Walking and Cycling on London's Towpaths



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Welcome to London's Towpaths

More than 34 million visits are made to London's canals and rivers every year, with thousands of Londoners using the capital's towpaths every week.

More and more people are ditching their gym membership in favour of free keep-fit activities, and improved awareness of our own carbon footprint has encouraged commuters to get on their bikes and pull on their boots to travel to work. As a result, London's towpaths have seen an increase in the number of people using them in the past five years. This guide is for visitors, and those already familiar with the capital's towpaths. It looks at the recent improvements that British Waterways and its partners have made to sections of the towpath, how people are being encouraged to use the towpath harmoniously and plans for future improvements. It also offers some interesting waterside walking and cycling trails as well as an alternative route off the towpath for cyclists wishing to get to their destinations in a hurry.

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Map Key	
-	Canal or river
<	Lock
Ì	Bridge
8	Railway station
0	DLR station
Θ	Tube station
	Walking/cycling route
	Walking route
	Cycling route
A DECEMBER	
	CARL AND LAND

Caring for Waterways Today

Since Roman times the rivers of Britain have been used as routes for trade and commerce. Two centuries ago most of our canals were built to provide the transport infrastructure for the industrial revolution.

Today our rivers and canals are used much less for trade and industry but they have gained a new importance in delivering a range of social, economic and environmental benefits.

Waterways help to define the landscape, provide opportunities for recreation and quiet enjoyment, attract visitors by the million, and offer exciting possibilities for regeneration. The welcome renaissance of the waterways is reflected in the upgrading of our rivers, the restoration of derelict canals and the revitalisation of waterfronts in towns and cities throughout Britain.

British Waterways cares for a 2,200-mile network of canals and navigable rivers across the country and works with a broad range of public, private and voluntary sector partners to improve the inland waterways.

Within London and the surrounding area British Waterways manages 100 miles of canals and rivers and 110 acres of docks for the benefit of the millions who visit every day.

Towpath Improvements

In the last few years the increase in towpath users has been accompanied by an increase in complaints of incidents of actual and near conflict between pedestrians and cyclists and more general observations about the number and speed of cyclists.

To improve the safety for towpath users in central London, British Waterways has

been working in partnership with Transport for London, which is the integrated body responsible for the capital's transport system, to make the towpaths safer and more accessible to the thousands of people who use them every day for walking, cycling, jogging and boating.



An example of the towpath improvements on the Regent's Canal where the hard surfacing has been widened to allow pedestrians and cyclists to pass each other safely.

Case Study - The Regent's Canal

In 2006, British Waterways commissioned an independent audit of six locations along the Regent's Canal. A survey was carried out over 68 hours observing the interactions between walkers and cyclists.

The conclusion from the survey was that the majority of users act sensibly and coexist with very few problems. However in some circumstances conflict arises from a combination of physical issues (e.g. a narrow section of path) and irresponsible or thoughtless behaviour by a minority of users. A range of recommendations were made covering items such as improving and widening the towpath surface, clearing vegetation which obscures sight lines and removing steps and kerbs. General recommendations were also made including safety signing at key locations, and improved direction and information signing.

Other recommendations were made including the employment of Towpath Rangers, improved publicity and information, an improved code of conduct and projects to increase the use of bells, including a **Two Tings** campaign. The audit also recommended that further work be carried out to measure the number of walkers and cyclists using the towpath. Since 2006 British Waterways has been working to achieve these and other recommendations with the help of a number of partners including Transport for London, Living Streets, Sustrans, local authorities and the London Cycling Campaign.

The Two Tings Campaign

The Two Tings campaign is part of an ongoing London-wide British Waterways programme to make towpaths safer, more attractive and accessible to the thousands of people who use them every day.

The Two Tings campaign encourages users to think of each other as they travel along the towpath and reminds cyclists and pedestrians about the towpath Code of Conduct.

The Two Tings towpath events see volunteers from London Cycling Campaign, Sustrans and Living Streets as well as Police Safer Neighbourhoods Teams and Borough Officers working together to promote the safe use of the towpath. Two Tings towpath events generally take place on the towpath during busy periods such as the morning and evening rush hours. They are led by BW's Towpath Rangers who set up information points offering Two Tings leaflets, bicycle bells, free light refreshments and a chance for towpath users to ask questions and discuss any concerns they may have.

