

# CTRC Update



## About CTRC

His Holiness the Dalai Lama's Central Tibetan Relief Committee, the relief wing of the Department of Home, Central Tibetan Administration is a legally registered Charitable and development organisation working mainly for the welfare and sustainable socio-economic development of the Tibetan exile community particularly those living in India, Nepal and Bhutan.

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## Board of Advisors:

Katri Samdhong Rinpoche  
Ngodup Dorjee  
Sonam Choephel Shosur  
Chemi Rinzin  
Tenzin Lungtok  
Tsering Topgyal  
Tsering Dorji (senior)

## Editor:

Tsering Lhundup

Newsletter of HH the Dalai Lama's Central Tibetan Relief Committee



### Consolation for Tibetan Fire victims of Mathura

During untoward fire incident on the early morning of 15th November 2007 all the 42 Tibetan sweater stalls at Indian city of Mathura were gutted down and, ruined everything to ground burning till the last remainings. All the families were shattered and put into a complete shock as these four months of seasonal Sweater Selling is the major source of livelihood for them. These families actually come every year for seasonal sweater business from different Tibetan settlements in India like Miao, Mundgod, Kullu, Rajpur, Mussoorie and Dharamsala. Mr. Lhakpa la, Tibetan Welfare Officer, Delhi (Representative of CTRC) immediately rushed to assess the damages and to offer condolences to the astound families. He reported the situation as deplorable and



need of urgent assistance to these fire victims. CTRC has immediately released consolation of Rs. 399,000/- (Rs. 9500/- to each) towards grief families and amount were distributed through their committee leaders. The local authorities and leaders also offered dry ration, clothes and cash as their token of gesture.

### Retaining wall and Quarter Renovation at Shimla

Tibetan Welfare Office, Shimla has completed the construction of retaining wall of 'E' Block building and roof renovation of weaver's quarters at Tibetan Handicraft Center, Shimla with kind fund support of Rs. 206,640.00 and 735,579.00 respectively from Polly C. Yau through Tibet Fund, New York.



Retaining wall constructed at 'E' Block building, Shimla

## Activities carried out by CTRC

### Special English Course at ISTLC, Nelamangla



CTRC's (YES PROGRAMME) is providing various short term vocational courses at the **Institute for Small Trade Learning Centre Nelamangala**, to the unemployed and school dropout youths. Most of the trainings are service oriented and taught only in English, hence the basic knowledge on English grammar and speaking is essential to all the trainees. Therefore in 2007-2008 (2nd batch) i.e. 1st Oct onwards ISTL started providing Basic English Grammar and spoken English courses to all the trainees. This helps our trainees to ease their communication problems in future.

### Motivational Course at ISTL, Nelamangla



As per the regular motivational action plan, CTRC has conducted career counseling by inviting Mr. Jamyang Wangyal la (Counselor) South Zone Guidance and Counseling Cell, Mundgod from 29th to 30th Nov'2007 for the 2nd batch of 2007-2008 trainees. The counseling was conducted from 4 PM to 9.30 PM i.e. after their regular classes. All the trainees gladly participated in the counseling cum workshop. During the course of counseling important topics like Importance and scope of Vocational studies, Self understanding, Positive personality Building, Interview skills, How to prepare for small business, Handling negative and promoting peer pressure, Overcoming shyness and criticism and steps in building positive personality were precisely discussed.

### Computer & Budgeting Training



Accountants & Assistant Accountants during the training

Under the coordination of Central Tibetan Relief Committee and Federation of Tibetan Cooperatives in India Ltd. a training on computer & budgeting to Accountants and Assistant Accountants of 15 Tibetan Cooperatives in India was successfully organised. The training was implemented from 8<sup>th</sup> - 19<sup>th</sup> October 2007 at Lugsam Tibetan Settlement, Bylakuppe by outsourcing resource person. The total cost of the project was Rs. 553,310.00, and it has been funded by AET, France. The training mainly focussed on basic computer application pertaining to accounts and budgeting. The training helps to upgrade the efficiency of the cooperative personnel in computer.



