



GP APPOINTMENTS THAT WORK AROUND YOU

Private GP services

Prompt access to high levels of clinical expertise at a time convenient to you. No membership necessary.

www.bupa.co.uk/gp-services

WITH BUPA, YOU CAN SEE A DOCTOR SOONER RATHER THAN LATER

With our private GP services, time is on your side at last. Available to see you sooner rather than later, your private doctor will have time to discuss your health in a broader context to develop a clear picture of your needs and concerns.

Great care is taken when selecting Bupa doctors to ensure that, as well as having the highest levels of clinical expertise and the empathetic qualities you'd expect, they are committed to providing the highest standards in general practice consultation. Both male and female doctors make up our team of experienced general practitioners; they, in turn, are supported by some of the UK's leading medical specialists.

Appointments

When you call to book an appointment, we'll ask you how much time you think you need with the doctor. A 15 minute appointment is usually sufficient for minor problems. If you should require more time with the doctor than requested, we will endeavour to make this available to you.

We aim to have appointments available on a next day basis and will always seek to accommodate urgent requests on the same day.

Private GP services:

- appointments of 15 minutes or longer
- prescriptions
- private consultant referrals
- repeat prescriptions
- routine doctor requirements
- occasional medical advice

Other services available:

- blood tests
- flu vaccinations
- health assessments
- physiotherapy, sports and orthopaedic medicine
- travel advice and vaccinations
- wellwoman services, including contraceptive advice

Prescriptions

Our doctors will give you private prescriptions rather than NHS prescriptions, which means that you pay for the cost of medication and a chemist's dispensing fee. For many commonly used medications, the cost is unlikely to exceed the NHS prescription charge significantly. We will advise you if the cost is likely to be high and discuss your options.

Repeat prescriptions

We offer a repeat prescription service to our regular clients. If you have previously seen one of our private doctors and were prescribed medication, you may be able to request a repeat prescription without needing another appointment. Repeat prescriptions are issued solely at the doctor's discretion and your request must be received in writing in order to meet audit requirements. There is a small fee for repeat prescriptions, payable on receipt.

Private consultant referrals

We have an extensive network of consultants who have provided private care for our patients previously. If you need specialist attention, your private GP will recommend the right consultant for your condition. Please remember to check that you are either insured for any referral or that you have alternative arrangements in place to meet the costs.

We do not normally have access to NHS clinics with the exception of accident and emergency, sexual health and family planning clinics.

Registrations and confidentiality

The first time that you contact us, we will ask you to provide some personal details and open a confidential medical file for all your records. These are subject to the same strict rules of confidentiality that you would expect of any medical records. No information will be passed to any third party without your consent.



Will seeing a private GP affect my relationship with my NHS GP?

We aim to offer a level of care that is right for you and your circumstances. You may choose to use the Bupa service for all your routine doctor requirements or just occasionally for advice - it is entirely up to you. However, we recommend that you remain on the list with an NHS GP close to your home, to ensure assistance in the event of a medical emergency or if you require ongoing care for a long term medical condition.

Opening hours

Our Bupa Centres have varied opening hours but appointments are usually available on weekdays from 8.30am to 5.15pm. Evening consultations may also be available, please ask for details.

FOR MORE INFORMATION OR TO BOOK AN APPOINTMENT, CALL US ON

0800 616 029*

Or visit www.bupa.co.uk/gp-services

OTHER SERVICES AVAILABLE

Health assessments

A health assessment is a great way to get a measure on your health and a plan to improve it, if necessary. We offer a range of health assessments which include a series of tests and measures, a consultation with a doctor and most results available on the day.

For more information call **0800 66 55 77***

Physiotherapy, sports and orthopaedic medicine

Treatment for all types of back problems, sport injuries and other physical conditions.

For more information call **0845 600 4778***

Dental services

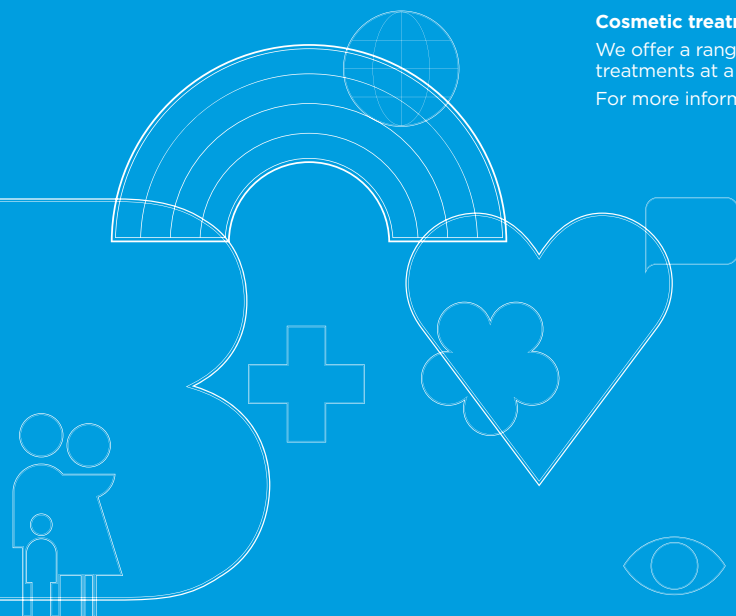
Our London Bupa Centres are specialists in preventive dental care, offering oral health assessments, traditional care, cosmetic dentistry and specialist treatments.

For more information call **0845 600 4779***

Cosmetic treatments

We offer a range of non-surgical cosmetic treatments at a number of our Bupa Centres.

For more information call **0845 600 6034***



NO MEMBERSHIP NECESSARY

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*Calls may be monitored and recorded. Lines are open Monday to Friday 8am-6pm, and Saturday 8am-1pm. BT landline calls to 0845 numbers will cost no more than 3.95 pence per minute. Charges from other providers may vary and calls from mobiles usually cost more.

Bupa Health Assessments are provided through Bupa Occupational Health Ltd. Registered in England and Wales no. 631336. Registered office, Bupa House, 15-19 Bloomsbury Way, London WC1A 2BA.

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