To request a Two Tings towpath event in your area please telephone 020 7985 7200.





Towpath Rangers

Towpath Ranger, Joseph Young, and Deputy Ranger, Brian Smith, are onhand to remind waterway visitors about the towpath Code of Conduct. They promote the Two Tings campaign, which encourages better understanding between pedestrians and cyclists as they travel along the traffic-free towpaths of London.

As cyclists themselves, the Towpath Rangers are all too aware that sometimes you just want to get to a destination quickly, but the narrow towpaths, designed for a completely different use over 200 years ago, aren't really the place to travel at top speeds. They are great for getting to and from work, but at a gentle pace.

Most towpath encounters between pedestrians and cyclists involve a polite exchange of tinging bicycle bells and stepping to one side. However, when conflict does occur, and tinging turns to tutting and stepping aside switches to swearing, Joseph's background in mediation between feuding neighbours as part of his previous role at a housing trust, comes in handy. He explains:

"Sometimes it just takes a third party to remind people about the Code of Conduct and to encourage people to think about how their actions may affect others to get them to change their behaviour. Speeding cyclists are giving other riders a bad name so part of my role is to educate these few and encourage other users to share the towpath amicably."

Brian, a passionate waterways enthusiast involved with the charity Thames21, supports Joseph in reminding cyclists and pedestrians about the towpath code of conduct.

"The towpath is a fabulous resource that is completely free for Londoners to use. The canals are a green route through the city, steeped in industrial heritage and a haven



for wildlife. It's a far more pleasant journey if you take all that in as you go."

Alongside these duties, Joseph and Brian also monitor the state of the towpath surface and canal infrastructure, ensuring repairs happen where necessary and suggesting commuter friendly upgrades to the historic network of waterways.

Get Involved

Two Tings events are scheduled each year along the River Lee Navigation, Regent's Canal, Grand Union Paddington Branch and Grand Union Mainline canals.

For further information visit www.waterscape.com/twotings or follow the Towpath Ranger's activities at www.twitter.com/towpathranger





Volunteer as a Towpath Ranger

British Waterways manages 100 miles of towpath in London with limited resources. There are two Towpath Rangers out on the towpaths nearly every day, but we still need more help. We would like enthusiastic volunteers, especially those who feel strongly about walking and cycling on the towpath, to join us as Volunteer Towpath Rangers. If you can spare as little as a couple of hours a month, you can get involved in the Two Tings campaign and the promotion of considerate shared use of the towpath. In return you'll receive a cycling bag packed with all the equipment you'll need and full training.

VOLUNTEER TOWPATH RANGERS JOBS WILL INCLUDE:

- Regular ranger patrols, monitoring user behaviour
- Counting user numbers
- Organising your own Two Tings awareness events, particularly in outer London
- Leading Two Tings trailer rides
- Spreading the Two Tings message at other events and festivals
- Reporting on towpath maintenance issues
- Joining work groups to help with vegetation management, litter clearance and removal of graffiti
- Monitoring the success of the Two Tings campaign
- For more information on becoming a Towpath Ranger please contact Joseph Young on 07899 837612 or email joseph.young@britishwaterways.co.uk

Towpath Code of Conduct

- Pedestrians have priority over cyclists on the towpath.
- Considerate cycling is permitted, provided this code of conduct is followed.
- Give Way to Oncoming Users at Bridges

Give way to other users who have already started their passage. Some bridges have poor visibility so check (using the mirrors, if available) that someone isn't already coming through.

Cyclists should slow down, ring with Two Tings and let other users through the bridge before continuing. Never pass a pedestrian or another cyclist underneath a bridge – there is not room to do so safely. Pedestrians should listen for the Two Tings warning from cyclists.

 Be Extra Careful at Bends and Entrances

Cyclists should be prepared to slow down, stop or dismount, if necessary.

 Consider Other Users and the Local Environment

> Earphones/headphones should not be worn, particularly at peak times, to enable users to hear warnings from others.

The waterways and towpaths have many important wildlife habitats and historic structures for people to enjoy.



Code of Conduct for Pedestrians

Listen for Two Tings

Two Tings is not an order for you to move out of the way. It is to make you aware that cyclists are looking for a safe opportunity to pass.

-> Allow Cyclists to Pass

Allow cyclists to pass you when it is safe.

Remember that cyclists need room to brake and stop. If a cyclist stops or waits for you to pass, thank them and they will be more likely to stop next time.

