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SEPTEMBER 17 4 SUNDAY 1 PROSPECT PARK

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To make this effort successful, we need YOUR support!

Run/walk/bike in the 5k - We need participants who can run/walk/bike the 5k and are able to collect financial pledges to offer as donations to the run.

Volunteer for the run - We need folks who are willing to staff a registration/literature table, hand out water, bike the route as street medics, and help chalk the route beforehand.

Donate to the run/sponsor a participant - If you are not able to attend, but want to support this fundraising effort, please mail donations to:

NYC ABC

Post Office Box 110034 Brooklyn, New York 11211

Want to participate? Want to volunteer? Want to donate? Contact us at nycabc@riseup.net nycabc.wordpress.com
Facebook, twitter, and instagram @nycabc
Donate online at gumroad.com/nycabc

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