"I felt supported, respected, validated and empowered... It was the first time I reached out, and it was a really good outcome for me."

Who is WIRE?

WIRE stands for the Women's Information and Referral Exchange.

WIRE's vision is for a society where women are safe, respected, valued, informed, empowered and free to make genuine choices in their lives.

Supported by over 90 experienced volunteers and staff, WIRE is the only statewide women's service that provides information, referral and support to all Victorian women regardless of the issues they face. We have been listening, supporting and empowering Victorian women since 1984.

We believe...

- You are the expert in your own life and are capable of making decisions about your next step
- Knowledge empowers you to have genuine choice and control
- Your experiences as a woman are shared by other women and you are not alone.

WIRE – Women empowering women to reach their true potential.

Wire wire

Helping women make the right connections

Contact us about anything

Free support, information and programs for women in Victoria

Call Women's Support Line 1300 134 130

Weekdays 9am to 5pm Cost of a local call statewide (excluding mobiles)

Visit Women's Information Centre

372 Spencer Street, West Melbourne 3003 Weekdays 9.30am to 4.30pm

Email inforequests@wire.org.au Response within 2 working days

Chat online www.wire.org.au Weekdays 9am to 5pm

Visit www.wire.org.au for women's resources and programs

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Women's Information and Referral Exchange Inc. Reg. No. A122 ABN 98 957 157 895



WIRE Women's Information acknowledges the support of the Victorian Government.



Trouble at home? Need someone to talk to? Don't know where to start? WIRE can help you



Call Women's Support Line 1300 134 130 Visit our Women's Information Centre in West Melbourne

Women supporting women

"It was the lifeline I needed."

Talk to us about anything

WIRE offers you a safe place to share your experience, and get practical and emotional support on <u>any</u> issue.

No matter what the problem is, we are here to listen and support you, and provide information on services and practitioners that you can connect to.

No appointments needed and you can always contact us again.

Get support in different ways: call, visit, chat online or email.

You will be offered confidential support and treated with respect.



"I immediately felt welcome. Now I feel empowered with a sense of direction and linked to support."

Use our Women's Information Centre

You are welcome to drop by our safe, friendly and supportive space to:

- Talk to someone and get information on services you can connect to
- Seek employment online or check your emails using our free wifi, computer and internet access, printing and scanning facilities
- Get free resources on women's issues
- Take a break or have a cup of tea

"Talking to WIRE made things clearer. I know where I'm at." "Before this course, I didn't know which way to go; now I know where I'm going and how to get there."

Join our free programs and events

Our women's programs and events affirm your skills and experience, and help you gain new skills and knowledge to help you reach your goals

- Seminars on health and sexuality, family and relationships, financial capability, legal rights and options and personal empowerment
- Employment sessions and career workshops
- Computer tutoring and internet workshops
- AMICA Women's Lunch and Activities Club for women experiencing homelessness and/or isolation (e.g. art, dancing, storytelling, music and excursions)
- Legal clinics on separation and property (one-on-one)
- Programs to help you build your financial future

Visit www.wire.org.au for coming programs and events and subscribe to our e-bulletin.

Email inforequests@wire.org.au or call (03) 9348 9416 (Option 2) to book your free place.