



Contraception: What is right for you?

Male condom

If you are sexually active, the only way to prevent pregnancy is to choose an effective method of contraception, and to use it correctly and consistently.

There are only 2 ways to prevent pregnancy:

1. Not having sexual intercourse (abstinence), or
2. Using an effective method of contraception.

There are many safe and effective methods of contraception available today, and one of them is right for you.

Our friendly staff at the Fertility Control Clinic can help you decide what contraception is right for you.

We care about your sexual health and wellbeing and we are experts in fertility control and reproductive health with over forty years experience.

Our health facilities and services are accredited to best practice standards and guidelines thereby providing quality assurance for you.

Our staff work together to provide you the best level of patient care.

For help to choose the right method of contraception or for more information, please contact the Fertility Control Clinic.

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What is the male condom?

The male condom is a long sheath that can be made out of latex, rubber or non latex material that is rolled onto the erect penis before sexual intercourse. Male condoms work by preventing the ejaculated sperm entering the vagina during sexual intercourse. Male condoms are an effective way for preventing both pregnancy and the transmission of STIs.

How effective is it?

More than 98% effective contraceptive method.

Advantages?

Readily available and affordable. Can be used for oral, vaginal and anal sexual intercourse. Male condoms are safe, effective and have no hormonal side effects.

Disadvantages?

Latex condoms may irritate both men and women. Condoms are only to be used once and then correctly discarded.

Prevent STIs and HIV?

Yes, male condoms help protect against STIs and HIV/AIDS.

How to obtain it?

Fertility Control Clinic and your general practitioner. You do not need a prescription. Only you and your doctor can decide if this contraceptive method is right for you.

