

HIV



OFFICE OF THE HIGH COMMISSIONER FOR HUMAN RIGHTS



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GLOSSARY

HIV

(HUMAN IMMUNODEFICIENCY VIRUS) IS A VIRUS THAT DAMAGES THE DEFENCE SYSTEM OF THE BODY. HIV INFECTS CELLS OF THE IMMUNE SYSTEM AND DESTROYS THEIR FUNCTION LEADING TO IMMUNE DEFICIENCY. A PERSON LIVING WITH HIV MAY LOOK AND FEEL HEALTHY FOR MANY YEARS, AND WHEN PROVIDED TREATMENT, PEOPLE LIVING WITH HIV LEAD LONG AND PRODUCTIVE LIVES: AND THOUGH THE PERSONS ON TREATMENT MAY STILL BE ABLE TO PASS ON THE VIRUS, THEY ARE MUCH LESS INFECTIOUS.

- AIDS (ACQUIRED IMMUNE DEFICIENCY SYNDROME) IS CAUSED BY INFECTION WITH THE VIRUS HIV. OVER TIME THE IMMUNE SYSTEM BECOMES SERIOUSLY WEAKENED SO THAT THE BODY LOSES ITS ABILITY TO FIGHT OFF INFECTION THAT IT WOULD NORMALLY HAVE FOUGHT. THE INFECTED PERSON DEVELOPS A NUMBER OF SERIOUS INFECTIONS AND ILLNESSES, WHICH EVENTUALLY LEADS TO DEATH. ONCE A PERSON WHO HAS HIV GETS ONE OR A NUMBER OF OPPORTUNISTIC INFECTIONS, THAT PERSON IS SAID TO HAVE AIDS...

WITHOUT TREATMENT, PEOPLE LIVING WITH HIV MAY DEVELOP AIDS QUICKLY OR MAY LIVE WITH HIV FOR 10 OR MORE YEARS BEFORE DEVELOPING AIDS. WITH TREATMENT, PEOPLE LIVING WITH HIV DO NOT DEVELOP AIDS.

HIV-RELATED

DISCRIMINATION IS TREATING SOMEONE UNFAIRLY AND UNJUSTLY BECAUSE THEY ARE ACTUALLY LIVING WITH HIV OR BECAUSE SOMEONE THINKS THEY ARE LIVING WITH HIV.

ALL

HUMAN BEINGS ARE BORN WITH HUMAN RIGHTS. HUMAN RIGHTS LAW, AGREED UPON BY MOST GOVERNMENTS, AIMS TO ENSURE THAT EVERY PERSON IN THIS WORLD IS TREATED WITH RESPECT AND DIGNITY. HUMAN RIGHTS DESCRIBE WHAT GOVERNMENTS EITHER SHOULD NOT DO TO THEIR CITIZENS OR SHOULD DO TO THEIR CITIZENS. THESE LAWS CAN BE FOUND IN DOCUMENTS, LIKE THE UNITED NATIONS "CONVENTION ON THE RIGHTS OF THE CHILD".

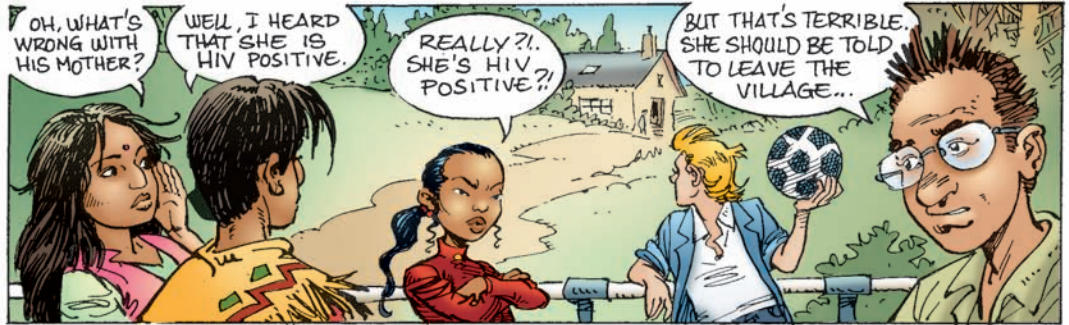


ONE DAY ON THE FOOTBALL FIELD...

HELLO, FREDDY...



ARE YOU COMING TO PLAY FOOTBALL WITH US ?..
NO, SORRY! I HAVE TO GO HOME TO HELP MY MOTHER WHO'S SICK!

