

SOME SUMMER RECIPES

Spiced Pineapple Juice:

One tin pineapple juice, juice of $\frac{1}{2}$ lemon, $\frac{1}{4}$ cup sugar, piece of stick cinnamon.

Place all ingredients into saucepan, bring slowly to boil. Simmer 3 minutes, strain and chill. Serve in tall glasses, rims brushed with egg-white and dipped in sugar. Garnish with mint sprigs and thin lemon slices.

Pineapple Cup:

One grated pineapple, 1 cup sugar, 2 cups water, $\frac{1}{2}$ cup lemon juice, $\frac{1}{2}$ cup orange juice, 1 bottle ginger ale, pulp of 2 passionfruit (or more if readily available), crushed ice, cherries to garnish (or thin lemon slices).

Grate pineapple and bring to boil with sugar and water. Simmer 10 minutes. Add lemon and orange juice. Chill. Just before serving, dilute with ginger ale, add passionfruit pulp and crushed ice, and garnish each glass with cherries or lemon slices.



Souffle:

A Sweet Potato Souffle cooked to a turn goes well on the menu.

Ingredients:

4 eggs, separated.

$1\frac{1}{2}$ tablespoons minced onion.

$1\frac{1}{2}$ cups mashed, cooked sweet potatoes.

Salt and pepper to taste.

Method: Beat egg whites until stiff, then with same beater (unwashed) beat yolks until light and fluffy.

Stir onions and yolks into the mashed potatoes, then mix in salt and pepper to taste.

Fold in beaten whites and turn all into a greased casserole.

Bake in moderate oven for about one hour or until lightly browned and firm in centre. Four serves.

COOTA. GIRLS AND THE SHOW

A Real Day Out

The Cootamundra District Show is the event of the year, and how the girls do look forward to it! They save up their pocket money, and when the dates are announced, there is always great speculation as to which is to be "their day". All sorts of plans are made, and then the great day arrives, lunches are prepared, and off they go to have a really good time.

This year the girls were all very pleased to see Veronica Harradine, one of their former mates, take two second prizes for riding. Veronica is quite an equestrienne and was the admiration of all present. Indeed, she looked so well in her new riding habit that not a few of the spectators made very nice remarks.

The Home girls were not the only ones at the Show, though. There were some very attractive young ladies who were former Cootamundra girls. Amongst these we noticed Edna King, Dorothy Mitchell, Dorothea Combo, Ruth MacKenzie and Margaret Patton.

Mrs. Healey, who was so well known to the Cootamundra girls, is now back with them in a permanent capacity.



While the Holy Shepherd looks down from the wall, mother tells her young son the story of that first Christmas so long ago.