



# USA GYMNASTICS NATIONAL TEAM TRAINING CENTER PARTICIPANT INFORMATION & WAIVER

## PARTICIPANT'S PERSONAL INFORMATION

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

e-mail \_\_\_\_\_ Date of birth \_\_\_\_\_

Home phone \_\_\_\_\_ Cell phone \_\_\_\_\_

USA Gym Membership # \_\_\_\_\_ U.S. Citizen  YES  NO If no, what nationality? \_\_\_\_\_

## PARTICIPANT'S EMERGENCY CONTACT INFORMATION

Name \_\_\_\_\_ Relation \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home phone \_\_\_\_\_ Cell phone \_\_\_\_\_

## PARTICIPANT'S GYMNASTICS INFORMATION

DISCIPLINE:  Men  Women  Rhythmic  Trampoline/Tumbling  Acrobatic Gymnastics  Group Gymnastics

FUNCTION:  Athlete  Coach  Judge  Staff  Medical  USA Gym Employee  Guest

EVENT TYPE(S):  National Team Camp  Developmental or Junior Camp  International  Educational/Other



USA GYMNASTICS.

# USA Gymnastics National Team Training Center

# WAIVER AND RELEASE

The undersigned will be present at and participate in activities at USA Gymnastics National Team Training Center. Such activities may include, but without limitation, instruction, training and competition in the sport of gymnastics, social and recreational activities, lodging, meals, transportation and other services (any and all of the foregoing are referred to in this document as "Activities").

The USA Gymnastics National Team Training Center is located in Huntsville, Texas and is owned by BMK Training Facilities, Ltd. ("BMK"). Various activities at the USA Gymnastics National Team Training Center may be organized, provided, or conducted by affiliated persons or entities including Wise Events and Catering, Inc. and Bela Karolyi, and such affiliated persons or entities are collectively referred to herein and solely for purposes of this document as "Karolyi."

In consideration of the opportunity to be present at and participate in the Activities at the USA Gymnastics National Team Training Center, the undersigned, individually, and on behalf of his/her heirs, personal representatives, administrators, successors and assigns (collectively referred to herein as "Participant"), AGREES TO ASSUME THE RISK AND RESPONSIBILITY AND TO WAIVE, RELEASE AND TO INDEMNIFY USA Gymnastics and its employees, directors, officers, committees members, officials, volunteers, affiliates, sponsors, suppliers, and agents, and their respective successors and assigns (collectively referred to herein and solely for purposes of this document as "USA Gymnastics") and Karolyi as follows:

## 1. ASSUMPTION OF RISK AND RESPONSIBILITY.

- A. Participant recognizes, understands, appreciates and acknowledges: (i) the risks and dangers of injury that may occur in the course of being on the grounds of the USA Gymnastics National Team Training Center and participating in the Activities (including, for example, but not by way of limitation, activities involving height and rotation, skills and techniques, and facilities, equipment, apparatus, mats, and pits unique to the sport of gymnastics and its various disciplines); (ii) that my presence at the USA Gymnastics National Team Training Center and/or my participation in Activities may involve risk of bodily injury (including, for example, but not by way of limitation, injuries to bones, joints, muscles and internal organs), illness, disability or paralysis (whether temporary, permanent, total or partial), death, or other harm; and (iii) that Participant voluntarily engages in the Activities with adequate prior knowledge of such risks and dangers.
- B. Participant voluntarily decides to participate in the Activities, and agrees to and does assume all legal and financial responsibility for: (i) any and all risks and dangers referred to in the preceding paragraph; (ii) any and all injuries, damages and losses, whether to person or property, and whether physical, psychological, social or economic, that Participant may in any manner and from whatever cause sustain in connection with attendance and participation in the Activities, including such injury, damage or loss that may result from the negligence of USA Gymnastics, Karolyi, or from any other cause; and (iii) all treatment, hospitalization and other care rendered to Participant in connection with any of the foregoing, including in the event of his/her injury, illness or other emergent circumstance.

**2. RELEASES AND INDEMNIFICATION.** Participant hereby fully and forever releases, discharges, holds harmless and agrees to indemnify USA Gymnastics and Karolyi from and against any and all liabilities, losses, damages, claims, demands, litigation, and judgments, present or future, known or unknown, foreseeable or unforeseeable, valid or invalid, direct or consequential, together with reasonable costs and attorney fees (collectively referred to herein as "Claims"), (i) which result, directly or indirectly, from bodily injury, illness, disability or paralysis (whether permanent, temporary, total or partial), death, or other harm to Participant, third parties, or Participant's property, or the property of third parties, and (ii) which are caused by or result, directly or indirectly, from Participant's attendance at and participation in the Activities, or otherwise. Such waiver, release, and indemnification applies to any Claims incurred during or in connection with, or otherwise caused by, arising from, resulting from, or connected to, any of the Activities and the conduct and management thereof by USA Gymnastics, Karolyi, or any third party, including any risks or dangers referred to in paragraphs 1.A. and 1.B., above, whether such Claims result from the negligence of USA Gymnastics, Karolyi, or from any other cause, to the fullest extent permitted by law.

**3. USE OF IMAGE.** I hereby grant to USA Gymnastics the non-exclusive, perpetual right to use my name, image, likeness, or voice (together, "Identifications") and to photograph, record or video me, in connection with my participation in the Activities, for the purpose of promoting the sport of gymnastics and all of the programs, activities and work of USA Gymnastics. Such use may be in any medium, whether now known or hereafter devised, including, but not limited to, print, electronic, television, film, digital, website, online, video streaming and social media entries. In no event, however, may USA Gymnastics, by virtue of this specific grant of rights, use my Identifications for purposes of my endorsement of any commercial product or service without my prior written permission. This grant of rights shall be in addition to, and shall in no manner limit or affect, any other consent, permission, grant, or license that I may have given or in the future may give to USA Gymnastics for the use of my Identifications or performances in or related to the sport of gymnastics.