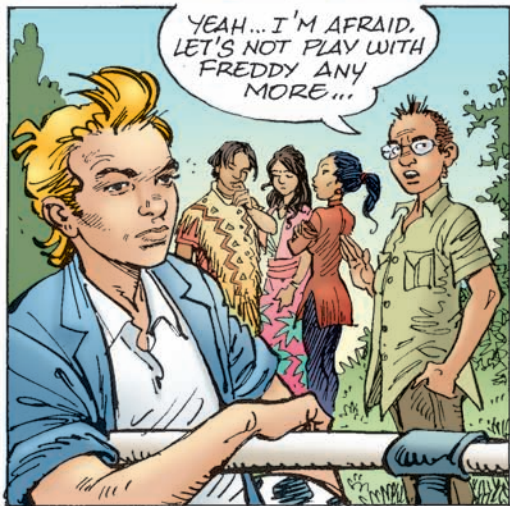


OH, WHAT'S WRONG WITH HIS MOTHER?

WELL, I HEARD THAT SHE IS HIV POSITIVE.

REALLY?!. SHE'S HIV POSITIVE?!

BUT THAT'S TERRIBLE. SHE SHOULD BE TOLD TO LEAVE THE VILLAGE...



YEAH... I'M AFRAID. LET'S NOT PLAY WITH FREDDY ANY MORE...



YOU'RE RIGHT! WE SHOULDN'T PLAY WITH HIM.



BUT... WHY ARE YOU AFRAID?



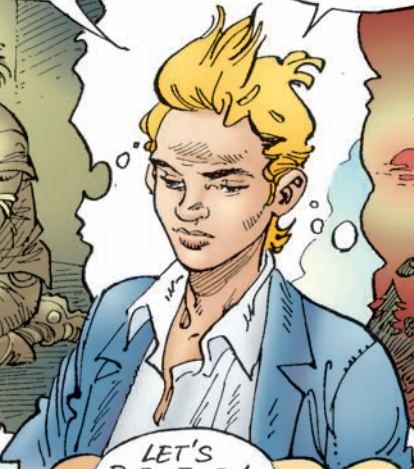
DON'T YOU KNOW HOW YOU GET HIV?



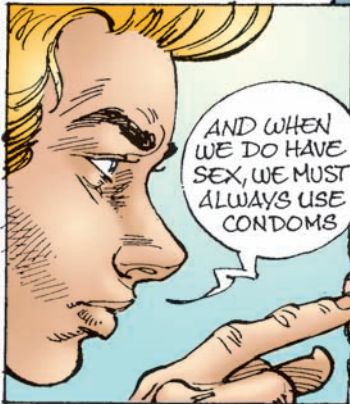
YOU CAN ONLY GET HIV THROUGH:
- UNPROTECTED SEX
- INFECTED BLOOD
- AND NEEDLE SHARING, SO YOU DON'T NEED TO BE AFRAID OF FREDDY OR HIS MOTHER.



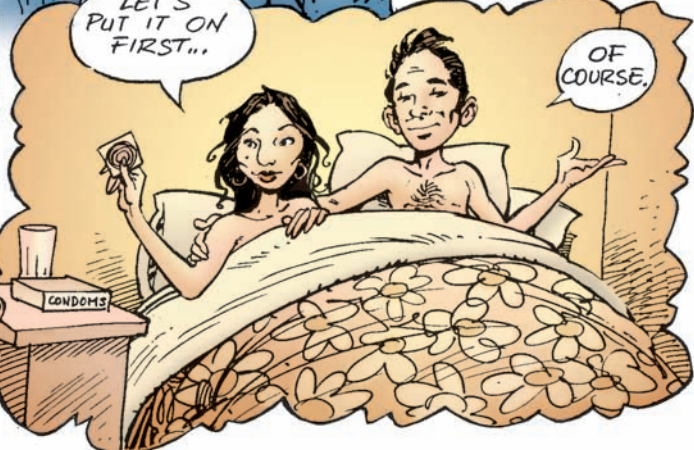
DON'T TAKE DRUGS AND DO NOT SHARE NEEDLES ...



WE SHOULD WAIT TO HAVE SEX, WE SHOULD NEVER HAVE SEX BECAUSE OTHERS ARE.

