



NATIONAL SAILING SCHEME INSTRUCTOR COURSES

2012

Full details of the requirements for Instructor, Senior Instructor and Coach/Assessor Training can be found on the RYA website and are published in the **Dinghy Coaching Handbook and Logbook G14**.

INFORMATION IN THIS LEAFLET INCLUDES:

Pre-Entry Assessments
Dinghy Instructor Courses
Coastal Dinghy Instructor Endorsements
Multihull Instructor Endorsements/Courses
Keelboat Instructor Endorsements/Courses
Dinghy Senior Instructor Courses
Keelboat Senior Instructor Courses
Racing Instructor Endorsements
Advanced Instructor Endorsements
Regional Coaches & Development Officers

AS AVAILABLE

Please note that RYA Instructor Certificates are endorsed “Coastal” or “Inland” depending on the course venue. Instructing at Mediterranean venues requires a “Coastal” certificate.

All dates are correct at the time of printing.

For further information and dates in your area, please contact your Regional Coach or Development Officer who is listed at the back of this booklet. A fully up-to-date edition of this booklet can also be found on the website at www.rya.org.uk.

WHO TEACHES WHAT?

RYA National Sailing Scheme & Youth Sailing Scheme**

	National Sailing Scheme in dinghies	National Sailing Scheme in keelboats	National Sailing Scheme in multihulls	Youth Sailing Scheme
Dinghy Instructor	Levels 1,2 & 3, Day Sailing, Seamanship Skills, Sailing with Spinnakers*			Stage 1, 2, 3, 4
Keelboat Instructor		Levels 1,2 & 3, Day Sailing, Seamanship Skills, Sailing with Spinnakers*		Stage 1, 2, 3, 4 in keelboats
Multihull Instructor			Levels 1,2 & 3, Day Sailing, Seamanship Skills, Sailing with Spinnakers*	Stage 1, 2, 3, 4 in multihulls
Advanced Instructor	As Instructor plus Sailing with Spinnakers, Performance Sailing	Sailing with Spinnakers, Performance Sailing (must also be Keelboat Instructor)	Sailing with Spinnakers, Performance Sailing (must also be Multihull Instructor)	
Racing Instructor	As Instructor plus Start Racing, Intermediate Racing*, Advanced Racing*	Start Racing, Intermediate Racing*, Advanced Racing* (must also be Keelboat Instructor)	Start Racing, Intermediate Racing*, Advanced Racing* (must also be Multihull Instructor)	As Instructor plus Start Racing, Intermediate Racing*, Advanced Racing*
Racing Coach Level 2	Start Racing, Intermediate Racing, Advanced Racing*			Start Racing, Intermediate Racing, Advanced Racing*
Racing Coach Level 3	Start Racing, Intermediate Racing, Advanced Racing			Start Racing, Intermediate Racing, Advanced Racing
Yachtmaster Instructor		As Instructor		

*Instructor who is suitably experienced and approved by the Principal or Chief Instructor.

** All RYA tuition should be supervised by a RYA Senior Instructor (see Guidance Notes for RYA Training Centres in the UK for details).

RYA National Sailing Scheme courses may only be run at an RYA Training Centre. For details of how to become recognised, please contact the RYA Office for a Recognition Pack and Application Form.

RYA ASSISTANT INSTRUCTOR

Training for this award is carried out by the Principal or Chief Instructor of an RYA Training Centre, and will be valid at that Centre only. Please contact your local Training Centre for details (a full list can be found at www.rya.org.uk).

ELIGIBILITY FOR THE RYA DINGHY INSTRUCTOR COURSE **(also applies to RYA Keelboat and Multihull Instructor courses)**

Candidates must fulfil the following criteria **before** taking part in the 5-day instructor training course:

- Minimum age 16 (no candidates will be accepted for training under this age)
- Candidates should be physically fit and able to swim.
- Valid first aid certificate (either the RYA's First Aid Certificate, or one recognised by the Health and Safety Executive, covering the treatment of hypothermia and a minimum of six hours course length)
- RYA Powerboat Level 2 certificate*
- Pre-entry sailing assessment completed within one year prior to the instructor training course (details below)*

*Please note that if you wish to attend a coastal instructor training course, both the pre-entry assessment and Powerboat Level 2 should be completed at a coastal location.

Full details of eligibility and training requirements are in the RYA publication **G14 Dinghy Coaching Handbook and Logbook**.

