

A close-up photograph of two hands, one from the left and one from the right, gently holding a single green pea pod. The pod is split open, revealing several bright green peas inside. The hands are positioned over a dark, rich, and textured soil. The lighting is soft, highlighting the texture of the skin and the vibrant green of the peas.

# CERES

## 2018 COURSE GUIDE


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**LEARNING EXPERIENCES THAT NURTURE YOU AND THE EARTH**  
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[ceres.org.au](http://ceres.org.au)





# CERES COURSE GUIDE 2018

Visit [ceres.org.au](http://ceres.org.au) for course and booking details

<b>COOKING</b> 	from	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Authentic Mexican	\$85				14 <sup>TH</sup>							10 <sup>TH</sup>	
Edible Weeds	\$85						23 <sup>RD</sup>						
Fermentation	\$85				28 <sup>TH</sup>	19 <sup>TH</sup>		7 <sup>TH</sup>		9 <sup>TH</sup>		17 <sup>TH</sup>	
◆ Food for FODMAP Friends	\$85										20 <sup>TH</sup>		
◆ Food for Mind + Gut	\$85			4 <sup>TH</sup>									
Home Brewing	\$63				7 <sup>TH</sup>							24 <sup>TH</sup>	
Indian Cooking	\$85			17 <sup>TH</sup>				22 <sup>ND</sup>			28 <sup>TH</sup>		
◆ Olive Magic	\$85					12 <sup>TH</sup>							
Passata Making	\$85			25 <sup>TH</sup>									
◆ Pasta with Passione!	\$85							1 <sup>ST</sup>					
Preserving at Home	\$85			18 <sup>TH</sup>									2 <sup>ND</sup>
Raw Living Wholefoods	\$65					12 <sup>TH</sup>							8 <sup>TH</sup>
Rustic Italian Cooking	\$85							15 <sup>TH</sup>					
Seasonal Cooking at Joe's Garden Coburg	\$10		3 <sup>RD</sup>	3 <sup>RD</sup>	1 <sup>ST</sup>	6 <sup>TH</sup>	3 <sup>RD</sup>	1 <sup>ST</sup>	5 <sup>TH</sup>	2 <sup>ND</sup>	7 <sup>TH</sup>	4 <sup>TH</sup>	2 <sup>ND</sup>
Sourdough Bread Baking	\$165		4 <sup>TH</sup> & 25 <sup>TH</sup>	25 <sup>TH</sup>	28 <sup>TH</sup>	27 <sup>TH</sup>	30 <sup>TH</sup>		25 <sup>TH</sup>	23 <sup>RD</sup>	27 <sup>TH</sup>	25 <sup>TH</sup>	
The Environmental Chef - Kids workshop	\$50							4 <sup>TH</sup>					
Vegan Cooking	\$85					6 <sup>TH</sup>			26 <sup>TH</sup>				

<b>CHEESE</b> 	from	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Blue Cheese	\$150							8 <sup>TH</sup>					
Cheddar Cheese	\$150						17 <sup>TH</sup>				21 <sup>ST</sup>		
Fetta & Haloumi Cheese	\$150		11 <sup>TH</sup>		22 <sup>ND</sup>	20 <sup>TH</sup>			5 <sup>TH</sup>			11 <sup>TH</sup>	9 <sup>TH</sup>
Mozzarella Cheese	\$150				29 <sup>TH</sup>							18 <sup>TH</sup>	
Soft Goats Curd & Goat Camembert Cheese	\$150						3 <sup>RD</sup>						
Triple Cream Brie Cheese	\$150				8 <sup>TH</sup>					1 <sup>ST</sup>			
Vegan Cheese Making	\$85				8 <sup>TH</sup>				4 <sup>TH</sup>		14 <sup>TH</sup>		
Washed Rind Cheese	\$150										7 <sup>TH</sup>		