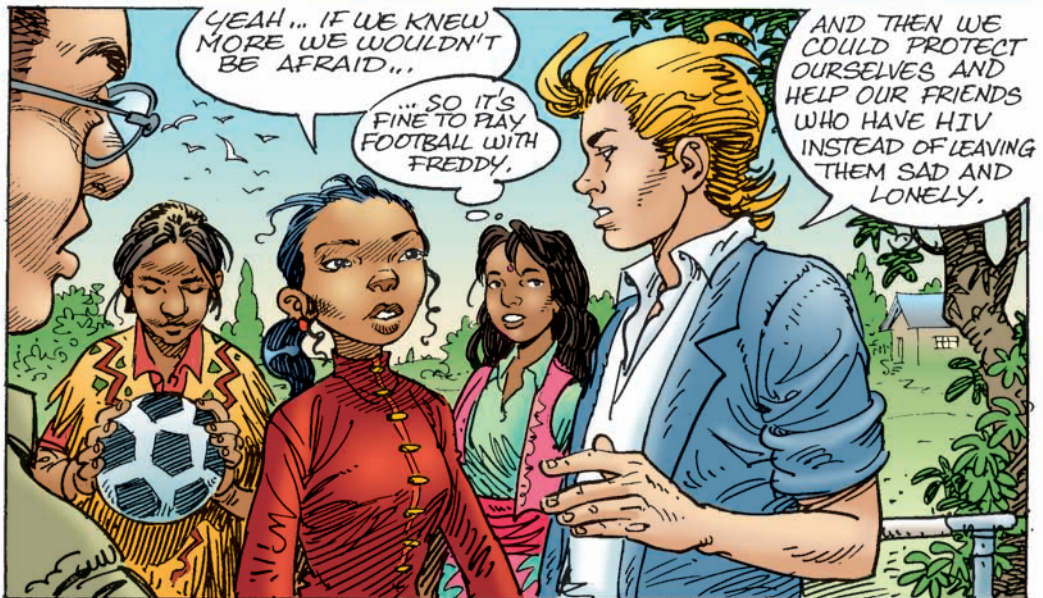
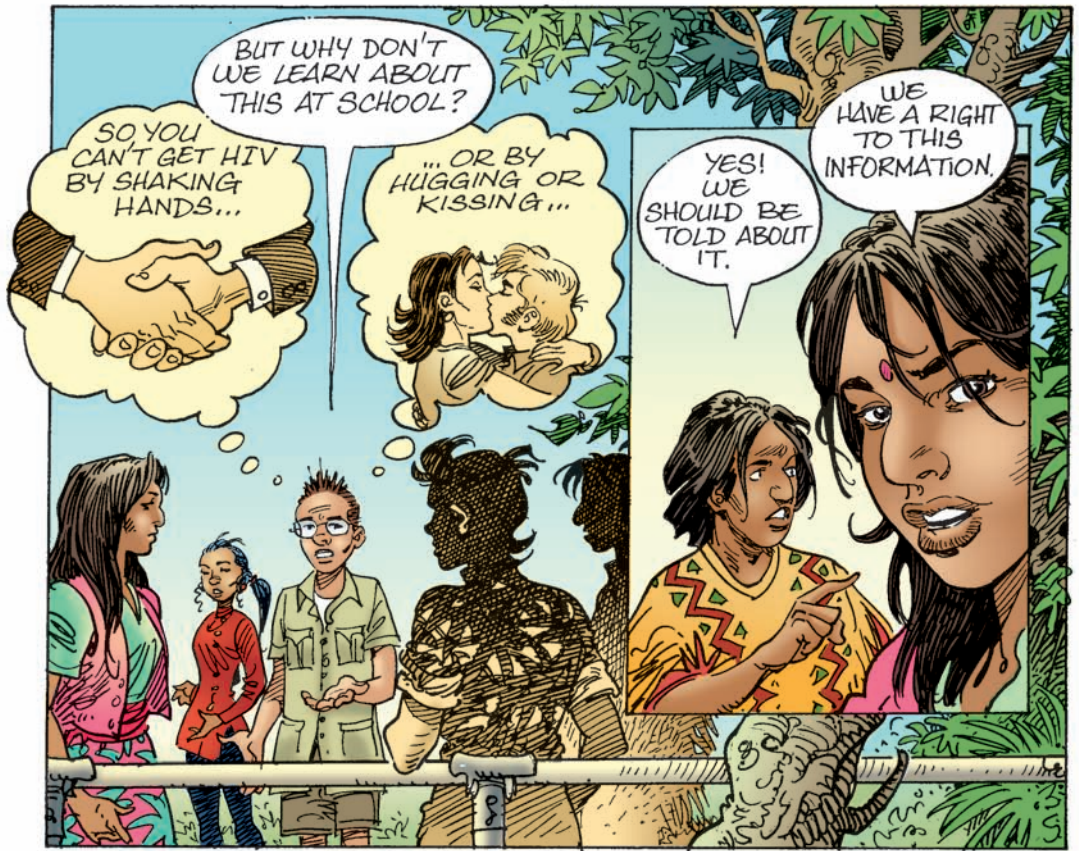


