THE MIDDLE EAST and countries of the FSU

GMT +2 TO GMT +4½

including ***Eastern Mediterranean, Gulf States, North and South Sudan, Iraq*** *(GMT +3),* ***UAE*** *(GMT +4),* ***Iran*** *and* ***South Afghanistan*** *(GMT +4½)*

A GUIDE TO LISTENING IN ENGLISH
NOVEMBER 2017 – MARCH 2018

BBC WORLD SERVICE

Where you see this sign ❖ you will hear a short News Update at 30 minutes past the hour

GMT	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	GMT
0:00	News	News	News	News	News	News	News	0:00
0:06	FOOC ❖	The Cultural Frontline	The Arts Hour ❖	The Forum ❖	Weekend Documentary ❖ *(B)*	The Thought Show ❖	Newshour Extra ❖	0:06
0:32	CrowdScience (rpt)	Trending						0:32
0:50		Over to You		Sporting Witness				0:50
1:00	News	News	News	News	News	News	News	1:00
1:06	Business Matters ❖	The World This Week ❖	World Business Report ❖	Business Matters ❖	Business Matters ❖	Business Matters ❖	Business Matters ❖	1:06
1:32		Click (rpt)	Outlook Weekend					1:32
2:00	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	2:00
2:32	Heart & Soul	Discovery (rpt)	Health Check (rpt)	The Why Factor	The Documentary (Tue)	The Documentary (Wed)	Assignment	2:32
2:50				More or Less				2:50
3:00	News	News	Newsday ❖	Newsday ❖	Newsday ❖	Newsday ❖	Newsday ❖	3:00
3:06	In the Balance/ Global Business ❖	FOOC ❖						3:06
3:32	The Cultural Frontline	Living With The Gods	The Conversation	In The Studio	The Compass	The Food Chain	World Football	3:32
3:50		Witness (rpt)						3:50
4:00	News	News	Newsday ❖	Newsday ❖	Newsday ❖	Newsday ❖	Newsday ❖	4:00
4:06	Newshour Extra (rpt) ❖	Weekend Documentary ❖ *(B)*						4:06
5:00	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	5:00
5:32	Boston Calling	Assignment (rpt)	CrowdScience	Discovery	Click	Health Check	Science in Action	5:32
6:00	Weekend ❖	Weekend ❖	Newsday ❖	Newsday ❖	Newsday ❖	Newsday ❖	Newsday ❖	6:00
7:00	Weekend ❖	Weekend ❖	Newsday ❖	Newsday ❖	Newsday ❖	Newsday ❖	Newsday ❖	7:00
8:00	Weekend ❖	Weekend ❖	News	News	News	News	News	8:00
8:06			HARDtalk ❖	BBC World Hacks ❖	HARDtalk ❖	The Inquiry ❖	HARDtalk ❖	8:06
8:32	Outlook Weekend	The Food Chain (rpt)	Business Daily	Business Daily	Business Daily	Business Daily	Business Daily	8:32
8:50			Witness	Witness	Witness	Witness	Witness	8:50
9:00	News	News	News	News	News	News	News	9:00
9:06	Top of the Pops ❖	The Compass (rpt)	The Arts Hour ❖	The Forum ❖	Weekend Documentary ❖ *(B)*	The Thought Show ❖	Newshour Extra ❖	9:06
9:32		Heart & Soul (rpt)						9:32
9:50				Sporting Witness				9:50
10:00	News	News	World Update ❖	World Update ❖	World Update ❖	World Update ❖	World Update ❖	10:00
10:06	Sportshour ❖ *(S)*	FOOC ❖						10:06
10:32		Trending						10:32
10:50		Over to You						10:50
11:00	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	11:00
11:32	In The Balance/Global Business	Boston Calling	The Conversation	In The Studio	The Documentary (Wed)	The Food Chain	World Football	11:32
12:00	News	News	News	News	News	News	News	12:00
12:06	Newshour Extra ❖	BBC World Hacks (rpt) *(D)*	Outlook ❖ *(W)*	Outlook ❖ *(W)*	Outlook ❖ *(W)*	Outlook ❖ *(W)*	The Fifth Floor ❖ *(W)*	12:06
12:32		Science in Action (rpt) *(D)*						12:32
13:00	Newshour ❖	Newshour ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	13:00
13:32			The Why Factor	The Documentary (Tue)	The Compass	Assignment	Heart & Soul	13:32
13:50			More or Less					13:50
14:00	News	News	Newshour ❖	Newshour ❖	Newshour ❖	Newshour ❖	Newshour ❖	14:00
14:06	BBC Music at the WS ❖	Weekend Documentary ❖ *(B)*						14:06
14:32								
15:00	News	News	News	News	News	News	News	15:00
15:06	Sportsworld	The Arts Hour ❖	HARDtalk ❖	BBC World Hacks ❖	HARDtalk ❖	The Inquiry ❖	Tech Tent ❖	15:06
15:32			World Business Report	World Business Report	World Business Report	World Business Report	World Business Report	15:32
16:00	News	News	BBC OS ❖	BBC OS ❖	BBC OS ❖	BBC OS ❖	BBC OS ❖	16:00
16:06	Sportsworld	Sportsworld						16:06
17:00	News	News	BBC OS ❖	BBC OS ❖	BBC OS ❖	BBC OS ❖	BBC OS ❖	17:00
17:06	Sportsworld	Sportsworld						17:06
18:00	The Newsroom ❖	News	News	News	News	News	News	18:00
18:06		Sportsworld	Outlook ❖ *(W)*	Outlook ❖ *(W)*	Outlook ❖ *(W)*	Outlook ❖ *(W)*	The Fifth Floor ❖ *(W)*	18:06
18:32	The Cultural Frontline							18:32
19:00	News	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	19:00
19:06	The World This Week ❖ *(D)*							19:06
19:32	The Documentary (Wed/rpt) *(D)*	Living With The Gods	Sport Today	Sport Today	Sport Today	Sport Today	Sport Today	19:32
19:50		More or Less						19:50
20:00	News	News	News	News	News	News	News	20:00
20:06	The Forum ❖	BBC Music at the WS ❖	The Why Factor ❖	The Documentary (Tue) ❖	The Compass ❖	Assignment ❖	Trending ❖	20:06
20:32			Discovery	Click	Health Check	Science in Action	CrowdScience	20:32
20:50	Over To You							20:50
21:00	Newshour ❖	Newshour ❖	Newshour ❖	Newshour ❖	Newshour ❖	Newshour ❖	Newshour ❖	21:00
22:00	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	22:00
22:20	Sports News	Sports News	Sports News	Sports News	Sports News	Sports News	Sports News	22:20
22:32	In the Balance/ Global Business	Heart & Soul (rpt)	World Business Report	World Business Report	World Business Report	World Business Report	World Business Report	22:32
23:00	News	News	News	News	News	News	News	23:00
23:06	The World This Week ❖	The History Hour ❖	HARDtalk ❖	BBC World Hacks ❖	HARDtalk ❖	The Inquiry ❖	HARDtalk ❖	23:06
23:32	Boston Calling		The Conversation	In The Studio	The Documentary (Wed)	The Food Chain	World Football	23:32

