



Name: Serena de Nahlik

DOB: 18 October 1993

Grew up: Warwickshire

Currently Living: Oxford/ Warwickshire

Occupation: Student

Sailing/ Yacht Club: Draycote Water SC

Position on Boat: Trim

First sailing experience: Sailing a homemade lark/mirror hybrid at my sailing club with the “young buccaneers” in mid November in the worst waterproofs ever.. the sheets froze.



Greatest sailing goal: Volvo Ocean Race

Greatest sailing achievement to date: 5th at Draycote Fireball open, getting into BKA

Most memorable sailing experience: Being 5th at the windward mark at the Cadet Promotional World champs in 2007, only to be told we were OCS

Meet the sailor...

Greatest strength you bring to the academy? *Playing to other peoples' strengths, teamwork, enthusiasm*

Most influential person in your sailing career to date? *My dad*

What do you hope to achieve from joining the Keelboat Academy? *To learn a multitude of new skills both on and off the water, to gain contacts within the yachting community, to be able to progress to bigger, faster, more advanced boats, both offshore and inshore.*

If you could compete in any Keelboat event what event would it be and why? *Volvo Ocean Race – the exhilarating stories that I've heard- sailing in the Southern Ocean,*

overcoming completely unexpected challenges with a 100% dedicated team, being able to say you've sailed round the world... the list goes on

My worst moment (sailing)?

Best sailing venue in the UK? Pwllheli

Top 3 career sailing results:

- 1) 5th Draycote Fireball open 2011
- 2) 3rd Paignton Fireball open 2011
- 3) Cadet National Development squad 2009

Other notable achievements away from sailing? *Getting into uni, playing hockey for school 1st XI, grade 8 flute*

Other interests away from sailing? *Hockey, skiing, rock climbing, cooking*

What's your greatest fear or phobia? *Drowning*

Who is your hero and why? *Ellen MacArthur – she has such determination and skill, but also great generosity*

Any famous relatives?! *Unfortunately not!*