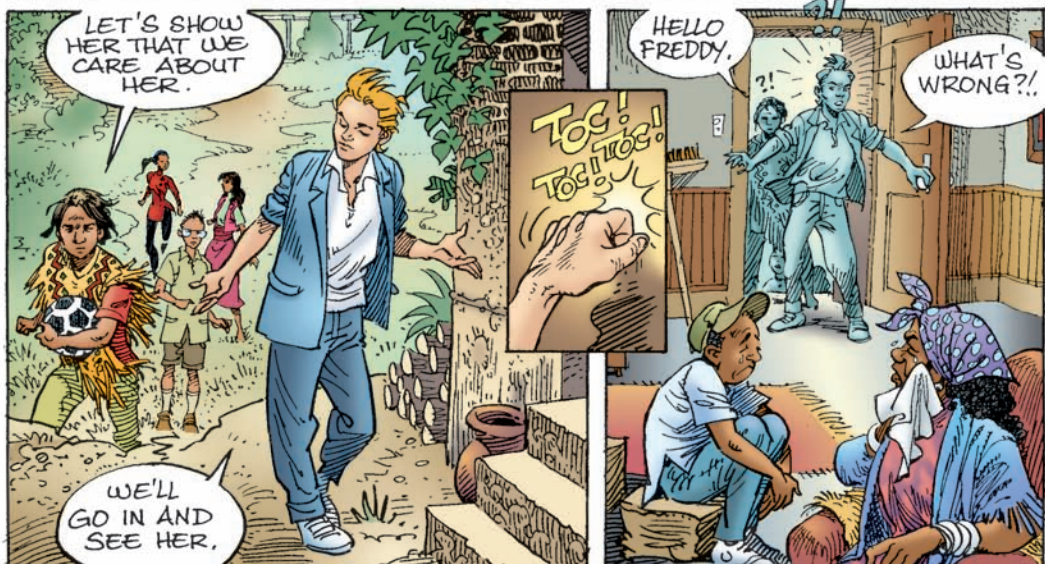
AND WHEN WE DO HAVE SEX, WE MUST ALWAYS USE CONDOMS

