



# RYA CLUB & COACH CONFERENCES 2011



# Plan for the day

- 10:00 Introductions
- 10:10 Updates for the RYA's High Performance Manager &  
Regional Development Officer
- 11:00 **Session 1**  
The Club Model
- What is the standard for a healthy racing / training club
  - Bench Marking
  - Re-validation of VCC's
- 12:00 Coffee Break (approx.)
- 12:45 **Session 2**
- Developing Racing within clubs
- 13:00 **Lunch**
- 14:00 Inspired coaching sessions Key Coach Speakers
- 15:45 Coffee & Days Summary
- 16:00 AOB / Depart



more adults  
**SAILING**  
more often





# RYA Regional Development Officer

- **The role**
- **The region**
- **2012**



inspire • celebrate • support





# RDO Update

## Main Points:

- Where the RYA is currently, Targets and Funding
- 2011
- Development Plans
- What worked and didn't



# OnBoard

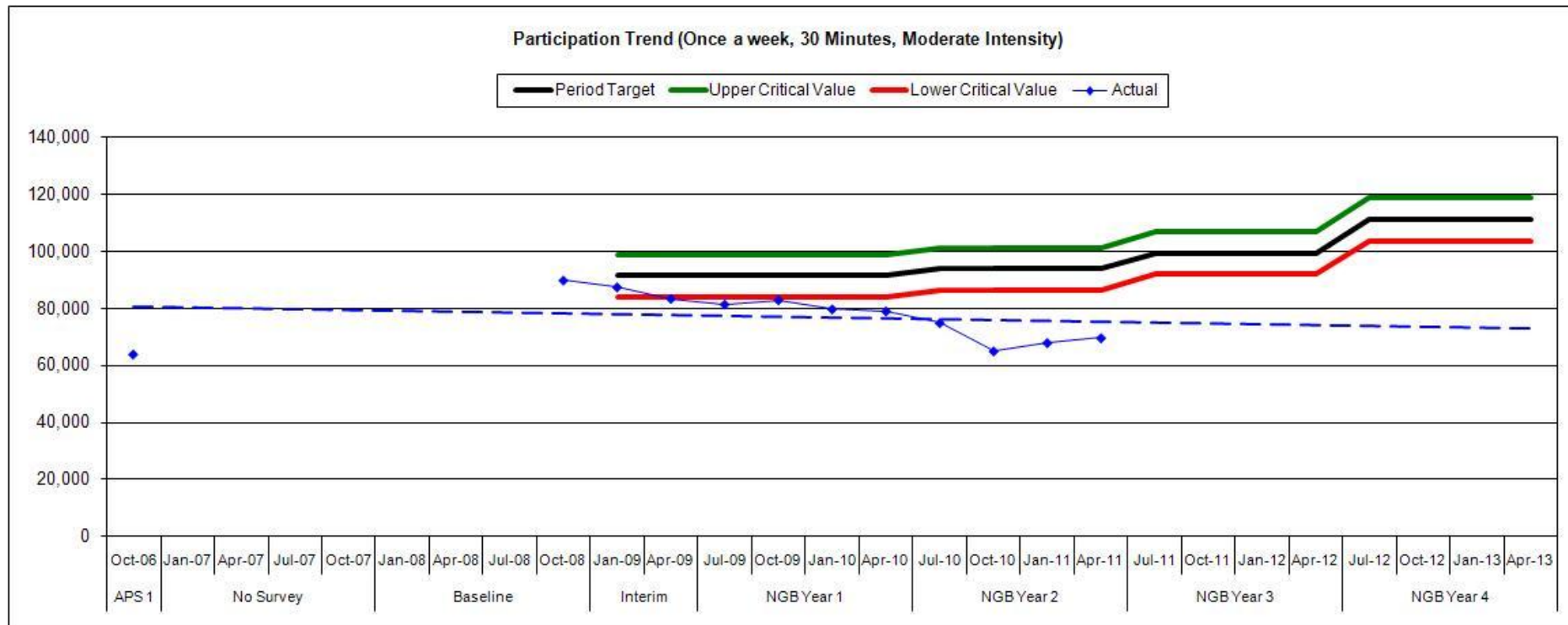
South/South East	RDO	Poole	Hamps	IOW	Sussex	Kent	SSE Total
Partners	2	8	12	6	16	8	52
1st Experiences	8116	21023	3411	1826	10568	5346	50290
Regulars	1247	1047	1002	108	843	490	4737
%	15.4	5.0	29.4	5.9	8.0	9.2	9.4
2010 Figures	12.6	2.8	10.6	0.6	4.9	5.2	5.4

Regions	SSE	SW	LTV	Mid	East	NE	NW	Total
Partners	52	46	18	23	26	17	23	205
ODOs	5	5	2	4	3	2	3	28
1st Experiences	51979	99616	88984	17601	18173	15824	31866	324043
Regulars	4784	3931	4047	1723	820	1452	1745	18502
%	9.2	3.9	4.5	9.8	4.5	9.2	5.5	5.7

5.1



# Adult Participation





# AP money

Where have I used it so far?

- £14,475 Instructor training/Conference
- £21,490 Coaching Days (215 ish)
- £12,565 RCC's and Admin

£48,530

- Stand up if had
- Stay up if made a difference to participation and or membership?



10°/50F [play icon] [moon icon]

Welcome back Graham You

- Home
- Sail for Gold
- Programmes
- Video
- Where's My Nearest
- Regions
- About Us
- Contact Us

Search...



