AGO?

The common seaman onboard HMS Victory with Admiral Nelson ate 450g of ship's biscuit a day. This was instead of bread, which went mouldy. In a week they would eat 1.8kg of beef, 907g of pork, 907g of peas, 680g of oatmeal, 170g of sugar, as well as 170g of butter and 340g of cheese.

The biscuit, also known as 'hard tack', would often contain weevils or maggots and sailors would tap their biscuits on the table to knock most of them out before eating. Sometimes sailors ate their biscuits in the dark, or with their eyes closed so they could not see the maggots!



Photo: Phase4 Environmental limited

KILLER SHRIMP

Don't forget to clean and check your boat when moving between sailing waters. If we don't make sure our boats are clean then non-native species can hitch a lift from one water to another. This happened recently when killer shrimp invaded Grafham Water.



NO-BAKE FUDGE BISCUITS

This recipe is a lot tastier than hard tack biscuits! And you don't need to bake them so they're great if you are in harbour or on a long passage:

Ingredients:

- 1 rounded tablespoon syrup
- 2 flat tablespoons margarine
- 2 rounded tablespoons sugar
- 2 rounded tablespoons cocoa
- A few drops vanilla essence
- 4 slices of bread crumbled into breadcrumbs

You might need an adult to help melt the syrup, margarine, sugar, and cocoa in a pan over a gentle heat. Then pop in a few drops of vanilla and mix the breadcrumbs in thoroughly. Spoon into a greased 18cm round or square tin and spread out evenly. Mark into squares and put in the fridge to firm for a few hours. Yummy!

Did you know?
The oceans make up more than 70% of the world's surface – and 45% of that is the Pacific Ocean! That's a lot of water to sail on!

ON THE HUNT FOR TREASURE?

Well done to the following people who scooped the main prizes in the Treasure Hunt at the PSP Southampton Boat Show; Chester Moore, Jason Wallace, Jack Coleman, Jordan Masterman, Charlotte Golder, Sophia Webley, Vaughan Davies, Florence Taylor, Barty Gray, Michael Thompson, Ellie Light, Aidan Mailles, Zoe Holloway, Oliver Wilson, Harri Caggins and Luke Besse. We would also like to thank the following companies that supported the treasure hunt at Southampton; Andaark, Garmin, IPC Media, RNLI, RS Sailing, Southampton City Council and Sunsail.

To everyone who took part – we hope you enjoyed it.

If you'd like to take part again or get involved for the first time, we'll be running the treasure hunt again at the Tullett Prebon London Boat Show (7th – 16th January 2011) and at the RYA Volvo Dinghy Show (5th & 6th March 2011).

