



HENS

DESERVE

BETTER



## WHICH EGGS SHOULD I BUY?

### X DON'T BUY CAGE EGGS

HENS ARE UNABLE TO FLAP THEIR WINGS OR LAY THEIR EGGS IN A NEST - THAT'S WHY CAGE EGGS ARE CHEAP

### ✓ DO BUY CAGE-FREE EGGS

HENS IN BARN AND FREE RANGE SYSTEMS ARE NOT CONFINED TO CAGES AND CAN LAY THEIR EGGS IN A NEST

### ✓ LOOK FOR CERTIFIED BARN LAID OR FREE RANGE EGGS

BUY PRODUCTS CERTIFIED BY A TRUSTED ORGANISATION LIKE THE RSPCA. VISIT [HENSDESERVEBETTER.ORG.AU](https://hensdeservebetter.org.au) TO LEARN MORE ABOUT HENS OR [SHOPHUMANE.ORG.AU](https://shophumane.org.au) TO FIND YOUR NEAREST STOCKISTS

**RSPCA** 