JOIN & MEMBERSHIP

START BOATING

COURSES & TRAINING

INFORMATION & ADVICE

NEWS & EVENTS

CRUISING

RACING



- Legal Advice
- Current Affairs
- Buying or Selling a Boat
- Clubs & Associations**
  - Why affiliate to us?
  - Club Affiliation Fees
  - How to Affiliate to the RYA
- Club Development**
  - Activate your fleet
  - Overview of Club Development
  - Marketing your Club
  - Funding
  - Writing a plan
  - Conferences
  - Developing activity**
  - Racing
  - Courses/Training
  - Increasing club activities
  - RYA programmes

## Developing activity

The RYA run several programmes, from introducing school children to the sport and getting them into a club environment to reinvigorating adults back to the sport.



### RACING

Racing for all club members



### COURSES & TRAINING

Offering courses to your members is a great way to grow their confidence...



### INCREASING CLUB ACTIVITIES

There are many varied ways in which you can increase your club's activities.



## Join the RYA

MEMBERS SAVE ON BOOKS AND AT THE RYA SHO

All the reasons to j



**RYA**

**activate YOUR FLEET**



## **activate YOUR FLEET** – Ten Top Tips for a Fleet Captain

- **Know your sailors:** Do you know those who sail the class, but don't necessarily join in with the fleet? Getting to know all the sailors and understanding their needs will help with relationship building and make it easier to communicate in future.
- **Communication:** Sailors like to be kept informed regarding upcoming events and results, a last minute nudge may prompt more activity on the start line. Think about e-mail groups, texting, facebook, twitter or website forums to pass on the message or to get the debates roaring
- **Social:** People belong to a club for many reasons, the social element being one of the key factors. Think about how to encourage social interaction amongst the fleet. Whether BBQ's in summer or ten pin bowling in the winter don't underestimate the power of a good social to get more boats on the water.



Get with the  
**PROJECT**

[www.projectwindsurfuk.org.uk](http://www.projectwindsurfuk.org.uk)





# Active People Survey – spread the word!







# What worked last year?

- Refresher Course at beginning of the year
- Can Sail, Can't Race
- Women/Men on Water
- Race Training
- Social side to each one
- Event based programmes
- Regular Sailing Opportunities outside of NORMAL activity

- All this information is on the website here

<http://www.rya.org.uk/infoadvice/clubsclass/development/Pages/Misc.aspx>



# What's on offer for AP?

- 6 Coaching days
  - Adults Sailing more Often
  - Fit into SDP and PP
  - Who will deliver in 2013?
- Club Pros
- Instructor training (Deliver AP this and next year)
  - County based DI
  - Regionally Based WI and DSI
  - Cost, if not turn up!
- Fleet Captain Workshops
  - Same venues in April

# RYA WINTER WORKSHOPS

- Equipment and facilities funding
- Instructor training
- Up to 6 days coaching days for your club
- RYA Goodies and vouchers

# 2012 RYA INSTRUCTOR TRAINING DAY

(Previously Conference)

**Sat 24/25  
March 2012**

at Hayling Island  
Sailing Club

On Water  
Coaching

Presentations  
from top  
coaches

Evening  
meal with  
Quiz and  
prizes

## NOVEMBER - Sustainable Development Plans and Olympic activation

Dorset	Parkstone YC	15th November
Hampshire	Portchester SC	17th November
Kent	Herne Bay SC	21st November
Sussex	Sussex yacht club	22nd November
IOW	Medina Valley	24th November

For: Commodores, Onboard Co-ordinators and RYA Contacts

## JANUARY - Funding

Dorset	Parkstone YC	16th January
Hampshire	Portchester SC	25th January
Kent	Herne Bay SC	19th January
Sussex	Sussex yacht club	23rd January
IOW	Medina Valley	24th January

For: Treasurers, and RYA Contacts

## FEBRUARY - Volunteer Management and Social Media

Dorset	Parkstone Yacht Club	20th February
Hampshire	Portchester SC	29th February
Kent	Herne Bay SC	23rd February
Sussex	Sussex YC	27th February
IOW	Medina Valley	28th February

For: All and RYA Contacts

## On Water Coaching Presentation

Sat 24th March  
10am - 4pm £10  
Evening Curry £10

## Discussion Workshops

Sun 25th March  
10am - 12 noon £5

For small boat Instructors, sailing, windsurfing, power and pwc  
The training day needs to be booked online at:  
<http://www.sailracer.org/reginstructconf/>

Accommodation also available @ £25 and £15

Please ensure your booking is made before the stated closing date on the training day booking website. There will be no admissions after the stated date. Book early to ensure your space.



See Youtube video of last year's conference

RYA\_AndyHooper  
 RYA Andy Hooper South & South East





# Funding for Clubs



# **!!!! Hot Fund !!!**

- Sport England Small Grants Programme applications from recognised sports with a clear sporting outcome
- April – Sept 2011 sailing has had 45 successful applications totalling over £400,000. Average grant = £8,900
- Awards of £300 - £10,000 for community level activities. Easy online application process.





## Inspired Facilities

- Sport England will invest £50 million of National Lottery funding in up to 1,000 local sports facilities.
- Local communities to be touched by the magic of London 2012 in a tangible way
- Proven local need for a facility to be modernised, extended or modified to open up new sporting opportunities.
- The community and voluntary sector (70% of the money – i.e. £35M). RYA clubs etc. fall in this bracket. Can apply for between £20,000 and £50,000 (no match funding required but it is desirable).





