

Where you see this sign ❖ you will hear a short **News Update** at 30 minutes past the hour

GMT	SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	GMT
0:00	News	News	News	News	News	News	News	0:00
0:06	Business Matters ❖	The Science Hour ❖	World Business Report ❖	Business Matters ❖	Business Matters ❖	Business Matters ❖	Business Matters ❖	0:06
0:32			Discovery (rpt)					0:32
1:00	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	1:00
1:32	This Is Africa	When Katty Met Carlos	The Climate Question	The Documentary (Tue)	The Compass	Assignment	World Football	1:32
2:00	News	News	News	News	News	News	News	2:00
2:06	The Fifth Floor ❖	Weekend Documentary/ Book Club ❖	Weekend Feature ❖	Outlook ❖	Outlook ❖	Outlook ❖	Outlook ❖	2:06
2:32			The Story					2:32
2:50	Witness		Over To You	Witness	Witness	Witness	Witness	2:50
3:00	News	News	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	3:00
3:06	The Real Story (rpt) ❖	FOOC ❖						3:06
3:32		The Cultural Frontline	The Conversation	In The Studio	The Documentary (Wed)	The Food Chain	Heart & Soul	3:32
4:00	The Newsroom ❖	The Newsroom ❖	Newsday ❖	Newsday ❖	Newsday ❖	Newsday ❖	Newsday ❖	4:00
4:32	Trending	The Documentary (Tue)						4:32
4:50	Ros Atkins On...	(rpt)						4:50
5:00	Weekend ❖	Weekend ❖	Newsday ❖	Newsday ❖	Newsday ❖	Newsday ❖	Newsday ❖	5:00
6:00	Weekend ❖	Weekend ❖	Newsday ❖	Newsday ❖	Newsday ❖	Newsday ❖	Newsday ❖	6:00
7:00	Weekend ❖	Weekend ❖	News	News	News	News	News	7:00
7:06			HARDtalk ❖	People Fixing the World ❖	HARDtalk ❖	The Inquiry ❖	HARDtalk ❖	7:06
7:32	Stumped	The Foot Chain (rpt)	Business Daily	Business Daily	Business Daily	Business Daily	Business Daily	7:32
7:50			Witness	Witness	Witness	Witness	Witness	7:50
8:00	News	News	News	News	News	News	News	8:00
8:06	BBC OS Conversations ❖	FOOC ❖	The Climate Question ❖	The Documentary (Tue)	The Compass	Assignment	Tech Tent	8:06
8:32	Outlook Weekend	Heart & Soul (rpt)	CrowdScience	Discovery	Digital Planet	Health Check	Science in Action	8:32
9:00	News	News	News	News	News	News	News	9:00
9:06	Sportshour ❖ (S)	Weekend Feature ❖	The Cultural Frontline ❖	The Arts Hour ❖	Weekend Documentary/ Book Club ❖	The Forum ❖	The Real Story ❖	9:06
9:32		The Story	Trending					9:32
9:50		Over To You	More Or Less			Sporting Witness		9:50
10:00	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	10:00
10:32	When Katty Met Carlos	This Is Africa	The Conversation	In The Studio	The Documentary (Wed)	The Food Chain	World Football	10:32
11:00	News	News	News	News	News	News	News	11:00
11:06	Top of the Pops ❖	The Inquiry (rpt) ❖ (D)	Outlook ❖ (W)	Outlook ❖ (W)	Outlook ❖ (W)	Outlook ❖ (W)	The Fifth Floor ❖ (W)	11:06
11:32		Health Check (rpt) (D)						11:32
11:50			Witness	Witness	Witness	Witness	Witness	11:50