Dog Walkers

Please clear up after your dog, keep your dog under control at all times and don't allow your dog to swim in the water.

Reporting Incidents

Reporting Incidents & Maintenance

British Waterways London strives to provide a safe environment for everyone who uses and visits its canals and rivers.

If you are involved in an incident please report it by filling in the form online at: www.britishwaterways.co.uk/incidents or by telephone on 020 7985 7200.

Freepost forms are also available on request. If you come across instances

where maintenance is required, please contact British Waterways London by telephone or email: enguiries.london@britishwaterways.co.uk

giving details and the location of the problem.



Code of Conduct for Cyclists

Ring with Two Tings

Use a bell, giving Two Tings when approaching pedestrians to let them know you are there. (Please note that ringing with Two Tings is not an order to pedestrians to get out of the way.)

Be aware that some people may have visual or hearing impairments and might not hear your Two Tings.

Pass People Slowly, Give Them Space

Slow down when approaching pedestrians and only pass when it is safe to do so. Extra care must be taken when passing children, less able people and animals.

Be especially aware that dogs and other animals are unpredictable and unlikely to react positively to Two Tings. Take extra care and be prepared to stop or take evasive action. Try to pass on the water side of the path. Pedestrians will tend to move to the back edge of the towpath to allow you to pass.

Be patient and courteous to pedestrians. Saying "thank you" to pedestrians who move to let you pass will make them more likely to move next time.

Ride at a Sensible Speed for the Towpath Conditions

The towpath is never suitable for cycling fast as there are many other users, low bridges and narrow sections. If you are in a hurry, do not use the towpath, please use the road.

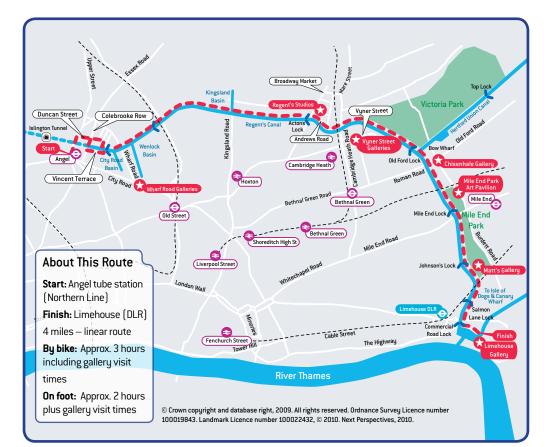
Overtaking other cyclists on the towpath is not recommended. If you must overtake, use a bell to give Two Tings, ensure that the other cyclist has acknowledged your intentions then overtake safely and smartly.

The Regent's Canal Art Gallery Trail

The East End has the highest concentration of artists in Europe, who started coming to the area in search of affordable studio space.

30 years ago the centre of the capital's art world was firmly anchored in Cork Street, W1. Then some artists and entrepreneurial curators started running their own galleries in the East End, (looking for alternatives to the establishment) and other galleries followed them. They were not only in search of lower rents, but also of large, exciting spaces to accommodate the ever-expanding canvases and experimental, cutting edge work being produced by their artists.





Art Gallery Trail Directions

You can visit the many studios and galleries on bike or by foot.

From Angel tube head north along Upper Street and turn right into Duncan Street. At the end if you are walking cross Colebrooke Row and join the towpath as it emerges from Islington Tunnel below you. If cycling turn right at the end of Duncan Street then left down Vincent Terrace. Turn left at the mini roundabout and right down onto the towpath just after crossing the bridge. Continue east along the towpath past City Road Lock and Basin and leave the canal at Wharf Road bridge to visit the first two galleries on the tour.

Retrace your steps back to the towpath and continue, passing the **Towpath café** and **Acton's Lock**. Just after Acton's Lock, leave the towpath up to **Broadway Market**. Cross over to Andrews Road, home to several artists' studios and galleries within Regent's Studios.

At the end of Andrews Road, cross Mare Street onto **Vyner Street** which has many galleries, listed below.

Head back to Mare Street and rejoin the towpath to continue the trail past Victoria Park and on to Mile End. Take a detour here to the Chisenhale Gallery on Chisenhale Road and then re-enter the park to visit Mile End Park Art Pavilion, which hosts regular exhibitions.