**RYA**



inspire • celebrate • support





inspire • celebrate • support







# Inspire participation in clubs, centres and marinas





# Celebrate our past and present successes







# Support and spectate the British Sailing Team





## How you can get involved

- Sign up to **Sail for Gold** and be your club, centre or marina's **Sail for Gold Activator!**
- All **Sail for Gold Activators** will be our point of contact and will receive a monthly newsletter, information and resources
- Plan **Sail for Gold** events and activities in 2012 at your club, centre or marina



## Key **Sail for Gold** 2012 dates:

- Torch relay celebrations **May to July**
- Sail for Gold Regatta medal race day **9 June**
- **Push the Boat Out** **21 July**
- Sail for Gold 'have a go' sessions **2012**





## Sail for Gold 2012 Kits

- Sail for Gold kits will be sent to all SFG clubs and centres to use at SFG events
- 2012 kits are likely to contain:

- Flag/banner
- 10 Medals
- Bunting
- Inflatable torch
- Wall chart
- Wristbands
- Hand waving flags





# Sail for Gold website and Facebook:

[www.rya.org.uk/sailforgold](http://www.rya.org.uk/sailforgold)  
[www.facebook.com/sailforgold](http://www.facebook.com/sailforgold)

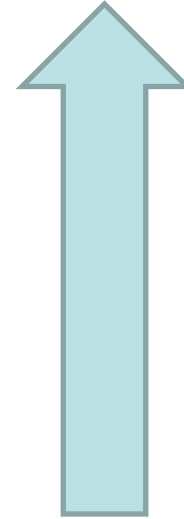






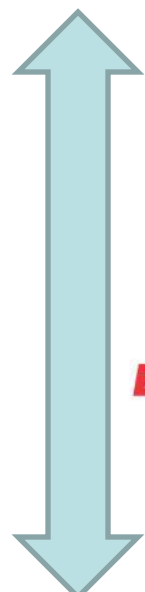
structure: WORLD CLASS PROGRAMME 

**World Class Programme Pyramid**




**uk sport**

**LOTTERY FUNDED**




**SPORT ENGLAND**



**SPORTS**  
COUNCIL NORTHERN IRELAND



**sportwales**  
chwaraeon cymru



**sportscotland**  
the national agency for sport



# Sport England Funding Cycle



- 4 year funding Cycle
- Currently in review
- Results by November next year



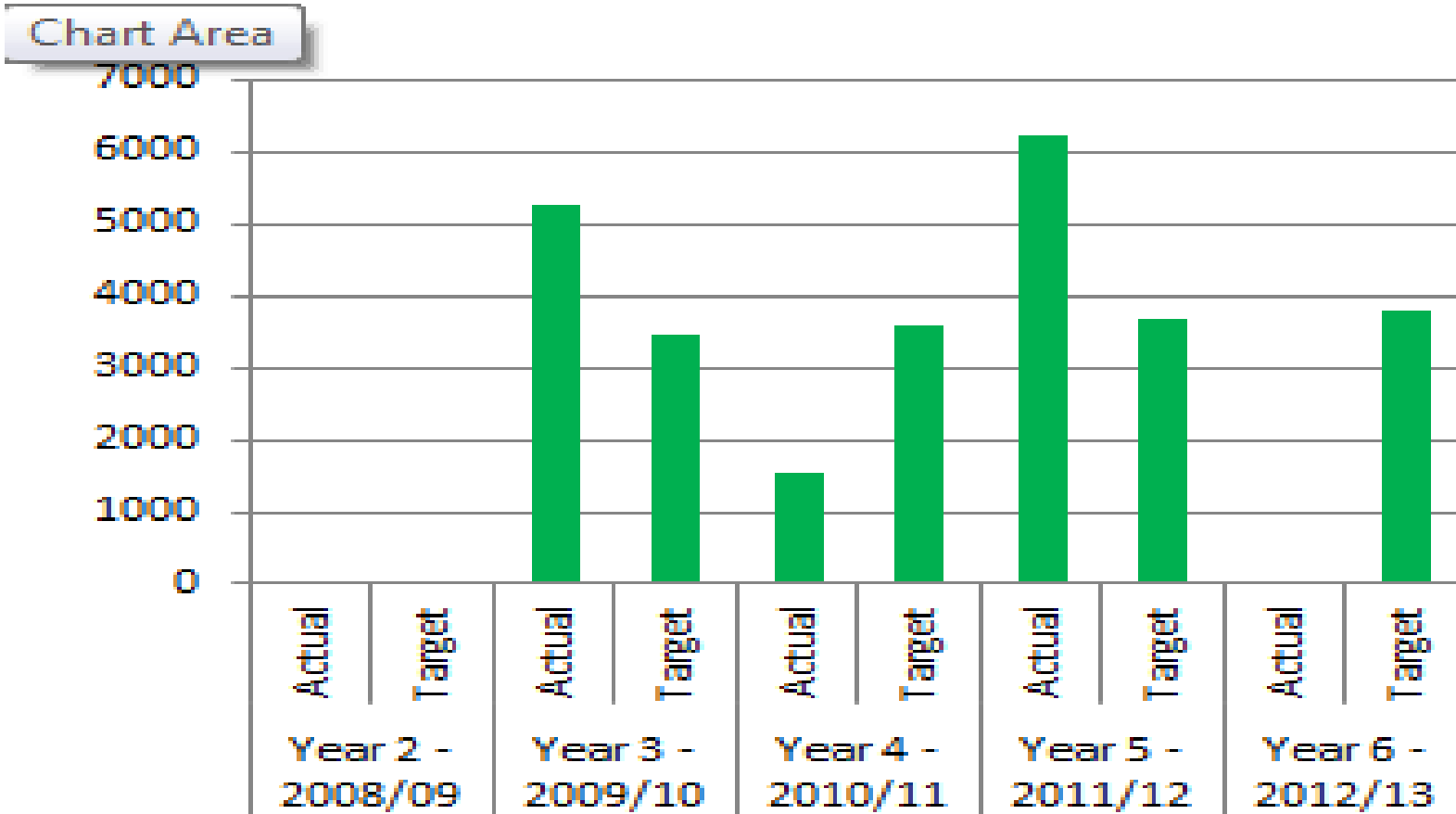
## Reminder of Volvo Champion Club KPI's:

- Increase the No. and effectiveness of VCC's (quality and Quantity)
- Increase No. of qualified volunteers
- New performance Environments
- Increase numbers attending Zone Championships



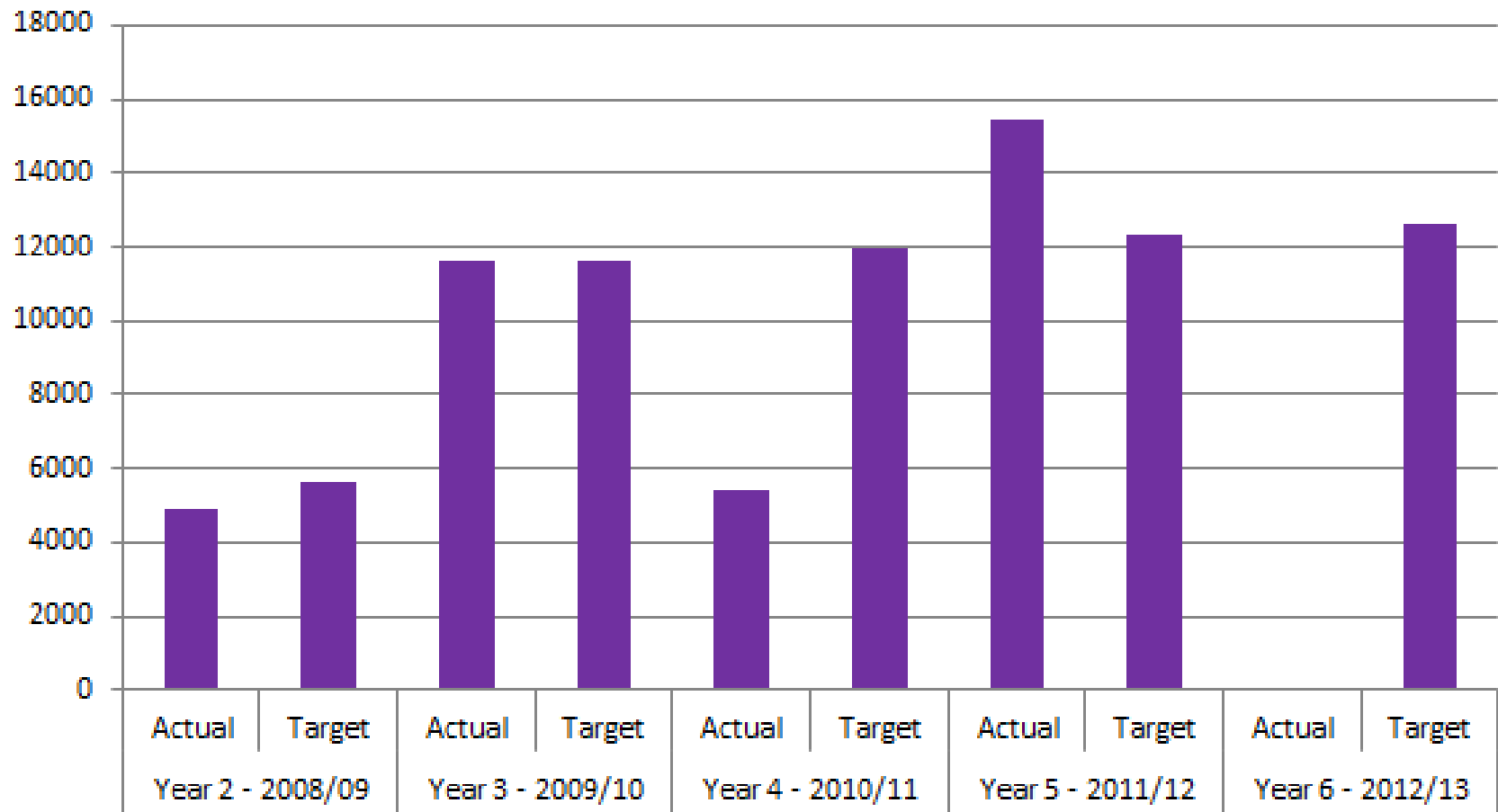


# Participation Data – Total new Participants



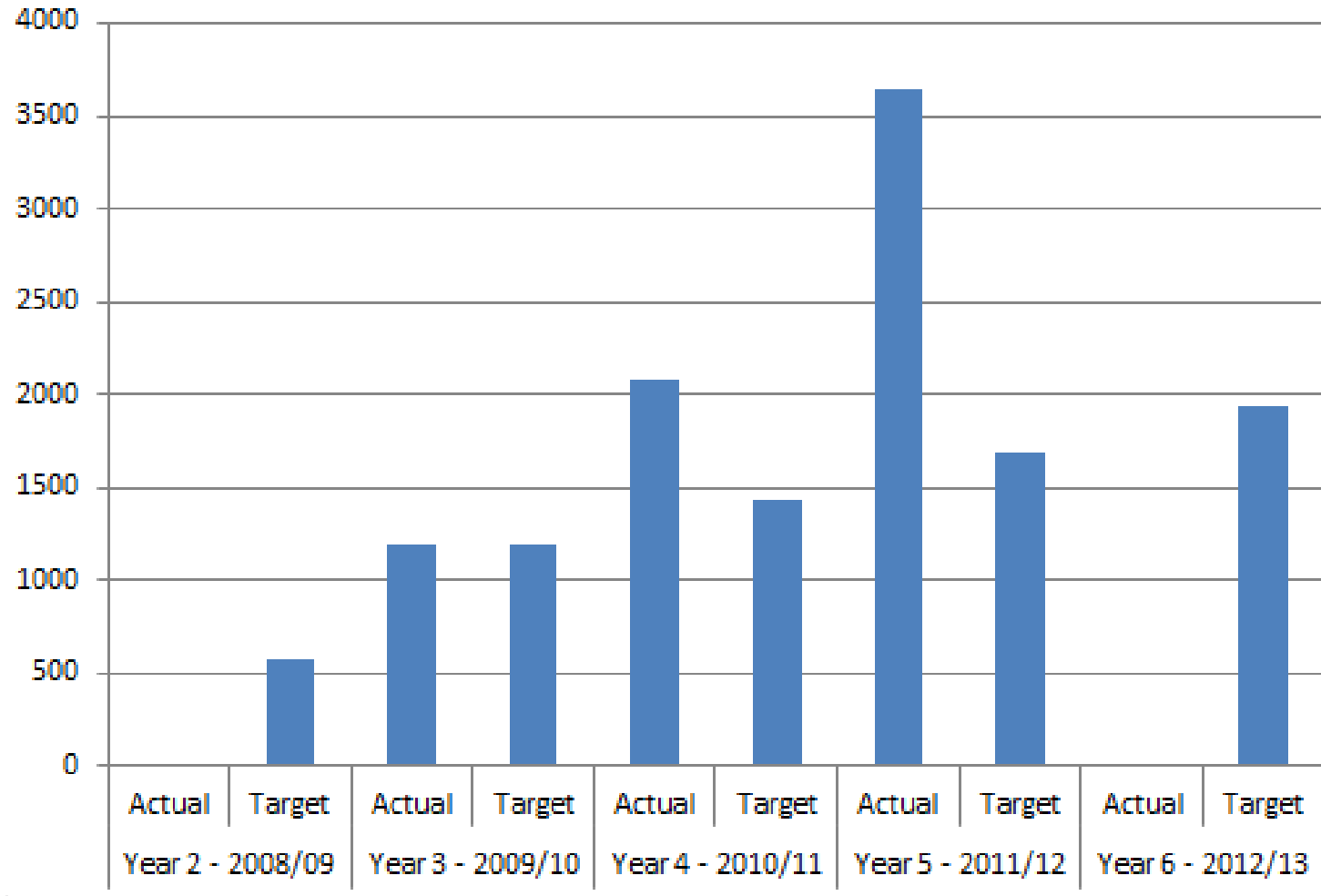


# Participation Data – Total Participants





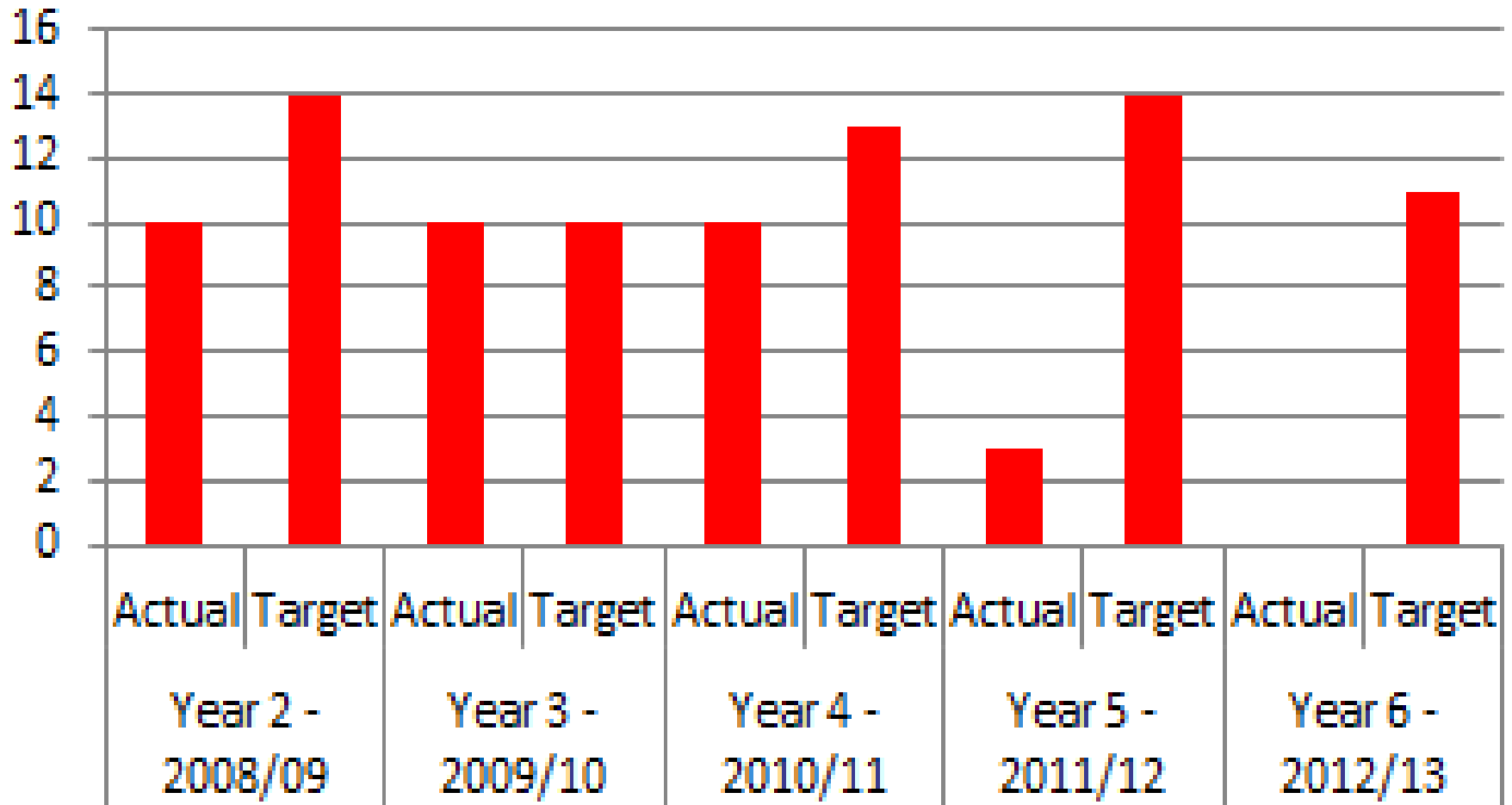
# New Volunteers Qualified





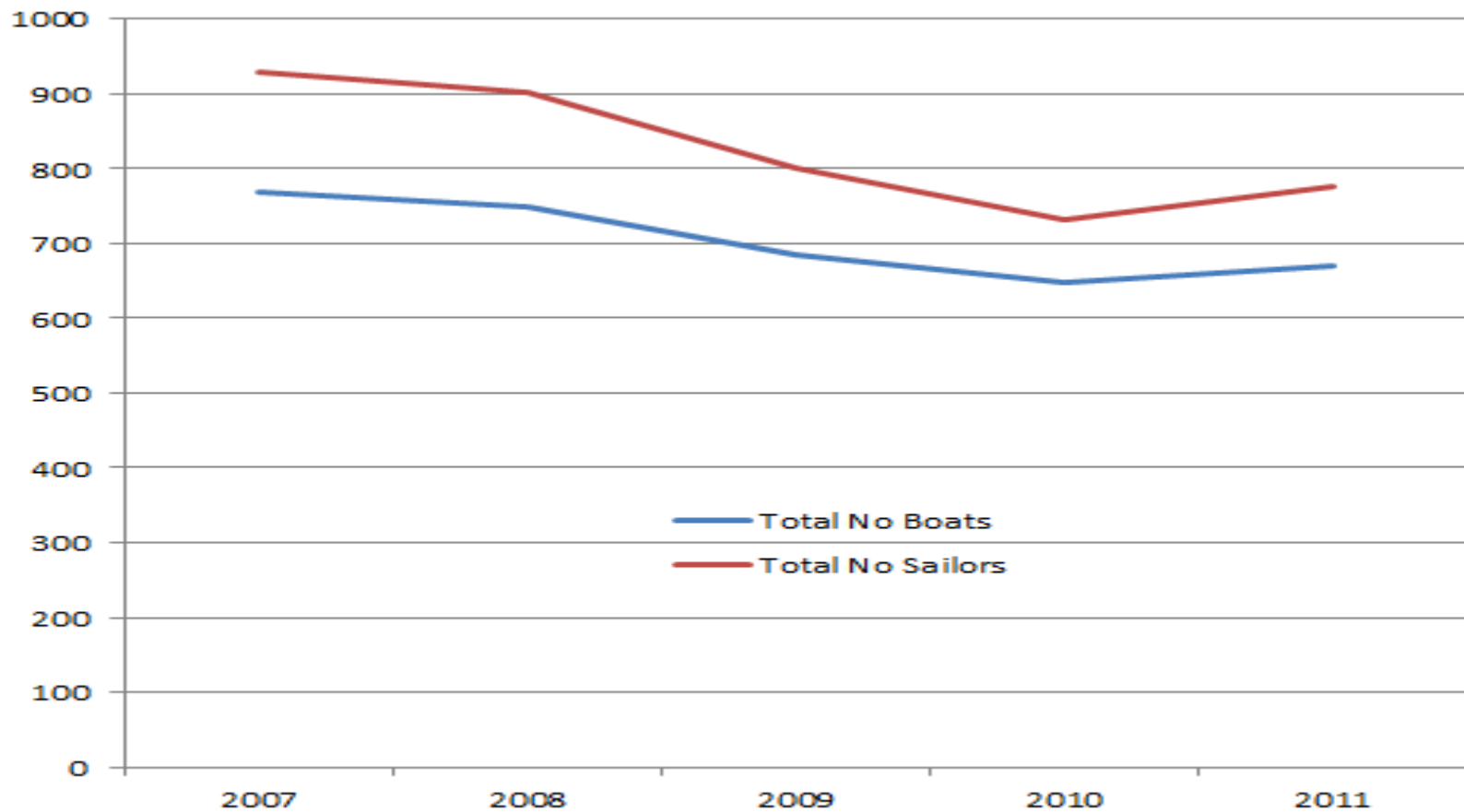