12:00	Newshour ❖	Newshour ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	12:00
12:32			The Climate Question	The Documentary (Tue)	The Compass	Assignment	Heart & Soul	12:32
13:00	News	News	Newshour ❖	Newshour ❖	Newshour ❖	Newshour ❖	Newshour ❖	13:00
13:06	Sportsworld	The Forum ❖						13:06
13:50		More or Less						13:50
14:00	News	News	News	News	News	News	News	14:00
14:06	Sportsworld	Weekend Documentary/ Book Club ❖	HARDtalk ❖	People Fixing the World ❖	HARDtalk ❖	The Inquiry ❖	HARDtalk ❖	14:06
14:32			World Business Report	World Business Report	World Business Report	World Business Report	World Business Report	14:32
15:00	News	News	News	News	News	News	News	15:00
15:06	Sportsworld	Sportsworld	Focus on Africa ❖	Focus on Africa ❖	Focus on Africa ❖	Focus on Africa ❖	Focus on Africa ❖	15:06
15:32			BBC OS	BBC OS	BBC OS	BBC OS	BBC OS	15:32
16:00	News	News	BBC OS ❖	BBC OS ❖	BBC OS ❖	BBC OS ❖	BBC OS ❖	16:00
16:06	Sportsworld	Sportsworld						16:06
17:00	The Newsroom ❖	News	News	News	News	News	News	17:00
17:06		Sportsworld	Focus on Africa ❖	Focus on Africa ❖	Focus on Africa ❖	Focus on Africa ❖	Focus on Africa ❖	17:06
17:32	Outlook Weekend							17:32
18:00	News	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	The Newsroom ❖	18:00
18:06	The History Hour ❖ (D)							18:06
18:32		Trending	Sport Today	Sport Today	Sport Today	Sport Today	Sport Today	18:32
18:50		Sporting Witness						18:50
19:00	News	News	News	News	News	News	News	19:00
19:06	Weekend Feature ❖	Business Weekly ❖	Focus on Africa ❖	Focus on Africa ❖	Focus on Africa ❖	Focus on Africa ❖	Focus on Africa ❖	19:06
19:32	This is Africa		Discovery	Digital Planet	Health Check	Science in Action	CrowdScience	19:32
20:00	Newshour ❖	Newshour ❖	Newshour ❖	Newshour ❖	Newshour ❖	Newshour ❖	Newshour ❖	20:00
21:00	News	News	News	News	News	News	News	21:00
21:06	Music Life ❖	HARDtalk ❖	HARDtalk ❖	People Fixing the World ❖	HARDtalk ❖	The Inquiry ❖	Tech Tent ❖	21:06
21:32		The Story	The Conversation	In The Studio	The Documentary (Wed)	The Food Chain	World Football	21:32
21:50		More Or Less						21:50
22:00	The Newsroom	The Newsroom	The Newsroom	The Newsroom	The Newsroom	The Newsroom	The Newsroom	22:00
22:20	Sports News ❖	Sports News ❖	Sports News ❖	Sports News ❖	Sports News ❖	Sports News ❖	Sports News ❖	22:20
22:32	The Cultural Frontline	When Katty Met Carlos	World Business Report	World Business Report	World Business Report	World Business Report	World Business Report	22:32
23:00	News	News	News	News	News	News	News	23:00
23:06	BBC OS Conversations ❖	FOOC ❖	The History Hour ❖	The Arts Hour ❖	Weekend Documentary/ Book Club ❖	The Forum ❖	The Real Story ❖	23:06
23:32	WorklifeIndia	Digital Planet (rpt)						23:32
23:50						Sporting Witness		23:50

