

Where you see this sign ❖ you will hear a short **News Update** at 30 minutes past the hour

GMT	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	GMT
0:00	News	News	News	News	News	News	News	0:00
0:06	FOOC ❖	The Cultural Frontline ❖	HARDtalk ❖	BBC World Hacks ❖	HARDtalk ❖	The Inquiry ❖	HARDtalk ❖	0:06
0:32	CrowdScience (rpt)	Trending Over To You	The Conversation	In The Studio	The Compass	The Food Chain	World Football	0:32
0:50								0:50
1:00	News	News	News	News	News	News	News	1:00
1:06	Business Matters ❖	The World This Week ❖	World Business Report ❖	Business Matters ❖	Business Matters ❖	Business Matters ❖	Business Matters ❖	1:06
1:32		Click (rpt)	Outlook Weekend					1:32
2:00	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	2:00
2:32	Heart & Soul	Discovery (rpt)	Health Check (rpt)	The Why Factor	The Documentary (Tue)	The Documentary (Wed)	Assignment	2:32
2:50				More or Less				2:50
3:00	News	News	Newsday ❖	Newsday ❖	Newsday ❖	Newsday ❖	Newsday ❖	3:00
3:06	In the Balance/Global Business ❖	FOOC ❖						3:06
3:32	The Cultural Frontline	Living With The Gods Witness (rpt)						3:32
3:50								3:50
4:00	News	News	News	News	News	News	News	4:00
4:06	Newshour Extra (rpt) ❖	Weekend Documentary ❖ (B)	HARDtalk ❖	BBC World Hacks ❖	HARDtalk ❖	The Inquiry ❖	HARDtalk ❖	4:06
4:32			The Conversation	In The Studio	The Compass	The Food Chain	World Football	4:32
5:00	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	5:00
5:32	Stumped	Assignment (rpt)	CrowdScience	Discovery	Click	Health Check	Science in Action	5:32
6:00	Weekend ❖	Weekend ❖	News	News	News	News	News	6:00
6:06			The Inquiry (rpt) ❖	Outlook ❖	Outlook ❖	Outlook ❖	Outlook ❖	6:06
6:32			The Why Factor					6:32
6:50			Over To You					6:50
7:00	Weekend ❖	Weekend ❖	Newsday ❖	Newsday ❖	Newsday ❖	Newsday ❖	Newsday ❖	7:00
8:00	Weekend ❖	Weekend ❖	Newsday ❖	Newsday ❖	Newsday ❖	Newsday ❖	Newsday ❖	8:00
8:32	Outlook Weekend	The Food Chain (rpt)	Business Daily	Business Daily	Business Daily	Business Daily	Business Daily	8:32
8:50			Witness	Witness	Witness	Witness	Witness	8:50
9:00	News	News	News	News	News	News	News	9:00
9:06	Top of the Pops ❖	The Compass (rpt) ❖	The Arts Hour ❖	The Forum ❖	Weekend Documentary (B)	The Thought Show ❖	Newshour Extra ❖	9:06
9:32		Heart & Soul (rpt)						9:32
9:50				Sporting Witness				9:50
10:00	News	News	World Update ❖	World Update ❖	World Update ❖	World Update ❖	World Update ❖	10:00
10:06	Sportshour ❖ (S)	FOOC ❖						10:06
10:32		Trending						10:32
10:50		Over To You						10:50
11:00	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	11:00
11:32	In the Balance/Global Business	Boston Calling	The Conversation	In the Studio	The Documentary (Wed)	The Food Chain	World Football	11:32
12:00	News	News	News	News	News	News	News	12:00
12:06	Newshour Extra (rpt) ❖	BBC World Hacks (rpt) ❖ (D)	Outlook ❖ (W)	Outlook ❖ (W)	Outlook ❖ (W)	Outlook ❖ (W)	The Fifth Floor ❖ (W)	12:06
12:32		Science in Action (rpt) (D)						12:32
13:00	Newshour ❖	Newshour ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	13:00
13:32			The Why Factor	The Documentary (Tue)	The Compass	Assignment	Heart & Soul	13:32
13:50			More or Less					13:50
14:00	News	News	Newshour ❖	Newshour ❖	Newshour ❖	Newshour ❖	Newshour ❖	14:00
14:06	BBC Music at the WS ❖	Weekend Documentary ❖ (B)						14:06
14:32								14:32
15:00	News	News	News	News	News	News	News	15:00
15:06	Sportsworld	The Arts Hour ❖	HARDtalk ❖	BBC World Hacks ❖	HARDtalk ❖	The Inquiry ❖	Tech Tent ❖	15:06
15:32			World Business Report	World Business Report	World Business Report	World Business Report	World Business Report	15:32
16:00	News	News	BBC OS ❖	BBC OS ❖	BBC OS ❖	BBC OS ❖	BBC OS ❖	16:00
16:32	Sportsworld	Sportsworld						16:32
17:00	News	News	BBC OS ❖	BBC OS ❖	BBC OS ❖	BBC OS ❖	BBC OS ❖	17:00
17:32	Sportsworld	Sportsworld						17:32
18:00	The Newsroom ❖	News	News	News	News	News	News	18:00
18:06		Sportsworld	Outlook ❖	Outlook ❖	Outlook ❖	Outlook ❖	The Fifth Floor ❖	18:06
18:32	Documentary (Tue/rpt)							18:32
19:00	News	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	19:00
19:06	The World This Week ❖ (D)							19:06
19:32	The Documentary (Wed/rpt) (D)	Living With The Gods	Sport Today	Sport Today	Sport Today	Sport Today	Sport Today	19:32
19:50		More Or Less						19:50
20:00	News	News	Newshour ❖	Newshour ❖	Newshour ❖	Newshour ❖	Newshour ❖	20:00
20:06	The Forum ❖ (D)	BBC Music at the WS ❖						20:06
20:50	Over To You							20:50
21:00	Newshour ❖	Newshour ❖	News	News	News	News	News	21:00
21:06			The Why Factor ❖	The Documentary (Tue) ❖	The Compass ❖	Assignment ❖	Trending ❖	21:06
21:32			Discovery	Click	Health Check	Science in Action	CrowdScience	21:32
22:00	The Newsroom	The Newsroom	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	22:00
22:20	Sports News ❖	Sports News ❖	Sports News ❖	Sports News ❖	Sports News ❖	Sports News ❖	Sports News ❖	22:20
22:32	In the Balance/Global Business	Heart & Soul (rpt)	World Business Report	World Business Report	World Business Report	World Business Report	World Business Report	22:32
23:00	News	News	News	News	News	News	News	23:00
23:06	The World This Week ❖	The History Hour ❖	The Arts Hour ❖	The Forum ❖	Weekend Documentary ❖ (B)	The Thought Show ❖	Newshour Extra ❖	23:06
23:32	Boston Calling							23:32
23:50				Sporting Witness				23:50

