TEAM PROFILE

Saskia Clark

VITAL STATISTICS...

Name:	Saskia Clark	
Class:	470	
Position:	Crew	
DOB:	23 August 1979	
Born / Grew up:	Colchester, Essex / West Mersea, Essex	
Currently Living:	Weymouth	
Sailing club:	West Mersea YC, Royal Thames YC, Dabchicks SC	
Height:	176cm	
Education:	University College Chichester (Sport Science)	
Started Sailing:	On my own aged eight, in an Optimist at Royal Harwich Junior Week	
Why did you chose sailing?	It was a family hobby and the first thing I ever managed to beat my elder sister at!	
Duration in current class:	Since 2000	
Name of Sailing Partner:	Hannah Mills	
Coach:	Joe Glanfield	
Greatest Strengths in Sailing:	Analysing performance and keeping it in perspective	
Biggest Goal:	To win an Olympic gold medal	
Who has been the most influential person in your sailing career:	My Dad	
Personal sponsor:	Volvo, Matrix, Smith and Williamson, Parlison Properties	
Other interests away from sailing:	Attempting to windsurf, skiing/snowboarding and catching up with everybody	
Career highlights:	Olympic Games: Beijing 2008 World Championships: 2012 2011 2007 2005 2012 record:	6 th Gold Silver Bronze Silver
	Skandia Sail for Gold Princess Sofia Trophy Rolex Miami OCR Regatta	Bronze 10 th Silver



	011 record: 011 Olympic Test Event Silver 011 Open Europeans 4 th 011 Skandia Sail for Gold Silver 011 Hyeres Regatta Silver 011 Princess Sofia Trophy 13 th 011 Miami Regatta 10 th ind full career results here	
What is the toughest pa of your sport?		
What is your greatest ever achievement in yo	2012 World Championship Gold Medal in Barcelona, Spain and being selected to represent Team GB	
sport? Sporting philosophy?	It's not over until the end	

Who is your sporting hero?

Steve Redgrave