(B) This slot will be home to occasional documentaries and once a month you will hear **World Book Club**
(D) At times, **Debates** and other ad hoc programmes will be broadcast here
(W) This slot includes a 10-minute broadcast of **Witness**
(S) This slot includes a 10-minute broadcast of **Sporting Witness**
FOOC = From Our Own Correspondent

HOW TO LISTEN

BBC on FM relays

Burundi Bujumbura 90.2 FM, Mount Manga 105.6 FM.
Ethiopia Addis Ababa Radio, EBC 104.7
Mauritius Port Louis, Port Louis Relay 1575 kHz MW;
Madagascar Antananarivo, Radio Nationale Malagasy 89.2 FM; Fianarantsoa, Fianarantsoa Relay 89.9 FM; Toamasina, Toamasina Relay 89.8 FM
Malawi Blantyre, Capital FM Malawi 102.5 FM, Blantyre Relay 98.7 FM; Lilongwe, Lilongwe Relay 98.0 FM, Mzuzu, Mzuzu Relay 87.9 FM
Kenya Nairobi, Nairobi Relay 93.9 FM; Mombasa, Mombasa Relay 93.9 FM; Kisumu, Kisumu Relay 88.1 FM
Malawi Blantyre, Blantyre Relay 98.7 FM; Lilongwe, Lilongwe Relay 98.0 FM; Mzuzu, Mzuzu Relay 87.9 FM
Mozambique Beira 88.5 FM, Nampula 88.3 FM, Quelimane 95.3 FM, Xai-Xai 100.9 FM, Maputo 95.5 FM, Tete 87.8 FM, Chimio 99 FM.
Rwanda Kigali 93.9 FM, Kibuye 93.3 FM, Butare 106.1 FM
Seychelles St Louis, St Louis Relay 106.2 FM; Victoria, Mahe Relay 105.2 FM, Pointe Au Sel, Pointe Au Sel Fairyland Relay 105.6 FM
Somalia Baidoa, Baidoa Relay 90.8 FM; Beledweyne, Beledweyne Relay 88.4 FM; Borama, Borama Relay 89.0 FM; Bosaso, Bosaso Relay 88.2 FM; Burao, Burao Relay 88.8 FM; Galkacyo, Galkacyo Relay 96.6 FM; Jowhar, Jowhar Relay 89.7 FM; Kismaayo, Kismaayo Relay 90.5 FM; Marka,

Marka Relay 95.1 FM; Mogadishu, Mogadishu Relay 91.9 FM; Hargeisa, Hargeisa Relay 89.0 FM
South Sudan Juba, Juba Relay (Arabic) 90.0 FM, (English) 88.2 FM; Malakal, Malakal Relay 90.0 FM; Wau, Wau Relay 90.0 MHz
Tanzania Zanzibar, Zanzibar Relay 94.1 FM; Pemba, Pemba Relay 93.5 FM
Uganda Arua, Arua Relay 99.4 FM; Kampala, Kampala Relay 101.3 FM; Mbale, Mbale Relay 107.3 FM; Mbarara, Mbarara Relay 107.3 FM
Zambia Kitwe, Kitwe Relay 102.8 FM; Lusaka, Lusaka Relay 98.0 FM

Local stations rebroadcasting BBC World Service English with other languages:

Angola Luanda, Radio Nacional Angola 93.5 FM, Radio Mais 99.0 FM
Botswana Gaborone, Yarona 106.6 FM
Burundi Bururi, Gitega, Karusi, Kayanza, Muramvya, Mwaro (all Radio Humuriza) 99.6 FM; Bujumbura 89.7 MHz, Manga 101 MHz, Inanzerwe/Bururi 95.1 MHz, Mutumba/Kirundo 90.6 MHz, Birime 89.3 MHz (all Radio Isanganiro)
Kenya Voi, Mwanedufu FM 96.1; Nairobi – Hot 96, Pamoja 99.9 FM, Star FM Network 105.9 FM, KBC 95.6 FM, East FM 106.3 FM, KU FM 99.9 FM, Homeboyz Radio 103.5 FM, XFM 105.9 FM; Kwale, Radio Kaya 93.1 FM; Luanda, Radio Sahara 94.3 FM; Kakamega MUST FM 103.9; Wajir, Radio Wajir; Garissa, Risala FM 96.7 FM.
Malawi Blantyre, Capital FM Malawi 102.5 FM.
Mozambique Radio Cidade 100.1 FM, Savannah FM
Namibia Windhoek (NBC) 91.7 FM, (Radio Kudu) 103.5 FM, Gobabis (Radio Kudu) 95.6 FM, Grootfontein (Radio Kudu) 95.5 FM, Henties Bay