Head south to Matt's Gallery on **Copperfield Road** before continuing along the towpath to **Limehouse Basin** to visit the final gallery on the trail.

Listings

To check current exhibitions and gallery opening hours please visit the gallery websites:

WHARF ROAD GALLERIES, ISLINGTON

Parasol Unit, 14 Wharf Road, N1 7RW www.parasol-unit.org

Victoria Miro, 16 Wharf Road, N1 7RW www.victoria-miro.com

REGENT'S STUDIOS, BETHNAL GREEN

Transition, Unit 25a Regent's Studios, 8 Andrews Road, E8 40N www.transitiongallery.co.uk

Five Years, Unit 66, 6th Floor Regents Studios, 8 Andrews Road, E8 40N **www.fiveyears.org.uk**

MOT International 54 Regents Studios, 8 Andrews Road, E8 40N **www.motinternational.org**

VYNER STREET GALLERIES, BETHNAL GREEN

Madder 139 1 Vyner Street, London E2 9DG www.madder139.com

Kate MacGarry 7a Vyner Street London E2 9DG www.katemacgarry.com

The Twelve 12 Vyner Street, E2 9DG

0 Art 12 & 30 Vyner Street, E2 9DG www.degreeart.com Vyner Street Gallery 23 Vyner Street, E2 9DG www.vynerstreetgallery.co.uk

Gooden Gallery 25a Vyner Street E29DG www.goodengallery.com

Nettie Horn 25b Vyner Street, E2 9DG www.nettiehorn.com

Fred [London] Ltd 45 Vyner Street, E2 9DQ www.fred-london.com

Vegas, 45 Vyner Street, E2 9DQ www.vegasgallery.co.uk

Wilkinson Gallery 50-58 Vyner Street, E2 9DQ www.wilkinsongallery.com

GALLERIES IN MILE END

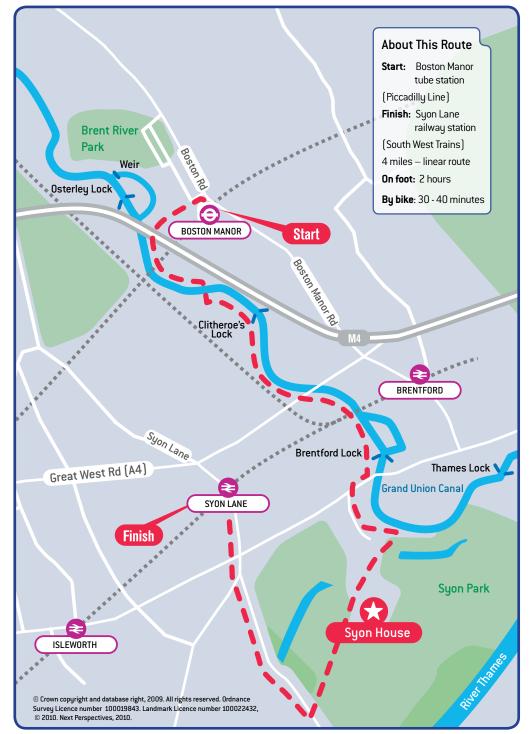
Chisenhale Gallery 64 Chisenhale Road, E3 5QZ www.chisenhale.org.uk

Mile End Park Art Pavilion Clinton Road, E3 4QZ www.towerhamlets.gov.uk/mileendpark

Matt's Gallery 42-44 Copperfield Road, E3 4RR www.mattsgallery.org

GALLERY IN LIMEHOUSE BASIN

Limehouse Gallery 272 Island Row E14 7JG (in same building as Bronze Age Art Foundry) www.limehousegallery.co.uk



The Grand Union Canal & Syon Park

This route guides you along the scenic Grand Union Canal, past Brentford Lock and through the picturesque landscape of Syon Park, taking in historical structures, rolling fields and waterside wildlife. It is mostly flat but with some uneven surfaces and restricted access, unsuitable for wheelchairs.

Directions

Exit Boston Manor tube station and turn left along Boston Road. When you reach the Harvester pub turn left down Southdown Avenue signposted canal walk.

Continue ahead through woodland, following the waymarkers. When you reach the **Grand Union Canal**, turn left following the towpath under the M4 bridge. Continue along the canal until you reach the black and white painted **Gallows Bridge**.

