

Mental Health Liaison Group

March 25, 2015

The Honorable Grace F. Napolitano
United States House of Representatives
1610 Longworth House Office Building
Washington, DC 20515

The Honorable Chris Gibson
United States House of Representatives
1708 Longworth House Office Building
Washington, DC 201515

Dear Representatives Napolitano and Gibson:

The undersigned national organizations are writing to express our strong support for the Mental Health in Schools Act (H.R. 1211). We share your vision of making comprehensive school-based mental health services for students available in communities across America.

As you well know, addressing mental health early on in life is important. According to the 2009 Institute of Medicine report on mental health prevention and promotion, 50 percent of individuals with a diagnosable mental health disorder will receive a diagnosis by age 14, 75 percent by age of 24, and most will begin experiencing symptoms years before that. Given these facts, programs that better connect health and education systems should be prioritized. The earlier we act, the more effectively we can mitigate or prevent the development of a mental disorder.

The Mental Health in Schools Act (H.R. 1211) would advance a public health approach to mental health services both in schools and in the community, and has the potential to improve the quality of life for countless children while saving an estimated \$247 billion annually by investing in early intervention programs. The legislation builds on a highly-effective program known as the Safe Schools/Healthy Students program, which strengthens partnerships between local education and community programs including, but not limited to, local primary health, juvenile justice and child welfare entities, and provides funding to place on-site licensed mental health professionals in schools across the country to provide behavioral health services for students and their families at no charge.

The legislation would also provide assistance to communities in order to create comprehensive, evidence-based, age and culture appropriate, trauma-informed services that incorporate strategies of positive behavioral interventions and supports. Literature summarizing studies of school-wide positive behavioral supports (PBS) suggests that, on average, PBS schools see improvements in social climate and academic performance and experience 20- to 60-percent reductions in disciplinary incidents.

Mental health issues are preventable and treatable when children, youth and their families are able to obtain appropriate services and support. The Mental Health in the Schools Act is a testament to this recognition and we are confident this legislation will help improve children's resilience and ability to succeed in life.

We look forward to working with you and your colleagues to pass this important legislation as soon as possible.

National organizations representing consumers, family members, advocates, professionals and providers
c/o Laurel Stine, J.D., American Psychological Association at lstine@apa.org
and Debbie Plotnick, MSS, MLSP, Mental Health America at dplotnick@mentalhealthamerica.net

Mental Health Liaison Group

Sincerely,

American Dance Therapy Association
Association for Ambulatory Behavioral Healthcare
American Psychiatric Association
American Psychological Association
American Association on Health and Disability*
American Academy of Child and Adolescent Psychiatry
American Association for Marriage and Family Therapy
American Occupational Therapy Association
American Orthopsychiatric Association
American Mental Health Counselors Association
Alliance for Strong Families and Communities
American Group Psychotherapy Association
Association for Behavioral Health and Wellness
American Academy of Pediatrics
American Foundation for Suicide Prevention
Anxiety and Depression Association of America
Bazelon Center for Mental Health Law
Clinical Social Work Association
Children and Adults with Attention-Deficit/Hyperactivity Disorder
Depression and Bipolar Support Alliance
Eating Disorders Coalition for Research, Policy and Action
Mental Health America
National Association of County Behavioral Health and Developmental Disability Directors
National Association for Rural Mental Health
National Association of School Psychologists
National Association of State Directors of Special Education
National Association for Children's Behavioral Health
National Association of State Mental Health Program Directors
National Alliance on Mental Illness
National Council for Behavioral Health
National Alliance to Advance Adolescent Health
National Disability Rights Network
National Federation of Families for Children's Mental Health
National League for Nursing
School Social Work Association of America
The Trevor Project

*MHLG Observer

National organizations representing consumers, family members, advocates, professionals and providers
c/o Laurel Stine, J.D., American Psychological Association at lstine@apa.org
and Debbie Plotnick, MSS, MLSP, Mental Health America at dplotnick@mentalhealthamerica.net