

PROGRAM FOR SURVIVAL

Free Breakfast Program

Provides children a free, hot breakfast every school morning.

People's Free Food Program

Provides free food to Black and other oppressed people.

Liberation Schools

Provides free educational facilities and materials to Black and other oppressed children to promote a correct view of their role in the society.

Intercommunal Youth Institute

Provides Black and other oppressed children with a scientific method of thinking and analyzing things, basic skills for living in the society and a concrete alternative to established learning institutions.

Legal Aid Educational Program

Provides full legal assistance to those involved in legal problems, as well as legal aid classes.

Free Busing to Prisons Program

Provides free transportation to prisons for families and friends of incarcerated men and women.

Free Commissary for Prisoners Program

Provides imprisoned men and women with the funds to purchase necessary commissary items inside the prison.

David Hilliard People's Free Shoe Program

Provides free shoes to the people made at the David Hilliard Free Shoe Factory, and elsewhere.

Seniors Against A Fearful Environment (S.A.F.E.) Program

Provides free transportation and escort service for senior citizens to and from community banks the first of each month.

People's Free Community Employment Program

(Being Implemented)

Provides free job-finding services to poor and oppressed people who cannot find work.



FREE BUSING TO PRISONS PROGRAM

People's Free Medical Research Health Clinics

Provides free medical treatment and preventative medical care for the people.

People's Free Plumbing and Maintenance Program

Provides free plumbing and repair services to improve people's housing conditions.

Community Cooperative Housing Program

(Being Implemented)

Provides decent housing, cooperatively owned and managed by the resident families.

People's Sickle Cell Anemia Research Foundation

Instituted to test and establish a cure for Sickle Cell Anemia, to create better educational programs around Sickle Cell Anemia and maintain an advisory committee of doctors already researching Sickle Cell Anemia.

People's Free Clothing Program

Provides new, stylish and quality clothing free to the people.

Intercommunal News Service

Provides news and information about the Black and other oppressed communities throughout the U.S. and the world.

Free Pest Control Program

Free household extermination of rats, roaches, ants and other disease carrying pests and rodents.

People's Free Ambulance Service

(Being Implemented)

Provides free, 24-hour speedy transportation to people in need of emergency medical care.

People's Free Dental Program

(Being Implemented)

Provides free dental check-ups and treatment for the people, as well as an educational program for dental hygiene and preventative dental care.

People's Free Optometry Program

(Being Implemented)

Provides free eye examinations, treatment and eye correctional equipment (glasses, etc.) for the people.

The Black
Panther
Party

Peoples' Free Health Center

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Huey P. Newton, Minister of Defense of the Black Panther Party, has said that the Party must engage in activities that will teach the people. This very important statement refers to the fact that everything the Black Panther Party engages in should serve to educate people to the conditions and how to change those conditions.

Black people's history in this country has been a long, endless struggle against abuses, murders and the systematic denial of our human rights. This government has refused Black people the basic freedoms and rights that all human beings are entitled to: nourishing food, decent housing, adequate clothing, and most of all the right to the best that human knowledge and technology are able to produce.

That is to say, since America can put a man on the moon, America can certainly feed all of its people. Doctors can transplant hearts, kidneys and other vital organs; however, there are people dying in the Black community from tetanus and other simple, curable diseases.



*Panther Wayne Thomas,
helping Mrs. Mack, mother of
Frank Lynch, down the stairs of the trailer.*

If we examine the medical facilities in any Black community, it is plain to see that these facilities leave much to be desired. Understaffed hospitals, undertrained staffs, overcrowded wards, and under-equipped medical teams are found throughout the Black community. All of the medical abuses perpetrated against Black people are done under the guise of "serving the people." In reality, the racist doctors and medical personnel could care less about the lives of the Black people.

In response to the growing need for medical attention in the Black community, the Boston Chapter of the Black Panther Party has opened the People's Free Health Center. The Health Center is located at Ruggles and Tremont, on part of the land to be used for the new super highway. As part of Operation Stop, sponsored by the Boston Black United Front.



Mrs. Mack, presenting picture of her son, Frank Lynch, shot down by a racist pig while a patient at Boston City Hospital at opening of Peoples Free Health Center.

Health Center shows that this land truly belongs to the people; therefore, it should be used in the interests of the people. A highway cutting through the Black community will mean air pollution, increased accidents, housing shortages, and excessive noise. The Free Health Center occupies this land illegally according to the law, but we feel that the people's authorization is the only authorization necessary.



The Free Health Center will open, initially, only four times a week. As more people become involved, the Center will open twenty-four hours a day. Presently, opening hours are on Saturday and Sunday from 2-6 pm and Tuesdays and Thursdays from 7-11 pm. Community volunteers are needed to act as people's advocates, drivers, security to assist doctors and nurses, and to help implement health campaigns. Classes are available for people to learn first aid and to train as lab technicians. Black doctors and other medically skilled people are needed in particular.