(B) *This slot will be home to occasional documentaries and once a month you will hear* ***World Book Club***
(D) *At times,* ***Debates*** *and other ad hoc programmes will be broadcast here*
(W) *This slot includes a 10-minute broadcast of* ***Witness***
(S) *This slot includes a 10-minute broadcast of* ***Sporting Witness*** ***FOOC*** *= From Our Own Correspondent*

HOW TO LISTEN

BBC on FM

BBC World Service programmes can be heard on the following frequencies:

Afghanistan: Kabul 101.6 FM (24 hours a day in English).
The BBC is available in Dari, Pashto and Uzbek on the following stations (with English 0000-0500 local time):
Bamian 89 FM; Faizabad 89.0 FM; Farah 89.0 FM; Gardez 87.9 FM; Ghazni 88.2 FM; Herat 89.2 FM; Jabal os Saraj 92.2 FM; Jalalabad 89 FM; Kabul 89 FM; Kandahar 90 FM; Khost 90.1MHz; Konduz 88.1 FM; Kunar 87.5 FM Lashkar-Gah 89.2 FM; Maimana 92.1 FM; Mazar-e Sharif 89 FM; Pol-e Khomri 89.0 FM; Qalat 89.0 FM; Sharan 89.0 FM; Sheberghan 89.0 FM; Taloqan 88.3 FM; Tarin Kowt 89.0 FM
Nine new relays completed in: Emam Sahib 88.1 FM; Shindand 89.2 FM; Rustaq 89 FM; Spinboldak 92 FM; Shkhabad 90.2 FM; Sar-e-pol 89.1 FM; Chogcharan 89.2 FM; Pul-e-alam 105.7 FM (may change); Aibak 89.1 FM.
Bahrain: Manama 103.8 FM (Arabic) and 101.0 FM (*English*) and partner radio Bahrain 99.5 FM (*English*)
Djibouti: Djibouti City 99.2 FM (*Arabic, English, Somali, French*)
Iraq: Al Amara 89.0 FM (*Arabic*), Al Kut 89.0 FM (*Arabic*), Baghdad 89 FM (*Arabic*), Basra 90.0 FM (*Arabic*), Kirkuk 92.9 FM (*Arabic*) (off air from 17 October to date), Salhuddin Mosul/Erbil 96.0 FM (*Arabic*), Shomaly 91.7 FM (*Arabic*), Sulaimaniya 92.5 FM (*Arabic*), Suq Ashuyukh 105.2 FM (*Arabic*)
Jordan: Amman 103.1 FM (*Arabic*)
Ajloun 89.1 FM (*Arabic*)
Kuwait: 100.1 FM (*English*) and 90.1 FM (*Arabic*)
Lebanon: Beirut 93.6 FM; *partner* Voice of Lebanon, Beirut 93.3 FM; North of Lebanon 93.3 MHz
Libya: Benghazi 91.5 FM (*Arabic*), Misratah 91.5 FM, Tripoli 91.1 FM and Zawiya 91.5 FM (*Arabic*)
Mauritania: Nouakchott 106.9 FM (*Arabic*), Nouadhibou 102.4 FM (*Arabic*)
Morocco: *partner* MFM Agadair 96.5 FM, Casablanca 88.7 FM, Fez 106.9 FM, Marrakech 97.7 FM, Laayoune 107.1 FM and Oujda 101 FM (*all in Arabic*)
Oman: Muscat 89.8 FM (*Arabic*) and 103.2 FM (*English*)
Palestinian Territories: Gaza 107.4 FM, Hebron 89.8 FM, Jenin 103 FM, Nablus 91.8 FM, Ramallah 98.8 FM (*all in Arabic*); partner Radio Bethlehem 2000 106.3 FM (*Arabic and English*); Gaza 90 FM Palestine Youth Radio
Qatar: Doha 107.4 FM (*Arabic*)
Somalia: Baidoa 90.8 FM*, Beledweyne 88.4 FM*, Borama 89 FM, Bosasso 88.2 FM, Burao 88.8 FM, Galkaacyo 96.6 FM, Hargeisa 89 FM, Jowhar 89.7 FM*, Kismaayo 90.5 FM*, Marka 95.1 FM*, Mogadishu 91.91 FM (*all English, Somali and Arabic*). *Partners*: Bosasso (SBC) 89.0 FM, Garoowe 89.2 FM, Quardho 88.7 FM (*Arabic, English and Somali*); Mogadishu (Radio Shabelle).
*(*These frequencies were off air at the time of publication)*
South Sudan: Juba 88.2 FM (*English*) and 90.0 FM (*Arabic*) (also available in Waw on 90.0 MHz, *Arabic and English*), Malakal 90 FM (*Arabic and English*).
Partner: Yambio South Sudan 90 FM (*English*).
Sudan: El-Obeid 91.0 FM* (*Arabic*), Khartoum 91.0 FM* (*Arabic and English*), Port Sudan 91.0 FM* (*Arabic*), Wad Madani 91.5 FM* (*Arabic and English*)
*(*Off air at the time of publication)*