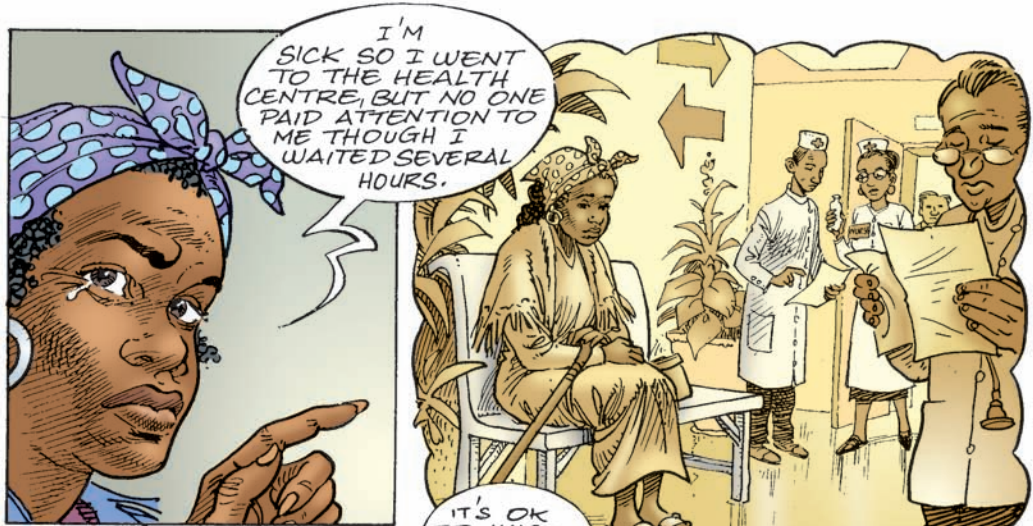


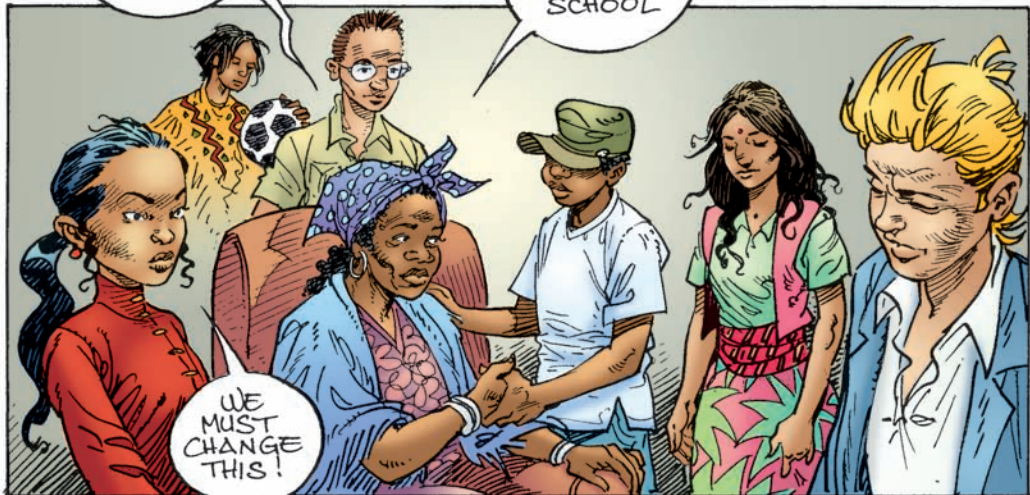
LET'S PUT IT ON FIRST...

OF COURSE.









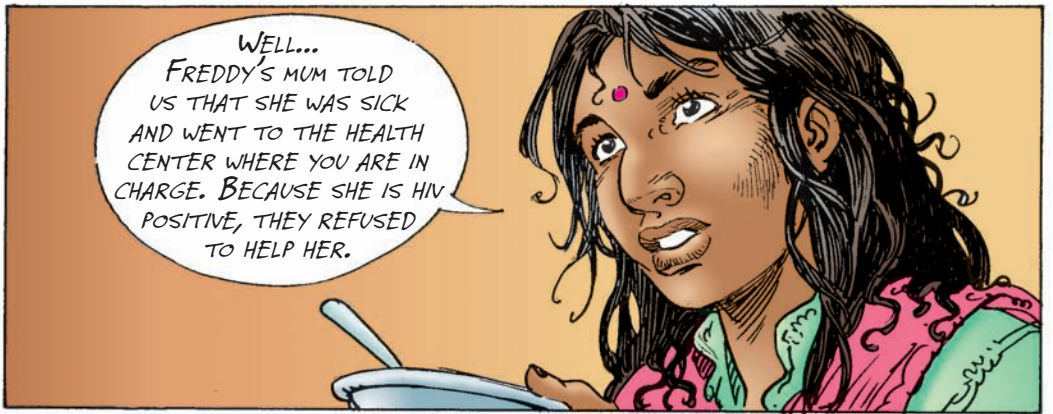


LATER THAT DAY AT ALISHA'S HOUSE ...

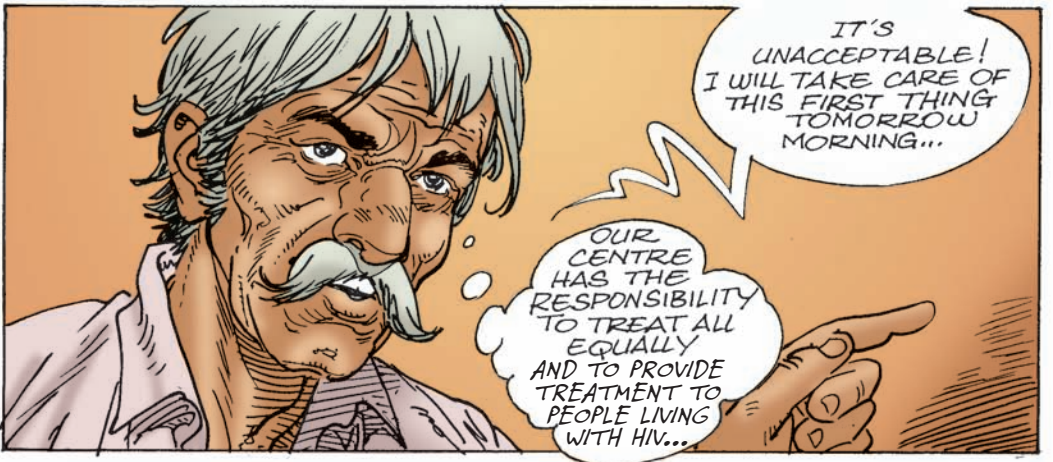
HOW WAS YOUR DAY?

WHAT DID YOU LEARN?