# No Of new Performance Environments/VCC's





# Attendance at Zone Championships









# Zone Championships 2012

## Regatta Fleet

- Proposed for all regions.
- Fun and games
- Plus some racing
- Coach Support



Paul Wyeth / RYA



## Race Official Courses

There is a focus on supporting clubs and sailors at the grass roots level



# Know your rules





# Rules Courses

## ➤ Rules Courses

- **Understanding the Rules** – 2 sessions of 1.25 hours
- **Keeping Clear** – 1 hour
- **Going Round the Corners** – 1 hour
- **Starting** – 1 hour
- **RRS 42 (Illegal Propulsion)** – 1.5 hours
- **Preparing for a Protest Hearing** 1.5 hours
- **Redress** – 1.5 hours

**All the above could be run during evening sessions**





## Rules Disputes

- **Chairing a Protest Committee – 1 day**

## Umpires

- **Various courses (see leaflet)**



# RYA Rules Disputes

- Arbitration
- Simple system
- Learning environment

## RYA RULES DISPUTES – WHAT TO DO

The best way of dealing with incidents (rules disputes) on the water, if no boat takes a penalty at the time, is to offer a choice of: (i) an **ADVISORY HEARING**, (ii) **RYA ARBITRATION** or (iii) a **PROTEST HEARING**