(B) This slot will be home to occasional documentaries and once a month you will hear **World Book Club** and once a month **Global Beats**

(D) At times, **Debates** and other ad hoc programmes will be broadcast here

(W) This slot includes a 10-minute broadcast of **Witness**

(S) This slot includes a 10-minute broadcast of **Sporting Witness**

FOOC = From Our Own Correspondent

HOW TO LISTEN

BBC on FM

Bangladesh: Dhaka 100 FM (English and Bengali); Sylhet 88.8 FM; Khulna 88.8 FM; Rangpur 88.8 FM; Rajshahi 88.8 FM; Chittagong 88.8 FM; Comilla 103.6 FM; Cox's Bazar 100.8 FM; Barisal 105.0 FM; Thakurgaon 92.0 FM (all Bengali).

India (English): All India Radio every Saturday 1130 on FM Rainbow Network; Community Radio Stations: Vivek 90.4 FM in Chandigarh; Salaam Namaste 90.4 FM in Noida; Radio JU 90.8 Mhz in Kolkata; Pasumai 90.4 FM in Dindigul; Puduva Vaani 107.8 FM in Puducherry; Radio Benziger 107.8 in Kollam, Kerala; Radio Namaskar 90.4 FM in Konark (Odisha); Amity University (107.8 Mhz) in Noida; Radio Manipal 90.4Mhz in Manipal; Radio VIT 90.8 Mhz in Vellore.

India (Hindi): 94.3 Tomato FM in Kolhapur and Sangli; 94.3 FM Radio Misty in Siliguri; Radio Misty Sikkim 95 FM in Gangtok; Radio Chaska 95 FM in Gwalior; 95 FM Tadka in Jaipur, Raipur, Kota, Udaipur. (Also available via East FM in Nairobi 106.3 FM and Mombasa 89.5 FM, Radio Tarana 1386 AM Auckland.)

BBC Hindi can be heard daily in south-west India on shortwave from 00:59:30-01:29:30 on 9835 kHz (meterband 31), 9915 kHz (31), 11995 kHz (25),

15510 kHz (19); from 02:29:30-02:59:30 on 11995 kHz (25), 13580 kHz (22), 15510 kHz (19), 17870 kHz (16); from 13:59:30-14:29:30 on 7565 kHz (41), 9460 kHz (31), 9510 kHz (31), 11795 kHz (25); from 15:59:30-16:29:30 on 7485 kHz (41); 9490 kHz (31); 9605 kHz (31), 11675 kHz (25).

