

First meeting ideas!

The secret to a successful first meeting is to plan ahead! Make sure you've got when and where arranged in time for the freshers fair. It's also a good idea to prepare an agenda for the first meeting. Here's some ideas of what you might like to include:

- **Ice breaker games!** Everybody loves silly games they just need an excuse to play them. People are more likely to come back next time if they feel like they've got to know the group (and if they have had fun!).
- **Universities and the arms trade presentation** If you want a speaker from CAAT for this then get in touch, otherwise have a look at the *'Intro to the arms trade'* booklet for ideas or find a relevant or striking video on Youtube.
- **Discussion in small groups** This could be anything from considering what makes an effective action to discussing the arms trade. It's another chance for everyone to get to know each other and to start to get excited about the campaign!
- **Reflection and planning** Bring the group back together to feedback on the discussion and make a plan for future actions. Get in touch with CAAT for help with speakers, film showings, resources, ideas and advice.
- **Wrapping up** Let everyone know when the next meeting will be and make sure you've got their contact details so you can send them a follow up email.



There's more info in the *'Starting a CAAT Group at your University'* guide, for anything else get in touch at universities@caat.org.uk