'I speak as someone...'

I speak as someone whose skin was thinner than gold leaf, with a soul so porous the world blew through him in a light breeze, whose coughing landed his heart in his palm many times.

And as someone who sailed the panicky seas of his own blood. In Naples Harbour the summer served its ten day quarantine below deck, till the air wasn't fit to drink.

Now bats roost in the plush colonnades of human veins, and naked arms are offered up to the dewy-eyed syringe; so my tired hand must hover over the séance again to write

no life without death, no death without life, just semaphore flags and fragile bottles bobbing from coast to coast freighted with ink and breath.

Simon Armitage

Written to commemorate the 200th anniversary of the death of John Keats.