The Instructor Pre-entry Assessment

The assessment is intended to confirm that the candidate has the sailing ability and background knowledge required of an instructor and will be carried out by an RYA Coach/Assessor. The assessment will ideally be conducted in a minimum wind speed of 11 knots, using a boat of the candidate's choice with a Portsmouth Yardstick of less than 1230. Full details can be found in the **G14 Dinghy Coaching Handbook and Logbook**.

During the assessment the candidate will be asked to complete the following:

- a) Sail around a triangular course of 100m (minimum) legs to the best of his ability using all the boat's normal equipment, including spinnaker if carried.
- b) Sail a tight circular course around a stationary boat, making only one tack and one gybe.
- c) Sail a 'follow my leader' course behind another boat. The course may include all points of sailing and may be behind another sailing dinghy or behind a powered boat.
- d) Pick up a man overboard dummy; the boat to be stopped and more than one attempt should not be needed.

You may also be asked to complete some of the following:

- e) Sail without a rudder, or with the tiller on a loose elastic around a triangular course. You will be expected to make good progress around the course in a seamanlike manner (not applicable to keelboat or multihull instructor candidates).
- f) Lee shore landing and departure
- g) Anchor or pick up a mooring - wind against tide (if appropriate)
- h) Come along-side a moored boat - wind against tide (if appropriate)
- i) Recover a capsized dinghy and sail away (not keelboats)

During the assessment, the Coach/Assessor will be judging the candidate's preparation for and execution of each of the tasks, including his/her awareness of others.

The pre-entry assessment must be completed before attending the Instructor course. If this has proved impossible due to weather conditions, it may in certain circumstances be completed during the first part of the Instructor course by arrangement with the Training Centre and course Coach/Assessor. No final Instructor assessment will be made of candidates who have not successfully completed the pre-entry test.

ELIGIBILITY FOR THE RYA SENIOR INSTRUCTOR COURSE

Candidates must fulfil the following criteria before taking part in the Dinghy or Keelboat Senior Instructor training course:

- Minimum age 18
- Dinghy Senior Instructor: At least two years intermittent or one year full time instructing since qualifying as an RYA Dinghy or Multihull Instructor
- Keelboat Senior Instructor: At least two years intermittent or one year full time instructing since qualifying as an RYA Keelboat Instructor
- RYA Safety Boat Certificate*
- Valid first aid certificate (either the RYA's First Aid Certificate, or one recognised by the Health and Safety Executive, covering the treatment of hypothermia and a minimum of six hours course length)
- Signed recommendation from the Principal of an RYA recognised Training Centre (see G14/05)
- Sailing ability to at least the standard of RYA Instructor (an assessment may be necessary if sailing ability cannot be adequately demonstrated during the training course).

*Please note that if you wish to attend a coastal instructor training course, the Safety Boat should be completed at a coastal location.

The Senior Instructor course will be run over a minimum of 4 days (or two weekends), preceded by completion of a workbook. Details can be found in the **G14 Dinghy Coaching Handbook and Logbook**. The Senior Instructor Workbook can be downloaded from the RYA website.

Experienced Instructors wishing to take a direct assessment for Senior Instructor should contact their Regional Coach/Development Officer in the first instance.

RYA RACING COACH COURSES

Further information is available on the RYA website, or contact
Racing Division, RYA House, Ensign Way, Hamble,
Hants SO31 4YA Tel: 02380 604167

RYA COACH/ASSESSOR

Experienced Senior Instructors holding the Advanced Instructor endorsement may wish to be put forward for RYA Coach/Assessor training. Candidates should contact their Regional Coach/Development Officer to be nominated for the annual Coach/Assessor training. Overseas candidates should contact RYA House.

RYA DINGHY INSTRUCTOR PRE-ENTRY ASSESSMENTS

February

11-12	Plas Menai National Watersports Centre, North Wales	01248 670964	info@plasmenai.co.uk
11	Stormforce Coaching, Southampton	02380 231122	coaching@stormforce.biz
12	Rockley Watersports, Poole	01202 677272	watersports@rockley.org
18	Rockley Watersports, Poole	01202 677272	watersports@rockley.org

March

4	SeaSports Southwest, Devon	01626 772555	info@seasports-sw.co.uk
11	Fellowship Afloat Charitable Trust, Essex	01621 868113	info@fact.org.uk
24	Bewl Water Outdoor Centre, Kent	01892 890716	bewl.water@kent.gov.uk
24-25	SailLaser Weymouth	0845 337 3214	info-weymouth@sail-laser.com
31-1 April	Plas Menai National Watersports Centre, North Wales	01248 670964	info@plasmenai.co.uk
31-1 April	Southampton Water Activities Centre	0300 0200 135	info@swac.co.uk
31	Thames Valley & London Region at Erith Yacht Club	07748 804802	steve.mitchell@rya.org.uk