Services provided will be similar to those of a family doctor, including immunization, tests for diseases, emergency first aid, but most important of all, health education. High mortality rates from common illnesses and diseases in Black communities and other poor communities are completely preventable and curable if people are educated to their dangers.



INSIDE OF PEOPLES FREE HEALTH CENTER

The present health care system is not aimed at alleviating the health problems of the people. Priority is given to making money rather than to serving the needs of the people. The People's Free Health Center is an alternative to show the power of the people in dealing with a specific problem. The success of the Free Health Center depends on the People's Support.

For Information call 442-0100

SEIZE THE TIME

LEAD POISONING- THE MAN-MADE DISEASE

Technology, if controlled by the majority of the people, could be a tool used to serve humankind and make our environment and existence more pleasant and productive. Advancements in science should ease our work load and help end human misery, not create mass unemployment and economic exploitation. At present, the individuals who control this country use technology to create the oppressive conditions that exist. The man-made conditions of pollution and indecent housing have brought about a man-made disease: lead poisoning.

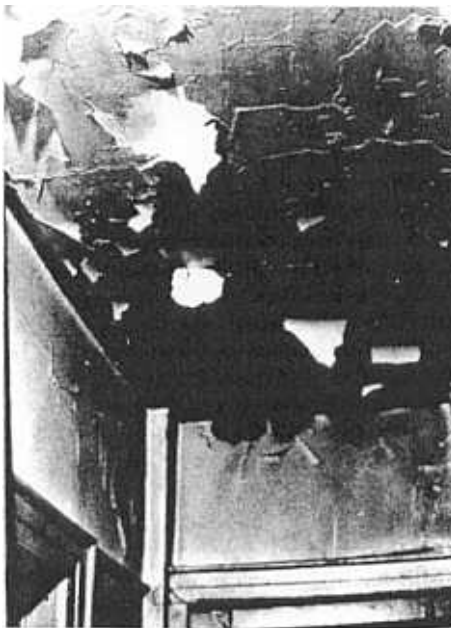
Lead poisoning (Plumbism) is caused an accumulation of the poisonous element, lead, in the body. Black and other poor children who live in wretched housing conditions in large cities suffer from Plumbism more than any other group. Children are more susceptible to lead poisoning than adults and small amounts in their systems may prove to be fatal. More than 400,000 children suffer from lead poisoning each year. The primary cause of this man-made disease in our youth is due to the eating of the sweet-tasting chips of lead-based paints that peel off of the walls of old, delapidated housing. Lead-based paints were used primarily on houses built before 1940, although some paints that contain lead are still used. Because slumlords refuse to repair the rundown buildings that they rent to poor people, the peeling paint is easily accessible to hungry children.

Toxic levels of lead may already be accumulating in the systems of children and adults because of the lead in our polluted atmosphere. Lead is used as a gasoline additive and every year about 400 million pounds of lead are poured into the air we breathe from automobile exhaust fumes. Children in the inner cities may accumulate near poisonous levels of lead from the air. Other possibly dangerous sources of lead may include improperly glazed home-made pottery, lead-soldered food containers and contaminated food.

Lead poisoning causes much damage to the human body, and may cause death. It may cause permanent brain damage in children, sometimes bringing about swelling of brain tissue and damage to nerve cells. It may cause anemia, severe mental retardation or epilepsy. Other reported effects of lead poisoning include lowered fertility, problems with pregnancy and birth defects. Symptoms of the disease are abdominal pain, constipation and mental

disorders. Even if the amounts of lead in the body do not reach acute levels, damage may still occur. Some reported effects of gradual lead accumulation include loss of appetite, continual fatigue, and apathy; all of which will affect a child's performance in school and at home.

Even though the number of children being poisoned by lead substances is overwhelming, the government has not implemented a massive testing program, not even in the large urban areas where many people are affected. Measles vaccinations are mandatory for admission to schools. Measles is a disease that strikes approxi-



Eating lead-based paint, peeling off old walls, is the main source of lead poisoning in Black children.

mately 75,000 children annually, while there are over 400,000 children poisoned by lead yearly in this country. There is no lead detection program similar in scope to the measles prevention program. Little do the rich people who control the government care about Black and other poor children suffering from brain damage by lead poisoning. It has been reported that from 6 to 10 percent of the children in poor urban communities have dangerous levels of lead in their bodies. However, lead poisoning can be halted if discovered in time. Certain compounds known as "chelating agents" are given to the victim. These chelating agents bind the lead atom and make it soluble, the body can then excrete it.