Co-operative Bank staffs on newly purchased computers

### Purchase of Computers, Mundgod

The project on purchase of computers for Mundgod Cooperative Bank has been successfully implemented under the funding of Tibet Fund U.S.A., which cost Rs. 207,579.00. All the computers (5 desktops and a laptop) along with complete accessories were purchased from Hubli, nearby town after collecting three different quotations. The project helps in improving the individual efficiency and over all performance of the Cooperative Bank. Hence we would like to extend our heartfelt thanks to concerned donor.

## Activities carried out by CTRC

### Soil and Water Conservation Activities:

Doeguling Tibetan Settlement, Mundgod, Karnataka State, started the actual implementation of the Soil and Water Conservation Measures in the settlement on 27th December 2007, with the engagement of 4 JCB Machines to dig soil to construct the field contour bunds and trenches. The work started from Camp. No. 8 who will be cultivating organic crops in the year 2008 cropping season. This camp was selected to be the Model Organic Village of Doeguling settlement, Mundgod.

Farmers Training on the concept of Soil and Water Conservation were also conducted in the month of November in all the settlement with Resource Persons invited from an Indian NGO called SPREAD based in HD Kote near Mysore.

### Agriculture Training at Israel

Around 49 Young Tibetan Farmers, left for an 11-month Agriculture Training cum experience gaining program at AICAT – Arava, Israel. This is the 9th batch of Tibetan Trainees attending the training program in Israel. The trainees are from different Tibetan Agriculture settlements like Tezu, Miao, Tuting, Tenzingang, Rawangla, Dolanji, Herbertpur and Kollegal



Constructing field contour bunds and trenches at camp 8, Mundgod

## Quick Recap on CTRC's YES (Youth Empowerment Support) Program

### 'YES' program implements two major activities -

- ◆ Providing skill training to unemployed (capable) Tibetan youths who are either school dropout / or having some education.
- ◆ Secondly, we extend micro-credit to support the unemployed youth on setting up income-generating micro-enterprises leading to the attainment of self-reliance. The first priorities will be given to the youths who have completed the skill trainings, under the 'yes' program.

### For the skill training part:

The CTRC manages the major part of the Skill training through the ISTL (Institute for Small Trade and Learning) Neelamangala, Bangaluru. Any candidates willing to participate in the trainings shall approach their respective settlement office for relevant enquiries and guidance.

- ◆ After fulfilling the conditions of the skill training selection under the guidance of settlement officer, the **application forms** of the candidates and with other necessary **related documents** for selection will be submit to the CTRC by the settlement office for the final approval of the candidates list.

### For the Micro-credit part:

While applying for micro-credit from the CTRC, the candidate must contact the settlement office with project proposals and are needed to complete the two initial formalities as below:

- ◆ The business plan form.
  - ◆ Feasibility analysis forms.
- 1) The settlement officer will convene the local loan review committee for proper and complete verification of the proposals. After the completion of the review the committee will sent the **project proposal along with the forms, recommendation letter** and the committee meeting's **minute report**, to the central micro-credit committee in Dharamsala for the final approval.
  - 2) When the loan is approved on the candidate's name, he/she will be informed and he/she should contact the settlement office for filling the following legal formalities :
    - ◆ Surety Bonds.
    - ◆ Letter of undertaking.
    - ◆ Promissory notes etc.



## ORGANIC FARMING :-

### India Organic 2007 held in Delhi

The Presidents & Secretaries of Tibetan Cooperative Societies along with Agriculture Extension Officers of 12 Tibetan settlements attended the 3 day seminar on Organic Product Marketing held at the India Organic 2007. The Joint Secretary and Staff of the Agriculture Division, CTRC (Department of Home) and COSPE – CTRC Project technical staff also attended the seminar. Later the Settlement Officers and Acting Secretary of CTRC (Department of Home) witness the India Organic 2007 in which an Organic Food Stall set up by the Federation of Tibetan Cooperative Societies in India.