April

1	Glenridding Sailing Centre, Cumbria	01768 885694	info@glenridding-sailingcentre.co.uk
1	Queen Mary Sailsports, Middlesex	01784 248881	sailondon@queenmary.org.uk
1	Rockley Watersports, Poole	01202 677272	watersports@rockley.org
5 (KB)	Stormforce Coaching, Southampton	02380 231122	coaching@stormforce.biz
6	Rockley Watersports, Poole	01202 677272	watersports@rockley.org
7-8	Plas Menai National Watersports Centre, North Wales	01248 670964	info@plasmenai.co.uk
7	Stormforce Coaching, Southampton	02380 231122	coaching@stormforce.biz
8	Rockley Watersports, Poole	01202 677272	watersports@rockley.org
13	Rockley Watersports, Poole	01202 677272	watersports@rockley.org

May

26	Pentewan Sailing, Cornwall	01726 940059	office@pentewansailing.com
26-27	Southampton Water Activities Centre	0300 0200 135	info@swac.co.uk

June

2-3	Plas Menai National Watersports Centre, North Wales	01248 670964	info@plasmenai.co.uk
2	Surrey Docks Watersports Centre, London	020 7237 4009	andrew.rhys@fusion-lifestyle.com
3	Rockley Watersports, Poole	01202 677272	watersports@rockley.org
8	Rockley Watersports, Poole	01202 677272	watersports@rockley.org
10	Surrey Docks Watersports Centre, London	020 7237 4009	andrew.rhys@fusion-lifestyle.com
17	Stormforce Coaching, Southampton	02380 231122	coaching@stormforce.biz
17 (KB)	Stormforce Coaching, Southampton	02380 231122	coaching@stormforce.biz
30-1 July	SailLaser Weymouth	0845 337 3214	info-weymouth@sail-laser.com

July

1	Stormforce Coaching, Southampton	02380 231122	coaching@stormforce.biz
8	Rockley Watersports, Poole	01202 677272	watersports@rockley.org
13	Rockley Watersports, Poole	01202 677272	watersports@rockley.org
14-15	Southampton Water Activities Centre	0300 0200 135	info@swac.co.uk
15	Rockley Watersports, Poole	01202 677272	watersports@rockley.org

20	Rockley Watersports, Poole	01202 677272	watersports@rockley.org
21-22	Plas Menai National Watersports Centre, North Wales	01248 670964	info@plasmenai.co.uk
22	Rockley Watersports, Poole	01202 677272	watersports@rockley.org
22	Stormforce Coaching, Southampton	02380 231122	coaching@stormforce.biz
22 (KB)	Stormforce Coaching, Southampton	02380 231122	coaching@stormforce.biz
27	Rockley Watersports, Poole	01202 677272	watersports@rockley.org
29	Stormforce Coaching, Southampton	02380 231122	coaching@stormforce.biz
29	Queen Mary Sailsports, Middlesex	01784 248881	sailondon@queenmary.org.uk
29	Rockley Watersports, Poole	01202 677272	watersports@rockley.org
August			
4-5	Plas Menai National Watersports Centre, N Wales	01248 670964	info@plasmenai.co.uk
5	Rockley Watersports, Poole	01202 677272	watersports@rockley.org
10	Rockley Watersports, Poole	01202 677272	watersports@rockley.org
11-12	Southampton Water Activities Centre	0300 0200 135	info@swac.co.uk
12	Rockley Watersports, Poole	01202 677272	watersports@rockley.org
18	Bewl Water Outdoor Centre, Kent	01892 890716	bewl.water@kent.gov.uk
18	Pentewan Sailing, Cornwall	01726 940059	office @pentewansailing.com
18-19	Plas Menai National Watersports Centre, N Wales	01248 670964	info@plasmenai.co.uk
19	Stormforce Coaching, Southampton	02380 231122	coaching@stormforce.biz
19	Rockley Watersports, Poole	01202 677272	watersports@rockley.org
24	Rockley Watersports, Poole	01202 677272	watersports@rockley.org
26	Rockley Watersports, Poole	01202 677272	watersports@rockley.org
31	Rockley Watersports, Poole	01202 677272	watersports@rockley.org
September			
16	Stormforce Coaching, Southampton	02380 231122	coaching@stormforce.biz
October			
5	Rockley Watersports, Poole	01202 677272	watersports@rockley.org
6	Bewl Water Outdoor Centre, Kent	01892 890716	bewl.water@kent.gov.uk
7	Rockley Watersports, Poole	01202 677272	watersports@rockley.org
20	Pentewan Sailing, Cornwall	01726 940059	office @pentewansailing.com
20-21	SailLaser Weymouth	0845 337 3214	info-weymouth@sail-laser.com
20-21	Southampton Water Activities Centre	0300 0200 135	info@swac.co.uk
27-28	Plas Menai National Watersports Centre, N Wales	01248 670964	info@plasmenai.co.uk
28	Queen Mary Sailsports, Middlesex	01784 248881	sailondon@queenmary.org.uk
28	Rockley Watersports, Poole	01202 677272	watersports@rockley.org
November			
2	Rockley Watersports, Poole	01202 677272	watersports@rockley.org
December			
2 (KB)	Stormforce Coaching, Southampton	02380 231122	coaching@stormforce.biz
On demand			
	Pentewan Sailing, Cornwall	01726 940059	office @pentewansailing.com
	Roseland Paddle & Sail, Cornwall	01872 580964	bob@paddleandsail.com
	SailLaser Weymouth	0845 337 3214	info-weymouth@sail-laser.com
	Stormforce Coaching, Southampton	02380 231122	coaching@stormforce.biz