Look out for the working features of the canal and the reminders of its past, such as the horse ramp, as you pass **Clitheroe's Lock**. When you reach the railway bridge, pass beneath it and follow the towpath through a covered dock towards the boats moored on the approach to **Brentford Lock**.

Wander around Brentford Lock and find out more about the local area from the outdoor interpretation panels or from the information hub in **Grounds Café**, a local gem serving great coffee and cake, as well as useful waterway information.

To leave the lock follow the walkway next to the Holiday Inn, keeping it on your right, then turn right onto the High Street. Pass **Brent Lea** on your left and take the next left signposted pedestrian entrance for **Syon Park**. This pedestrian and cycle path leads to the impressive stately home and parklands.

The Syon Estate, originally an abbey, is owned by the Duke of Northumberland. His family built Syon House in the 1550s and commissioned Capability Brown to design the impressive grounds and gardens.

Continue to follow the path, which passes the house on the left, through the park. You will come to the gates to the estate, which lead onto **Park Road**. Turn right into the road passing houses, allotments and then a cemetery on your left until you meet the **London Road** at a busy junction. Cross straight over and head up the slope to find **Syon Lane railway station** on your left.





Lea Valley Walking and Cycle Route

Waltham Cross train station is half a mile east of the start of the route. This route follows the towpaths of the **River Lee Navigation** and surrounding marshland. It is mainly a gravel surface. It has excellent facilities and transport links. The combination of open space and abundant wildlife makes it hard to believe it's only seventeen miles from central London.

Directions

The route begins at **Waltham Town Lock**. Continue past the lock along the towpath and you will shortly arrive at **Cheshunt** where the **Herts Young Mariners** are based. Colourful narrowboats moor along the towpath, following the course of 13th century grain traders on their way to **Hertford**.

At Cadmore Lane Bridge, leave the towpath and turn right over the bridge towards Fishers Green. The wetlands on the left are part of Seventy Acres Lake. Close by is Fishers Green, home of the National Bittern Watchpoint. At the fork continue straight, following the signs for Hooks Marsh car park.

Go through the car park and follow the signs to **Waltham Abbey** situated opposite the

information point. On your left is the flood relief channel, also known as **Horsemill Stream**.

Carry on along this path and before long you will be able to make out the **Royal Gunpowder Mills** on the opposite bank.

About a mile further than this you will emerge next to your starting point at Waltham Town Lock.

From here you can make a detour east to Waltham Abbey, the last Abbey to fall due to the dissolution of the monasteries in the 16th century. You can also visit the Royal Gunpowder Mills by making a short detour north from the road bridge.



Little Venice and Camden

This classic city walk starts and finishes at picturesque Little Venice and takes in the scenic Regent's Canal, Primrose Hill and St. John's Wood. An area rich in history, this corner of London has played a significant part in the capital's development both economically and culturally.

Boasting former residents of writers, artists and inventors this area has always been somewhat avant-garde and is now home to some of London's most desirable addresses. It has flat surfaces, although some areas are unsuitable for wheelchairs.

Directions

Leave Warwick Avenue station and head straight along **Warwick Avenue** until you reach Little Venice on your right. Take the opportunity to explore picturesque Little Venice. To continue the route, turn left onto **Blomfield Road** and walk along the pavement parallel to the canal. At the Maida Hill Tunnel cross Edgware Road and continue straight on Aberdeen Place. Follow the signpost through to the walkway and down the set of steps leading to the towpath.

Continue until you reach the northern edges of **Regent's Park** where you will pass underneath

Macclesfield Bridge, or 'Blow up Bridge' as it is known today. The bridge was destroyed in 1874, following the explosion of a barge carrying gunpowder.

Further along is **London Zoo** with the famous Snowdon Aviary visible from the towpath. Continue on the towpath until you reach Cumberland Basin where the canal and towpath bears left. After passing under the railway bridge, turn left and head up to **Gloucester Avenue**.

Option: Rather than turning off the towpath here, head straight on and visit **Camden** and its

markets which are five minutes walk.

