

MEET THE SAILOR...

A double World Sailing Champion and Paralympian, action man Stephen also represented Great Britain in Ice Sledge Hockey at 2006 Paralympic Winter Games in Torino, Italy as well as having played rugby for Wales under 18s. Stephen is a double below the knee amputee as a result of meningococcal septicaemia in 1996.

Who is Stephen Thomas?

He cites Sir Steven Redgrave as his sporting hero and says that their toughest competition comes from the German, Norwegian, American, Greek and Israeli teams. Stephen says his most embarrassing sailing incident occurred on the last leg of the first race of the 2004 Paralympic Games, with the finish line in sight, when the sheet he was hanging off of came out of the cleat and he ended up overboard.