



## Information sheet for Trainers and Coaches RYA Regional Development Officers

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### **Regional Development Officer**

Role: To develop regular participation in sailing and windsurfing, and to maintain and improve standards of safety, training and volunteer management at RYA affiliated clubs and recognised Training Centres. In practice this means working on the following four key areas - training, club development, increasing adult participation and OnBoard.

### **Training (dinghy, windsurf and power)**

Instructor Training Days. Each year your RDO delivers an Instructor Training Day(s) at the start of the season. Trainers and Coaches are encouraged to assist at these training days. If you would like to get involved in raising standards in the region/developing instructor training progression, please speak to your RDO about how you can get involved.

Instructor training. In each region we aim to ensure that sufficient, affordable training courses are being delivered across the region. Prior to advertising an instructor training course, Coaches and Trainers should inform their RDO.

Centre inspections and development. The RYA aims to have all training centres inspected on an annual basis. If you are interested in becoming a centre inspector please speak to your RDO. A one day training course for Trainers and Coaches is run nationally. However, if demand exists within the region training can be delivered locally.

Centre development. If you are interested in developing your centres activities speak to your RDO to see how they can help.

### **Club development**

Sports development plans. Local authorities, sports development officers and County Sports Partnerships often ask for copies of clubs sports development plans. These are relatively easy documents to produce and greatly help in a clubs development. We can offer advice and examples of successful sports development plans.

Funding advice. RDOs can offer advice and further information of funding opportunities available locally for volunteers training and equipment.

Volunteering. Volunteers play a vital role in developing and maintaining successful clubs. We can offer advice and support on attracting, retaining and rewarding volunteers. [www.rvavolunteering.org.uk](http://www.rvavolunteering.org.uk)

### **OnBoard**

OnBoard is about sailing and windsurfing clubs and centres teaching more children to sail/windsurf and keeping them involved in the sport. Over a ten year period the scheme aims to introduce a minimum of 500,000 children to sailing in the UK with hopefully 10% becoming regular participants.

The RDO's work with a number of OnBoard Officers in the regions. The main role of the OnBoard Officer is to develop a school to club/centre link to increase the number of young people participating in sailing. [www.ruob.co.uk](http://www.ruob.co.uk)



### **Adult Participation**

We aim to increase and develop the number of adults (16+) regularly participating in sailing/ windsurfing in the UK. The RDO's recruit and work with Regional Club Coaches, to go into clubs/centres to discuss and implement various ideas to encourage adult participation. If you are interested in getting involved please speak to your RDO



## RYA Regional Development Officers

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Strategic Lead Adult Participation

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