TEAM PROFILE

Hannah Stodel

VITAL STATISTICS…

Name:	**Hannah Stodel**
Class:	**Sonar**
DOB:	**27 August 1985**
Born / Grew up:	**Colchester, Essex / West Mersea, Essex**
Currently Living:	**West Mersea, Essex**
Education:	**Studied Sport & Exercise Science at Loughborough University**
Started Sailing:	**Aged three in Brightlingsea in a Mirror**
Duration in current class:	**Since 2003**
Sailing partners:	**Stephen Thomas and John Robertson**
Coach:	**Mark Rushall**
Greatest strength in sailing:	**Coping under pressure**
Greatest weakness in sailing:	**Stamina**
Biggest Goal:	**To win a Paralympic gold medal**
Personal sponsor:	**Oyster, Little Britain Challenge Cup**
Other interests away from sailing:	**Sport**

Career highlights:	**Paralympics Games**	
	Beijing 2008	6th
	Athens 2004	6th
	World Championships	
	2012	Bronze
	2011	Silver
	2010	Silver
	2009	7th
	2007	6th
	2006	Gold
	2005	Gold
	2003	Bronze
	2012 record:	
	Skandia Sail for Gold Regatta	Gold
	Hyeres Regatta	Gold
	Rolex Miami OCR Regatta	Silver
	2011 record:	
	Skandia Sail for Gold	Gold
	Hyeres Regatta	4th
	Rolex Miami OCR Regatta	Gold
	Find full career results here	

MEET THE SAILOR…

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Who is Hannah Stodel?	Despite being born without a right forearm, Hannah has adapted different techniques to overcome her disability. Having joined the RYA Mirror National Junior Squad in 1995, Hannah went on to become the first British woman to compete in a sailing competition at a Paralympic Games in the Sonar at Athens 2004 as well as winning back-to-back World Championships in 2005 & 2006.
	She thinks the toughest part of the sport is the constant thought that goes into everything and the fact it's a never ending process to stay on top. She admits she always finds herself thinking of the next move and finds it hard to turn off from the sailing world.
	Inspired by Dame Ellen Macarthur's sheer determination and can-do attitude, Hannah was named Yachting Journalists Association Young Sailor of the Year 1999. She says among her most embarrassing sailing experiences include having to wee on the boat with two guys as well as once stepping off the back and missing land!