



# EXPANDING HEALTH FREEDOM

---

## 2023 IMPACT REPORT



*The Galen Institute's mission is to create and advance proposals that support individual freedom, consumer choice, competition, and innovation in the health sector.*

Galen Institute at Donors, LLC c/o DonorsTrust  
1800 Diagonal Street, Suite 280 | Alexandria, Virginia 22314  
703-687-4665 | [galen.org](http://galen.org)



# From the Executive Director

For much of 2023, health policy was a second-tier issue at best.

While far too many political leaders find healthcare complicated and boring, in our wonderful circle of colleagues in the health policy community, health care is a passion. We know this is the ground we are defending in the never-ending battle to guard our cherished freedom.

The Galen Institute has been on the front lines many times, starting with the fight against HillaryCare in 1993-94 and more recently in trying to **give patients choices** and **more affordable options** instead of Obamacare.

**Yes, we are outgunned.** More than \$4.5 trillion was spent in the United States last year in the health sector. Half of that is paid directly by taxpayers to finance care delivered through Medicare, Medicaid, the ACA, the Children's Health Insurance Program, state programs, and so many more, leaving little in the market-based category.

But our efforts to this point have not been unfruitful. Most people in the United States still have private health coverage they value and want to protect. And we must never lose sight of our true mission: Freedom, government solvency, and the role of government in our lives.

These much larger goals are what keep our passions alive.

**This is the battle for freedom of our time.** Without freedom over healthcare decisions, others literally control our lives. I hope you are encouraged by the work of Galen Institute at Donors in 2023 that you made possible, as well as the knowledge that there is a new generation, and new energy, in the battle.

Grace-Marie Turner

Grace-Marie Turner was named one of “**Washington’s 500 Most Influential People Shaping Policy**” in the 2023 edition of *Washingtonian* magazine for the third year in a row.

The editors wrote, “We sought out smart, innovative people who care about issues and spend a lot of time thinking about them. They have deep subject-matter expertise and significant understanding of how DC works, with the goal of getting action. They comprehend policy’s nuances and complexities.”



# Building the Coalitions to Expand Health Freedom

## Health Policy Consensus Group: 30 Years of Impact

We organized the first Consensus Group meeting during the 1993-94 battles over HillaryCare with just seven people participating. We have a larger and stronger network of talent than ever before, with more than 250 participants today. We have continued our tireless advocacy for patient-centered, free-market health reform. We guide policy decisions that reward innovation and encourage competition, transparency, patient access, and market pricing.

**And We. Will. Not. Give. Up.**

## Free-Market Pharma Coalition: Promoting Innovation in the Health Sector

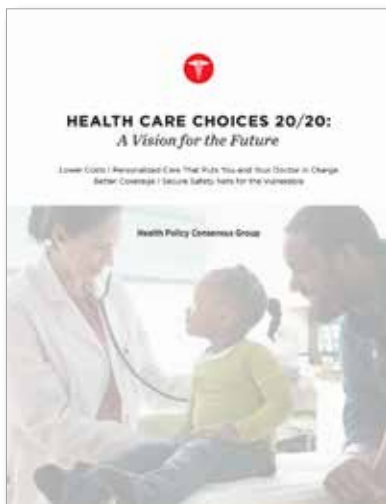
We founded another group, the Free-Market Pharma coalition, in 2021 to provide a forum for a more detailed and focused conversation about innovation in the pharmaceutical and medical device sectors. It is similar to the Consensus Group, but we take a deeper dive into

the research and issues that are vital to keeping the United States the leader in medical innovation.

We convene meetings with experts to brief us on legal, regulatory, and scientific issues to inform the speeches, media work, research, and academic writings of our colleagues.

As an example, we held an in-person meeting in September about the lawsuits against the wrongly named “Inflation” Reduction Act (IRA) that does nothing to reduce inflation but which would decimate research and innovation. We invited experts to brief colleagues and Hill staff on the impact of this draconian and deceptive scheme to have government dictate drug prices for the most widely prescribed medications.

During the meeting, the group also provided input to U.S. Chamber of Commerce participants about research they were conducting about the impact of the law. Early this year, the Chamber released a major study demonstrating that there would be 60% reduction in cancer research, a 12% decline in research into heart disease, and a 75% cut in privately funded clinical trials if the law takes full effect.



*Galen Institute and the Consensus Group developed a major consumer-directed health policy initiative to promote personalized care that expands choices, lowers costs, and puts patients and their doctors in charge.*

## 2023: By the Numbers

4

Papers and Reports

19

Columns and Commentary

37

Galen Newsletters

189

Speeches, Meetings, and Conferences

# Speeches and Events



*In November, Grace-Marie organized and hosted a panel entitled: “Saving Medicare and Private Sector Health Care through Modernization” at the Catholic Health Care Leadership Alliance’s Annual Symposium in Washington, DC. (Left: Grace-Marie Turner, Brian J. Miller, M.D., Lisa Grabert, M.P.H., and Douglas Holtz-Eakin; Right: Grace-Marie confers with attendees.)*

Grace-Marie Turner maintained her busy speaking and meeting schedule, spending hundreds of hours fostering collaboration within the policy community, promoting free-market policy ideas, and mentoring new leaders in the health policy space.

Her nearly 200 other meetings this year included the Health Policy Consensus Group, Paragon Health

Institute, Steamboat Institute, Free-Market Pharma Coalition, American Association of Pro-life OB-GYNs, FREOPP, Coalition Against Socialized Medicine, MacDonald-Laurier Institute, Catholic Medical Association, Save America, Americans for Tax Reform, The Heritage Foundation, AEI, and the American Innovation Council—to name a few.

## Why We Succeed

**Our fact-driven research and policy solutions.** Our scholars and colleagues develop workable ideas based on in-depth research and years of experience.

**Our media megaphone.** Through earned and social media, we communicate directly with the American public about the issues at stake.

**Our influence with policymakers.** Congressional leaders and staffers and state lawmakers seek out Galen’s experts to provide advice and give testimonies.

**Our coalition-building activity.** We bring together thought leaders from a range of perspectives to discuss policy research and work together on innovative solutions.

**Our generous supporters.** For more than 25 years, we’ve received a broad range of support from private foundations, individuals, and corporations that support our mission.

## Looking Ahead

More than half of Americans have and value their private health coverage, and Galen works every day to expand that share, with more options for better, affordable health coverage. With much cause for optimism, we will continue in our efforts to:

- Guide policy decisions that reward innovation and encourage competition, transparency, patient access, and market pricing
- Expand our robust consensus and coalition-building efforts
- Educate policymakers and the public through our communications prowess
- Prepare bigger and bolder policy changes for a new era of politics.

**Thank you!** Our heartfelt thank you to friends and supporters of Galen. Your commitment and contributions make our work possible.