### USE THIS IF YOU JUST WANT TO LEARN WHETHER YOU WERE IN THE RIGHT OR WRONG

- An incident has occurred and no party wishes to protest, but instead want to learn for the future from what happened
- No protest form is required
- All parties meet informally with a Rules Adviser
- The parties describe what happened
- The Rules Adviser explains what rules may have been broken and whether anyone was in the wrong
- No one is disqualified or penalised, although a boat in the wrong may accept an exoneration penalty (specified in the SIs and commonly a 20% scoring penalty) or retire

### USE THIS IF YOU WANT THE DISPUTE RESOLVED QUICKLY AND SIMPLY. THIS IS NOT AS FORMAL AS A PROTEST HEARING, AND THE POTENTIAL PENALTY NOT AS DAMAGING TO A BOAT'S SCORE

- An incident has occurred and a valid protest is lodged within the normal time limit
- All parties agree to opt for RYA Arbitration and meet with a Rules Adviser
- The parties describe what happened, and the Rules Adviser will decide whether any witnesses should be called
- The Rules Adviser explains what rules may have been broken and whether anyone was in the wrong
- A boat in the wrong is asked to accept the exoneration penalty
- No one is disqualified
- If the exoneration penalty is not accepted, the protest may go to a formal protest hearing
- There are very occasional scenarios when it is not possible or correct to resolve a dispute by RYA Arbitration and instead it has to be taken to a formal protest hearing

### USE THIS IF THE DISPUTE IS COMPLEX, OR IF THERE HAS BEEN INJURY OR SERIOUS DAMAGE, OR IF YOU FEEL AN EXONERATION PENALTY WOULD BE INAPPROPRIATE

- An incident has occurred and a valid protest is lodged within the normal time limit
- A traditional formal hearing of the parties with a Protest Committee (usually of 3 people) will be arranged
- Any boat that has broken a rule will be disqualified

The aim is to encourage everyone to follow *The Racing Rules of Sailing*. This is only a guideline. More detailed information can be found on the RYA website under "Rules Disputes Best Practice" - [www.rya.org.uk/general/rulesdisputes](http://www.rya.org.uk/general/rulesdisputes)



# Race Officers



- **Club Race Officer Course – 1 day**
- **Self Assessment for Race Teams – 1 hour**
- **Dinghy Event Safety Management Course – 1 day**
- **Regional Race Officer Seminar – 2 days plus preparation exercises (£75)**



## Mark Laying

- Using your GPS – 2 hours practical
- Club Mark Laying Course – 1 day
- Regional Mark Laying Seminar – 1 day (£60)





# More Information

- Leaflet
- RYA Web Site
- Regional Representatives
  - Race Management Coordinators
  - Rules advisors



**RYA**





# Team Update

**Weymouth and Portland International  
Regatta 2011(Olympic Test Event)**

Skandia Team GBR won a total of 6 medals





Highest medal tally

More Gold's needed to be winning nation





# 13 Olympic and Paralympic Classes 2012

- Finn 
- Star 
- Laser 
- Laser Radial 
- 49er *49er*
- 470 Men *470*
- 470 Women *470*
- RS:X Men *RS:X RACING*
- RS:X Women *RS:X RACING*
- Elliott 6 
- Skud *SKUD 18*
- 2.4 ***2.4***
- Sonar 



# The Team So Far

- Ben Ainslie (Finn)
- Ian Percy & Andrew Simpson (Star)
- Paul Goodison (Laser)
- Nick Dempsey (RSX Men)
- Bryony Shaw (RSX Women)
- Lucy Macgregor, Annie Lush & Kate Macgregor (Elliot 6.0)
- Hannah Mills Saskia Clarke (470 Women)
- John Robertson, Hannah Stodel & Stephen Thomas (Sonar)
- Alexandra Rickham & Niki Birrell (Skud 18)





BRITISH SAILING TEAM RYA

LOTTERY FUNDED



# To Select

Selection trials are on-going in the four remaining Olympic Classes

- 470 Men
- 49er
- Laser Radial
- 2.4mR Keelboat





# LOCOG

The London Organising Committee of the Olympic and Paralympic Games (LOCOG) is responsible for preparing and staging the 2012 Games.



The RYA have no responsibility for organising any of the games, but are sending a team like any other nation





Never Stand Still

New Challenges

Where Will The 2020,  
2024, 2028 etc.....Be  
Found?



# Update as off May 2011

We got some clarity regarding Olympic Equipment:

1. Windsurf or Kite board Men (ET)
2. Windsurf or Kite board Women (ET)
3. Laser standard (men)
4. Laser Radial (women)
5. 470 Men
6. 470 Women
7. Male High performance skiff (49er)
8. Female high performance skiff – (ET)
9. Heavyweight male single-hander – Finn
10. Mixed Multihull (ET)

ET - Unfortunately Equipment Trial still creates a lack of clarity!



# Update as off May 2011

Female high performance skiff  
Program in place



Will lead to 50:50 split  
between Men and Women  
medals in future Olympics



# OnBoard Can Make The Difference

“OnBoard is about more children and young people learning to sail and windsurf. More importantly, it's about keeping them involved in sailing, for life.”

## Olympics/Pathway Can Help?











# The Model Club



more adults  
**SAILING**  
more often

What is the standard for a healthy racing / training club





## Session 1 in groups

### Question

- What is the standard for a healthy racing / training club
- What is a VCC?
- What is the criteria for a club to become a VCC?



## Question

- Should we re-validate VCC clubs
- How
- Can we make the process helpful to the club





**RYA**

**WHY ARE VOLVO RYA CHAMPION CLUBS SO IMPORTANT?**





## Session 2

# Developing Racing Within Clubs

### Question

- How many people participate in your club racing?
- Does the club know why not all members race?