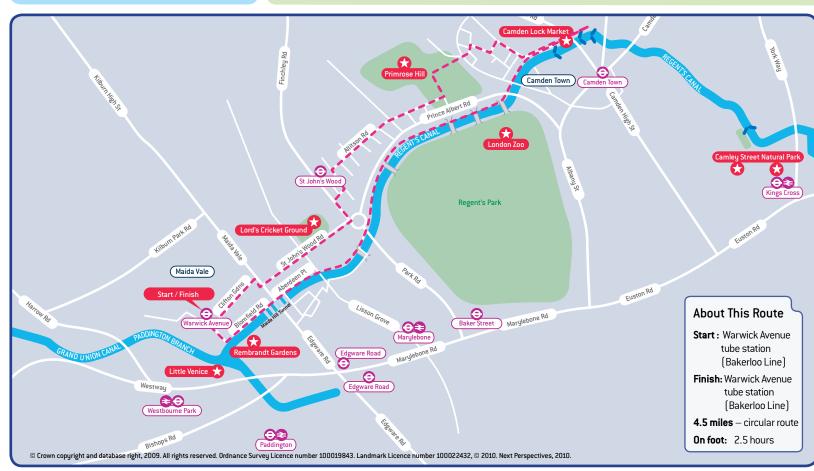
Head up **Gloucester Avenue** taking the third exit on the left down **Fitzroy Road**. Half way along the road is **Chalcot Road**, turn left and into **Chalcot Crescent** on the left hand side. Follow this curved road until you reach the end, turn right and into **Primrose** Hill.

Take your time to enjoy the views of London from the top of Primrose Hill where many London landmarks are visible on a clear day.

From the top of the hill, take the left path heading down the hill. At the T-junction turn left and continue through the park. Exit the park onto **St. Edmund's Terrace** and continue straight along here, crossing **Avenue Road** and **onto Allitsen Road**. At the end of the road turn left onto **St. John's Wood High Street** and right down **Wellington Park**. At the end of Wellington Park you will get your first glimpse of the historic **Lord's Cricket Ground**, turn left following the perimeter of the ground and turning right onto **St John's Wood Road**.

Continue straight along St. John's Wood Road until you reach the junction with **Maida Vale**. Cross the road and head right before turning into **Clifton Road** which leads into **Clifton Gardens**. At the end is **Warwick Avenue**, with the station on the left.





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The Jubilee Greenway

The Jubilee Greenway is a new circular walking and cycling route in London which uses 35 miles of existing walking and cycling paths linking all nine central London Olympic venues with some of the capital's best attractions, heritage, parks, waterways and views.



The route begins at Buckingham Palace, joining Green Park, Hyde Park and Kensington Gardens with Paddington Station and the Grand Union Canal at Little Venice. Following the Regent's Canal through Camden, the Jubilee Greenway connects to East London through Victoria Park to the River Thames where the Woolwich Foot Tunnel ties Greenwich and the South Bank to the original Walkway at Tower Bridge and back to St. James' via Westminster.

All 35 miles of the Jubilee Greenway is already fully open and available to walk and cycle.

For a detailed route map of each section of The Jubilee Greenway visit www.jubileegreenway.org



Towpath Questions

Q. WHO HAS RIGHT OF WAY?

Pedestrians have right of way on the towpath. The Code of Conduct on page 6 and 7 explains this in more detail.

Q. CAN THE TOWPATH BE MADE WIDER BY EXTENDING THE TOWPATH INTO OR OVER THE WATER?

British Waterways is the guardian of the waterways and part of our remit is to ensure that the amount of waterspace does not diminish and that the historic and environmental fabric of the canal is retained for future generations.

Q. WHEN YOU RESURFACE THE TOWPATH, WHY AREN'T THE CONCRETE SLABS REMOVED?

There are high voltage cables that run underneath the majority of the towpath and the utility companies need 24 hour access to them. Where we are able to, we work with the utility companies to put a layer of even surfacing over the top to make a smoother surface, however this isn't always possible.

Q. CAN YOU INSTALL LIGHTING ALONG THE TOWPATH AND UNDER DARK BRIDGES?

The conservation and ecological values of the waterway network means that installing lighting in some areas would have a detrimental impact. For example, under bridge lighting may have a negative impact on bats (a protected species) who use the canal corridor to feed. We support the police in their advice of never walking alone in quiet places, especially at night.

Q. COULD THERE BE A SEPARATE LANE FOR CYCLISTS AND A SEPARATE LANE FOR PEDESTRIANS ON THE TOWPATH?

British Waterways cannot separate cyclists and pedestrians in this manner. The towpath is much too narrow to comfortably and safely have two separate lanes. The towpath is, and will remain, a shared use towpath where pedestrians have priority and considerate cycling is permitted.