IT WAS OK. I LEARNT A LOT ABOUT HIV AND AIDS TODAY.

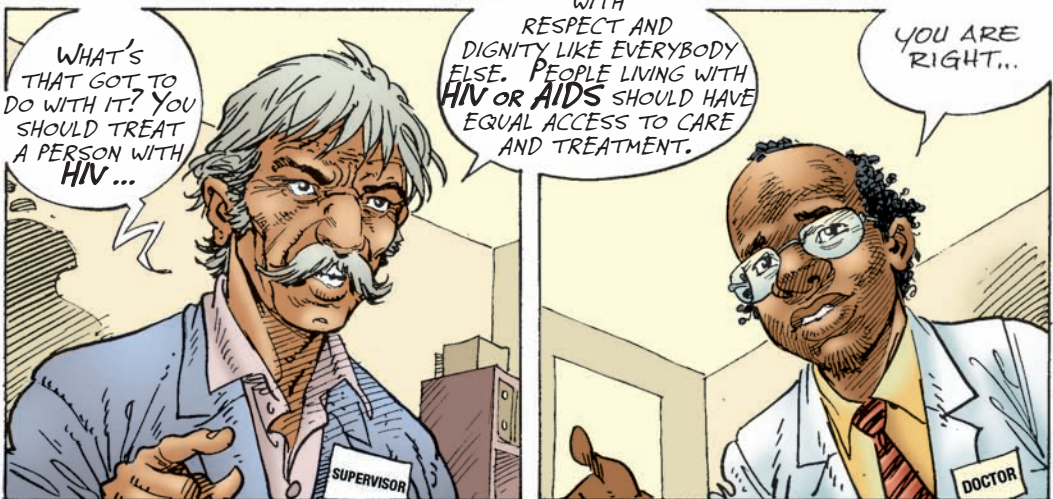


WELL... FREDDY'S MUM TOLD US THAT SHE WAS SICK AND WENT TO THE HEALTH CENTER WHERE YOU ARE IN CHARGE. BECAUSE SHE IS HIV POSITIVE, THEY REFUSED TO HELP HER.



IT'S UNACCEPTABLE! I WILL TAKE CARE OF THIS FIRST THING TOMORROW MORNING...

OUR CENTRE HAS THE RESPONSIBILITY TO TREAT ALL EQUALLY AND TO PROVIDE TREATMENT TO PEOPLE LIVING WITH HIV...





NEXT MORNING FREDDY'S MOTHER RETURNED TO THE HEALTH CENTER ...

ALISHA, WELL DONE FOR TALKING TO YOUR FATHER!

HEALTH CENTER



THANKS, BUT WE CAN DO EVEN MORE.

LET'S GET STARTED! HOW ABOUT MAKING SOME POSTERS TO LET PEOPLE KNOW MORE ABOUT HIV AND AIDS.



