

Nottinghamshire

YOUR LOCAL CANAL OR RIVER

It's  
time  
well spent

## It's on your doorstep

The East Midlands is criss-crossed by canals and rivers. With so many to choose from and so much to see and do, we have listed just a few ideas to inspire your waterway explorations and activities on the River Trent, Nottingham Beeston Canal and Erewash Canal. But wherever you live in the region, you can be sure you're never too far away from a stretch of waterway where you can enjoy yourself in all kinds of different ways.

## YOUR LOCAL CANAL OR RIVER

# It's a national treasure

### YOUR LOCAL CANAL OR RIVER

## It's a chat room

Water is good for you. You only have to stroll, sit, eat, drink or just chat beside a canal or river and you can feel yourself unwind, let go of the stresses of life and generally enjoy yourself more. Try life in the slow lane by your canal or river.



### YOUR LOCAL CANAL OR RIVER

## It's a proper lunch break

We all work better when we take a break. We work even better when we take a real break. Your local canal or river is the perfect escape for that much needed lunchtime re-fuel.



### Castle Wharf

Castle Wharf is a vibrant canal side area of bars, pubs and restaurants in the heart of Nottingham's bustling city centre. The historic warehouses, dominated by the British Waterways building, provide an impressive setting for those who want to enjoy some alfresco dining at the water's edge, catch up with friends over a glass of wine, or simply relax and take in the sights and sounds of the Nottingham Beeston Canal. Castle Wharf offers something for everyone including a gym, comedy club and numerous bars and restaurants catering for those who just want to grab a quick bite to eat, or visitors who want a more leisurely meal to unwind after a long day.

Canalhouse is home to its very own boat dock, with a footbridge over the water to the main bar area, offering an unusual entrance to the venue and a sure talking point amongst new friends.

Castle Wharf is a short walk from Nottingham's numerous attractions including Nottingham Castle, The Galleries of Justice, Old Market Square, and Victoria Shopping Centre, and only a two minute stroll along the towpath from the train and bus stations.

### Where to eat & drink

- 1 **Lloyds No 1**  
Castle Wharf, Canal St, Nottingham NG1 7EH  
Tel: 0115 934 9020
- 2 **Bar Risa/Jongleurs**  
Castle Wharf, Canal St, Nottingham NG1 7EH  
Tel: 0115 958 9922
- 3 **Via Fossa**  
44 Canal St, Nottingham NG1 7EH  
Tel: 0115 947 3904
- 4 **The Waterfront**  
Castle Wharf, Canal St, Nottingham NG1 7EH  
Tel: 0115 979 9111
- 5 **Canalhouse**  
48-52 Canal St, Nottingham NG1 7EH  
Tel: 0115 955 5060
- 6 **Fellows, Morton & Clayton**  
54 Canal St, Nottingham NG1 7EH  
Tel: 0115 950 6795

Find more places to eat & drink at [waterscape.com/pubs](http://waterscape.com/pubs)

### Via Fossa

#### 25% off your food and drink bill

Please present this voucher for 25% discount when purchasing food and drink together. Cannot be used in conjunction with any other offers. Photocopies of this voucher will not be accepted. Management reserves the right to refuse voucher for any reason.



Voucher is valid until 31st December 2009 at Via Fossa, Canal Street, Nottingham.

## Trent Lock

Trent Lock in Long Eaton is a great day out for the whole family. One of the most significant canal junctions on the waterway network, Trent Lock marks the point where the River Trent and River Soar meet with the Erewash Canal.

Cyclists, walkers, anglers and boating enthusiasts all come to enjoy the peaceful surroundings, spot wildlife, have a picnic or relax with a refreshing drink and bite to eat in one of the local pubs and cafés during the long lazy summer days.

Whilst visiting Trent Lock, why not take a stroll along the towpath past Cranfleet Lock to Attenborough Nature Reserve, a designated Site of Special Scientific Interest which is home to a range of plants, birds and other wildlife.

## Where to eat & drink

**7** **The Steamboat Inn**  
Trent Lock, Long Eaton, Nottingham NG10 2FY  
Tel: 0115 972 6300

**8** **The Lock House Tea Rooms**  
Trent Lock, Lock Lane, Long Eaton, Nottingham NG10 2FY  
Tel: 0115 972 2288

**9** **The Trent Navigation**  
Trent Lock, Long Eaton, Nottingham NG10 2FY  
Tel: 0115 973 2984

**The Plank and Leggit**  
A large family pub with a Wacky Warehouse indoor play area for children.  
Tamworth Road, Sawley, Derbyshire NG10 3AD  
Tel: 0115 972 1515 (not shown on map)

## Gunthorpe Lock

Despite its more rural location, Gunthorpe Lock is not short of places to relax with a pint, enjoy some hearty pub grub or treat yourself to a traditional cream tea. Located just a few miles to the east of Nottingham city centre, the area is the perfect place to spend a leisurely afternoon escaping from the hustle and bustle of everyday life with a good book, or simply watching boats drift by at a tranquil pace.