Earlier tests for Plumbism were too expensive to be conducted by most private clinics and organizations because each test would have cost between \$1 and \$5. Earlier methods of testing were also very complicated. However, it was revealed that an extremely effective technique has been developed for the detection of lead in humans. This new technique is ideal for use in mass screening programs because it is inexpensive and can be easily administered. The new testing method was developed by Dr. Sergio Piomelli, professor of pediatrics at New York University School of Medicine, and it can be administered at a cost of about 2¢ per person. Testing can be done outside of hospitals and labs, or large numbers of blood samples can be mailed into a laboratory to be analyzed. The test is called the Free Erythrocyte Porphyrins Test (FEP); it can not only be used to diagnose severe lead poisoning, but also to detect early stages of lead intoxication. Therefore, the test can be used to stop lead poisoning before it does irreparable damage. A massive effort is needed to implement lead testing programs all over the country in order to combat this form of genocide. The Free Medical Research Health Clinics of the Black Panther Party in several cities are implementing lead poisoning testing programs in order to meet the health needs of the people.

To conduct screening tests is only part of the process of eliminating lead poisoning. In order to get rid of the man-made disease we must change the conditions that created the poison. When a child is treated for Plumbism and afterwards returns to a decaying house with lead painted walls, the purpose of the treatment is defeated. Slumlords must be forced to repair these houses, remove the lead paint and re-do the walls with non-toxic paint.

Lead poisoning is a problem caused by those who control the wealth of this country. They have poisoned the minds of our people with their propaganda. They have poisoned our lives with misery. They have poisoned our environment and they continue to poison our children's bodies. Through constant struggle we can eliminate these poisons, no matter how strong the oppressor's poisons are, the universal antidote to all of them is the total transformation of the system in which they were produced.

ALL POWER TO THE PEOPLE



Every mother wants a decent place to live for her children.



No mother wants her children to play in places like this.

SILENT EPIDEMIC



The U.S. government doesn't care about Black children.

The Black community is constantly plagued by diseases that stem directly from our unique form of oppression within America. Since our migration from the South to the East and West, we have always been forced, because we are poor, to live under the most degrading, dehumanizing conditions. Very often the buildings we live in are crumbling havens for rats, roaches and exposure to the heat and cold. Anemia and malnutrition are everyday occurrences, due to our inadequate diets. Often the buildings we are forced to live in are twenty to thirty or fifty years old. The paint used in buildings in those days was high in lead content (part of the paint base). Quite often slumlords today will paint over the lead-based paint, rather than scrape it off. As the thin layer of lead-free paint wears off and the old paint begins to peel, small children are often attracted to it, because of its softness and sweet taste. They usually pick this paint from walls and eat it. A child need only eat two or three flakes of paint for three months to accumulate a lethal (deadly) dose. One small chip of this old paint can contain 100 milligrams of lead. Enough chips can result in lead poisoning.

The mortality rate from the brain disease which lead poisoning causes has been very high. And, the only thing that U.S. scientists can come up with is the use of penicillin, which

has merely reduced the number of deaths of people affected from 66% to 30%. However, one-quarter of those who do survive lead poisoning suffer brain damage. Also, not only will brain damage occur, but the lead residue will be deposited into the bones of the victim. The appearance of symptoms is slow, because lead poisoning is a "cumulative disease" (builds up over a period of time); and the symptoms appear only after the high lead level is already destroying the body.

The symptoms that appear can often be mistaken for other things. They are: general weakness, constipation, stomach ache, anemia, retardation, nausea, convulsions, hyperactivity, or a bluish "lead-line" on the gums. The only way to alleviate some of the pain and deterioration of health is to stop the intake of lead. Penicillin is then usually given to the victim. But first, a mother has to know that her child has been eating paint, to begin to know what is wrong.

An unfortunately typical example of the tragedy in our community caused by the rotten housing conditions that result in lead poisoning occurred recently in Brooklyn, New York. Thirteen month old Patricia Annette Barnes, lives with her mother, two brothers and sister in a small apartment there. Mrs. Barnes discovered Patricia eating the sweet-tasting chips of paint

from a hole in the wall of her apartment. When Patricia was taken to a hospital, doctors took X-rays and bloodtests. She was given penicillin to stop the lead from depositing into her bones and upon her brain. However, Patricia was still not free from the effect of the poison, already in her system. Certainly none of the family was. Mrs. Barnes was naturally afraid for all of her children. She therefore contacted the New York City Board of Health and asked them to inspect her apartment building. After a while, the Board of Health "generously" sent an investigator to "look things over". He promised to have the slumlord make the necessary repairs. The inspector never returned. The repairs have not been made.

All of this points out painfully clearly how little the government cares about our children. Our children could have convulsions, go into comas or die, from lead poisoning. But the state and federal governments seem to feel that the incidences of lead poisoning are not "widespread" enough to "bother with". If we are to survive, we ourselves must develop ways in which to detect and cure ourselves of diseases which are the result of the greed of the few men who lay claim to all our lives.

