## Saskia Clark

## VITAL STATISTICS...

Saskia Clark	
470	
Crew	
23 August 1979	
Colchester, Essex / West Mersea, Essex	
Weymouth	
West Mersea YC, Royal Thames YC, Dabchicks SC	
176cm	
University College Chichester (Sport Science)	
On my own aged eight, in an Optimist at Royal Harwich Junior Week	
It was a family hobby and the first thing I ever managed to beat my elder sister at!	
Since 2000	
Hannah Mills	
Joe Glanfield	
Analysing performance and keeping it in perspective	
To win an Olympic gold medal	
My Dad	
Volvo, Matrix, Smith and Williamson, Parlison Properties	
Attempting to windsurf, skiing/snowboarding and catching up with everybody	
Olympic Games: Beijing 2008 6 <sup>th</sup> World Championships: 2012 Gold 2011 Silver 2007 Bronze 2005 Silver  2012 record: Skandia Sail for Gold Bronze Princess Sofia Trophy Rolex Miami OCR Regatta Silver	



2011 record:	
2011 Olympic Test Event	Silver
2011 Open Europeans	4 <sup>th</sup>
2011 Skandia Sail for Gold	Silver
2011 Hyeres Regatta	Silver
2011 Princess Sofia Trophy	13 <sup>th</sup>
2011 Miami Regatta	10 <sup>th</sup>

Find full career results here

MEET THE SAILO	IEET THE SAILOR		
What is the toughest part of your sport?	Although we get to go to some fantastic places around the World sometimes the endless travelling and living out of a bag can be a bit tiresome.		
What is your greatest ever achievement in your sport?	2012 World Championship Gold Medal in Barcelona, Spain and being selected to represent Team GB at the London 2012 Olympic Games.		
Sporting philosophy?	It's not over until the end		
Who is your sporting hero?	Steve Redgrave		