BBC in Kyrgyz on radio

Kyrgyz National Public Broadcaster OTRK:
1st channel (Kyrgyz Radiosu): Bishkek 103.7 FM and MW nationwide; 3rd Channel (Mingkyial FM): Kerben 106.3 FM, Batken 102.2 FM, Naryn FM, Orgochor (Karakol) FM and Talas FM

BBC in Uzbek

Dushanbe 1251 MW; SW 15330, 17510 and 17735.
Via radio partner stations in Afghanistan:

BBC Arabic TV and radio on satellite

Hotbird 13B, 13° East, transponder 94; 12597 MHz; polarisation vertical; Mod QPSK; symbol rate 27.5 Mbaud; FEC 3/4.
Arabsat: Badr4 at 26° East, transponder 15; 11996 MHz; polarization horizontal; Mod QPSK; symbol rate 27.5 MBaud; FEC 3/4.
Nilesat: Nilesat 201, 7° West, transponder 26; 12207 MHz; polarization vertical; Mod QPSK; symbol rate 27.5 MBaud; FEC 3/4.
Yahsat: Yahsat 1A, 52.5° East, transponder 15; 11996 MHz; polarisation vertical; Mod QPSK; symbol rate 27.5 MBaud; FEC 5/6

Arabic and English Radio Services: these share the frequencies with Arabic TV with the exception of Radio services on Nilesat, which are: Nilesat 201; 11843 Mhz; polarization horizontal; symbol rate 27500; FEC 5/6.
Available in France via Groupe Canal +.

BBC Russian on TV

BBC on Rain TV – daily news reports can be seen on Rain TV from Monday to Friday.

BBC Ukrainian on TV

BBC on ICTV – short news reports that can be seen on Mondays and Wednesdays.

BBC Kyrgyz on TV

TV Channel 1 of Kyrgyz National Public Broadcaster OTRK.
BBC Sapar monthly programme and news bulletins on weekdays on First Channel of Kyrgyz National TV and Radio Broadcasting Corporation.

BBC Uzbek on TV

Arezo TV in Afghanistan – 10-minute news bulletin from Monday to Friday

BBC News Online

BBC news is updated constantly at bbc.com/news. English radio programmes can be heard at bbcworldservice.com. For schedule and frequency information click 'How To Listen'.

For news in **Arabic**, **Russian**, **Persian**, **Pashto**, **Ukrainian**, **Kyrgyz**, **Uzbek** and **Azeri** visit: bbcarabic.com; bbcrussian.com; bbc.ua; bbcpersian.com; bbcpashto.com; www.bbckyrgyz.com; bbcuzbek.com; bbcazeri.com

Television audiences can find information about BBC World News, the BBC's international news channel, at bbcworldnews.com
For information about the BBC's Arabic and Persian television channels visit bbcarabic.com and bbcpersian.com