<b>CRAFT</b> 	from	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Ancient Basketry	\$105		3 <sup>RD</sup>		7 <sup>TH</sup>		3 <sup>RD</sup>		11 <sup>TH</sup>		14 <sup>TH</sup>		1 <sup>ST</sup>
Braided Rugs	\$99		10 <sup>TH</sup>			12 <sup>TH</sup>			11 <sup>TH</sup>			3 <sup>RD</sup>	
Coil Stitch Basket Weaving with Native Grass	\$105					27 <sup>TH</sup>						17 <sup>TH</sup>	
Darn It! The Art of Repair	\$75										6 <sup>TH</sup>		
Ethical Fish Leather Tanning	\$95					12 <sup>TH</sup>						25 <sup>TH</sup>	
◆ Intro to Traditional Tanning	\$95				22 <sup>ND</sup>							10 <sup>TH</sup>	
Intro to Aromatherapy	\$63					5 <sup>TH</sup>					20 <sup>TH</sup>		
Kitchen Medicine	\$63					27 <sup>TH</sup>					14 <sup>TH</sup>		
◆ Make your Mark - Intro to Printmaking	\$72					26 <sup>TH</sup>				22 <sup>ND</sup>			
Natural Cosmetics	\$99		10 <sup>TH</sup>				24 <sup>TH</sup>		25 <sup>TH</sup>			24 <sup>TH</sup>	
Natural Dyeing	\$99		24 <sup>TH</sup>		21 <sup>ST</sup>		2 <sup>ND</sup>			8 <sup>TH</sup>			1 <sup>ST</sup>
◆ Plastic Bag Upcycling	\$54				22 <sup>ND</sup>								
◆ Plastic Bag Upcycling for Teens	\$50							5 <sup>TH</sup>					
Rag String Vessels	\$99										21 <sup>ST</sup>		
Sacred Smudge Sticks	\$35				7 <sup>TH</sup>							10 <sup>TH</sup>	
Soap Making	\$99		11 <sup>TH</sup>		28 <sup>TH</sup>		24 <sup>TH</sup>			8 <sup>TH</sup>		18 <sup>TH</sup>	
Soy Candle Making	\$72				28 <sup>TH</sup>								2 <sup>ND</sup>

<b>GARDENING</b> 	from	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Backyard Beekeeping	\$105		3 <sup>RD</sup>	10 <sup>TH</sup>						8 <sup>TH</sup>	13 <sup>TH</sup>	10 <sup>TH</sup>	
Complete Backyard Beekeeper (3 sessions)	\$189		21 <sup>ST</sup> & 28 <sup>TH</sup>	3 <sup>RD</sup>									
Edible Weeds	\$85							23 <sup>RD</sup>					
Gardening in Small Spaces	\$85			17 <sup>TH</sup>								10 <sup>TH</sup>	
◆ Gardening with Indigenous Plants	\$85			18 <sup>TH</sup>									
Garden Design	\$85												
◆ Growing & Cooking with Bushfoods	\$85					29 <sup>TH</sup>		19 <sup>TH</sup>					
Growing Berries	\$85							16 <sup>TH</sup>					
Growing Great Tomatoes	\$85										13 <sup>TH</sup>		
Growing Mushrooms	\$135				14 <sup>TH</sup>			7 <sup>TH</sup>			13 <sup>TH</sup>		
Herb and Companion Planting	\$85											24 <sup>TH</sup>	
Intro to Permaculture (2 days)	\$180							16 <sup>TH</sup> & 23 <sup>RD</sup>			7 <sup>TH</sup> & 21 <sup>ST</sup>		
Kitchen Gardens for Schools and the Community	\$85				21 <sup>ST</sup>					15 <sup>TH</sup>			
Kitchen Medicine	\$63					27 <sup>TH</sup>					14 <sup>TH</sup>		
◆ Organic Growing with Biodynamic Methods (2 days)	\$180					19 <sup>TH</sup> & 20 <sup>TH</sup>							
Organic Propagation of Vegetables and Herbs	\$85								19 <sup>TH</sup>				
Organic Vegetable Gardening (2 days)	\$180			8 <sup>TH</sup> & 15 <sup>TH</sup>						16 <sup>TH</sup> & 23 <sup>RD</sup>			
Pruning and Care of Fruit Trees	\$85						17 <sup>TH</sup>						
◆ Taking Permaculture to the Edge	\$108		25 <sup>TH</sup>										
Understanding Soils	\$85							8 <sup>TH</sup>			28 <sup>TH</sup>		
* Complete Urban Farmer	\$107 - \$710		1 <sup>ST</sup> Feb - 4 <sup>TH</sup> May	7 <sup>TH</sup> Mar - 6 <sup>TH</sup> Jun	2 <sup>ND</sup> Jul - 8 <sup>TH</sup> Oct	10 <sup>TH</sup> Aug - 16 <sup>TH</sup> Nov	18 <sup>TH</sup> Aug - 17 <sup>TH</sup> Nov	13 <sup>TH</sup> Sep - 13 <sup>TH</sup> Dec					
Complete Urban Farmer - Advanced	\$410							15 <sup>TH</sup> Jun - 3 <sup>RD</sup> Aug					
* Intro to Landscaping and Garden Maintenance	\$85 - \$450						4 <sup>TH</sup> May - 6 <sup>TH</sup> Jul						
◆* Intro to Therapeutic Horticulture	\$79 - \$530						7 <sup>TH</sup> May - 25 <sup>TH</sup> Jun						
* Sustainable Gardening	\$65 - \$430		6 <sup>TH</sup> Feb - 27 <sup>TH</sup> Mar				29 <sup>TH</sup> May - 27 <sup>TH</sup> Jul					9 <sup>TH</sup> Oct - 4 <sup>TH</sup> Dec	