RYA DINGHY INSTRUCTOR COURSES

Minimum 5 day course (two day endorsement for Multihull or Keelboat Instructors).

February

13-17	Aqua Sports, Surrey	01737 644288	info@aquasports.co.uk
13-17	Bray Lake Watersports, Berkshire	01628 638860	info@braylake.com
13-17	Datchet Watersports, Berkshire	01753 683990	info@datchetwatersports.co.uk
13-17	Plas Menai National Watersports Centre, North Wales	01248 670964	info@plasmenai.co.uk
13-17	Rockley Watersports, Poole	01202 677272	watersports@rockley.org

March

2-6	Galloway Activity Centre, Scotland	01644 420626	gac@lochken.co.uk
5-9	Flying Fish, Australia	0871 250 2500	mail@flyingfishonline.com
12-16	The Lochgoilhead Centre, Argyll	01301 703217	info@lochgoilhead.org.uk
17-21	SeaSports Southwest, Devon	01626 772555	info@seasports-sw.co.uk
30-4 April	Fellowship Afloat Charitable Trust, Essex	01621 868113	info@fact.org.uk

April

2-6	Bray Lake Watersports, Berkshire	01628 638860	info@braylake.com
2-6	Cumbrae Centre, North Ayrshire	01475 530757	cumbraecentre@sportscotland.org.uk
2-6	Hawley Lake Sail Training Centre, Surrey	01252 863341	adminhawley@btconnect.com
2-6	Plas Menai National Watersports Centre, North Wales	01248 670964	info@plasmenai.co.uk
2-6	Queen Mary Sailsports, Middlesex	01784 248881	sailondon@queenmary.org.uk
2-6	Rockley Watersports, Poole	01202 677272	watersports@rockley.org
2-6	Roseland Paddle & Sail, Cornwall	01872 580964	bob@paddleandsail.com
2-6	SailLaser Weymouth	0845 337 3214	info-weymouth@sail-laser.com
6-8 & 14-15	Thames Valley & London Region at Erith Yacht Club	07748 804802	steve.mitchell@rya.org.uk
9-14	Bewl Water Outdoor Centre, Kent	01892 890716	bewl.water@kent.gov.uk
9-13	Datchet Watersports, Berkshire	01753 683990	info@datchetwatersports.co.uk
9-15	Findhorn Marina, Morayshire	01309 690099	info@findhornmarina.com
9-13	Peterhead Sailing Club, Aberdeenshire	07812 380834	angie@peterheadsailingclub.com
9-13	Plas Menai National Watersports Centre, North Wales	01248 670964	info@plasmenai.co.uk
9-13	Rockley Watersports, Poole	01202 677272	watersports@rockley.org
9-13	Southampton Water Activities Centre	0300 0200 135	info@swac.co.uk
9-13	Stormforce Coaching, Southampton	02380 231122	coaching@stormforce.biz
10-14	Calshot Activities Centre, Southampton	02380 892077	calshot.ac@hants.gov.uk
10-16	Portsmouth Watersports Centre	023 9266 3873	portsmouth.watersports@parkwood-communityleisure.co.uk
16-20	Aqua Sports, Surrey	01737 644288	info@aquasports.co.uk
May			
7-11	Plockton Small Boat Sailing Club, Ross-shire	01599 544324	phajohn@kallyjohn.co.uk
18-20 & 26-27	Glenridding Sailing Centre, Cumbria	01768 885694	info@glenridding-sailingcentre.co.uk
28-1 June	Galloway Activity Centre, Scotland	01644 420626	gac@lochken.co.uk

