



Name: Nia Jones

DOB: 28-06-1993

Grew up: Cardiff, Wales

Currently Living: Exeter

Occupation: Student

Sailing/ Yacht Club: Cardiff Bay Yacht Club

Position on Boat: Helm

First sailing experience: My parents pushing me off the pontoon on a breezy day (well what seemed a breezy day when I was 9!!) and just simply leaving me to it!



Greatest sailing goal: Reach the Olympics would be insane.

Greatest sailing achievement to date: I don't think I have a greatest achievement all have been pretty memorable, but coming 4th in the European team racing championships was good.

Most memorable sailing experience: Sailing off Clovelly at night and the water lighting up with phosphorescence.

Meet the sailor...

Greatest strength you bring to the academy? *I would like to think I am competitive and get on well with people, but have the determination to push people and myself to our full potential, also I like to think I can keep a calm but jolly boat!*

Most influential person in your sailing career to date?*My family without a doubt.*

What do you hope to achieve from joining the Keelboat Academy? *I hope to make contacts, and gain experience in sailing a keelboat which will hopefully lead to me helming a winning team preferably somewhere hot!*

If you could compete in any Keelboat event what event would it be and why? Audi Med-cup, because some epic sailing conditions and competitive fleet.

My worst moment (sailing)? Snapping my 420 mast while competing in the Junior Europeans in Belgium that was not such a happy moment!

Best sailing venue in the UK? Pwllheli

Top 3 career sailing results:

- 1) 2nd in Euromed regatta Malta*
- 2) Qualifying for 420 World championships in Argentina and Israel*
- 3) Selection for Optimist Europeans, Lake Garda*

Other notable achievements away from sailing? 2nd British junior champion in Karate.

Other interests away from sailing? Karate, Gymnastics and Hockey

What's your greatest fear or phobia? Ouff I am not sure I am pretty scared of bees and wasps haven't been stung yet! (Touch wood).

Who is your hero and why? I don't have a specific hero but anyone that I can learn from is basically an inspiration, but if I had to choose it would be Rosie Swale a woman who ran around the world for charity, solo which took her 5 years to complete.

Any famous relatives?! My dad is related to the captain of the Glenlee.