ALL POWER TO THE PEOPLE
New York State Chapter
Black Panther Party

S.A.F.E. EXPANDS SERVICES FOR SENIOR CITIZENS

(Oakland, Calif.) - In order to meet the needs of senior citizens, the Community Learning Center's Seniors Against A Fearful Environment (S.A.F.E.) Program has expanded to include free legal aid services.

S.A.F.E., a transport/escort program (now established as a nonprofit corporation), was started by a group of concerned young and old for the purpose of preventing muggings and attacks upon the elderly, particularly when they go out to cash their meager social security or pension checks.

However, the numerous needs of senior citizens, a segment of American society sadly neglected and cruelly treated, has quickly caused S.A.F.E. to expand its services in order to provide free transportation for senior citizens to do their shopping, keep doctors' appointments, cash checks and any other necessary activities.

Discussing the newly-created Legal Aid Program, Ms. Arlene Clark, S.A.F.E. coordinator, explained that senior citizens don't always need lawyers, but just legal counseling, in many cases.



Senior citizens aboard free transportation provided for their many errands.

A majority of senior citizens receive Social Security checks and/or welfare checks. If these checks are late, or suddenly cut off, or if any other problems develop, senior citizens can call S.A.F.E.'s free Legal Aid Program for advice and information at (415) 562-5261.

Another function of the legal aid services is to keep senior citizens informed of their rights and the numerous federal, state and local programs under which they may qualify for help.

Ms. Clark mentioned that any senior citizen who needs a lawyer is visited at home by the lawyer and a S.A.F.E. worker. If the legal problem requires a hearing or goes to trial, the lawyer represents the senior citizen free of charge.

In addition to the legal aid services, S.A.F.E. volunteer workers have written several proposals to various Oakland

agencies in order to secure transportation needed to help senior citizens do their errands.

The various strains of influenza that annually hit thousands are particularly dangerous for elderly people. Along with the People's Free Medical Research Health Clinic, located at 3236 Adeline Street in Berkeley, the S.A.F.E. program gives free flu shots to senior citizens. Interested persons may call the Clinic at (415) 653-2534.

The S.A.F.E. program is endorsed by the Allen Temple Senior Citizens Club, the East Oakland Senior Citizens Club, and the senior citizens group at the Pleasant Grove Baptist Center.

For further information concerning S.A.F.E.'s legal aid services or other programs, you may call Ms. Arlene Clark or Brother Ralph McClain at 562-5261. □

THIS WEEK IN BLACK HISTORY

NOVEMBER 17, 1842

The capture of runaway slave George Latimore in Boston, Massachusetts, on November 17, 1842 precipitated the first of several controversial fugitive slave cases which divided people both North and South into opposing factions. Boston abolitionists eventually raised enough money to purchase Latimore from his slave master.

NOVEMBER 20, 1922

As a wave of escalating racist terror and violence engulfed his state, the governor of Louisiana was told to report to the White House to confer on Ku Klux Klan activities on November 20, 1922.

NOVEMBER 20, 1962

Attempting to establish a "liberal" reputation, President John Kennedy issued an Executive Order barring racial and religious discrimination in federally-financed housing on November 20, 1962.

Like other Executive Orders in the past, this one accomplished little.

NOVEMBER 16, 1970

Led by Ossie Davis and Dick Gregory, on November 16, 1970, a contingent of Black and Puerto Rican people asked the United Nations to censure the United States for what they called "a policy of genocide" against minority groups. The delegation met with U.N. officials from the Human Rights Commission, who promised to put the matter on the agenda the next year.

NOVEMBER 19, 1972

On November 19, 1972, Baton Rouge, Louisiana, Sheriff Al Amiss admitted that 00 buckshot from rifles fired by some of his deputies might have killed two Black Southern University students three days before. That same day, two Southern University professors were fired by S.U. President G. Leon Netterville, also Black, for allegedly serving as advisors to dissident students who were protesting for greater determination in decision making affairs on the predominately Black S.U. campus at the time of the killings.



"Until We're Free"

A powerful, yet tender and important new album by Elaine Brown. The songs on the album weave a beautiful tapestry of protest against the quality of life for Black Americans. Listeners will find themselves engulfed in a flow of emotion as Elaine's melodic voice works its magic. Once you have heard "Until We're Free", you will understand why Huey P. Newton says: "A consuming talent, a total dedication and a proven commitment are combined in Elaine Brown, making her the first, genuine People's Artist America has produced."

To Purchase This Album, Send \$3.75 Cash Or Moneyorder To: Central Distribution, 8501 E. 14th Street, Oakland, California 94621.

Also Available At Major Record Stores Near You.

SONGS WRITTEN AND PERFORMED BY ELAINE BROWN

Album produced and distributed by MOTOWN RECORD CORP



The S.A.F.E. program serves the needs of elderly people, a segment of American society sadly neglected.