



PERSONAL INFORMATION

Patient Name: _____ Date of Birth: _____

I am currently: Employed Employed with restrictions On medical leave Not employed

Interests/hobbies are: _____

Is there anyone who can assist you with doing home exercises, if needed? Yes No

Will you have any problems attending therapy sessions? No Yes

General Health

1. Activity level: Low Medium High

2. Are you having trouble sleeping? Yes No

3. Please check medical conditions you have or have had:

- | | |
|--------------------------------------------------------|----------------------------------------------------|
| <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Stroke |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Weight Gain or Loss |
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> Cancer |
| <input type="checkbox"/> Heart Disease | <input type="checkbox"/> Lung Disease |
| <input type="checkbox"/> Vision / Hearing Problems | <input type="checkbox"/> Depression |
| <input type="checkbox"/> Heart Attack | <input type="checkbox"/> Asthma |
| <input type="checkbox"/> Stomach Disorders | <input type="checkbox"/> Pace Maker |
| <input type="checkbox"/> Pregnancy (current) _____ wks | <input type="checkbox"/> Smoker |
| <input type="checkbox"/> Gland Problems | <input type="checkbox"/> Kidney or Bladder Control |
| <input type="checkbox"/> Anxiety | |

4. Are you taking any medications including over the counter, prescription, herbs, supplements, vitamins? Yes No

If yes, please list:



5. Do you have any allergies (eg. adhesives, latex, cortizone)? Yes No If yes, please list with any reactions/treatments:

6. Please list any major or recent surgeries or serious injuries:

7. What is the level of your pain?



PERSONAL GOALS FOR THERAPY

8. What do you WANT TO achieve from having therapy? Check all that apply:

- Improve home activities
- Improve leisure/sports activities
- Improve self care activities
- Improve mobility/walking activities
- Improve ability to communicate
- Improve swallowing
- Decrease or eliminate pain/discomfort
- Return to work: Current job Other job
- Other _____

9. Please include any additional information you feel would help us provide your care (ie. what you think would help, any apprehensions about treatment, spiritual or cultural needs).

To the best of my knowledge, the above information is complete and factual.

Patient Signature: _____

Date: _____