The Organic Food Stall was visited by many dignitaries, including the Minister for Child and Women Welfare, Smt. Renuka Chaudiri, Mrs. Anna Marie Ceci, Director, Development Cooperation Office, Embassy of Italy and her staff members and they also bought several organic products from the Stall. The Organic Products that were displayed in the stall were produced by the Tibetans in various Tibetan settlements in India. The cost of the participation was met from the CTRC-COSPE project.



Mrs. Anna Marie Ceci at Tibetan organic stall

### Model Organic Villages:

Mr. Ngodup Dorjee, Acting Secretary and Mr. Chemi Rigzin, Joint Secretary visited the three settlements in Central India and 5 Tibetan settlements in Karnataka State, to oversee the Model organic villages already established in Orissa, Mainpat, Kollegal, Bylakuppe and Hunsur.

Model Villages established in 2007-08 are: Camp.4 of Orissa, Camp.5 of Mainpat, Villages P & F of Kollegal. The Model villages to be establish in the year 2008-09 are: Camp No. 8 of Mundgod.

### Staff updates:

- 1) Mr. Jampa Phuntsok is appointed as new Deputy Secretary to CTRC (Home Deptt), Dharamsala w.e.f 14th Nov. 07.
- 2) Miss.Pema Samdon is appointed as new Section Officer to CTRC, (Home Deptt.) Dharamsala w.e.f 14th Nov. 2007.
- 3) Mr. Yeshi Dolma is appointed as new Assistant to CTRC (Home Department), Dharamsala w.e.f 26th Nov. 2007.
- 4) Mr. Topgyal Secretary, Joint Secretary to CTRC, Dharamsala is transfered to Health Department w.e.f 12th Dec. 2007.
- 5) Mr. Sonam Choephel Shosur, Additional Secretary, Welfare Officer, Dharamsala is transfered to CTRC, Dharamsala w.e.f 14th Dec. 2007.
- 6) Mr. Tashi Wangdue Jumar, Joint Secretary, Delar Settlement Officer is transfered to Lugsum Settlement Office, Bylakuppe w.e.f 31st Dec. 2007.
- 7) Mr. Phuntsok Tsering, Deputy Secretary, Chief Representative, Ladakh is transfered to Deky larso Settlement, Bylakuppe w.e.f 18th April. .2008.
- 8) Mr. Tenpa Dhargyal, Deputy Secretary will be new Chief Representative, Ladakh w.e.f. 4th April 2008.
- 9) Kunssang Dorji, Under Secretary , CTRC is transfered to Department of Information & International Relation w.e.f 16th November 2007.
- 10) Mr. Tsering Choephel, Under Secretary, CTRC have voluntarily resigned from 25th February, 2008
- 11) Ms. Rigzin Lhamo, Under Secretary, Ravangla Settlement Officer have voluntarily resigned from 25th January 2008
12. Sonam Nyandak, Section Officer, CTRC have voluntarily resigned from 25th December 2007.

**We wish all of them very best.**



## Profile of Tsering Elder's Home, Nepal :-

### Background:

Tsering elder's home is situated in a small village called Tinchuli, a kilometer away facing northeast to one of the world's oldest and richest historical stupa- JARONG KHASHOR. The very foundation of this home was laid on 8th May 2002 as per the kind wishes of the H.H. The XIV Dalai Lama and was completed within two years with the kind support from Tibet Fund, USA. Drubthob Rinpoche inaugurated the new home on November 12, 2003 in presence of our co-sponsor, Sarah Jaffe, four other members of Flora Family Foundation and Rinchen Dharlo, Tibet Fund, USA.