LATER THAT AFTERNOON

LOOK AT WHAT WE HAVE DONE

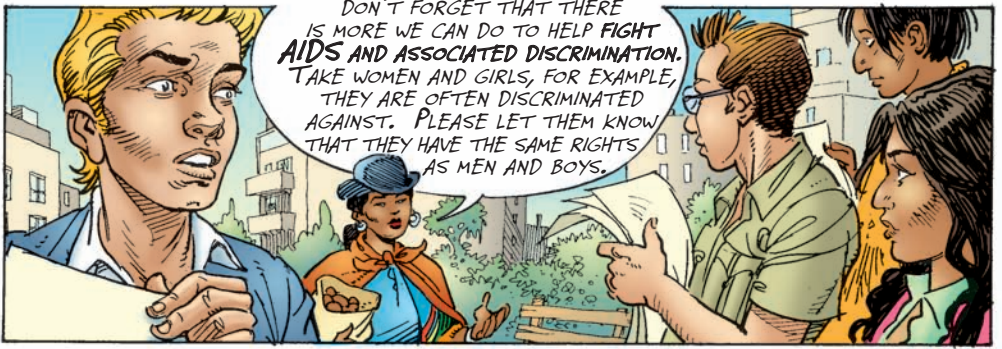
DO NOT DISCRIMINATE

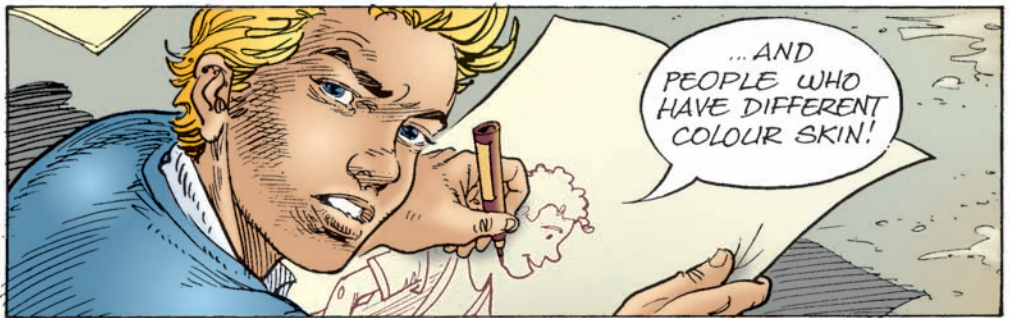
PEOPLE LIVING WITH HIV ARE LIKE YOU AND ME!




...AND I HAVE DONE THIS...

HIV STAND UP FOR HUMAN RIGHTS



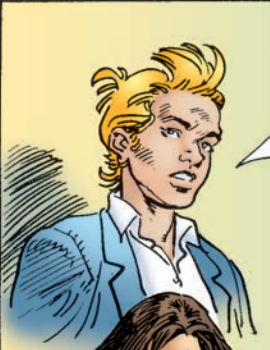




A man with glasses and a green shirt is looking at a large, blank sheet of paper. He is smiling slightly. His hands are visible at the top and right edges of the paper. A speech bubble is positioned near the top left of the paper.


DRAW YOUR OWN
POSTER FOR A
CAMPAIGN AGAINST HIV
DISCRIMINATION.

REMEMBER...



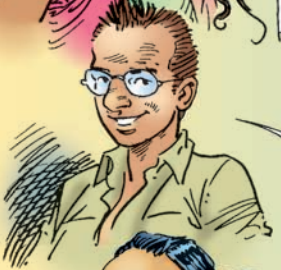
HIV CANNOT BE TRANSMITTED (PASSED FROM ONE PERSON TO ANOTHER) THROUGH SHAKING HANDS, HUGGING, TOUCHING, KISSING, PETTING, COUGHING, SNEEZING, SWIMMING POOLS AND TOILETS, EATING UTENSILS OR FOOD, SHARING BEDS, BED LINEN AND CLOTHES, OR THROUGH MOSQUITO BITES.

HIV IS TRANSMITTED ONLY THROUGH THE EXCHANGE OF HIV-INFECTED BODY FLUIDS I.E.



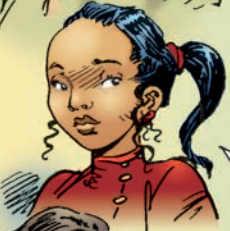
UNPROTECTED (WITHOUT A CONDOM) SEXUAL INTERCOURSE WITH SOMEONE WHO IS INFECTED; USING UNSTERILISED EQUIPMENT (NEEDLES, SYRINGES, RAZOR BLADES) THAT HAS BEEN USED BY SOMEONE WHO IS INFECTED; TRANSFUSION OF INFECTED BLOOD OR BLOOD PRODUCTS THAT CONTAIN THE HIV VIRUS; AN INFECTED MOTHER TO HER CHILD DURING PREGNANCY; AT CHILDBIRTH OR THROUGH BREAST-FEEDING.

EVERYONE HAS A RIGHT TO INFORMATION, INCLUDING HIV-RELATED INFORMATION. WE NEED TO BE INFORMED AND SPEAK OPENLY ABOUT HIV AND AIDS TO PREVENT INFECTION AND TO HELP THOSE ALREADY LIVING WITH THE VIRUS.




PEOPLE LIVING WITH HIV HAVE A RIGHT TO BE TREATED WITH RESPECT AND DIGNITY. YOU SHOULD TREAT PERSONS LIVING WITH HIV LIKE EVERYONE ELSE.

FREEDOM FROM DISCRIMINATION (BASED ON RACE, COLOUR, SEX, LANGUAGE, RELIGION, ONE'S POLITICAL OR OTHER OPINION, NATIONAL OR SOCIAL ORIGIN, PROPERTY, BIRTH OR HEALTH STATUS) IS A HUMAN RIGHT THAT EVERYONE SHOULD ENJOY AND ALL SHOULD RESPECT.



ALL GOVERNMENTS ARE RESPONSIBLE TO PROMOTE AND PROTECT HUMAN RIGHTS. GOVERNMENTS SHOULD NOT DISCRIMINATE.