BBC Hindi can be heard daily on medium wave from 00:59:30-01:29:30, 13:59:30-14:29:30 and 15:59:30-16:29:30 on 1413 kHz.

Maldives: Male, Capital Radio 95.6 FM.

Nepal: Radio Thaha Sanchar 99.4 Mhz, Kathmandu; Madhes Jan Aawaj 98.6 Mhz, Rautahat (Hindi and Urdu); BFM 91.2 Mhz Biratnagar; Butwal FM 94.4 Mhz, Butwal; Radio Malmala 88.6 Mhz, Murgiya; CJMC FM 106 Mhz, Kathmandu; Radio Masti 87.9 Mhz, Sanga; Radio Kailali 103.7 Mhz, Kailali; Aarambha FM 104 Mhz, Jhapa; Mechi Tune 96.8 Mhz, Jhapa; Indreni FM 92.4 Mhz, Dang; Radio Barahi 99.2 Mhz, Pokhara; Hamro FM 94 Mhz, Bharatpur; Sarathi FM 107.4 Mhz, Baglung; Radio Thaha Sanchar 99.6 Mhz, Hetauda; Radio Rastriya 89.8 Mhz, Kanchanpur; Choice FM 90.4 Mhz, Gorkha; Godavari FM 87.9 Mhz, Kailali; C FM 94.7 Mhz, Saptari; UK FM 106.8 Mhz, Udayapur; Radio Rudraksha 98.8 Mhz, Mahottari; Radio Aakash Ganga 88.5 Mhz, Hetauda (Hindi; Nepali through ACORAB); Radio Ninglshaini 94 Mhz, Baitadi; Radio Matribhumi 98.2 Mhz, Gorkha;

Aagan FM 89.6 Mhz, Jhapa; Radio Namaste 92.8 Mhz, Butwal; Radio Indreni 97.6 Mhz, Dang; Guransh FM 107.5 Mhz, Khandbari; Kathmandu 103 FM, Khumaltar (all in Nepali).

English and Nepali (24 hours): Gadhimai FM 91.4 Mhz; Radio Mithila 100.8 Mhz; Radio Birgunj 99 Mhz; Kalika FM 91 Mhz; Hetauda FM 96.6 Mhz; Sanskar FM 99 Mhz; Synergy FM 91.6 Mhz; Janakpur FM 101.8 Mhz; Radio Today 91 Mhz; Youth FM 96.8 Mhz; Saptakoshi FM 90 Mhz; Pathibhara FM 93.6 Mhz; Saptarangi FM 101.6 Mhz; Popular FM 99.5 Mhz; Amurta FM 91.6 Mhz; Eagle FM 99.2 Mhz; Dinesh FM 93.8 Mhz; Phoolbari FM 93.2 Mhz; Radio Bageshwori 94.6 Mhz; Dhaulagiri FM 98.6 Mhz; Radio Annapurna 93.4 Mhz; Tinau FM 98.2 Mhz; Radio Resunga 106.2 Mhz; Saypatri FM 91.6 Mhz; Hamro Malika FM 107 Mhz (all members of ACORAB).

BBC via satellite

Across South Asia direct-to-home from AsiaSat 5 at 100.5° East.

BBC news online

BBC news is updated constantly at bbc.com/news. English radio programmes can be heard at bbcworldservice.com. For schedule and frequency information click 'How To Listen'.

For news in **Bangla, Hindi, Nepali,**

Sinhala, Tamil and Urdu visit: bbcbangla.com; bbchindi.com; bbcnepli.com; bbcsinhala.com; bbctamil.com; bbcuardu.com

BBC Hindi on TV

BBC Dunia on ETV: Monday to Friday from 2120 to 2130 IST on ETV Rajasthan, ETV UttarPradesh and Uttrakhand, ETV Madhya Pradesh and Chattisgarh, ETV Bihar and Jharkhand, ETV Haryana and Himachal.

BBC Tamil on TV

BBC Tamil on Thanthi TV: Monday to Friday from 1930 to 1940 IST.

Television audiences can find information about BBC World News, the BBC's international news channel, at bbcworldnews.com

For further information about listening in East Asia, contact: Indu Shekhar Sinha, Business Development (South Asia) BBC World Service tel: + 91 11 2340 1618 fax: + 91 11 2340 1601 email: indushekar.sinha@bbc.co.uk