June

2-6	Pentewan Sailing, Cornwall	01726 940059	office @pentewansailing.com
4-8	Bray Lake Watersports, Berkshire	01628 638860	info@braylake.com
4-8	Plas Menai National Watersports Centre, North Wales	01248 670964	info@plasmelai.co.uk
4-8	Rockley Watersports, Poole	01202 677272	watersports@rockley.org
4-8	Southampton Water Activities Centre	0300 0200 135	info@swac.co.uk
10	Flying Fish, Greece	0871 250 2500	mail@flyingfishonline.com
16-20	Aqua Sports, Surrey	01737 644288	info@aquasports.co.uk
18-22	Galloway Activity Centre, Scotland	01644 420626	gac@lochken.co.uk
18-22	Stormforce Coaching, Southampton	02380 231122	coaching@stormforce.biz
25-29	Cumbrae Centre, North Ayrshire	01475 530757	cumbraecentre@ sportscotland.org.uk
25-29	Peterhead Sailing Club, Aberdeenshire	07812 380834	angie@ peterheadsailingclub.com
25-29	Tighnabruaich Sailing School	01700 811717	enquiries@tssargyll.co.uk

July

2-5	Stormforce Coaching, Southampton	02380 231122	coaching@stormforce.biz
7-8, 14-15 & 21-22	Hawley Lake Sail Training Centre, Surrey	01252 863341	adminhawley@ btconnect.com
9-13	Galloway Activity Centre, Scotland	01644 420626	gac@lochken.co.uk
9-13	Rockley Watersports, Poole	01202 677272	watersports@rockley.org
9-13	Roseland Paddle & Sail, Cornwall	01872 580964	bob@paddleandsail.com
9-13	SailLaser Weymouth	0845 337 3214	info-weymouth@ sail-laser.com
16-20	Calshot Activities Centre, Southampton	02380 892077	calshot.ac@hants.gov.uk
16-20	Rockley Watersports, Poole	01202 677272	watersports@rockley.org
22	Flying Fish, Greece	0871 250 2500	mail@flyingfishonline.com
23-27	Plas Menai National Watersports Centre, North Wales	01248 670964	info@plasmelai.co.uk
23-27	Rockley Watersports, Poole	01202 677272	watersports@rockley.org
23-27	Southampton Water Activities Centre	0300 0200 135	info@swac.co.uk
23-27	Stormforce Coaching, Southampton	02380 231122	coaching@stormforce.biz
30-3 Aug	Queen Mary Sailsports, Middlesex	01784 248881	sailondon@ queenmary.org.uk
30-3 Aug	Rockley Watersports, Poole	01202 677272	watersports@rockley.org
30-3 Aug	Stormforce Coaching, Southampton	02380 231122	coaching@stormforce.biz

August

6-10	Galloway Activity Centre, Scotland	01644 420626	gac@lochken.co.uk
6-10	Plas Menai National Watersports Centre, N Wales	01248 670964	info@plasmelai.co.uk
6-10	Rockley Watersports, Poole	01202 677272	watersports@rockley.org
13-17	Cumbrae Centre, North Ayrshire	01475 530757	cumbraecentre@ sportscotland.org.uk
13-17	Rockley Watersports, Poole	01202 677272	watersports@rockley.org
20-24	Plas Menai National Watersports Centre, North Wales	01248 670964	info@plasmelai.co.uk
20-24	Rockley Watersports, Poole	01202 677272	watersports@rockley.org
20-24	Southampton Water Activities Centre	0300 0200 135	info@swac.co.uk
20-24	Stormforce Coaching, Southampton	02380 231122	coaching@stormforce.biz
23-27	Pentewan Sailing, Cornwall	01726 940059	office @pentewansailing.com
26	Flying Fish, Greece	0871 250 2500	mail@flyingfishonline.com
27-31	Galloway Activity Centre, Scotland	01644 420626	gac@lochken.co.uk

