

## Teacher Resource

# Russia Ban

### FOCUS QUESTIONS

1. Before you watch the BtN story, make some predictions about what the story is about.
2. Why have many Russian athletes been banned from competing in the Olympics?
3. Last year, the World Anti-Doping Agency (WADA) released a report saying lots of Russian athletes had \_\_\_\_\_ drug tests.
4. Who was involved in the drug cheating?
5. How were the athletes cheating drug tests?
6. Why do some Russian athletes say the ban is unfair?
7. What do others in favour of the ban say?
8. What message to athletes does WADA say needs to be stronger?
9. Russian athletes in which sports are allowed to compete in the Olympics?
10. Should all Russian athletes be banned from the Olympics? Why or why not?

### ACTIVITY

#### Class Discussion

Watch the BtN *Russia Ban* story, discuss as a class. What questions were raised in the discussion (what are the gaps in their knowledge)? The following KWLH organiser provides students with a framework to explore their knowledge on this topic and consider what they would like to know and learn.

| <i>What do I <u>know</u>?</i> | <i>What do I <u>want</u> to know?</i> | <i>What have I <u>learnt</u>?</i> | <i><u>How</u> will I find out?</i> |
|-------------------------------|---------------------------------------|-----------------------------------|------------------------------------|
|                               |                                       |                                   |                                    |

Students will develop their own question/s for inquiry, collecting and recording information from a wide variety of sources

### KEY LEARNING

Students will investigate the issue of drug use in sport and the ban on the Russian Olympic team.

### AUSTRALIAN CURRICULUM

#### English – Year 5

Plan, draft and publish imaginative, informative and persuasive print and multimodal texts, choosing [text](#) structures, [language features](#), images and sound appropriate to purpose and [audience](#) (ACELY1704)

#### English – Year 6

Plan, rehearse and deliver presentations, selecting and sequencing appropriate content and multimodal elements for defined audiences and purposes, making appropriate choices of modality and emphasis (ACELY1710)

Participate in and contribute to discussions, clarifying and interrogating ideas, developing and supporting arguments, sharing and evaluating information, experiences and opinions (ACELY1709)

#### Health and Physical Education – Years 5 & 6

[Demonstrate](#) ethical behaviour and fair [play](#) that aligns with rules when participating in a range of physical activities (ACPMPO69)

## ACTIVITY

### Drug Testing

The following [video](#) explains how athletes are tested for performance enhancing drugs. Ask students to summarise the main points of the video.



## ACTIVITY

### What's your opinion?

Hold a class discussion to find out what students thoughts and opinions are about athletes and sportspeople using performance enhancing drugs. Record their responses.

Ask students to find the answers to the following questions:

- What is a performance enhancing drug?
- Why do some athletes take performance enhancing drugs?
- Find two examples of a banned substance. How does the drug help the athlete's performance?
- How are athletes and sportspeople drug tested?
- What are the consequences for taking drugs?
- What do you think the consequences should be?
- What other ways do athletes and sportspeople improve or enhance their performance (equipment, diet, special training, for example, altitude training).
- Do you think it's possible to stop athletes taking performance enhancing drugs?

Students can present their responses to the questions in one of the following ways:

- An oral presentation
- [Prezi](#) presentation
- A poster using [Glogster](#)



## ACTIVITY

### Classroom debate

Prepare for your class debate using the following statement.

*Russian athletes should be banned from the 2016 Olympics*

Students will work in small groups to brainstorm ideas for both the affirmative and negative and record their ideas on a piece of A3 paper. Students will choose the strongest points from their list of ideas to share with the class.

Consider running your own class debate on a topic. Refer to [Debating SA's resources](#) for worksheets, checklists and fact sheets on writing speeches and running class debates.

### Reflection

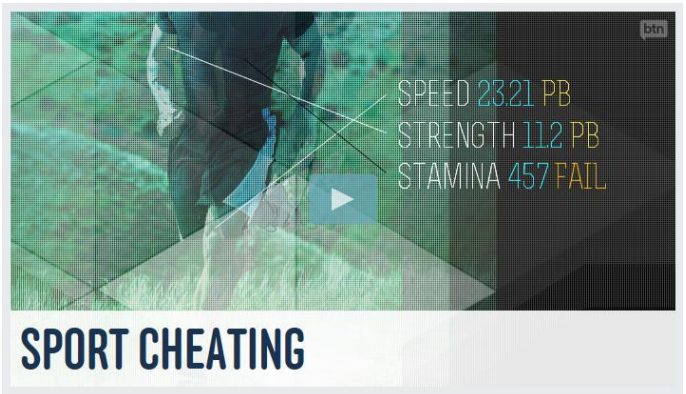
- How difficult was it to think of points to support one side of the argument?
- Do you think you would have done a better job supporting the other side of the argument?
- Was I able to convince others of my opinion?
- Did my opinion change?
- What did you learn from this activity?



## ACTIVITY

Watch the BtN [Sport Cheating](#) story to find out more about drug use in sport.

1. An early example of Olympic cheating was the 1904 marathon. Describe what happened.
2. What drug was commonly used during the 70's and 80's in the Olympics and other sporting events?
3. Describe the process of blood doping.
4. Altitude training is legal. True or false?
5. Blood doping and altitude training produce similar results. Why is one legal and the other not?
6. What do you understand more clearly since watching this story?
7. What are some solutions to the problem?





## USEFUL WEBSITES

CBBC Newsround – Olympic ban upheld for Russian track and field team

<http://www.bbc.co.uk/newsround/36856116>

ABC News – Russia to teach anti-doping in schools as part of new measures to reform ahead of Rio 2016 Olympics

<http://www.abc.net.au/news/2016-06-07/russia-teaching-anti-doping-in-schools/7483722>

BBC Sport - Rio Olympics 2016: Russian athletes are arriving, but how many will compete?

<http://www.bbc.com/sport/olympics/36881326>

CBBC Newsround - How are athletes tested for drugs?

<http://www.bbc.co.uk/newsround/33759073>

Behind the News – Sport Cheating

<http://www.abc.net.au/btn/story/s3689496.htm>