# Junior Windsurfing Competition

# The Pathway to Success

If you are enjoying the challenge of windsurfing course-racing competition and wish to progress further, then you need to know the training, event and equipment options open to you, which will help you achieve your goal.

Using the chart below, identify which level of sailor you are currently, then make every effort to attend the training events in the green box; if you can, also attend those listed in the orange box. Always look ahead to the next level so you know what will be expected of you in

the near future.

**Level of Sailor: Aspirant RYA National** 

**Junior Squad** 

RYA Zone Squad TrainingRYA National Open TrainingRYA National Junior Squad

Windsurfing Championships

(6.8m sailors or above)UKWA Regional EventsUKWA Inland Series

UKWA Cup Events

• T15 Inter-Club Events

• RYA Junior National

or under)

RYA Zone Championships

Championships (5.5m sailors

REQUIRED KIT: Techno 293 OD.

6.8 (U15) or Bic 7.8 (U17) OD rig,

depending on age and size.

ed to sail with Bic

# **Level of Sailor: Current RYA National**

# **Junior Squad**

- RYA National Open TrainingRYA National Junior Squad
- International EventsUKWA Inland Series

ATTEND? Not

- T15 Inter-Club Events
- RYA Junior National Championships (5.5m sailors or under)

REQUIRED KIT: Techno 293 OD with Bic 6.8 (U15) or Bic 7.8 אור) אור rig, depending on age and size.

- Windsurfing Championships International Events

# • RYA Regional Open Training

# UKWA Cup Events

# • RYA Zone Championships

# Still confused?

If you require greater explanation about any of the training, event or equipment options highlighted for your level of ability, then you need to speak with your RYA Zone High Performance Manager (HPM).

Zone: South/South West HPM: Chris Atherton - mobile: 07909 994641

Zone: East/South East HPM: Paul Wren - mobile: 07909 994642

Zone: North/West HPM: Chris Blackburn - mobile: 07909 994637

Zone: Scotland HPM: Nick Scott - mobile: 07786 333541

Zone: Wales HPM: Iwan Basten - mobile: 07901 822844 Zone: Northern Ireland HPM: Richard Honeyford - mobile: 07795 466624

HPM email addresses can be obtained from www.rya.org.uk/racing/youthjunior/Pages/whoswhosyouthracing.aspx Information on UKWA events can be obtained from Bob Ingram: racing-09@ukwindsurfing.com

## Level of Sailor: **Aspirant RYA Zone** Squad

- - RYA Regional Open Training RYA Zone ChampionshipsRYA Zone Squad Indicators

  - Championships (5.5m sailors or under)

  - UKWA Inland Series (locally &
- RYA National Junior Squad Indicators UKWA Cup Events Net Met
  - International Events Indicators

ATTEND?

RECOMMENDED KIT: Techno 293 OD but you can be selected on any board. Recommended to sail with Bic 6.8 OD rig (U15) or Bic 7.8 OD rig (U17), but not essential especially if you are small. Everyone can change down when windy.

World Class Team GBR Junior Sailing RYA

**Recommended** to sail with especially if you are small.

**Level of Sailor:** 

**Current RYA Zone Squad** 

RYA Regional Open Training
RYA Zone Championships
RYA Zone Squad Indicators
RYA Junior National

Windsurfing Championships (6.8m sailors or above)

RYA National Junior Squad

• UKWA Cup Events (6.8m

• UKWA Cup Events (6.8m

ATTEND?

REQUIRED KIT: Techno 293 OD. Bic 6.8 OD rig (U15) or Bic 7.8 OD rig (U17), but not essential Everyone can change down when windy.

**RECOMMENDED KIT: Techno** 293 OD if using 6.8m sail or attending Zone Squad Indicators. Otherwise, any board with daggerboard (ideally 320cm length or less if using

· RYA National Open Training

RYA National Junior Squad

Indicators • UKWA Cup Events

Indicators

small sails).

International Events

**ATTEND?** 

**Level of Sailor:** 

Member

**Current T15 Club** 

T15 Inter-Club Events

RYA Regional Open TrainingRYA Zone ChampionshipsRYA Junior National

Championships (5.5m sailors or under)

RYA Zone Squad Indicators

(if appropriate)RYA/UKWA National