Q. WHY ISN'T THERE A 'KEEP LEFT' POLICY FOR THE TOWPATH?

British Waterways consulted partners and user group representatives in 2006 about the proposal of introducing a keep left policy. The outcome showed that a keep left policy would not be popular and that users would not adhere to it.

Q. ARE YOU GOING TO BAN CYCLING?

It is unlikely that British Waterways is going to ban cycling on the towpath. We want to continue increasing the number of people who enjoy using the canals in a variety of different ways, including cycling. Currently, British Waterways is unable to ban cycling from the towpath as we do not have the resources available to enforce this effectively, nor the powers to be able to remove individuals from the towpath.

Q. WHY HAVEN'T I BEEN INFORMED ABOUT THE TOWPATH BEING CLOSED?

The towpath is a permissive path (not a right of way) and as such can be closed by British Waterways without any notice being served to the local authority.

A permissive path, or permitted path, is a path (which could be for walkers, riders, cyclists, or any combination) whose use by the public is allowed by the landowner, but over which there is no right of access.

British Waterways does, except in emergency situations, post notices for towpath and navigational closures on our website www.waterscape.com/stoppages

The Need for Speed

The towpaths are used by thousands of people every day for walking, cycling, boating, angling and jogging. In some popular locations, particularly in central London, the number of people using the towpaths can lead to conflict between the different user groups most notably between high speed commuter cyclists and pedestrians.

The London Cycle Design Standards (LCDS) recommends that the maximum cycling speed on a path used by cyclists and pedestrians such as the towpath should be 10 mph.

LCDS acknowledges that this speed may not be appropriate in some cases where

there are high levels of pedestrians.

British Waterways has been working with a number of partners to create an alternative route for commuter cyclists who wish to cycle at a higher speed than is appropriate on the towpath.

The route is parallel, where possible, to the Regent's Canal from the Islington Tunnel to Victoria Park in Tower Hamlets.

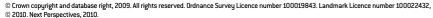
The majority of the route uses existing cycle routes which have either been completed or are due to be completed soon.

Please use it instead of the towpath when you are in a hurry.