**4. TERM.** This Waiver and Release of Liability shall remain valid for the entire calendar year in which it is executed (expiring on December 31 of that year) or until it is expressly revoked by written notice from me to USA Gymnastics, whichever occurs first; provided however, that any such revocation shall not in any manner affect the waiver, release of liability, and indemnification given hereunder for any acts or occurrences prior to such receipt of said written notice by USA Gymnastics or prior to termination of my participation.

I HAVE READ THIS DOCUMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

I HAVE RECEIVED A COPY, HAVE READ, UNDERSTAND AND AGREE TO THE RULES OF THE NATIONAL TEAM TRAINING CENTER.

Print Name of Participant \_\_\_\_\_ Date \_\_\_\_\_

Signature of Participant \_\_\_\_\_

### FOR PARTICIPANTS OF MINORITY AGE

This is to certify that I/we, as parent(s)/legal guardians(s) with legal responsibility for the Participant, do hereby consent and agree not only to his/her assumption of risk, waiver, release and indemnification, but also for myself/ourselves, and my/our heirs, personal representatives, administrators, successors and assigns, to waive, release and indemnify USA Gymnastics, and Karolyi from any and all Claims incident to my/our child's participation in the Activities as stated above, even if arising from the negligence of USA Gymnastics, Karolyi or otherwise, to the fullest extent permitted by law.

Print Name of Parent/Legal Guardian \_\_\_\_\_ Date \_\_\_\_\_

Signature of Parent/Legal Guardian \_\_\_\_\_

# USA Gymnastics National Team Training Center

# RULES

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USA Gymnastics National Team Training Center provides a world-class training and educational facility for our national and developmental teams. The safety of the participants at NTTC activities is paramount, and it is the responsibility of everyone to promote a safe, healthy environment. Participants are expected to comply with all of USA Gymnastics rules, policies, Bylaws, and Safe Sport Policy, as well as the policies and procedures outlined in the U.S. Center for SafeSport's Code for the U.S. Olympic and Paralympic Movement.

## GENERAL CONDUCT

- Minimum age for any participant is 7 years old.
- Be respectful of all other participants.
- Be prompt in following the published schedule.
- Proper attire, including footwear, must be worn at all times.
- No use of the gym outside of the published schedule.
- Participants must strictly adhere to posted and verbal rules regarding pool use.
- No unauthorized use of the lake, boats, etc., will be permitted.
- Respect the facilities by depositing trash in containers, keeping the dorm rooms and common rooms clean.
- Keep food in closed containers and deposit leftovers in trash containers.
- Wash kitchen utensils used in the common rooms.
- Individuals who have not reached the legal drinking age may not consume alcoholic beverages, neither on or off the premises.
- A designated driver rule must always be in effect for any participant consuming alcoholic beverages off the premises.
- Unless otherwise stated, a 10:00 p.m. curfew must be respected by all participants, at which time all common areas will close and quiet hours will commence.
- All participants must respect the curfew. Loud, disturbing behavior is unacceptable at any time.
- Participants leaving the NTTC grounds must sign in and out of the designated log sheet when leaving and returning.
- At no time are weapons or illegal substances permitted on the premises.
- At no time are participants permitted to bring pets on to the premises; exceptions can be made for service animals.
- Participants may not have any overnight guests, including but not limited to, parents, spouses and children.
- Generally, outside day visitation is not permitted. Exceptions must be coordinated through the program director.

## PROACTIVE SAFETY MEASURES

- Adults shall not be alone with a gymnast in a private setting. Gymnastics-related activities must be conducted within the view and/or earshot of another adult and must provide a meaningful opportunity for interruption.
- No audio or video recording devices in the gym, unless approved by the camp director.
- Gymnasts should arrive at the gym wearing appropriate workout attire and are not permitted to change clothes in open areas of the gym.
- No audio or video recording devices may be used in sleeping quarters for any reason.
- No participant should be in any sleeping room other than their assigned room for any reason.
- At no time should a participant allow anyone to be in their sleeping room other than their assigned roommate(s). Participants should understand that this includes, but is not limited to, parents, coaches, friends, medical staff, other team members, etc.
- Common areas are available for socializing with other participants prior to curfew or in-between training times.
- Medical personnel may enter a participant's room only in the case of a medical emergency and then should be accompanied by an observer of the same gender as the participant.
- All non-emergency medical services should occur in one of the two officially designated Training Rooms. Best efforts should be made for two medical personnel to be present at all times during medical services. In the event, only one medical staff is onsite/available, treatments may only occur in an observable and interruptible manner, and may not be done with only a gymnast and the medical professional in the room.
- Maintenance staff may enter sleeping rooms for routine maintenance only when participants are not present. In the case of a maintenance emergency after curfew, participants will be asked to move to one of the common areas prior to maintenance entering the room.
- Athletes must travel in pairs when outdoors.

**Anyone who does not conduct themselves according to the guidelines listed above may be subject to disciplinary procedures and possible eviction from the premises.**

## EMERGENCY PROCEDURES

Should any participant need medical assistance past curfew, they should first contact the primary trainer on site. Know the trainer's room location, which is posted on the rooming list outside on the information board near the parking lot. The trainer will immediately contact the Training Site Director and ranking program staff/camp director to assess the problem and provide assistance. For maintenance assistance past curfew, participants should first contact the Training Site Director, who will immediately contact the ranking program staff or camp director to assess the problem and provide assistance.



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