With the aim of accommodating aged and helpless Tibetans to enable them to spend their rest of life in peace and dignity. Initially on 15th November 2003 a group of such fifty aged and poor individuals were accommodated in this Tsering Elders Home. Tsering in Tibetan means "Long Life" and is bestowed by H.H the Dalai Lama. At present, there are 47 elders and 6 staff to look after their well-being. It is now more than 4 years since this home is looking after the poor and needy elders mostly above 65 years from Tibetan communities in Kathmandu, Dorpatan, Manang, Solokhumbu, Tserok, Pokhra, Choksam, Tsum etc.

### Location:

Tsering Elder's Home at Nepal is located at the perfect and spiritual place for the Tibetan elders to live in as it is all surrounded by monasteries and pilgrimage site. At the right side of this Home lies Bhodong Chokley Namgyal known as Porong Monastery and on the left lies Bheroling Monastery. Tinchuli (Place) is very near to this Home and it is believed to be the holy place where MA JETSUM MA used to make tea and meal. And there is also a saying that it is the place where the bricks were made to build the majestic stupa- JARONG KHASHOR. Buddhist considers this as one of the pilgrim place and lately mani (Prayer) wheel were built within the small stupa. Besides the Songtsen secondary school, there is Nyingma and Geluk monastery at the bottom. On the top of the hill, there is a monastery and beneath the home there is nunnery that was built by Lama Soepa Rinpoche, well known as Kopen Monastery. One can even visit the place where His Eminence Aayang Rinpoche meditated on the right of the mountain.

### Facilities:

Easy access to transportation and other facilities, with airport just 4 Km away and an hour away from capital City Kathmandu, Nepal. Those sick elderly people in home are given treatment by Tibetan traditional doctors who also visit home to see those who can't walk. The stupa hospital is also available with rooms for patient along with all the facilities or equipment needed in case of emergency. KER-AN-PHER organization is very helpful in providing vehicles services to the home without any charges during any emergency need. There is also availability of a medical store at the Tinchuli junction it's being main market for the areas.

### Daily routine

As in most of the elder's home, elders wake up early for prayers at 5.45 in the morning and at same time in the evening too. For entertainment, they watch television and especially enjoy watching films on their own country (Tibet). Apart from this, they spend their leisure times circumambulating the Stupa, chatting with their fellow elders, cleaning etc.

### Administration

The overall management of home is administered and governs by Department of Home, Central Tibetan Administration of H.H. the Dalai Lama through Tibetan Refugee Welfare Office, Kathmandu Nepal with fund support from Tibet Fund, USA. The running expenses of the home has almost doubled due to the rising price of all the necessities. The political instability in the country (Nepal) has been the main reason for this inflation. Therefore the home has been facing budgetary deficit by around four to five hundred thousand Indian rupees every year.

### Current needs and problems:

- 1) Fund needed to overcome the budget deficit every year (13,000.00 US dollar or 9500.00 euro approximately).
- 2) Fund needed for winter clothing (US dollar 3000.00 or 2000.00 euro approximately).

### (YES) MICRO-CREDIT SUCCESS STORY

Name : Jamphel Rabten  
 DOB : 15.08.1971  
 Father's Name : Late Pema Tsetan  
 Mother's Name : Yangkey  
 Place : Village no.5, Deky Larsoe Settlement, Bylakuppe



Jamphel Rabten's workshop and his adjacent tuck shop

In January 2002, Mr. Jamphel Rabten has sought loan of Rs. 80,089/- under CTRC's (YES) Youth Empowerment Support Programme to start his dream of owning 2-wheeler workshop called '**Chime Auto Garage**' located near by his house in Village no. 05, Deky-Larsoe Tibetan Settlement, Bylakuppe. Being well trained as auto mechanic and with kind micro-credit from CTRC he is now able to set up his own garage and runs successfully. Within the period of 1 year and 11 months he has not only repaid all the loan amount but also opened an adjacent tuck shop to sell sweets and cold drinks. Now a days he also undertakes all types of two wheeler works such as water service, general service and also deals in auto link of two wheeler.