27-31	Rockley Watersports, Poole	01202 677272	watersports@rockley.org
28-2 Sep	Portsmouth Watersports Centre	023 9266 3873	portsmouth.watersports@parkwood-communityleisure.co.uk
September			
3-8	Bewl Water Outdoor Centre, Kent	01892 890716	bewl.water@kent.gov.uk
15-16, 22-23 & 29	Surrey Docks Watersports Centre, London	020 7237 4009	andrew.rhys@fusion-lifestyle.com
24-28	Stormforce Coaching, Southampton	02380 231122	coaching@stormforce.biz
30	Flying Fish, Greece	0871 250 2500	mail@flyingfishonline.com
October			
1-5	Galloway Activity Centre, Scotland	01644 420626	gac@lochken.co.uk
8-12	Rockley Watersports, Poole	01202 677272	watersports@rockley.org
15-19	Cumbrae Centre, North Ayrshire	01475 530757	cumbraecentre@sportscotland.org.uk
22-26	Aqua Sports, Surrey	01737 644288	info@aquasports.co.uk
22-27	Bewl Water Outdoor Centre, Kent	01892 890716	bewl.water@kent.gov.uk
22-28	Findhorn Marina, Morayshire	01309 690099	info@findhornmarina.com
27-31	Pentewan Sailing, Cornwall	01726 940059	office@pentewansailing.com
29-2 Nov	Bray Lake Watersports, Berkshire	01628 638860	info@braylake.com
29-2 Nov	Calshot Activities Centre, Southampton	02380 892077	calshot.ac@hants.gov.uk
29-2 Nov	Plas Menai National Watersports Centre, North Wales	01248 670964	info@plasmenai.co.uk
29-2 Nov	Queen Mary Sailsports, Middlesex	01784 248881	sailondon@queenmary.org.uk
29-2 Nov	Rockley Watersports, Poole	01202 677272	watersports@rockley.org
29-2 Nov	SailLaser Weymouth	0845 337 3214	info-weymouth@sail-laser.com
29-2 Nov	Southampton Water Activities Centre	0300 0200 135	info@swac.co.uk
On demand			
	Stormforce Coaching, Southampton	02380 231122	coaching@stormforce.biz
	SailLaser Weymouth	0845 337 3214	info-weymouth@sail-laser.com

COASTAL DINGHY INSTRUCTOR ENDORSEMENT

Two day endorsement for Inland Instructors (may be done by direct assessment over 1 day)

February			
16-17	Rockley Watersports, Poole	01202 677272	watersports@rockley.org
April			
5-6	Rockley Watersports, Poole	01202 677272	watersports@rockley.org
13	Stormforce Coaching, Southampton	02380 231122	coaching@stormforce.biz
June			
7-8	Rockley Watersports, Poole	01202 677272	watersports@rockley.org
22	Stormforce Coaching, Southampton	02380 231122	coaching@stormforce.biz
July			
5	Stormforce Coaching, Southampton	02380 231122	coaching@stormforce.biz
19-20	Rockley Watersports, Poole	01202 677272	watersports@rockley.org
27	Stormforce Coaching, Southampton	02380 231122	coaching@stormforce.biz
August			
3	Stormforce Coaching, Southampton	02380 231122	coaching@stormforce.biz
9-10	Rockley Watersports, Poole	01202 677272	watersports@rockley.org
24	Stormforce Coaching, Southampton	02380 231122	coaching@stormforce.biz

September			
28	Stormforce Coaching, Southampton	02380 231122	coaching@stormforce.biz
October			
11-12	Rockley Watersports, Poole	01202 677272	watersports@rockley.org
November			
1-2	Rockley Watersports, Poole	01202 677272	watersports@rockley.org
On demand			
	Pentewan Sailing, Cornwall	01726 940059	office@pentewansailing.com
	Southampton Water Activities Centre	0300 0200 135	info@swac.co.uk
	Stormforce Coaching, Southampton	02380 231122	coaching@stormforce.biz

MULTIHULL INSTRUCTOR ENDORSEMENT/COURSE

2 day endorsement plus pre-entry assessment for Dinghy or Keelboat Instructors or 5 day course

March			
17-18	Pentewan Sailing, Cornwall	01726 940059	office@pentewansailing.com
			info@plasmennai.co.uk
17-18	Plas Menai National Watersports Centre, North Wales	01248 670964	
April			
16-17	Queen Mary Sailsports, Middlesex	01784 248881	sailondon@queenmary.org.uk
19-20	Stormforce Coaching, Southampton	02380 231122	coaching@stormforce.biz
May			
6	Flying Fish, Greece	0871 250 2500	mail@flyingfishonline.com
June			
27-28	Stormforce Coaching, Southampton	02380 231122	coaching@stormforce.biz
August			
4-5	Stormforce Coaching, Southampton	02380 231122	coaching@stormforce.biz
18-19	Galloway Activity Centre, Scotland	01644 420626	gac@lochken.co.uk
25-26	Rockley Watersports, Poole	01202 677272	watersports@rockley.org
October			
22-23	Stormforce Coaching, Southampton	02380 231122	coaching@stormforce.biz
November			
15-16	Stormforce Coaching, Southampton	02380 231122	coaching@stormforce.biz
17-18	Plas Menai National Watersports Centre, N Wales	01248 670964	info@plasmennai.co.uk
On demand			
	Stormforce Coaching, Southampton	02380 231122	coaching@stormforce.biz