<b>SUSTAINABILITY</b> 	from	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
* Environmental Education	\$88 - \$480			21 <sup>ST</sup> Mar - 16 <sup>TH</sup> May						3 <sup>RD</sup> Sep - 22 <sup>ND</sup> Oct			
◆* Intro to Sustainable Events Course	TBA					TBA							
Permaculture Design Course (PDC) - 100 hour	\$1,690			7 <sup>TH</sup> Feb - 27 <sup>TH</sup> May						8 <sup>TH</sup> Aug - 25 <sup>TH</sup> Nov			
The Environmental Chef - Kids Workshop	\$50							4 <sup>TH</sup>					

Please refer to [www.ceres.org.au](http://www.ceres.org.au) as course dates are subject to change

◆ New Course \* ACFE Subsidised Course





### LANDSCAPING & GARDEN MAINTENANCE

Learning the basics of how to create and maintain a garden from exploring design options through to caring for chosen plants. This course will teach you about possible horticulture training, volunteering and career pathways. Join CERES Trainer, Belinda Kennedy as she introduces you to the stages of designing, building, planting and maintaining a garden.

### THE COMPLETE URBAN FARMER

The Complete Urban Farmer course combines fourteen sessions including an introduction to permaculture, composting, bee keeping, propagating and seed saving, organic gardening – the list goes on! This program will give you the skills and knowledge to apply to your own urban patch or help you decide if a career in horticulture/permaculture is for you.

The eight week Complete Urban Farmer Advanced delves deeper into our most popular Complete Urban Farmer topics. In-depth sessions on site analysis, design features, fruit production and fertilising with some additional sessions on food forests, habitats and DIY construction.



### SUSTAINABLE GARDENING

Interested in hands on sustainable gardening? Enthused about growing your own organic fruit, herbs and vegetables to share with your family and friends? If you want to know more about organic gardening but don't know where to start than this course is for you. Join CERES Trainer, Justin Calverley as he introduces you to the basics of horticulture, permaculture and organic gardening.

### INTRO TO THERAPEUTIC HORTICULTURE

This course covers a wide variety of techniques and processes where gardens and garden-based activities are designed and used to support the physical, mental and social health of individuals in hospitals, Aged Care, Disability, Youth and Justice, Mental Health, as well as in individual's homes and community gardens. The course is appropriate for both those with limited knowledge of horticulture or community/health support as well as those who may already have a experience in these areas and wish to find out more about the links between these fields.



### ENVIRONMENTAL EDUCATION

This course has been designed for people interested in creating change for sustainability through education and communication. Experienced educators and industry mentors will take you through experiential approaches to environmental education and effective ways to change behaviours and take action for sustainability.

### PERMACULTURE DESIGN COURSE

CERES PDC follows the Permaculture Educators Guild Syllabus which includes urban issues & reading the landscapes of cool temperate south-eastern Australia. The course is a mix of classroom presentations, workshops, design exercises, practical exercises and visits to properties to see permaculture in action. The 100 hour course includes two catered weekends away. Delivered by a range of practicing permaculturists including David Holmgren, Joel Meadows & Graeme George.

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**Visit [ceres.org.au](http://ceres.org.au) for course and booking details**

CERES provides tailored programs for small and large groups. CERES can also come to you.  
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CERES ENVIRONMENT PARK: CNR ROBERTS & STEWART STREETS, BRUNSWICK EAST, VICTORIA