



Meres-Sia Gabriel grew up gathering stories at the feet of her grandmothers while experiencing her parents' transition from young, passionate Black Panthers to anonymous survivors of the 80's. No surprise she ended up writing poems and prose that elucidate the beauty and pain of our human experience and the transformative power of love! You can find out more about Meres-Sia at [www.itwirlinthesmoke.com](http://www.itwirlinthesmoke.com).

Meres-Sia Gabriel's mixed-genre memoir lovingly offers the gift of a life's worth of learning to its readers. This collection traces one woman's story from youth to motherhood, from pain and insecurity to self-confidence and self-actualization. Through its songs and meditations, the work testifies to the transformative powers of love—romantic, filial, divine, and self love. *Twirl* sweeps the reader up in its rhythmical embrace, extending its love to all those who would welcome it and inviting readers to take part in love's radical transformation.

*Meres-Sia Gabriel*  
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<http://www.ITwirlintheSmoke.com>  
<http://www.palmoilpress.com>

*"A refreshing journey from cover to cover." -Dr. Afriye Quamina*  
*"A very brave and honest book." -Opal Palmer Adisa*