KEELBOAT INSTRUCTOR ENDORSEMENT/COURSE

5 day course, or 2 day endorsement plus pre-entry assessment for Dinghy or Multihull Instructors.

February			
23-24	Stormforce Coaching, Southampton	02380 231122	coaching@stormforce.biz
March			
17-18	Stormforce Coaching, Southampton	02380 231122	coaching@stormforce.biz
24-25	Plas Menai National Watersports Centre, North Wales	01248 670964	info@plasmennai.co.uk
26-30	Sailnorfolk, Norfolk	07825 837324	info@sailnorfolk.org
April			
9-13	Stormforce Coaching, Southampton	02380 231122	coaching@stormforce.biz

25-26	Stormforce Coaching, Southampton	02380 231122	coaching@stormforce.biz
May			
26-27	Stormforce Coaching, Southampton	02380 231122	coaching@stormforce.biz
June			
18-22	Stormforce Coaching, Southampton	02380 231122	coaching@stormforce.biz
23-24	Stormforce Coaching, Southampton	02380 231122	coaching@stormforce.biz
July			
21-22	Southampton Water Activities Centre	0300 0200 135	info@swac.co.uk
23-27	Stormforce Coaching, Southampton	02380 231122	coaching@stormforce.biz
28-29	Stormforce Coaching, Southampton	02380 231122	coaching@stormforce.biz
August			
21-22	Rockley Watersports, Poole	01202 677272	watersports@rockley.org
23-24	Stormforce Coaching, Southampton	02380 231122	coaching@stormforce.biz
September			
29-30	Stormforce Coaching, Southampton	02380 231122	coaching@stormforce.biz
October			
25-26	Stormforce Coaching, Southampton	02380 231122	coaching@stormforce.biz
November			
10-11	Plas Menai National Watersports Centre, N Wales	01248 670964	info@plasmelai.co.uk
17-18	Stormforce Coaching, Southampton	02380 231122	coaching@stormforce.biz
December			
2-6	Stormforce Coaching, Southampton	02380 231122	coaching@stormforce.biz
On demand			
	Stormforce Coaching, Southampton	02380 231122	coaching@stormforce.biz

RYA DINGHY SENIOR INSTRUCTOR COURSES

Minimum 4 day course. The course may be run over a week, or a number of weekends.

February			
12-16	Southampton Water Activities Centre	0300 0200 135	info@swac.co.uk
13-17	Rockley Watersports, Poole	01202 677272	watersports@rockley.org
18-19 & 25-26	Pentewan Sailing & Roadford Lake, Cornwall	01726 940059	office@pentewansailing.com
25-26 & 10-11 Mar	South East Region at Bewl Valley Sailing Club	07748 806733	andy.hooper@rya.org.uk
25-26 & 10-11 Mar	Stormforce Coaching, Southampton	02380 231122	coaching@stormforce.biz
17-18 & 31-1 April	Portsmouth Watersports Centre	023 9266 3873	portsmouth.watersports@parkwood-communityleisure.co.uk
April			
3-6	Southampton Water Activities Centre	0300 0200 135	info@swac.co.uk
5-8	Plas Menai National Watersports Centre, N Wales	01248 670964	info@plasmelai.co.uk
9-13	Rockley Watersports, Poole	01202 677272	watersports@rockley.org
9-12	Stormforce Coaching, Southampton	02380 231122	coaching@stormforce.biz
28-29 & 5-6 May	Thames Valley & London Region at Erith Yacht Club	07748 804802	steve.mitchell@rya.org.uk
May			
5-6 & 12-13	Rockley Watersports, Poole	01202 677272	watersports@rockley.org

