

# WELCOME - please find a table and order via QR code on tables or inside with your table number.

We cook using what we can from our own organic gardens and bakery.
Please see our display inside for more Specials.

#### Sangas, Wraps & Buns

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- add a side salad of your choice 7

#### **Breakfast Bun (GFO)**

Madelaine 's organic fried egg, local cheddar, Honeylane Farm leaves, bread & butter pickles, mustard mayo & apple relish in a Turkish bun 16

- add Rendina free-range bacon or avocado 3

#### Roast Pumpkin (GF)

Spiced roast pumpkin, feta, pepita pesto, leaves & mustard mayo ina gluten free bun 16

#### Tempeh Broccoli Wrap (Vegan/GFO)

Organic Tempeh, spiced roast broccoli, fennel slaw, spinach, Honeylane pickles and green tahini in a wholemeal wrap 17

#### Mexi Flatbread (vegan)

Refried borlotti beans, roasted sweet potato,, fermented corn, spinach and mustard mayo in a toasted flatbread 17

#### **Mushroom and Blue Cheese**

Rosemary & garlic roast mushrooms, Victorian blue cheese, mornay and caramelised onion in CERES bakery sourdough 17

#### The Croque

Local cheddar, Honeylane pesto, bechamel, and tomato in CERES bakery sourdough 14

#### **Kids Cheese**

in CERES bakery sourdough Loca Cheddar - simple 7 Add free-range Ham 4

#### Soup of the day

Served with organic toasted sourdough 16 Add a cheese toastie 5

# Bowls & Pots

#### **Organic Mixed Salad Bowl**

Choose up to 3 salads (options change daily - see our display) 18

#### Merri Bowl (vegan)

Miso Honeylane eggplant, salt & pepper tofu, ginger greens, CERES kim chi, spring onion sauce, sesame & brown rice 24

#### **Schultz Yoghurt Pot**

Lacto fermented berries, 'Honeylane' rhubarb, mango , toasted seeds & puffed quinoa 8

#### **Our Granola**

Granola, Schultz yoghurt, mango, fermented berries, rhubarb, honey, cacao nibs, cranberry, seeds & coconut 17

#### From the Oven

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- add side salad of your choice 7

#### **Dr Marty's Crumpets**

Honeylane rhubarb, berries, whipped ricotta, local honey 17

#### **Spanakopita**

Ricotta, feta, madelaines's eggs, CERES organic greens in puff pastry with apple tomato relish 16

#### **Frittata**

Avocado 5

Seasonal vegetables, cheese and organic eggs, honeylane leaves & apple tomato relish 15

### **Add Ons For All your Dishes**

Salt and pepper tofu 5
Tamari tempeh 5
Madeleine's organic soft boiled egg 5
Honeylane Kimchi 4
Rendina free-range bacon 5

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The Merri Cafe prides itself on using the best local, fresh, free-range and organic produce. All profits generated from the Merri Cafe go back to CERES to support our education and community programs.



#### Smoothies (vegan)

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#### Summer

Mango/banana/hemp seed/quinoa/seeds/date/apple juice/coconut milk 12

#### Cacao

Cacao/banana/dates/quinoa flakes/cinnamon/oat milk 12

#### Wild berry

Blackberries/blueberries/strawberries/banana/chia/coconut milk 12

Bakery and Sweets treats

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Housemade daily sweet and savoury

Organic Muffins 7

Selection of slices, cakes and cookies

(see inside display)

#### Coffee

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Allpress Organic Brown Mill blend Schultz organic full cream cow's milks

**Iced options available** 

Flat white/Latte/ Cappuccino 4.80 Short black/long black/macchiato 4

**Mörk Hot Chocolate** 5

Mocha 5

Chai (House made) 5

Babycino 1.50

Single Origin Batch brew 4

**Golden latte** 5

(5 canaries spice mix with turmeric and spices and your choice of milk and honey)

**Dandelion latte** 5

Extras:

extra shot .60

Sov milk + .60

Oat + .60

Large +1

Tea

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Organic leaves served in a pot 4

**English breakfast** 

Earl grev

**Spiced Green** 

Chamomile

**Peppermint** 

Lemongrass & ginger

Immunitea (Ginger, Turmeric & Lemon Myrtle)

#### Wines By The Glass

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2020 Delinquente "Screaming Betty" Vermentino

(White) 12

2022 Delinguente "Pretty Boy" Rose

(Rose) 12

2021 Delinquente "High Crimes" Graciano

(Red) 12

#### Wines By The Bottle

## Sparkling

2020 Dal Zotto Prosecco 35 Das Juice Prosecco 40

2022 Weeping Juan Pink Pet Nat 45

#### White

2020 Delinquente "Screaming Betty", Vermentino, Riverland SA 50 2019 Ephemera Negroamaro Bianco, Heathcote, VIC 55

#### Rose

2020 Arc Rose, Morn Pen VIC 45 2022 Delinquente "Pretty Boy" Rose 50

#### Red

2020 Frederick Stevenson Pinata 45 2020 Sigurd Syrah 60

#### Beer

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Hawker Rovers 7 Hawker Pilsner 7 Hawkers Pale Ale 8 Hawkers IPA 9

#### **Housemade Merri Drinks**

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Housemade lemonade and fermented drinks please ask staff or see the blackboard for flavours