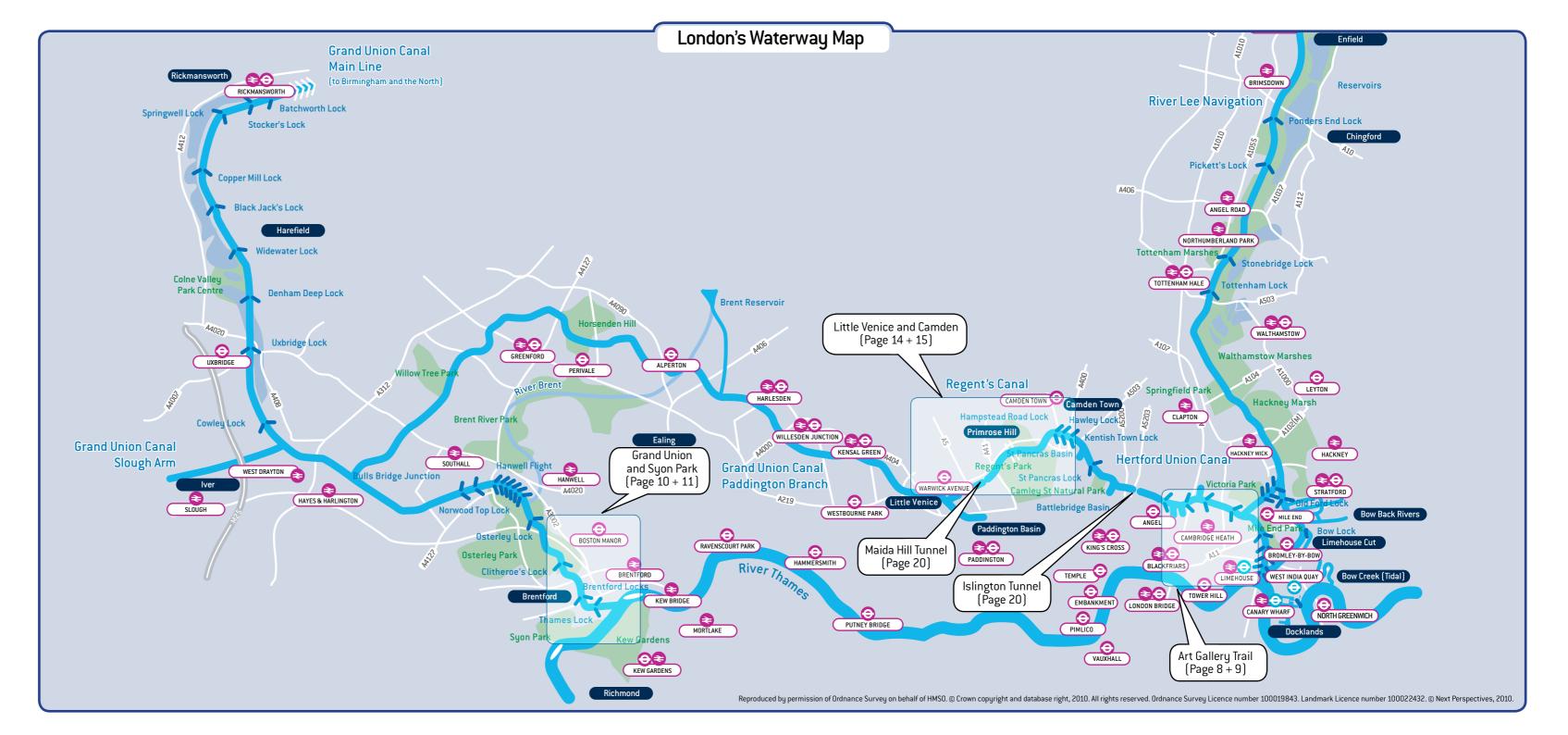


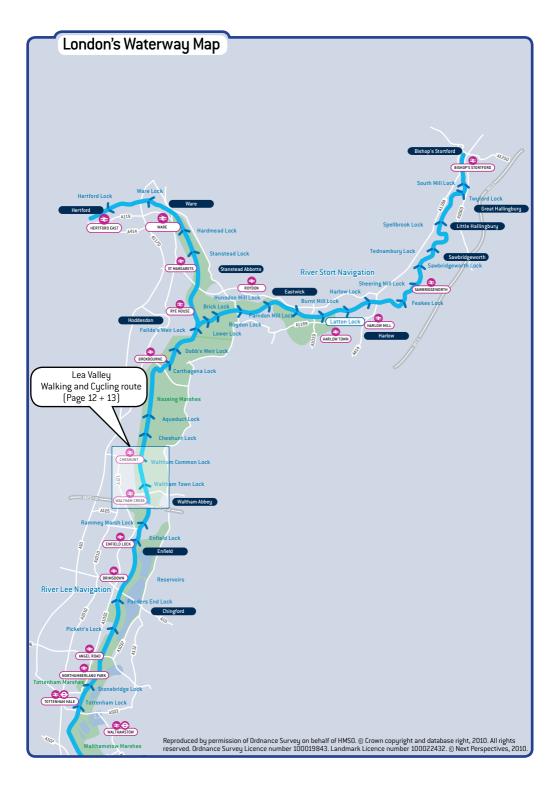






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Safety by the Water

Please make sure that everyone with you is aware of others and water safety every time you visit canals and rivers. Keep everyone away from the water's edge and locks, particularly in wet or icy weather and never walk on frozen rivers or canals.

Swimming and paddling are not permitted because the water is surprisingly cold

and deep with underwater currents and concealed hazards. Contact with the water can also cause illness.

For safety resources and activities created for children aged 7 – 11 years, teachers, group leaders and families please go to www.wow4water.co.uk

British Waterways in London

British Waterways manages 100 miles of canals and rivers and 110 acres of docks in London. Every year, millions of people enjoy our waterways for boating, cycling, fishing or simply taking a stroll. Our role is to maintain their special environment and create new attractions and developments to give pleasure to those who use them. For more information visit www.britishwaterways.co.uk/london or for further ideas on leisure pursuits across the country visit www.waterscape.com

British Waterways

1 Sheldon Square Paddington Central London W2 6TT T. 020 7985 7200 F. 020 7985 7201





British Waterways works with Transport for London to manage central London's canal towpaths as part of a network of 'Greenways' to provide opportunities for cyclists and pedestrians.

E. enquiries.london@britishwaterways.co.uk W. www.waterscape.com



Every care has been taken to ensure the accuracy of all information given in this guide and British Waterways does not accept responsibility for any changes that may have occurred since going to press.