27 June	Flying Fish, Greece	0871 250 2500	mail@flyingfishonline.com
4-8 July	Rockley Watersports, Poole	01202 677272	watersports@rockley.org
3-6 September	Southampton Water Activities Centre	0300 0200 135	info@swac.co.uk
3-7	Rockley Watersports, Poole	01202 677272	watersports@rockley.org
8-9 & 22-23	Portsmouth Watersports Centre	023 9266 3873	portsmouth.watersports@parkwood-communityleisure.co.uk
24-28 October	Stormforce Coaching, Southampton	02380 231122	coaching@stormforce.biz
8-11	Calshot Activities Centre, Southampton	02380 892077	calshot.ac@hants.gov.uk
13-16	Cumbrae Centre, North Ayrshire	01475 530757	cumbraecentre@sportscotland.org.uk
29-2 Nov	Rockley Watersports, Poole	01202 677272	watersports@rockley.org
1-4 November	Plas Menai National Watersports Centre, N Wales	01248 670964	info@plasmenai.co.uk
On demand	Stormforce Coaching, Southampton	02380 231122	coaching@stormforce.biz

COASTAL SENIOR DINGHY INSTRUCTOR ENDORSEMENT

March			
10-11 April	Stormforce Coaching, Southampton	02380 231122	coaching@stormforce.biz
11-12 September	Stormforce Coaching, Southampton	02380 231122	coaching@stormforce.biz
27-28 On demand	Stormforce Coaching, Southampton	02380 231122	coaching@stormforce.biz
	Stormforce Coaching, Southampton	02380 231122	coaching@stormforce.biz

RYA KEELBOAT SENIOR INSTRUCTOR COURSES

Minimum 4 day course. The course may be run over a week, or a number of weekends.

September			
24-27	Stormforce Coaching, Southampton	02380 231122	coaching@stormforce.biz

RACING INSTRUCTOR ENDORSEMENT

One day endorsement for existing Instructors

February			
20-21 April	Rockley Watersports, Poole	01202 677272	watersports@rockley.org
11-12	Roseland Paddle & Sail, Cornwall	01872 580964	bob@paddleandsail.com
13	Stormforce Coaching, Southampton	02380 231122	coaching@stormforce.biz
23-14	Queen Mary Sailsports, Middlesex	01784 248881	sailondon@queenmary.org.uk

May			
6	Flying Fish, Greece	0871 250 2500	mail@flyingfishonline.com
June			
22	Stormforce Coaching, Southampton	02380 231122	coaching@stormforce.biz
July			
27	Stormforce Coaching, Southampton	02380 231122	coaching@stormforce.biz
August			
9-10	Rockley Watersports, Poole	01202 677272	watersports@rockley.org
24	Stormforce Coaching, Southampton	02380 231122	coaching@stormforce.biz
September			
10-11	Rockley Watersports, Poole	01202 677272	watersports@rockley.org
28	Stormforce Coaching, Southampton	02380 231122	coaching@stormforce.biz
November			
19	Stormforce Coaching, Southampton	02380 231122	coaching@stormforce.biz
On demand			
	Stormforce Coaching, Southampton	02380 231122	coaching@stormforce.biz

ADVANCED INSTRUCTOR ENDORSEMENT

A two day endorsement for existing Dinghy, Keelboat or Multihull Instructors

February			
18-19	Rockley Watersports, Poole	01202 677272	watersports@rockley.org
March			
10-11	Plas Menai National Watersports Centre, N Wales	01248 670964	info@plasmenai.co.uk
10-11	Thames Valley & London Region at Erith Yacht Club	07748 804802	steve.mitchell@rya.org.uk
29-30	Queen Mary Sailsports, Middlesex	01784 248881	sailondon@queenmary.org.uk
April			
9-10	Roseland Paddle & Sail, Cornwall	01872 580964	bob@paddleandsail.com
13-15	Cumbrae Centre, North Ayrshire	01475 530757	cumbraecentre@sportscotland.org.uk
May			
6	Flying Fish, Greece	0871 250 2500	mail@flyingfishonline.com
July			
28-29	Galloway Activity Centre, Scotland	01644 420626	gac@lochken.co.uk
August			
11-12	Rockley Watersports, Poole	01202 677272	watersports@rockley.org
September			
8-9	Rockley Watersports, Poole	01202 677272	watersports@rockley.org
21-23	Cumbrae Centre, North Ayrshire	01475 530757	cumbraecentre@sportscotland.org.uk
October			
3-4	Stormforce Coaching, Southampton	02380 231122	coaching@stormforce.biz
24-25	Plas Menai National Watersports Centre, N Wales	01248 670964	info@plasmenai.co.uk
On demand			
	Pentewan Sailing, Cornwall	01726 940059	office@pentewansailing.com
	Stormforce Coaching, Southampton	02380 231122	coaching@stormforce.biz

REGIONAL COACHES & DEVELOPMENT OFFICERS

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