Since he is the only Garage owner in New Settlement, his 2-Wheeler workshop is flourishing and he has appointed one assistant on monthly payment. He is also extending his present garage, since it is too congested to keep the 2-wheelers and their parts.

He is able to generate good income from the workshop which is the only source of income for his family. His family consists of his wife, his mother and 5 children.

#### CTRC's visitors:-

Sr.no.	Date	Visitor's name	Organization
1.	6th Oct.2007	Mrs. Meira Aboulaflia, President & members,	Israeli Friends of Tibetan People (IFTIP)
2.	21st Oct. 2007	Lakha Rinpoche, Chairman and its group	Tibet Charity, Denmark
3.	2nd Nov. 2007	Mrs. Elisabeth Zimmermann, Chairperson and Ms. Kathrin Muellner, Sponsorship Programmer.	Save Tibet, Austria.
4.	November, 2007	Mrs. Anna Maria Ceci, Director	Development Cooperation Office at the Embassy of Italy in New Delhi
5.	28th Nov.2007	Mr. Aners Tunold, Project Co-ordinator, Oslo Mr. Steffen Rasmussen, Area Representative, Colombo Ms. Anita S.Pillai, Project Advisor, Bangalore	Nowagian Church Aid (NCA)
6.	20th Dec.2007	Mr. Jay Rastogiri,	Eco-forestry Project in Canada,



## Settlement Profile

### Phendeyling Tibetan settlement, Mainpat, Chattisgarh

#### Introduction:

Phendeyling Tibetan Settlement, Mainpat was established with support from Government of India in 1962 to rehabilitate 1400 Tibetan refugees who come to India in the aftermath of the Chinese annexation of Tibet in 1959.

The land was provided by then state government of Madhya Pradesh and financed the scheme by Government of India. Mainpat Agricultural settlement replicate the same line of development as with other agricultural settlements, which had been previously established at Bylakuppe, Karnataka. In case of Mainpat, necessary arrangements such as temporary huts and dry rations etc could not be made prior to the arrival of the settlers and as a result they faced much hardship during the initial years.

#### Settlement location:

The settlement is located at Mainpat in Surguja District of Chattisgarh state in central India. The nearest town, Ambikapur, is 50 km from the settlement and the condition of the road is absolutely in bad condition. Ambikapur is a small town thriving on vast hinterland of local agricultural villages and rich mining industries. It has sufficiently good and adequate health, telecommunication and other service sectors. The general topography of the settlement area is on a tableland at the average altitude of 3500 ft above sea level.

#### Settlement population:

**Initial population** 2000  
**Present Population** 1825

#### No. of villages in the settlement:

The Settlement consists of 7 camps scattered within a radius of 25 Kms with an average distance of about 5 to 6 Kms from each others. The camp no.1 is so to say capital of the settlement and also functionally central camp. The school, settlement office, co-operative society, workshop and health clinics are all located in this camp. Even then distance between the outermost camps and the camp-I is more than 15 Kms which makes accessibility to services difficult. The camps are connected to each other by unpaved dirt roads which turns into virtual cesspool during the rainy season.

#### Settler's livelihood

Most of the families have a small piece of agricultural land for their living. Due to lack of irrigation facilities, the rain-fed crop agriculture is practiced. Besides agriculture, some of the settlers are engaged in trading, restaurants, shop keeping and seasonal woollen business etc to cope with their increase family members.