## Developing Racing Within Clubs

### Question

- What formats of racing does your club use?
- What makes good club racing
- What can we change to help more people Participate?



# Lunch







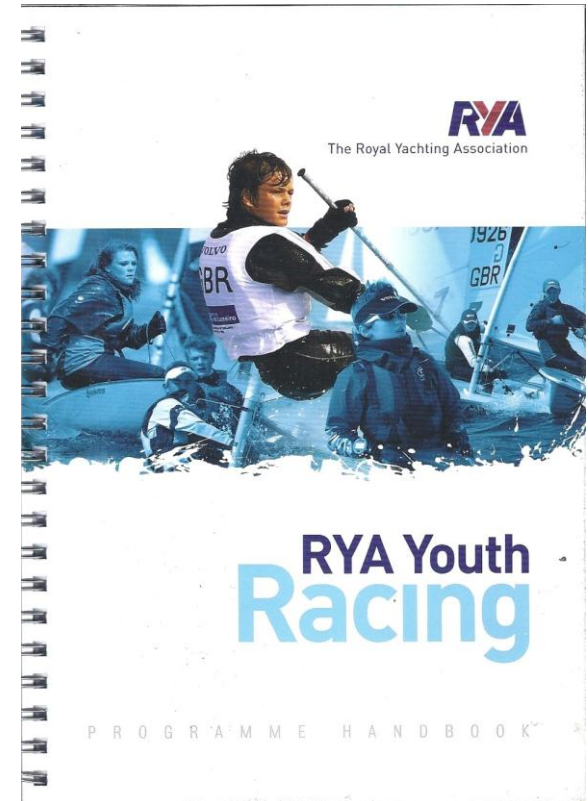
## Other things you need to be thinking of

- Planning Now is vital to success of your programmes.
- Identify how best RYA Regional Club Coaches can help.
  - Planning ideas
  - Training Coaches / Instructors
- Ensure you communicate your vision to your Membership.



# Coaching Resources

- Coaching Handbook
- CD
- DVD & [VCC TV](#)
- Posters
- RYA Youth Handbook



# www.rya.org.uk/vcc

	<a href="#">JOIN &amp; MEMBERSHIP</a>	<a href="#">START BOATING</a>	<a href="#">COURSES &amp; TRAINING</a>	<a href="#">INFORMATION &amp; ADVICE</a>	<a href="#">NEWS &amp; EVENTS</a>	<a href="#">CRUISING</a>	<a href="#">RACING</a>	<a href="#">RYA SHOP</a> <small>BASKET 0 ITEMS, £0.00</small>
<ul style="list-style-type: none"> <li><a href="#">Sail for Gold</a></li> <li><a href="#">British Keelboat Academy</a></li> <li><a href="#">Honda RYA Youth RIB</a></li> <li><a href="#">OnBoard</a></li> <li><a href="#">RYA Powerboat Racing</a></li> <li><a href="#">RYA Sailability</a></li> <li><a href="#">Skandia Team GBR</a></li> <li><a href="#">Team15</a></li> </ul>							<div style="background-color: #333; color: white; padding: 10px;"> <p><b>17.5% RYA MEMBERS DISCOUNT*</b></p> <p>SAVINGS ACROSS THE ENTIRE VOLVO RANGE</p> <p>FINANCE PLAN AVAILABLE</p> <p><small>▶ LEARN MORE TODAY</small></p> <p><small>*TERMS AND CONDITIONS APPLY</small></p> </div>	
<p><b>Volvo RYA Champion Clubs</b></p> <ul style="list-style-type: none"> <li>▶ <a href="#">About Volvo RYA Champion Clubs</a></li> <li>▶ <a href="#">News</a></li> <li>▶ <a href="#">Becoming a Volvo RYA Champion Club</a></li> <li>▶ <a href="#">RYA Volvo Champion Club Funding</a></li> <li>▶ <a href="#">Current Volvo RYA Champion Clubs</a></li> <li>▶ <a href="#">Environment</a></li> <li>▶ <a href="#">Contact</a></li> <li>▶ <a href="#">Resources and Information</a></li> <li>▶ <a href="#">Club Reports and Incentives</a></li> </ul>	<p><b>Latest News</b></p> <div style="display: flex; justify-content: space-around;"> <div data-bbox="434 828 656 1013"> <p><u><a href="#">DATES FOR THE DIARY</a></u>            RYA Club and Coach Conferences 3rd and 4th December 2011. (Wales: 18th and 19th February 2012. Scotland: 25th and 26th February 2012)</p> </div> <div data-bbox="666 828 879 1013"> <p><u><a href="#">POLICY GUIDANCE</a></u>            For a club or centre to gain Volvo RYA Champion Club status they must have policies in place to ensure that the activities run are carried out in a safe and controlled environment.</p> </div> <div data-bbox="888 828 1101 1013"> <p><u><a href="#">COACHING VIDEO CLIPS</a></u>            Video on boat handling manoeuvres and race training exercises</p> </div> </div>						<p><b>Join the RYA</b></p> <p>MEMBERS SAVE 15% ON BOOKS AND MORE AT THE RYA SHOP!</p> <p><small>All the reasons to join</small></p> <p><a href="#">JOIN ONLINE NOW</a></p> <p><b>Elsewhere on the web</b></p> <p><small>VOLVO RYA CHAMPION CLUB TV</small></p>	





# RYA

## Key Dates for 2012

- Dinghy show 3<sup>rd</sup> 4<sup>th</sup> March 2012  
– Alexandra Palace
- RYA Volvo Zone Championships  
29th & 30th September 2012  
all regions





Thank you for attending