Gunthorpe is ideal for walkers with access to the Trent Valley Way – a perfect way to explore the surrounding area and enjoy the great outdoors.

## Where to eat & drink

**12** **Unicorn Hotel**  
Trentside, Gunthorpe, Nottingham NG14 7FB  
Tel: 0115 966 3612

**13** **The Toll House**  
Trentside, Gunthorpe, Nottingham NG14 7FB  
Tel: 0115 966 3409

**14** **The Tearoom at Gunthorpe**  
Trentside, Gunthorpe, Nottingham NG14 7FB  
Tel: 0115 966 4833

**10** **The Anchor Inn**  
80 Main Street, Gunthorpe, Nottingham NG14 7EU  
Tel: 0115 966 3291

**11** **Tom Brown's Brasserie**  
The Old School House, Trentside, Gunthorpe, Nottingham NG14 7FB  
Tel: 0115 966 3642

**YOUR LOCAL CANAL OR RIVER**

# It's a wildlife documentary

A canal or river is like a nature reserve, several metres wide and many miles long. You might see kingfishers, water voles, dragonflies, bats or herons. They've all been seen on or by canals or rivers. Who knows, on your local canal or river you could even be an otter spotter!

**YOUR LOCAL CANAL OR RIVER**

# It's free gym membership

Leave the monthly fees, machines and MTV behind and get fit for free. Your local canal or river is your chance to get out of the gym onto the towpath and remind yourself that getting fit is about fun, fresh air and freedom.

## Boat trips

**1** **Trent River Cruises**  
Trent Park Yacht Club, Trent Lane South, Colwick, Nottingham NG2 4DS  
Tel: 0115 9100 507  
info@tretrcruising.com

**2** **Nottingham Princess**  
Endeavour Trent Limited, Park Yacht Inn, Trent Lane South, Colwick, Nottingham NG2 4DS  
Tel: 0115 9100 400

## IWA National Festival 2009. 29-31 August, Redhill Marina (just south of Trent Lock)

A great day out with displays, a circus and a host of other attractions. For more details call 0844 800 6583 or visit [www.waterways.org.uk/events/nationalfestival09](http://www.waterways.org.uk/events/nationalfestival09)

## Take to the water – Princess River Cruises

Why not take some time to get a little closer to the River Trent and enjoy a cruise?

The Nottingham Princess is a twin decked deluxe river cruiser available for individual or group bookings offering day or night time cruising every day of the year, subject to availability.

The Nottingham Princess offers superb meal packages and fine wines which, added to a generous helping of hospitality and the unprecedented charm of the River Trent, make it a venue that's hard to beat.

The Nottingham Princess is moored in Colwick, for further location and booking information call 0115 9100 400/401 or visit [www.princessrivercruises.co.uk](http://www.princessrivercruises.co.uk)

**A day afloat is great fun!**  
**£25 off boat day hire**

**BOOK TODAY**

Not only is it fun it's also great value. Get a group of friends or family together and hire a boat for the day and enjoy a great day out on the water. Most boats hold eight people and hire starts from as little as £95 per boat per day. And, if you log on to [waterscape.com/offers](http://waterscape.com/offers) you can download a voucher to get a £25 discount off your booking. It's yours to enjoy for ever less!



Offer for a limited period only and may be withdrawn at any time. Terms and conditions apply. See [waterscape.com/offers](http://waterscape.com/offers) for details.

**10% off**  
**a river cruise package**

Please present this voucher for a 10% discount on any of our daytime or evening forthcoming event packages. Standard terms and conditions apply. Cannot be used in conjunction with any other offer. Photocopies of this voucher will not be accepted.



Voucher is valid until 31st December 2009. Voucher code PR/1

# YOUR LOCAL CANAL OR RIVER

# Nottinghamshire

## Trent Lock, off Tamworth Rd



## Gunthorpe Lock, A46 junction East Bridgford



### Key

- Canal or River
- Lock
- Bridge
- Towpaths
- Boat Trip & Hire
- Marina
- Picnic Area
- Parking
- Railway Station
- Pub, Restaurant or Café
- Place of Interest

Find more detailed canal and river maps at [www.waterscape.com](http://www.waterscape.com) just click on the interactive map

For further information please contact  
 British Waterways, The Kiln, Mather Road, Newark NG24 1FB  
 Tel: 01636 704 481 E-mail: [enquiries.emidlands@britishwaterways.co.uk](mailto:enquiries.emidlands@britishwaterways.co.uk)  
 British Waterways Customer Service Centre Tel: 01923 201 120