#### Traveling guide:

**Nearest railway station** : Ambhikapur , 50 Km  
**Nearest airport** : Raipur, 550 Km from settlement

#### Facilities in Settlement

**School** : 1 creche, 4 kindergarten, 1 middle school

**Health facilities** : 1 allopathic dispensary

1 Branches of Tibetan medical institute

**Elderly People Home**: Elderly people's home with 27 elders

**Monastery** : 3 monasteries

#### Co-operative Society

The settlement has a Co-operative Society and it supports the settlers with the supply of seeds, fertilizers and tractor for farming etc. The co-operative Society also assist the farmers in marketing their agriculture product. This Co-operative society is also member of the All India Tibetan Cooperative Federation. Under the management of the Co-operative Societies there are shops, mechanical workshop, tractor section and Handicraft centers to generate income for the co-operative and provide employment by preserving the Tibetan tradition carpet weaving.



water tank at camp 1, Mainpat

#### Administrative setup:

##### CTA Representative:

Each settlement has a settlement officer who is the Representative of the Central Tibetan Administration (CTA), Dharamsala. Settlement officer is the principle office of the settlement and he is in charged with overall control of running of affairs in the settlement. The Representative acts as the liaison between the settlement and Central Tibetan Administration and is the main source of information on policies and directives of Central Tibetan Administration. Daily task of the Representative ranges from adjudicating disputes to communicating with outside local authorities, and generally watching over the running of all aspects of the settlement under the directives and policy of Central Tibetan Administration.

#### Contact address:

Representative  
 Phendeyling Tibetan Settlement  
 P.O. Kamleshwarpur,  
 District Surguraja  
 Mainpat - 497127, Chatisgarh  
 India  
 Telephone: +91-07834-263211  
 E-mail:



water tower in mainpat







## HOW YOU CAN HELP.

1. Make donation to CTRC's General Fund.
2. Give project-specific donations.
3. Sponsor needy and old person.
4. Volunteer for transfer of technology and expertise.
5. Make donation to CTRC's Emergency Relief Fund.
6. Inform others about us.
7. Raise fund for CTRC's projects.

*You can send your donations by cheques, International Money Order or by Wire Transfer. If you prefer to pay directly into our bank account, the number is 01100055034, State Bank of India(0634), Kotwali Bazar Dharamsala - 176215, Kangra District, H.P, India. Donations made to CTRC are tax deductible under section 80-G of Indian Tax Act of 1961 subject to the limits prescribed in the law.*

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## Projects needing Fund

### Community Service Vehicle at Dalhousie & Mandi

Being located at distance from the main town the new all purpose transportation vehicle is necessity for (Tibetan Welfare Office and The Tibetan Refugee Handicraft Centre and Primary Health Centre,) Dalhousie and Office Representative, Mandi. The total budget for the this project is Rs. 950,000.00 and Rs. 597,952.00 respectively.

### Footpath construction, Bonpo Tibetan settlement

Due to absence of a proper road in the settlement, the settlers are facing a lot of problems, be it traveling within the settlement or to the market where they have to make frequent visits. Moreover, traveling at night is risky. Considering the existing road problem, it is proposed to construct a footpath in the settlement for safer traveling. The total fund required is Rs. 602,070.00

### Ladakh Housing Renovation

The project aims to renovate 337 residential houses of Sonamling Tibetan refugee settlement in Ladakh. Most of the beneficiaries are living below the poverty line and hence could not renovate the houses of their own since its inception in 1969. The total budget of the project is 4,369,672 (USD 300 per house) and balance amount of Rs. 3,550,952/- is required.

### Construction of community hall & Library, Bir Dege Settlement.

This project of constructing Library and community hall aims to channelize the youthful energy into constructive and useful self-enhancing activities. It also prevents youth from indulging in anti-social activities such as gambling, alcohol and drugs. The total cost of the project is Rs. 2,710,821/-.

### Construction of Retaining Wall, Kalimpong

The project aims to construct retaining wall to prevent risk of landsliding and soil erosion in the nearby area. The total cost of the project is Rs. 259,200/

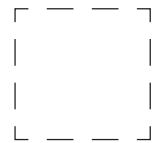
*CTRC take this opportunity to express its sincere gratitude & appreciation for your continuous support & well wishes. We wish you all the best and hope to retain your patronage. THANK YOU.*

This issue covers events from Oct'07 to December.2007.

If undelivered, please return to:

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 Gangchen Kyishong  
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## BOOK POST



To

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