(Radio Kudu) 94.3 FM, Keetmanshoop (Radio Kudu) 95.6 FM, Klein Windhoek (Radio Kudu) 100.9 FM, Luderitz (Radio Kudu) 94.7 FM, Ojtiwarongo (Radio Kudu) 92.3 FM, Okahandja (Radio Kudu) 103.5 FM, Ondangwa (Radio Kudu) 95.5 FM, Oshkati (Radio Kudu) 95.5 FM, Rehoboth (Radio Kudu) 103.5 FM, Swakopmund (Radio Kudu) 94.3 FM, Walvis Bay (Radio Kudu) 93.3 FM.
Somalia Bosaso 89.0 FM; Garissa, Star 97.1 FM; Mogadishu – Radio Shabelle 6.7–7.1 MHz, SBC Radio 89.0 FM, Mustaqbal Radio 89.7 Mhz; Puntland, Radio Daljir 88.0 FM
South Africa Cape Town (Bush Radio) 89.5 FM, Kranskop (Radio Khwezi) 90.5 FM, Durban (Good News Community Radio) 98 FM, (Hindvani) 91.5 FM, Gauteng (Thetha FM) 100.6 FM, nationwide (SABC), Johannesburg (Radio Today) 1485 AM.
South Sudan Juba City FM 88.4 FM
Tanzania Arusha, Radio 5 105.7 FM, Loliondo FM Radio 107.7 FM; Dar Es Salaam – Radio One 89.7 FM, EFM 93.7 FM, Classic 103.3 FM; Mbeya, Bomba FM; Morogoro, Abood FM 89.7 FM; Mwanza, Radio Free Africa 89.8 FM, Kiss FM 88.5 MHz; Ngara, Radio Kwizera 97.9 FM; Tabora, CG FM 89.5 FM; Zanzibar, Zenji FM 96.8 FM
Uganda Gulu, Mega FM 102.0 FM, Radio King 90.2 FM; Hoima, Liberty FM 89.0 FM; Jinja, Voice of Busoga 89.8 FM, Voice of Karamoja 92.7 FM, Victoria FM 92.5 FM; Kabale, Voice of Kigezi 898.5 FM; Kampala, Radio West 100.2, Radio Rupiny 95.7 FM, Etop 99.4 FM, Radio One 90 FM, XFM - Uganda 94.8 FM, All Karamoja FM 94.7 FM, Radio Lira 95.3 FM; Radio Paidha 87.80 FM; Kisoro, Kisoro FM 91.1 FM; Lyantonde, Link FM 107 FM; Masindi, Radio Kitara

96.9 FM; Moroto, Neneh FM 104.7 FM; Port Fortal, Voice of Toro 101.0 FM; Soroti, Voice of Teso 88.4 FM; Tororo, Rock Mambo 106.8 FM; West Nile, Nile FM 94.1 FM
Zambia Rhodes Park, QFM 89.1 FM; Lusaka, ZNBC Radio 2 95.8 FM

BBC on satellite

BBC radio programmes are available in various languages on DSTV audio channels 150-152, and via Intelsat 10-02 at 1° West.

BBC news online

BBC news is updated constantly at: bbc.com/news
English radio programmes can be heard at: bbcworldservice.com
For schedule and frequency information click 'How To Listen'.

For news in **Arabic, French, Swahili, Somali** and **Kinyarwanda/Kirundi** visit: bbc.com/bbcworldservice
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Television audiences can find information about BBC World News, the BBC's international news channel, at bbcworldnews.com
DIRA ya Dunia (in Swahili) is available on QTV, Kenya, and Star TV, Tanzania