



MōDERE™

HEALTH AND WELLNESS

PRODUCT BENEFIT GUIDE

| BENEFIT | PRODUCT |
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| Antioxidants | Antioxidant, Antioxidant Sustained Release, Cell Nutrition, CoQ10, EFA Krill, Eye Health, Liver Health |
| Anti-inflammatory action | Anti-Inflammatory, EFA Krill, Glucosamine |
| Bones | Calcium Chewable, D3 Plus, Muscle and Bone Nutrition |
| Heart and cardiovascular system | CoQ10, EFA Krill |
| Children's health | Antioxidant, Children's Multivitamin, Focus, Immune Health, Respiratory Health, Well-Being |
| Circulatory | CoQ10, Hair, Skin and Nails |
| Cold and flu symptoms | Breathe, Immune Health, Respiratory Health |
| Detox diets | Digestive Enzymes, Fiber, Green Qi, Para Cleanse, Probiotic, Modere Detoxification Food List |
| Digestion | Digestive Enzymes, Fiber, Mexican Wild Yam, Para Cleanse, Probiotic |
| Everyday health | Adult Multivitamin, Adult Multivitamin Plus Botanicals, Antioxidant, Antioxidant Sustained Release, Children's Multivitamin, D3 Plus, Digestive Enzymes, EFA Krill, Essentials, Eye Health, Fiber, Green Qi, Mineral Essentials, Muscle and Bone Nutrition, Natural Mineral Drink, Probiotic, Well-Being, Modere Healthy Lifestyle Food List |
| Eye health | Eye Health |
| First aid | Anti-Inflammatory, Colostrum, Probiotic, Travel |
| Immune system | Colostrum, Immune Health, Probiotic, Well-Being |
| Joints | EFA Krill, Glucosamine, Joint Nutrition, Muscle Rub |

| BENEFIT | PRODUCT |
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| Liver | Liver Health |
| Liquid nutrition | Aloe Vera, Energy Shot, Hawaiian Noni, Mineral Essentials, Natural Mineral Drink, |
| Memory and concentration | Energy Shot, Focus, In Focus |
| Men's health | Adult Multivitamin, CoQ10, Mexican Wild Yam, Probiotic, Prostate Health |
| Pain | Anti-Inflammatory, Glucosamine |
| Protein supplements | Chocolate Shake Pea Protein, Protein Bar Choc Fudge, Vanilla Shake Pea Protein |
| Stress | De-Stress, Stress Health |
| Stamina | Colostrum, Endurance |
| Young adults | Antioxidant, Adult Multivitamin Plus Botanicals, Colostrum, Immune Health, Probiotic, Respiratory Health |
| Travel | Travel |
| Weight Management | Adult Multivitamin Plus Botanicals, Carb Blocker, Chocolate Shake Pea Protein, D3 Plus, Fiber, PEP, Protein Bar Choc Fudge, Sugar Balance, Vanilla Shake Pea Protein, Weight Management Program |
| Wholistic foods | Aloe Vera, Calcium Chewable, Cell Nutrition, Colostrum, Energy Shot, Fiber, Green Qi, Hawaiian Noni, Joint Nutrition, Mineral Essentials, Natural Mineral Drink, Probiotic, |
| Women's health | Balance, Balancing Cream, Calcium Chewable, D3 Plus, Essentials, Mexican Wild Yam, Natural Mineral Drink, Transitions |

Please note: This Product Benefit Guide is a guide to Modere products and their recommended applications only. It should not be used as a diagnostic tool. Always read the label. Use only as directed. If symptoms persist, consult your healthcare professional. Children under 12, pregnant or lactating women, or women considering becoming pregnant should not take supplements without the supervision of their healthcare professional.