PEOPLE LIVING WITH HIV CAN HELP OTHERS TO BETTER UNDERSTAND AND NOT FEAR HIV AND AIDS. THEY CAN ADVISE PEOPLE ON STEPS TO PROTECT THEMSELVES AND THEIR LOVED ONES.



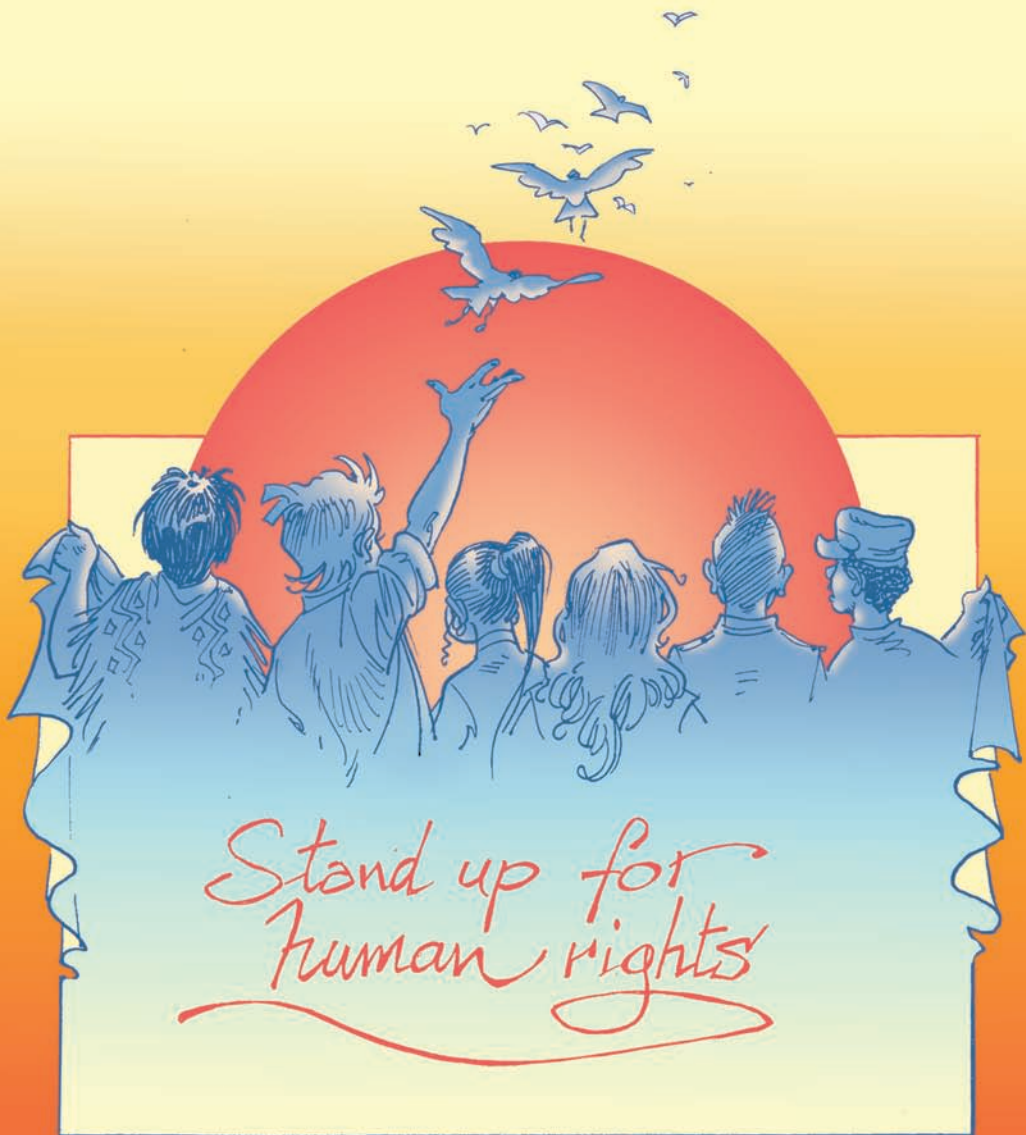
DISCRIMINATION IS WRONG AND UNFAIR. IT IS A VIOLATION OF ANOTHER PERSON'S RIGHT. THOSE WHO DISCRIMINATE SHOULD BE HELD RESPONSIBLE FOR THEIR ACTIONS...



STAND UP FOR HUMAN RIGHTS. TAKE ACTION AGAINST HIV DISCRIMINATION! YOU CAN MAKE THINGS HAPPEN!

WRITE DOWN
IDEAS ON HOW YOU CAN
TAKE ACTION...





*Stand up for
human rights*



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